

Sandy - Mt. Hood Television Directory

daytime

- MORNING**
- 8:15
 1 VARIOUS PROGRAMMING
- 8:30
 2 VIEWPOINT ON NUTRITION (MON., TUE., FRI.) Town Hall (WED., THUR.)
 3 SUNRISE SEMESTER
 4 NOT FOR WOMEN ONLY
- 8:45
 5 EARLY BIRD EXERCISES
- 7:00
 6 GOOD MORNING AMERICA
 7 CBS NEWS
 8 TODAY
 9 NEW ZOO REVUE
- 7:30
 10 RAMBLIN'S ROD'S CARTOONS
 11 CAPTAIN KANGAROO
 12 OVER EASY
- 8:30
 13 EDUCATIONAL PROGRAMMING (UNTIL 4:00)
 14 ARCHIES
- 9:00
 15 AM NORTHWEST
 16 PHIL DONAHUE SHOW
 17 CARD SHARKS
 18 MARCUS WELBY
- 9:30
 19 HOLLYWOOD SQUARES
- 10:00
 20 HAPPY DAYS
 21 KOIN KITCHEN
 22 HIGH ROLLERS
 23 ROOM 222
- 10:30
 24 \$20,000 PYRAMID
 25 LOVE OF LIFE
 26 WHEEL OF FORTUNE
 27 PROGRAMMING (UNTIL 4:00)
 28 NANNY AND THE PROFESSOR
- 11:00
 29 MARY TYLER MOORE
 30 YOUNG AND THE RESTLESS
 31 AMERICA ALIVE
 32 GAMBIT
- 11:30
 33 RYAN'S HOPE
 34 NEWS
 35 NEWLYWED GAME
 36 JOKER'S WILD
- AFTERNOON**
- 12:00
 37 ALL MY CHILDREN
 38 NEWS
 39 PERRY MASON
- 12:30
 40 AS THE WORLD TURNS
 41 DAYS OF OUR LIVES
- 1:00
 42 MISTER ROGERS
 43 ONE LIFE TO LIVE
 44 MOVIE E
- 1:30
 45 GUIDING LIGHT
 46 DOCTORS
- 2:00
 47 GENERAL HOSPITAL
 48 ANOTHER WORLD
- 2:30
 49 ALL IN THE FAMILY
 50 EDUCATIONAL PROGRAMMING (UNTIL 4:00)
- 3:00
 51 EDGE OF NIGHT
 52 MATCH GAME
 53 MOVIE
 54 GOMER PYLE
- 3:30
 55 FAMILY FEUD
 56 MIKE DOUGLAS
 57 MICKEY MOUSE CLUB
- 4:00
 58 DINAH
 59 SESAME STREET
 60 BUGS BUNNY AND FRIENDS
- 4:30
 61 FLINTSTONES
- 5:00
 62 6 NEWS
 63 MISTER ROGERS
 64 BEWITCHED
- 5:30
 65 ELECTRIC COMPANY
 66 ADAM 12 (EXC. MON.)

6 INCREDIBLE HULK David Banner turns to an attractive psychiatrist and discovers they have a need for each other, a situation that leads to romance and marriage. Guest star: Mariette Hartley. (Season premiere; 2 hrs.)

settler find themselves pitted against each other in the traditional struggle. (2 hrs.)

