

School menus

Sandy	Welches	Cottrell
Monday, Feb. 23 Vegetable Beef Soup Tuna Fish Sandwich Sliced Peaches Milk	Monday, Feb. 23 Hamburger Gravy Mashed Potatoes Buttered Broccoli Peanut Butter Sandwich Pears Milk	Monday, Feb. 23 Chili Crackers Cornbread with Honey Celery with Peanut Butter Fruited Jello Milk
Tuesday, Feb. 24 Beef Taco Lettuce & Cheese Buttered Corn Bread & Butter Banana Milk	Tuesday, Feb. 24 Beef Raviolis Buttered Corn Carrot Raisin Salad Fruited Jello Milk	Tuesday, Feb. 24 Creamed Turkey on Hot Biscuits Cranberry Sauce Lettuce with Dressing Buttered Corn Cookies Milk
Wednesday, Feb. 25 Spanish Rice Cole Slaw Salad Pears Bread & Butter Milk	Wednesday, Feb. 25 Toasted Cheese Sandwich Macaroni Salad Buttered Peas & Carrots Gingerbread Applesauce Milk	Wednesday, Feb. 25 Tomato Soup Egg Salad Sandwich Crackers Cucumber Rounds Cinnamon Twists Milk
Thursday, Feb. 26 Pork Chop Suey Chinese Noodles Applesauce Hot Roll Milk	Thursday, Feb. 26 Barbecued Turkey on Bun Carrot Coins Applesauce Cake Peaches Milk	Thursday, Feb. 26 Hamburgers Potato Chips Pickles Lettuce Leaves Tomato Slices Apple Crisp Milk
Friday, Feb. 27 Chili Burger topped with Cheese Carrot Sticks Cookie Apple Milk	Friday, Feb. 27 Vegetarian Beans & Franks Popeye Salad Cornmeal Roll - Butter Apple Crisp Milk	Friday, Feb. 27 Tacos Shredded Lettuce Italian Vegetables Frosted Grahams Orange Wedges Choice of Milk

Book review:

Book reveals body of physical lore

by BARBARA WATERHOUSE for The Post

"Body, the Ultimate Symbol" gives us an idea of what the body has meant through history.

Drawing on evidence gleaned from artifacts and cross-cultural research, anthropologist Olivia Vlahos reveals the roots of the myths, taboos and beliefs that underlie our attitudes toward our bodies. I can only give you a few samples, but I recommend this book to anyone interested in anthropology, archeology, folk lore or related subjects.

Only in China was the sculpted foot a beauty mark.

It gripped the Chinese imagination for at least a thousand years. One source credits a clubfooted empress of Shang Dynasty times with originating the custom. Others say a court dancer of T'ang times (900 A.D.) whose naturally tiny feet were all the rage.

Ladies of the court began to cram their feet into even smaller shoes. Eventually the process was begun before a girl had reached the age of 10. The four small toes of each foot were bent and tied under the sole. The three-inch foot was thought ideal.

This so-called "golden lotus" was the sex symbol of the age and the ultimate focus

of eroticism.

The deformed head has wide geographical coverage: Melanesia, parts of Africa, and throughout the Americas. Visitors to the King Tut exhibit saw the results of head binding in the wooden image of Tut as a little boy.

The hieratic Maya favored the elegant pointed head for the privileged classes. But they did not stop there. The eyes of aristocratic babies were forced to cross by constantly watching a ball of pitch dangling from the head board that depressed their brows.

The power of belief is nowhere more dramatically enacted than in ritual

firewalking. Observers are astonished at the absence of pain or evidence of burning.

In 1972, anthropologist James Freeman witnessed a firewalk in India. The ritual was to honor the mother-goddess Kali. The Khalasis, upon entering the trance state, were believed to be possessed by the goddess herself. Candidates for the firewalk underwent a 10-day program of spiritual preparation which included fasting and abstinence.

