

## Oregon City teams favored as Timber Valley League district meet begins Friday

by MARK FLOYD

Oregon City will be playing a game of King of the Hill when the Timber Valley League district track meet unfolds Friday at Pop Rannow Stadium in Sandy.

Oregon City is a heavy favorite to defend its boys crown and its girls team is picked to unseat Sandy as district champs.

West Linn figures to be in the thick of things in both team races. The Lions actually won the TVL girls dual meet title, but will go into district as underdogs to the Oregon City depth. Sandy should also challenge Oregon City and West Linn for the first three places in the girls competition.

"Oregon City has a slight edge over West Linn because of the big meet competition," Sandy coach Randy Hutchinson said. "West Linn has some quality people but Oregon City has a lot of depth. We (the Pioneers) should be third, maybe second.

"We're going to surprise some people," he added. "The kids are really primed for the meet. With a little luck, we could be right in there for second."

Sandy's girls won the meet last year, but gone are Michele Cleland and Christie Elliott, who combined for five district titles as well as some important relay points.

Back to defend one title, though, is junior Gayle Roth. Roth will try for her second consecutive 800 meter crown and her third straight district title. She won the 400 as a freshman. But it won't be easy; Canby's Teresa Katterheinrich and West Linn's Donna Gentzler have faster times going into the race.

Roth has the second fastest time in the 300 hurdles to OC's Denise Wheatley and could score points in the high jump.

Sandy's best bet at a district title could be Stephanie Hagstrom. Hagstrom was second to Cleland in the javelin last year and her 137-4 is tops in the league by some 20 feet. She should also score in the shot and discus.

The top mark in the shot belongs to Sandy sophomore Paige Daugherty, who also is near the lead in the discus. Daugherty owns the league's second best javelin throw, as well.

Sandy is traditionally strong in the throwing events and that is where many Pioneer points are usually won. But if Sandy hopes to make a dent in the West Linn-Oregon City stronghold, it may come on the track.

"The 800, 1,500 and 3,000 are critical races," admitted

Hutchinson. "We hope to score some big points there. I've got a lot of confidence in the kids we have running those events — Gayle, Donna (Nelson), Laura (Stringham) and Renee (Hess) are all experienced runners who perform well in big meets."

Nelson's appearance on the track is amazing in itself. Less than two weeks ago, she was in a serious car accident, suffering severe cuts and bruises. But the gutsy sophomore has made a remarkable recovery and could be a factor in the 3,000, even against the TVL's premier distance runner, West Linn's Kathy Nichols.

"Donna's back and it is like the accident never happened," marveled Hutchinson. "She ran last week and she wasn't even limping."

Stringham qualified for state in the 1,500 last year and will be chasing Oregon City's Tricia Sliger, who has a best time of 4:56. Stringham is two seconds behind and Nichols will also run the 1,500.

Hutchinson is also looking for points in the jumping events and feels that freshman Sharon Jensen is ready for big things in the long jump. She has a best of 16-2, fifth in the league to date.

Sandy should also pick up points in the relays and needs to break through in the sprints or hurdles to pull off an upset in the team race.

West Linn will be paced by sprinter Kim Klein, who should be favored to win the 100, 200 and possibly the 400. The Lions will also field favorites in the long jump and high jump and Nichols will be favored in the 3,000. West Linn's relay teams are also among the district's bests.

