

Sandy Community School registration soon

Registration: In person 9 a.m. to noon Jan. 8, 9 and 10 at the CS trailer located next to Sandy Elementary School on Pleasant Street. By mail, P.O. Box 502, Sandy, 97055 (include name, address, phone, name of activity and fee). By phone, some activities may be registered by calling CS at 668-5744.

Judy Sheppard is coordinator of the Sandy Community School.

EXERCISE A.M.
Feeling a little "too full" after the holidays? Join us for exercise.
Leader: Rachael Crockett
When: Mon. and Wed. beginning Jan. 15
Where: Community School
Time: 9 to 9:30 a.m.
Length: Determined by group
Fee: \$1

BELLYDANCING
Not only fun, but a great exercise to tone up the body. Dress casual.
Leader: Evelyn McLellan
When: Mon. beginning Jan. 15
Where: Community School
Time: 9:30 to 10:30 a.m.
Length: 4 weeks
Fee: \$1

LADIES GYM 'N' SWIM
The evening will start with warm-up exercises followed by volleyball for fun with an optional swim at the end of the evening. A great chance to exercise and have an evening of fun with your friends.
Leader: Helen Walker, Barbara Johnston
When: Mon. beginning Jan. 15
Where: Upper Grade Gym
Time: 7 to 9 p.m.
Length: 6 weeks
Fee: \$2 plus swim fee

ESPERANTO INTERNATIONAL LANGUAGE
Esperanto for those who have had some introduction to the language.
Leader: Mary Murray
When: Mon. beginning Jan. 15
Where: Upper Grade Room 1
Time: 7:30 to 9 p.m.
Length: 9 weeks
Fee: \$2

TUMBLING-GYMNASTICS
Beginning: Learn basic tumbling skills.
Advanced beginners: Should be able to do a forward and backward roll, back bend, kick to hand stand, and cartwheel. All ages.
Leader: Kathy White
When: Mon. beginning Jan. 15
Where: Int. Grade Gym
Time: 6:30 to 7:30 p.m. (beginners), 7:30 to 8:30 p.m. (adv. beginners)
Length: 6 weeks
Limit: Maximum of 20
Fee: \$2

CROSS COUNTRY SKIING
Cross country skiing is for anyone. Learn the basic techniques and what is involved before you try it. Hypothermia and survival skills will also be included. Ski tours will be planned this evening.
Leader: Barbara Fox
When: Mon. Jan. 22 only
Where: Upper Grade Stage
Time: 7:30 p.m.
Fee: 50 cents

CROSS COUNTRY SKIING
Even if you've never skied before, you can cross country ski. Ski trips will be planned for weekends and weekdays. Attend the cross country ski class on Jan. 22nd for dates and to sign up for the ski trips.

Leader: Sid Brewster
When: Mon. Jan. 22
Where: Upper Grade Stage
Time: 7:30 p.m.
Limit: Maximum of 10 per trip
Fee: 50 cents

PHOTOGRAPHY:
CAMERAS
How to use your camera (35mm) more effectively. 35mm cameras and accessories will be discussed. If you already have a camera, bring it — or if you're thinking of buying one, find out which one would fit your needs.
Leader: Steve Slaboda
When: Mon. Jan. 22 only
Where: Upper Grade Rm. 2
Time: 7 p.m.
Fee: 50 cents

PHOTOGRAPHY:
DARKROOM
You'll follow the process from developing to printing. Learn what's involved in setting up your own darkroom.
Leader: Steve Slaboda
When: Mon. Jan. 29 only
Where: High School Photo Lab.
Time: 7 p.m.
Fee: 50 cents

ABE-GED
High school equivalency classes. For information drop-in at class.
When: Mon. and Wed. (beginning January 3)
Where: Upper Grade Room 17
Time: 6:30 to 9:30 p.m.
Fee: None

CROSS COUNTRY SKIING WITH SNOW ECOLOGY
A guided cross country ski trip with snow ecology and tree identification. For advanced beginners or intermediate level skiers. Bring lunch.
Leader: Mark Gorevin
When: Tues. Feb. 6 only
Where: Meet at Community School to carpool
Time: 9:30 a.m.
Fee: 50 cents

SWEDISH WEAVING
Decorative weaving on huck toweling. Decorate hand towels, place mats etc. Nominal material fee.
Leader: Jude Jensen
When: Tues. Jan. 30 only
Where: Community School
Time: 1 to 3 p.m.
Fee: 50 cents