On the festival day, one of the Khalasis was challenged by the local magician, a man much feared but respected because of his ability to cure illnesses. He declared that he would do the firewalk without prayer or preparation.

He did walk, and not even a blister rose to punish the blasphemy. But many of the Khalasis were burned.

Freeman attributes it to nervous panic and shaken faith. When doubt comes in the door, belief flies out the window, leaving only pain behind.

Other new books at Sandy Public Library include "Loon Lake" by E.L. Doctorow, "The Origin" by Irving Stone and "The Coming Currency Collapse" by Jerome Smith.

TMC
We've got it
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668-5548

Scouts set Thinking Day

Girl Scouts from 20 area troops will visit Sandy this weekend for the annual Alpine Thinking Day. The event will be held at Sandy Union High School from 10 a.m. to 3 p.m.

Thinking Day is an international event celebrated each year around Feb. 22. Girl Scouts and Girl Guides come together in the spirit of friendship during this time.

Activities during the day include a song assembly, an assembly by the Bow and Arrow Indian Club, designing a

wooden necklace, making a Latin American bambulina and learning a song in sign language. Some 200 girls and 42 leaders will also create a Mount St. Helens T-shirt and release more than 250 balloons at the end of the day.

A contest was held to

design a patch for Alpine Thinking Day. The winner was Shanna Barrier, a first grade Brownie in Troop 380. She will receive free admission to Thinking Day, a special T-shirt with her design and a gift certificate from W.R. Hicks.

Alcoholism clinic nixed

The director of the State Health Planning and Development Agency last week denied a request for construction of a 34-bed alcoholism treatment center in Gresham.

The \$2,435,700 request by Advanced Health Systems, Inc., of Irvine, Calif. (Raleigh Hills Hospital) was denied by Richard Grant on grounds that, when establishing the need for additional alcoholism beds and services for an area, he looks at the full range of treatment and setting alternatives.

The alcoholism treatment center proposed by Raleigh Hills represents only one of the variety of methods and settings available for the treatment of alcoholism. The applicant projected high charges for their services, according to the decision. In fact, the proposed charges were significantly higher than all but one other area alcoholism inpatient treatment facility, that one being the Raleigh Hills facility currently operating in Raleigh Hills.

Grant's criteria insures that persons have choices

Rebekahs to host annual convention

The 75th annual District 2 Convention of Rebekah Lodges will be held at the Sandy I.O.O.F. Hall this Saturday, Feb. 21, from 10 a.m. to 4 p.m. The Sandy Rebekahs will be the hostess lodge.

Lodges from Oregon City, Clackamas, Molalla and Sandy are included.

Joyce Edmonds of Sandy will be chairman for the convention. Vivian Roome, president of the Rebekah Assembly of Oregon, will make her official visitation.

Sandy Rebekahs will serve a noon luncheon. All Rebekahs are invited.

and are not, due to unavailability, forced into a setting determined by the patient or physician to be inappropriate or too costly.

In this case, it was the state's conclusion that there wasn't sufficient area need for the addition of the type of beds being proposed by Raleigh Hills.

Northwest Oregon Health Systems, Inc., the regional planning body, had recom-

mended approval of this request.

Woodstove Installation
Safe, professional, worry-free installation of fireplace inserts, woodstoves and chimney systems.
Free Estimates
Sounder Fireplace Systems
661-3239 622-4273 Hoodland

BURGLAR FIRE SECURITY ALARMS
Gresham Alarm Inc.
39373 Proctor, P.O. Box 40
668-5016 or 666-5200
—SANDY—
CLOSED CIRCUIT T.V. • FREEZER ALARMS

...CARING FOR LIFE...