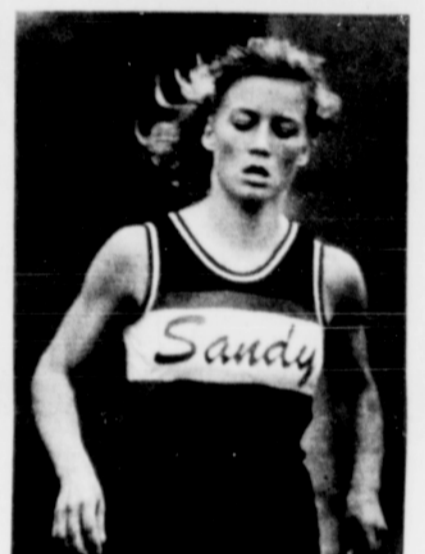
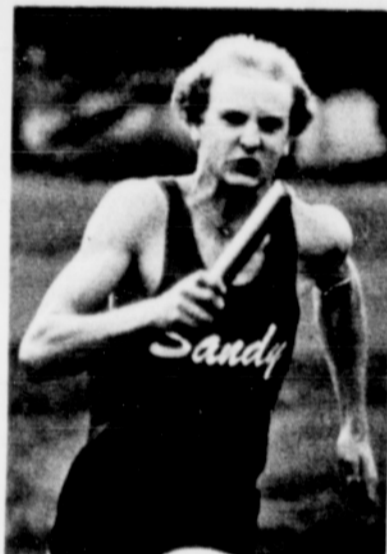
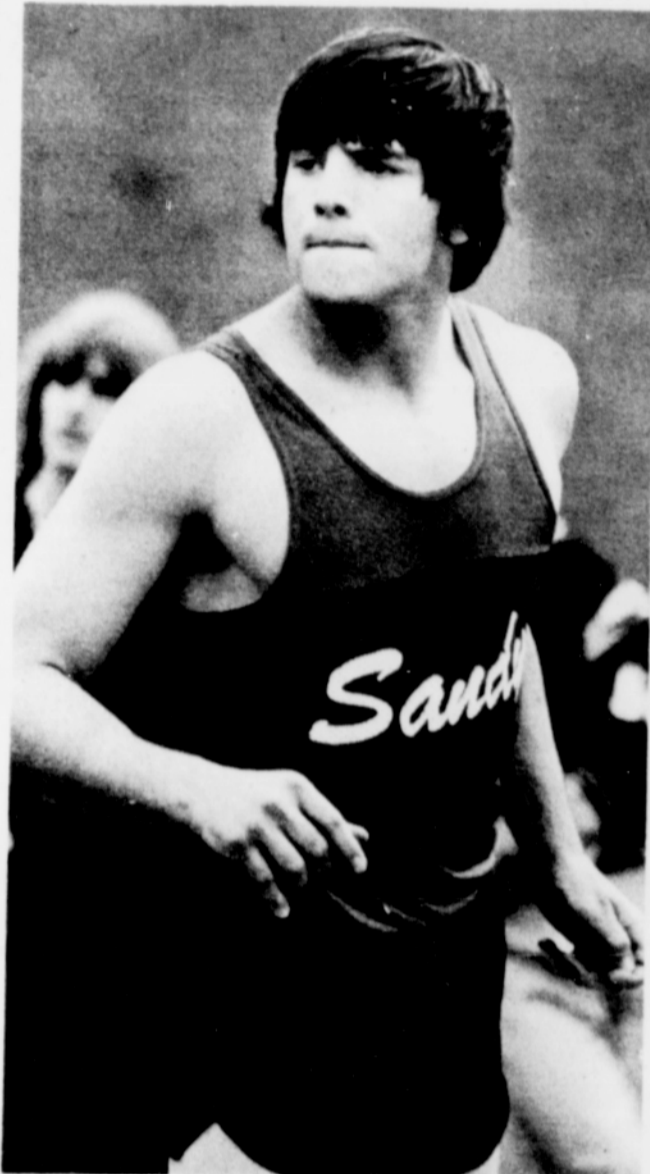
Oregon City is strong everywhere. Wheatley is a solid bet in the hurdles, Sliger is strong in the distances and Cari Heppler should score in the sprints. Kay Yoder will be tough in the throwing events for Oregon City.

Oregon City, on paper, should walk away with the boys competition.

The defending champs have everyone back and have added even more depth. West Linn has some quality athletes, but it is unlikely that the Lions or any other team will have enough horses to unseat Oregon City.

Several other teams have good individuals as well, including Sandy. The Pioneers' Scott Skipper heads the list, topping the rankings in the javelin. His 199-5 is some 20 feet ahead of his nearest competitor. Skipper's 49-8 in the shot put is second in the TVL behind West Linn's Terry Schmeiser.

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Some of Sandy's top entries at district are (clockwise from top) shot putter Scott Skipper, distance runners Steve Metelak and Sam Romey, sprinters Crystal

Caulkins and Sharon Jensen, Sandy 3,000 meter record holder Donna Nelson, hurdler Steve Brader and javelin ace Stephanie Hagstrom.

photos by Mark Floyd

## Distances, throwing events strong for Sandy

### Sandy Boys

4:57.9.  
3000 meters - Bob Grieve, 9:58.0; Kent Reick, 10:09.0.  
110 hurdles - Steve Brader, 17.0; Dan Langlois, 19.2.  
300 hurdles - Steve Brader, 42.7; Russell Fork, 44.3; Chris Crabtree, 47.4.  
Shot Put - Scott Skipper, 49-8; Dale Rasmussen, 47-3; Locke Christman, 41-11.  
Discus - Locke Christman, 134-6; Mike Marleau, 133-3; Scott Skipper, 129-7.  
Javelin - Scott Skipper, 199-5; Richard Doering, 167-11; Dale

4:57.9.