saturday

- SEPT. 23, 1978
- MORNING**
- 6:25
 1 NEWS DIGEST
- 6:30
 2 IDEA THING
- 6:45
 3 NEWS
- 7:00
 4 PINK PANTHER; SCHOOL ROCK
 5 SUNRISE SEMESTER
 6 SESAME STREET
 7 NUMBER 12 NORTHWEST
- 7:30
 8 SCOOBY DOO, WHERE ARE YOU; SCHOOL ROCK
 9 CAMERA 3
 10 MARLO AND THE MAGIC MOVIE MACHINE
- 8:00
 11 FANGFACE; SCHOOL ROCK
 12 POPEYE; IN THE NEWS
 13 MISTER ROGERS
 14 HOT FUDGE
- 8:30
 15 CHALLENGE OF THE SUPERFRIENDS; SCHOOL ROCK
 16 LAND OF THE LOST
 17 ELECTRIC COMPANY
 18 MR. WIZARD
- 9:00
 19 BUGS BUNNY AND ROAD RUNNER; IN THE NEWS
 20 ONCE UPON A CLASSIC 'What Katy Did' Episode Five. When Dr. Carr is distressed with Katy's first term report, the housekeeper intervenes. Suddenly, Katy becomes a devoted student but complications ensue as a romance develops.
 21 GARDENING FOR FUN
- 9:30
 22 NCAA FOOTBALL Michigan vs Notre Dame
 23 GODZILLA POWER HOUR; METRIC MARVELS
 24 TO BE ANNOUNCED
- 10:00
 25 EDDIE CAPRA MYSTERIES Lawyer Eddie Capra volunteers to help clear a young woman, who was seen fleeing from the site of a burning building in which the body of a prominent physician is discovered with a scalpel sticking from his back. Stars: Vincent Baggett, Ken Swafford. (Premiere; 60 mins.)
 26 FIRING LINE 'Newsmen and the Law' Host: William F. Buckley, Jr. Guest: Peter Worthington, Editor-in-Chief of the 'Toronto Sun.' (60 mins.)
 27 NEWS
- 10:30
 28 NEWSMAKERS
- 11:00
 29 6 NEWS
 30 DICK CAVETT SHOW
 31 GUESTS: Comedy writers David Lloyd and Marshall Brickman, Part II.
 32 LOVE EXPERTS
- 11:30
 33 MOVIE -(MYSTERY)*
 "Dragnet" 1969 Jack Webb, Harry Morgan. Two cops investigate a series of murders of pretty models, with a vaguely identified



THE WALTONS

A special two-hour seventh-season premiere episode of CBS-TV's 'The Waltons' on Thursday, Sept. 21, which focuses on the family members finding their lives pulling them in different directions, is dedicated to the memory of the late Will Geer, the veteran actor who starred in the Emmy Award-winning role of Grandpa.

As the family members, including Grandpa (Ellen Corby), carry on with their lives, readjusting them to Grandpa's death, all are faced with new challenges in a world more and more deeply involved with World War II.

Family members grow up and more apart as elder daughters Mary Ellen (Judy Norton-Taylor) and Erin (Mary McDonough) decide to leave the Walton home and take an apartment in nearby Charlottesville. Just when parents John (Ralph Waite) and Olivia (Michael Learned, right, pictured with Miss Corby) begin to feel an increase in the loneliness that began when their eldest son John-Boy moved to New York, John gets an impressive job opportunity in Richmond that calls for the complete abandonment of Walton's Mountain.

thursday

- SEPT. 21, 1978
- EVENING**
- 6:00
 1 ABC NEWS
 2 CBS NEWS
 3 NBC NEWS
 4 GERMAN
 5 EMERGENCY ONE
- 6:30
 6 NEWS
 7 CAROL BURNETT AND FRIENDS Guest: Tim Conway.
 8 MAGIC METHOD OF OIL PAINTING
- 7:00
 9 CROSS WITS
 10 MERV GRIFFIN
 11 EVENING REPORT
 12 MACNEIL LEHRER
- 7:30
 13 FAMILY FEUD
 14 PLEASE STAND BY
 15 OPERA PREVIEW 'Norma'
 16 HOGAN'S HEROES
- 8:00
 17 MORK AND MINDY Mork, too different from earthlings to go out on his own, moves into the attic of Mindy's apartment over the opposition of her outraged father.
 18 THE WALTONS Mary Ellen and Erin decide to take an apartment in Charlottesville to be closer to school and work. The girls' venture leaves John and Olivia melancholy as they watch their family splinter into different directions beginning with John-Boy's move to New York and later, grandpa's death. (Season Premiere; 2 hrs.)
 19 PROJECT U.F.O. A charter boat is rammed by a UFO and a marine biologist is mysteriously found unconscious on a stretch of beach unmarked by tracks or footprints. Stars: Edward Winter. (Season Premiere; 60 mins.)
 20 EVENING AT POPS 'Noel Parenti' The dancer-mime expert performs his own choreography to Morton Gould's 'Concert for Tap Dancer and Orchestra' and a concerto in four movements, offering a variety of improvisation and formal styles. (60 mins.)
 21 MOVIE -(COMEDY-DRAMA)* 1/2 "Honkers" 1972 James Coburn, Lois Nettleton. A divorced rodeo cowboy tries to make it big with his son and regain his ex-wife but his roving eye betrays him. (2 hrs.)
- 8:30
 22 WHAT'S HAPPENING!! Heron enters a disco contest and raises the money he needs by selling a percentage of his winnings to 'investors,' but gets carried away and sells too many shares in himself. (Season Premiere)
- 9:00
 23 BARNEY MILLER When a young woman breaks into a man's bathroom to confront her missing father after a 28-year search, his refusal to admit he's her father adds to the commotion that lands them both in the 12th precinct stationhouse.
 24 QUINCY Quincy finds himself in a life-or-death race to isolate a mysterious poison that has already claimed two lives and poses a deadly threat to his best friend, Sam Fujiyama, as well. (Season Premiere; 60 mins.)
 25 THRACIAN GOLD Unearthed in modern Bulgaria, several hundred works of art, including spectacular gold and silver vessels, jewelry and ornaments, present a vivid picture of ancient Thracian culture spanning a period of nearly 6000 years.