AFTER SCHOOL CRAFTS
A variety of new after school craft projects for youngsters in grade school.
Leader: Kathy Perkiss
When: Tues. beginning Jan. 16
Where: Community School
Time: 3:30 to 4:30 p.m.
Length: 5 weeks
Limit: Maximum of 12
Fee: \$1.00 plus materials

VOLLEYBALL
Coed volleyball for those who want to play for fun.
When: Tues. beginning Jan. 16
Where: Upper Grade Gym
Time: 7 to 9 p.m.
Length: 8 weeks
Limit: Maximum of 20
Fee: \$1.50

INVESTING IN GOLD AND SILVER
A one night information session covering various phases of investing in the

gold and silver market. Basic essential information will be shared by an expert.
Leader: Jim Wilhite
When: Tues. Jan. 23 only
Where: Upper Grade Room 1
Time: 7 p.m.
Fee: 50 cents

SOUR DOUGH
Basic information, samples and recipes for cooking with sour dough...pancakes, Danish sour dough rye bread, French bread, cake, etc. Sour dough starters given to all participants.
Leader: Louise Noteboom
When: Tues. Feb. 6 only
Where: Upper Grade Home Ec
Limit: Maximum of 20
Time: 7 p.m.
Fee: \$1.50

JAPANESE COOKING
Yoshiko is back to share some of her favorite recipes. Tempera will be on the menu as well as some surprises!
Leader: Yoshiko Krieger
When: Tues. Feb. 13 only
Where: Upper Grade Home Ec
Time: 7 p.m.
Limit: Maximum of 20
Fee: \$1.50

BAGELS
Incredibly delicious bagels can be made in your own kitchen...and we bet you can't buy a better bagel. You'll make your own.
Leader: Pat Spradling
When: Tues. Feb. 20 only
Where: Upper Grade Home Ec
Time: 7 p.m.
Limit: Maximum of 20
Fee: \$1.50

RUNAWAY WEDNESDAY
Treat yourself to a mid-week break. We'll be touring the Jantzen Sportswear plant and then onto someplace special for lunch.
When: Wed. Feb. 7 only
Where: Community School to form carpool
Time: 8:30 a.m.
Limit: Cars available for trans.
Fee: 25 cents

GENEALOGY
All the steps of basic research to discover your family tree. At completion of course you will have all the basic skills to further your own investigation. You will have access to the branch genealogy library in Gresham and resource materials will be available at

a nominal fee.
Leader: Kathy Ward
When: Wed. beginning Jan. 31
Where: Upper Grade Room 1
Time: 7:30 to 9:30 p.m.
Length: 4 weeks
Fee: \$1.50

CHAIN SAWS
Learn to keep your chain saw purring. Proper care, maintenance, and operation. Everything you've wanted to know about chain saws.
Leader: Scott Cuddeford
When: Wed. Jan. 24 only
Where: Community School Trailer
Time: 7 to 9 p.m.
Fee: 50 cents

CHILDREN'S DRAMA WORKSHOP
Open to all young people 10 years and up who are interested in drama. The group will begin preparation for a spring production.
Leader: Larry LaMarsh
When: Wed. beginning Jan. 31
Where: Int. Grade Music Room
Time: 7 to 8:30 p.m.
Length: Determined by group
Fee: \$1

COED POWER VOLLEYBALL
Open gym power volleyball for men and women. Play by rules.
Leader: Debbie Hite
When: Thurs. beginning Jan. 25
Where: Int. Grade Gym
Time: 7 to 9 p.m.
Length: 4 weeks
Fee: None

SEWING FOR OTHERS
Sewing projects in class are donated to charity. You will sew children's clothes. If you already sew or would like to learn, join this group. Drop-in.
Leader: Eileen Lear
When: Thurs. beginning Jan. 18
Where: Community School
Time: 1 to 3 p.m.
Length: 4 weeks
Fee: None

FRIDAY FLING: TURKISH DELIGHTS
The Friday flings are back by popular demand. Our guided tour at the Portland Art Museum will be of ARTS OF THE OTTOMAN BOOK AND OTHER TURKISH TREASURES. After our museum visit, we'll find a nifty place for lunch.

BRIDGE
An evening of playing cards for enjoyment for all levels of bridge players.
Leader: Dorothy Shrum, Maxine Carpenter
When: Fri. beginning Jan. 12
Where: Community School Trailer
Time: 7:30 to 9:30 p.m.
Length: 9 weeks
Fee: \$2

RED CROSS FIRST AID
Cards will be issued for those completing this basic first aid course. MUST register in advance so materials will be available.
Leader: Don Blair
When: Sat. Jan. 27 only
Where: Sandy Fire Dept.
Time: 8 a.m. to 5 p.m.

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