Rasmussen, 136-1.  
High jump - Bob Nippert, 6-0; Doug Baucom, 5-9.  
Long jump - Don Bennett, 19-0; Ryan Coombs, 18-10; Russell Fork, 18-8.  
Triple jump - Bob Nippert, 39-9; Dan Langlois, 37-5; Phil Burk, 36-8.  
Pole vault - Chris Crabtree, 11-0.  
400 relay - Steve Brader, Ryan Coombs, Mike Marleau, Scott Skipper, 47.0.  
1600 relay - Russell Fork, Steve Metelak, Steve Swanson, Pat Tomblison, 3:37.4.

100 meters - Ryan Coombs, 11.7; Don Bennett, 12.1; Chris Crabtree, 12.4.  
200 meters - Bryan Prosser, 24.2; Ryan Coombs, 24.8; Don Bennett, 25.3.  
400 meters - Russell Fork, 54.0; Bryan Prosser, 55.1; Pat Tomblison, 55.5.  
800 meters - Steve Metelak, 2:01.5; Steve Swanson, 2:05.9; Sam Romey, 2:05.5.  
1500 meters - Sam Romey, 4:18.4; Phil Burk, 4:37.0; Ed Grenier,

### Sandy Girls

4:58.9.  
3000 meters - Donna Nelson, 10:58.3; Renee Hess, 11:01.7.  
110 hurdles - Lorrie Shelton, 17.9; Kecia Harris, 18.1; Margaret Blackburn, 18.2.  
300 hurdles - Gayle Roth, 47.7; Margaret Blackburn, 51.8; Lorrie Shelton, 54.3.  
Shot put - Paige Daugherty, 36-3; Stephanie Hagstrom, 32-11; Darby Binder, 26-7.  
Discus - Paige Daugherty, 112-5; Stephanie Hagstrom, 109-1; Darby Binder, 84-1.

4:58.9.

Javelin - Stephanie Hagstrom, 137-4; Paige Daugherty, 116-8; Bonita Connelly, 103-3.  
High jump - Gayle Roth, 5-0; Shelby Dries, 4-10; Shauny Thoreson, 4-10.  
Long jump - Sharon Jensen, 16-2; Crystal Caulkins, 14-5; Lorrie Shelton, 15-6.  
400 relay - Tammy Lindsay, Crystal Caulkins, Gretchen Marter, Sandra Peterson, 53.2.  
1600 relay - Sharon Jensen, Darby Binder, Gayle Roth, Sandra Peterson, 4:14.3.

100 meters - Sandra Peterson, 13.4; Sue Phebus, 13.4; Crystal Caulkins, 13.5.  
200 meters - Sandra Peterson, 27.7; Gretchen Marter, 29.1; Tammy Lindsay, 29.3.  
400 meters - Sharon Jensen, 1:03.7; Darby Binder, 1:03.5.  
800 meters - Gayle Roth, 2:20.8; Shelby Dries, 2:32.6.  
1500 meters - Laura Stringham,



One of the top distance runners in the league, Oregon City's Tricia Sliger is hoping to lead her team to a district title.