- 9:30
 26 SOAP The glittering wedding of Danny Dallas and Elaine Lefkowitz is climaxed by a startling announcement from the bride's mobster father.
 27 EVENING AT SYMPHONY Beethoven's 'Leonore Overture No. 3 Op 72b' (90 mins.)
 28 FAMILY Eleven-year-old Quinn Cummings is introduced as Annie Cooper, a precocious orphan who joins the Lawrence family and creates tension by refusing all offers of affection, especially from infuriated 'big sister' Buddy. (Season Premiere; 60 mins.)
 29 BARNABY JONES Barnaby, temporarily blinded by a grazing bullet wound, engages in a desperate battle of wits to save himself and a key murder witness from two trailing killers. (Season Premiere; 60 mins.)
 30 W.E.B. E.Jen Cunningham risks her career when she casts her best friend in the starring role of an important Trans Atlantic Broadcasting miniseries, and then discovers during filming that the girl is very ill. Stars: Pamela Bellwood, Alex Cord. (Premiere; 60 mins.)
 31 NEWS
- 10:30
 32 NEWSMAKERS
- 11:00
 33 6 NEWS
 34 DICK CAVETT SHOW
 35 GUESTS: Comedy writers David Lloyd and Marshall Brickman, Part I.
 36 LOVE EXPERTS
- 11:30
 37 STARKY AND HUTCH-S.W.A.T. Starky and Hutch—'The Heroes' A pretty news reporter covering the police beat finds the unorthodox methods used by Starky and Hutch to be objectionable. (R) S.W.A.T.—Crisis 'Cross' A financially ruined ex-senator who led the heist of his own electronics warehouse in which two policemen were slain, pretends to assist in the police investigation. (R; 2 hrs; 15 mins.)
 38 CBS LATE MOVIE 'MASH' Hawkeye and Trapper John receive a frightening invitation to visit the Red Chinese in the combat zone. 'McCloud: The Man With The Golden Hat' Stars: Dennis Weaver, Jaclyn Smith. (R)
 39 THE TONIGHT SHOW Host: Johnny Carson. Guest: Kenny Rogers, Jim Fowler. (90 mins.)
 40 FERNWOOD 2NIGHT
 41 NIGHT GALLERY
- 1:00
 42 TOMORROW Host: Tom Snyder. Subject: New York's Studio 54. (60 mins.)
- 1:30
 43 MOVIE -(WESTERN)* 1/2 "Ramrod" 1947 Veronica Lake, Joel McCrea. Story of a territorial dispute between a girl owner of a sheep-ranch and her father. (94 mins.)
- 1:45
 44 MEDICAL CENTER

friday

- SEPT. 22, 1978
- EVENING**
- 6:00
 1 ABC NEWS
 2 CAROL BURNETT AND FRIENDS
 3 NBC NEWS
 4 THE LONG SEARCH 'Protestant Spirit U.S.A.' This first episode in the series, dealing with the world's primary religions and their roles in the 20th century, examines the vigor of religious expression among American Protestants. (60 mins.)
 5 EMERGENCY ONE
 6 NEWS
 7 CROSS WITS

- 9:30
 28 SOAP The glittering wedding of Danny Dallas and Elaine Lefkowitz is climaxed by a startling announcement from the bride's mobster father.
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sunday

