

about people

The Doctor Says

Cancer warning signs listed

The Clackamas County Medical Society feels that many cancers are curable, if found and treated promptly.

Early detection, however, is largely up to the patient. There are seven warning signs advertised by the American Cancer Society. They are:

- 1) Unusual bleeding or discharge;
- 2) A lump or thickening in the breast or elsewhere;
- 3) A sore that does not heal;
- 4) Change in bowel or bladder habits;
- 5) Hoarseness or cough;
- 6) Indigestion or difficulty swallowing;
- 7) Change in warts or moles;

Any symptom that persists for more than two weeks should prompt

a visit to your physician. It might not be cancer, but these symptoms are a warning that an examination is needed, according to Dr. Edward Serres of the Clackamas County Medical Society.

What is cancer? During normal body growth and repair, cells become differentiated into the specific kinds that are needed for each organ or body function. In certain situations, not yet completely understood, some cells do not specialize in this way. These cells multiply in an irregular and disorderly fashion and compete with normal cells for nutrition, oxygen and space.

These cell masses are called tumors.

"Tumors that remain localized and do not spread are benign and may not cause trouble unless they interfere with some body function," Serres said. "Tumors that grow rapidly spread or destroy tissue are malignant tumors, or cancer."

Cancer then is an unrestrained growth of abnormal cells. They spread by infiltrating normal adjacent tissue by traveling through the circulatory and lymphatic systems to distant locations in the body or by any combination of these. This growth will be fatal if not checked.

The Sandy Post will frequently publish medical tips from the Clackamas County Medical Society and other reliable sources.

Griffin completes training

Anthony B. Griffin of Sandy has completed 11 weeks of Recruit Training at Marine Corps Recruit Depot in San Diego, Calif.

Private Griffin is now attending Heavy Vehicle Operator School at Camp

Pendleton in California. After completion of his schooling, Griffin will be assigned to the Marine Corps Reserve Center on Swan Island in Portland.

During his recruit training, the Sandy High School graduate received extensive

training in military history and customs, physical fitness, marksmanship, combat tactics, first aid, water survival and leadership.

Griffin enlisted for four years with the reserves.

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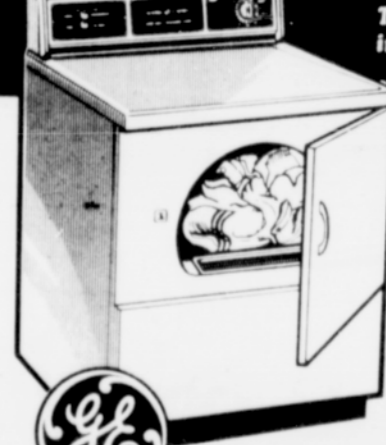


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Roth on 30-day leave

Gary Allen Roth of Boring is home for 30 days leave before leaving for three years of tour duty with the U.S. Air Force in Spain.

Roth is the son of Nick and Shirley Roth of 15585 SE Orient Drive.

Roth will leave May 2 for Zaragoza Air Base near Barcelona, Spain. He has been in the Air Force for two years, including basic training at Lackland Air Base in Texas, then Little Rock Air Base in Arkansas.

His main occupation is welding.



Gary Allen Roth

Ventriloquist sets benefit show

Professional ventriloquist Rod James of Karl Winn's Vaudeville '81 tour will give two benefit performances Saturday, April 25.

They will be at 2 and 4 p.m. at the Boring United Methodist Church, on the corner of Church and Richey Roads.

James formerly worked for Ringling Brothers Circus and the Hallelujah Choir. His dummy was made in Germany of papier-mache and leather.

Cost for the performances is \$2 for adults and 50 cents for children.

Brians welcome second child

Susan and Gary Brian of Sandy welcomed their second child last week.

Andrew Lawson Brian was born April 16 at Bess Kaiser Hospital. He weighed 9 pounds, 4 ounces at birth and was 23 inches long.

Andrew has a sister, Kelly,

age 2.

Grandparents are Lawson and Joan Brian of Sandy and Paul and Christine Fest of Sandy.

Great-grandparents are Leo and Estelle Fest of Boise, Idaho.

Boring youths gain Eagle rank

Two Boring youths have earned the rank of Eagle Scout, the highest rank in the Boy Scouts of America.

Mark D. Akita of Troop 707

and Timothy K. Kubik of Troop 607 earned their Eagle rank last month. Both are in the Thunderbird district of the BSA and the larger Columbia Pacific Council.

Want to know what's happening in the Hoodland area? Check • **Hoodland Happenings** • every week in The Post.

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