

What's cooking?

Prisnuts and sherry cake

by SARA SEWELL

PRISNUTS

1 lb. bacon (dice)
1 dozen eggs
2 bunches green onions including tops (dice)
2 cups flour
1 lb sharp cheddar cheese (dice)
1 tsp baking powder
1 tsp salt
Beat eggs, add diced ingredients. Add dry ingredients. Mix well.
Bake at 350 degrees for approximately 45 minutes. Cut into squares. This is a great party snack food.

SHERRY CAKE

1 pkg yellow cake mix
1 large pkg instant vanilla pudding

$\frac{3}{4}$ cup sherry wine
4 eggs
1 tsp vanilla
 $\frac{3}{4}$ tsp nutmeg

Put all ingredients in bowl. Beat at medium speed for five minutes. Pour into angel food cake pan and bake 55 minutes in a 350 degree oven.
Set pan on rack to cool. Do not turn pan over. You can sprinkle a little powdered sugar on top after you take it out of the oven.

CHAR SHU (SAUCE FOR PORK)

2 tbsp sugar
 $\frac{1}{4}$ cup soy sauce
 $\frac{1}{2}$ tsp molasses
4 tbsp catsup
1 clove garlic, mashed
small nubin or $\frac{1}{8}$ tsp ginger
Mix all ingredients together. Pork can marinate in this

sauce, in which case drain it off when you cook meat — or what I like to do is not use it as a marinade but baste a pork roast or pork chops with the sauce during the last 10-15 minutes of cooking.

CHOCOLATE NO BAKE COOKIES

3 tbsp cooking cocoa
2 cups sugar
 $\frac{1}{2}$ cup milk
 $\frac{1}{2}$ cup butter
In saucepan heat and boil above ingredients for one minute, then pour over:
3 cups quick oatmeal
5 tbsp peanut butter
1 tsp vanilla
Mix well and drop on waxed paper. Refrigerate.
All of the above recipes are from the files of Lori Lind of Boring.

Self-employed people topic of seminar

"Profit by Being Your Own Boss," a seminar addressing the concerns of owning and operating your own business, will be offered Saturdays, March 7 and 14, from 9 a.m. to 3 p.m. at Marylhurst College for Lifelong Learning.

Registration begins at 8 a.m.

Herb Reading, president and owner of Communication Resources, Inc., will keynote the two-day seminar which brings together seven financial professionals and a group of business owners.

On the first morning, Reading and John J. Cox, business counselor of General Business Systems, will discuss reasons why people go into business for themselves, what assets they bring to their endeavor and how they should choose the type of business such as franchise, partnership or corporation.

Mary Ann Hague, loan specialist of the Small Business Administration will give some reasons why businesses fail, the information required to prepare for loan qualification and alternate ways of financing.

In the afternoon a group of five small business owners will relate their experiences as to selecting, opening and operating their own businesses.

On the second day a panel of experts will discuss legalities, tax accounting and insurance safeguards.

Some of the subjects to be discussed will be protective clauses that should be included in a partnership contract, how to prepare a projected profit and loss statement and when it is needed and the various insurances needed to protect a business venture.

For fee information, call Marylhurst at 636-8141, ext. 49 or 224-5828.

MHCC opens its facilities

The physical education division at Mt. Hood Community College has set open hours for public use of the college's athletic facilities.

The four handball/racquetball courts are available from 1 to 9 p.m., Mondays and Wednesdays; 8 to 10 a.m. and 6:30 to 9 p.m., Tuesdays and Thursdays; and from 1 to 5 p.m., Fridays.

The college gymnasium is open for community recreation of Tuesdays and Thursdays from 7 to 9 p.m. The gym is set up for volleyball on Tuesday evenings and for basketball Thursday evenings.

The weight training room in the gymnasium building is open from noon to 1 p.m. each weekday and from 4 to 6 p.m. Mondays and Wednesdays, 7 to 9 p.m. Tuesdays and Thursdays, and 4 to 5 p.m. Fridays.

Currently, the tennis courts and all-weather track are available during the day then classes or competitive events are not in progress.

For more information about the community open recreation program at Mt. Hood Community College, contact the college's recreation office at 667-7351.