10:30
 12 NEWSMAKERS

11:00
 13 6 NEWS
 14 DICK CAVETT SHOW
 15 GUESTS: Comedy writers David Lloyd and Marshall Brickman, Part I.
 16 LOVE EXPERTS

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 17 STARKY AND HUTCH-S.W.A.T. Starky and Hutch—'The Heroes' A pretty news reporter covering the police beat finds the unorthodox methods used by Starky and Hutch to be objectionable. (R) S.W.A.T.—Crisis 'Cross' A financially ruined ex-senator who led the heist of his own electronics warehouse in which two policemen were slain, pretends to assist in the police investigation. (R; 2 hrs; 15 mins.)
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 24 MEDICAL CENTER

Sunshine Band. (Season Premiere; 60 mins.)
 25 THE NEW ADVENTURES OF WONDER WOMAN On the eve of a huge concert date, a kidnapper nabs teenage heartthrob Lane Kincaid and, while demanding \$2 million ransom, escapes notice by substituting the superstar singer with his twin brother. Guest star: Leif Garrett. (Season Premiere; 60 mins.)
 26 THE WAVERLY WONDERS
 27 WASHINGTON WEEK IN REVIEW
 28 MOVIE -(ADVENTURE)* "Soldier of Fortune" 1955 Clark Gable, Susan Hayward. A man is hired to find a woman's husband being held captive in Hong Kong. (2 hrs.)
 29 WHO'S WATCHING THE KIDS Angie and Stacy invite their new neighbor, Larry Parnell, over for dinner in the hope of persuading him to tutor Angie's tough-talking teenage brother, Frankie, to read and speak better. Stars: Caren Kaye, Lynda Goodfriend. (Premiere)
 30 WALL STREET WEEK 'Growth Stocks Finally Pay Off' Host: Louis Rukeyer. Guest: Eddie C. Brown, Vice President of T. Rowe Price Associates. (60 mins.)



EVENING AT POPS

South African pianist Steven DeGroote (pictured), winner of the 1977 Van Cliburn International Quaddrennial Piano Competition, joins Arthur Fiedler and the Boston Pops Orchestra on 'Evening at Pops,' to be presented by PBS on Sunday, Sept. 24.

Arthur Fiedler and the Boston Pops Orchestra open the program with Halvorsen's *Entrance of the Boyards*, and the *Overture to The Gypsy Baron* by Strauss.

The highlight of the evening is DeGroote's masterful performance of Prokofiev's Piano Concerto no. 3 in C major, op. 26. The 24-year-old DeGroote has been hailed as a pianist with "great technical skills... agility, flexibility, sensitivity, nuance, delicacy and power." Tonight he plays Prokofiev with the precision, authority and solid virtuosity which has brought him acclaim wherever he performs.

- 10:00
 1 KROFFT SUPERSTAR
 2 HOUR; METRIC MARVELS
 3 HOW TO WITH PETE
- 10:30
 4 TARZAN AND THE SUPER SEVEN; IN THE NEWS
 5 12 IN THE MORNING
- 11:00
 6 MAJOR LEAGUE
 7 BASEBALL (PRE-GAME)
 8 WORLD TOMORROW
 9 MAJOR LEAGUE
 10 BASEBALL
- 11:30
 11 NUMBER 12 NORTHWEST
- AFTERNOON**
- 12:00
 13 SPACE ACADEMY; IN THE NEWS
 14 ALL-STAR SOCCER Derby County vs Bromwich Albion (60 mins.)
 15 MOVIE -(DRAMA)*

- 10:00
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 17 HOUR; METRIC MARVELS
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Since our phone number was not included in the phone book, it is listed here for your convenience.

Dr. Tom Wright
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Behind her closed door Karen had tried many diets, but every attempt was futile until she joined Venus. Karen was tired all the time and her energy level was almost zero. Her typical day consisted of eating junk foods while she watched TV.

Karen almost turned herself into a recluse. She didn't like to leave the security of her home and she really didn't want to see or meet new friends.

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And I must tell you her family (husband & son) beams with pride. Karen is now such a special wife and mother!

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Waist	42" to 35"
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Thighs	45" to 35"
Hips	48" to 35"
Thighs	28" to 20"

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