### The league's best marks

## Tough individual battles set at district

### Boys' Bests

100 meters - 1) Bret Wilson (OC) 10.9; 2) Jim Nelson (Can) 11.4; 3) Jeff Matychuck (OC) 11.5.  
200 meters - 1) Wilson (OC) 22.5; 2) Hiram Oilar (WL) 23.1; 3) Jeff Tressler (WL) 23.3.  
400 meters - 1) Howard Hornbeck (OC) 51.3; 2) Tressler (WL) 51.5; 3) Tim Gerkman (OC) 51.7.  
800 meters - 1) Mark Buswell (Est) 1:59.2; 2) Tyler Radtke (WL) 2:01.0; 3) Steve Metelak (San) 2:01.5.  
1500 meters - 1) Dan Fund (OC) 4:09.0; 2) Scott Isaac (OC) 4:09.6; 3) Sheldon Steward (SH) 4:10.7.  
3000 meters - 1) Isaac (OC) 8:52.9; 2) Buswell (Est) 9:01.5; 3) Jim Edmark (Sil) 9:02.7.  
400 relay - 1) Oregon City 43.6; 2) Canby 45.1; 3) West Linn 45.7.  
1600 relay - 1) Oregon City 3:25.1; 2) West Linn 3:29.7; 3) Sweet Home 3:35.2.  
Pole vault - 1) Doug Fisher (WL)

12-6; 2) Tom Beard (OC) 12-6; 3) three tied at 12-0.  
300 hurdles - 1) Scott Stapleton (Est) 40.2; 2) Dick Hauser (WL) 41.1; 3) Scott Fish (OC) 41.5.  
110 hurdles - 1) Fish (OC) 15.3; 2) Mark Frickey (Est) 15.4; 3) Stapleton (Est) 15.6.  
Shot put - 1) Terry Schmeiser (WL) 50-8; 2) Scott Skipper (San) 49-8; 3) Gary Smith (OC) 48-0.  
Triple jump - 1) Dan Doherty (OC) 43-8; 2) Frickey (Est) 42-5; 3) Jeff Washington (WL) 42-5.  
Discus - 1) Rich Gaiser (OC) 161-9; 2) Jim Don (OC) 141-5; 3) Locke Christman (San) 134-6.  
High jump - 1) Frickey (Est) 6-5; 2) Carl Ebeling (Mol) 6-4; 3) Doherty (OC) 6-3.  
Javelin - 1) Skipper (San) 199-5; 2) Ron Kikel (SH) 179-4; 3) Derek Andrus (WL) 173-0.  
Long jump - 1) Doherty (OC) 21-4; 2) Frickey (Est) 20-10; 3) Washington (WL) 20-5.

### Girls' Bests

100 meters - 1) Kim Klein (WL) 12.7; 2) Petra Johnson (Sil) 12.7; 3) Cari Heppler (OC) 13.0.  
200 meters - 1) Dawn Smoot (Sil) 26.7; 2) Klein (WL) 26.8; 3) Kelley Wright (SH) 26.9.  
400 meters - 1) Teresa Katterheinrich (Can) 1:00.0; Donna Gentzler (WL) 1:01.1; 3) Klein (WL) 1:01.1.  
800 meters - 1) Teresa Katterheinrich (Can) 2:17.6; 2) Gentzler (WL) 2:20.7; 3) Gayle Roth (San) 2:20.8.  
1500 meters - 1) Tricia Sliger (OC) 4:56.0; 2) Laura Stringham (San) 4:58.4; 3) Kathy Nichols (WL) 4:59.1.  
3000 meters - 1) Nichols (WL) 10:45.7; 2) Donna Nelson (San) 10:58.3; 3) Rachel Carlile (Est) 11:04.7.  
400 relay - 1) Oregon City 52.0; 2) West Linn 52.8; 3) Silverton 52.8.

1600 relay - 1) West Linn 4:07.4; 2) Oregon City 4:07.9; 3) Sandy 4:14.3.  
Shot put - 1) Paige Daugherty (San) 36-3; 2) Kay Yoder (OC) 35-3; 3) Stephanie Hagstrom (San) 32-11.  
Long jump - 1) Gentzler (WL) 17-2; 2) Margie Park (OC) 16-11; 3) Lisa Zornado (Est) 16-7.  
110 hurdles - 1) Denise Wheatley (OC) 15.0; 2) Johnson (Sil) 15.9; 3) Tracey Shives (OC) 16.6.  
300 hurdles - 1) Wheatley (OC) 45.3; 2) Roth (San) 47.7; 3) Johnson (Sil) 48.2.  
Discus - 1) Toni Ormsby (SH) 118-7; 2) Daugherty (San) 112-5; 3) Yoder (OC) 111-8.  
Javelin - 1) Hagstrom (San) 137-4; 2) Daugherty (San) 116-8; 3) Sandy Walton (WL) 113-2.  
High jump - 1) Sue Schaubauer (WL) 5-4; 2) Barb McDonald (OC) 5-2; 3) Sue Eastlund (SH) 5-2.