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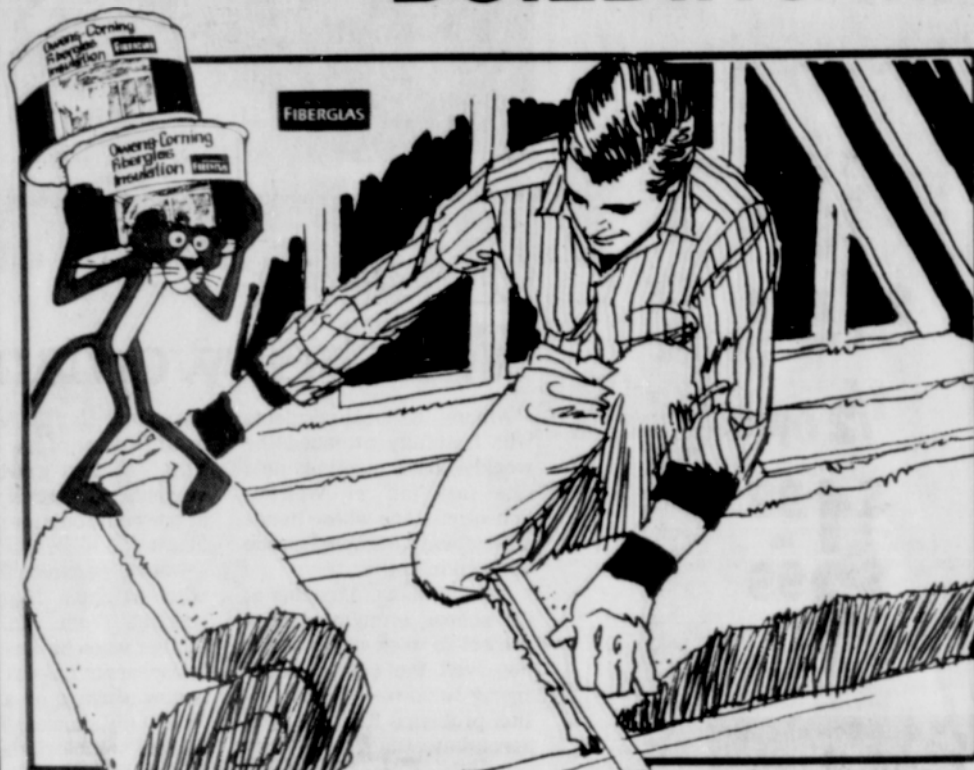
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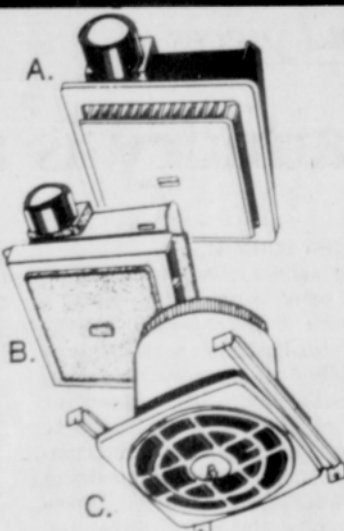
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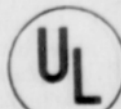
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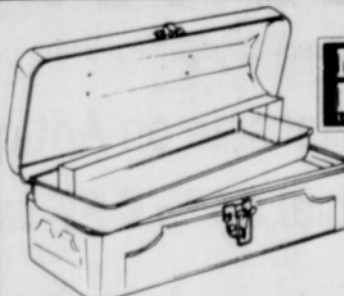
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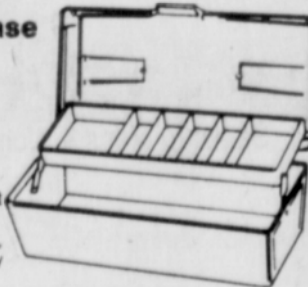
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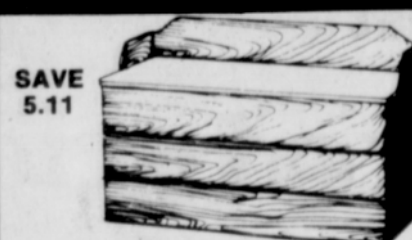
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