WE CARE

...CARING FOR LIFE. Two similar statements that mean so much to so many people. On Tuesday, February 24 you and your friends and family have the opportunity to share your lives as well as insuring care for someone else. Please read the following information and share yourself for the care of others

BLOOD DRIVE
February 24, 1981 2:30 p.m. to 6:30 p.m.
CONSTITUTION ROOM . . . Gresham Community Hospital
Sponsored by: The American Red Cross Bloodmobile
And
Gresham Community Hospital
5th & Beech

Decker & Scales Hospital

LADIES' Dresses
Up to **70% Off!**
Big Selection!
668-4144
DECKER & SCALES STORE
Pioneer & Shelley in Sandy

Come to Church

COMMUNITY PRESBYTERIAN CHURCH
Sunday school 9:30 a.m.
Opening worship 9:30 a.m.
Sunday school 9:45 a.m.
Morning worship 11:00 a.m.
Home Bible Study 6:00 p.m.
Nursery Care During Worship
Pastor John H. Van Lierop
Home 668-6100
Church 668-4543

IMMANUEL LUTHERAN CHURCH
Worship 8:30 a.m.
Sunday School 9:30 a.m.
Bible Study 9:45 a.m.
Worship 11:00 a.m.
A Cordial Welcome is Extended to All
PASTOR FRANK KOEPEKE
668-6232 - Church

This space for rent
Call 668-5548

St. MICHAEL'S CATHOLIC CHURCH
Sat. eve Mass 7:30 p.m.
Sunday Mass 10:00 a.m. - 6 p.m.
St. Johns Catholic Church
Welches, Oregon
Mass 6 p.m. Sat.; 8 a.m. Sun.
Corner Straus & Pleasant
Sandy, Oregon
Father Carl Gimpl 668-4446

Gospel of Christ Community Church
(Kelso area)
Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Evangelist Service 6:00 p.m.
Bible Study
Wednesday 7:00 p.m.
13050 Bobby Bruce Lane
Pastor H.O. McAdams
663-6213

SANDY SEVENTH-DAY ADVENTIST CHURCH
Proctor and University
Sabbath School 9:30 a.m.
Morning Service 11:00 a.m.
You Are Welcome
Pastor TERRY ZULL
668-7714 - Home
668-6144 - Church

SANDY ASSEMBLY OF GOD
SUNDAY SERVICES
Sunday School 9:45 a.m.
Morning Worship 10:45 a.m.
Evangelistic Service 6:00 p.m.
Family Night
Wednesday . . . 7:00 p.m.
Dale Edwards Church
PASTOR Phone 668-5589

Sandy Church of the Nazarene
Currently meeting at:
17150 University Ave., Sandy
(Seventh Day Adventist Church)
Sunday School - 9:45 a.m.
Morning Worship - 11:00 a.m.
Pastor Robert F. Scheifers
668-5712

Chapel of the Hills Bible Fellowship
Located E. Hwy. 26
between Sandy & Brightwood
Sun. Bible School . . . 9:45 a.m.
Sun. Worship Serv. . . 11:00 a.m.
Sun. Evening Serv. . . 6:00 p.m.
Wed. Pastor Visitation . 7 p.m.
Thurs. Bible Study . . 7:15 p.m.
You are welcome
Independent - Non-denominational
Pastor Kent McKinnon
Assistant Mike Whisner
Call 622-3854

Church of the Good Shepherd
(Episcopal)
Sunday Communion
9 a.m.
Midweek Services
Tues-Thurs. . . 10 a.m.
Little Pioneer church
on West Pioneer Blvd.
Father Lindsay Warren
284-7439

Sandy Baptist Church
We invite you to join us for fellowship.
Church 668-4064
Pastor 668-4795
Sunday 9:45 Sunday School
11:00 Morning Worship
6:00 Evening Worship
NEW LOCATION
Wednesday 7:30 pm Prayer Meeting

FELLOWSHIP BIBLE CHURCH
We emphasize Biblical teaching, supportive fellowship, children's learning center & regular home meetings.
MEETING AT:
Sandy High School (Bluff Road)
Sunday mornings (9:30-11:30)
PASTORS:
Dr. John Moore (695-2924)
Dr. Al Baylis (658-4728)