



Lang checks crash victim's vital signs.

Local 'Emergency' crew

Sandy paramedic staffs ambulance

by KAYE BARTON

Gary Lang is a paramedic for Alpine Ambulance Company in Sandy. When he is working at the scene of an accident his job involves all the tension and drama of the television series "Emergency."

At such moments Lang makes full use of his lengthy and thorough training and of the sophisticated medical equipment on board the ambulance.

The knowledge gained in hours of classroom work can be condensed into a single split-second decision, upon which a life can depend. This awareness provides Lang with the high points and the long-term satisfactions of his career.

But Lang is quick to point out that life as an ambulance attendant is not all wailing sirens and patients brought back from the edge of death. "We sure don't treat a life-and-death case on every call," he said, "and we sometimes wait hours between the calls we do get."

Still, the Sandy man must be alert for those calls to come at any moment and be prepared for whatever

emergency will meet him at the other end, "everything from tingling toes to a total cessation of breathing and heart activity," he commented.

Such preparation involves time: the time invested in his training, and the "idle time" spent at the ambulance service's office, waiting for a call. Lang fills those waiting hours with numerous tasks that ensure the crew's readiness to respond.

48 on, 48 off

The shift rotation for an ambulance attendant is 48 hours on duty and 48 off. Between calls the paramedics who staff the ambulances stock the cabinets with medical supplies, replenish their portable kits with supplies used on the last call, and in general "straighten up all the stuff you messed up while you were out on the run," Lang reported.

An average schedule might involve four or five runs per two-day shift. The paramedics try to adapt their sleeping patterns to the demands, fitting in long naps whenever calls are slack.

Actually most of the paramedics have plenty to keep them busy even when they aren't making runs, according to Lang. Most of the paramedics take care of billing during slack times. Lang's second duty is radio technician mechanic. This utilizes his major in electrical engineering taken at Oregon State University.

So the long dry spells between emergency runs might find him installing a radio in an ambulance or tinkering under the hood. He is not qualified to work on the radio transmitter according to regulations of the Federal Communications Commission, but he makes minor repairs to the receivers.

Lang reported quite a fluctuation in emergency calls for the Sandy area. "Lately we've been making six or eight runs in one day," he said.

The typical call is to a car accident, which Lang said makes up the bulk of their work. Most victims of car accidents will have only lacerations and perhaps some broken bones. The ambulance crew also deals with cardiac arrest,

drowning and maternity transport in an ordinary day.

Extensive Training

According to Lang, becoming a paramedic is not accomplished overnight. "I had worked as a volunteer ambulance attendant and Boy Scout first-aid before I moved to Sandy," he said. After he came to Sandy four years ago, he joined the volunteer fire department and received his basic Emergency Medical Technician (EMT) training.

Lang then enrolled in Clackamas Community College's advanced EMT course and studied two nights a week, three hours each night to qualify for levels two and three in EMT training.

The state requires 456 hours of training to qualify for EMT III certification. It took Lang two-and-a-half years to complete it.

The training involves classes and practice in all phases of medical management and response to medical emergencies, including obstetrical and cardiac cases.

Lang talked about the changes in his profession

over recent years. State laws now require that at least one attendant on each ambulance be certified at the EMT I level.

"We're getting away from the old 'throw-em-in-the-wagon-and-run-like-hell' concept," he said. "An ambulance is now a mini-emergency room on wheels."

When the monitor comes

alive with an emergency call, Lang and his partner swing into action. Within a minute or two the orange and white van is pulling from University Avenue onto Highway 26.

And the flow of adrenaline readies the paramedic's mind for quick decisions as he speeds toward his destination.

Entertainment and the arts

Note: This column is compiled each week to inform Sandy-area residents of the cultural, entertainment or leisure-time activities available to them. Local businesses have been contacted and asked to notify the Post of any suitable events they have scheduled, and local activities will take priority over those held outside the immediate area. Please telephone or mail information for this column to "Entertainment and the Arts" in care of the Sandy Post, Box 68, Sandy, 97055.

characters often exhibiting compassion and sensitivity. The twists and turns of the real-life relationship gave the movie a measure of suspense and a surprise ending. The Theatre will be showing the film each evening through Saturday, Sept. 2.

SENIOR CRAFTS SALE

The annual Senior Craftsman of Oregon show and sale will be held at the Oregon Museum of Science and Industry over Labor Day weekend, Sept. 1-4.

Hundreds of handmade items, from cuddly stuffed animals to sturdy wood checkerboards, will be on display. Toys, clothing and expert needlework, hand-carved wood items and homemade jams and jellies will be shown for viewing and for sale at OMSI's Hall of the Northwest.

PIONEER CRAFT SCHOOL

Another craft exhibit will be presented by the Damascus Pioneer Craft School September 5-10. The annual student and faculty show will be open to the public from 10 a.m.-4 p.m. daily at the old school house at 1411 S.E. Anderson Road in Damascus. The Pioneer Craft School is involved with spinning, weaving, quilting and other needlework.

Golden Age Club

The Sandy Golden Age club met Aug. 24 for their regular pot-luck and business meeting with 70 members and friends attending. Joe Unger presided in the absence of Ernie Hegge who is visiting in Wisconsin.

Clyde Sutherland announced the Kiwanis Calendar fund raising project is nearing completion, with approximately 1400 listings, of which 854 are Birthdays and Anniversary dates. The results of this project will net the Sandy Senior Center a profitable sum.

A manager is needed for the gift shop which will be operated in the new center. Senior Center Director Dick Halvorson can supply information about the job to anyone who is interested. There is also a need for additional drivers for the loaves and fishes meals. Volunteers should contact Shirley Dyal.

Fred Decker was in charge of registration for the meeting. Those helping in the kitchen included Gretchen Chilton, Vernona Gardner, Sue Hewitt, Berniece Rosco,

Mildred Decker and Nancy Becker. Door prizes were received by Katie Wolfe and Irma Rich.

Ethel Sutherland reminded everyone to save useful articles for the fall Flea Market. Among the guests introduced by membership chairman Johnie Predmore were Elizabeth Jordan, a reading specialist from Sepulveda, California and Marjorie Spahr of Boring.

Sandy High's vice-principal Gene Carlson gave a very informative talk about Japan as he showed beautiful slides which he had taken while teaching in a private school in the Tokyo area. Carlson is in charge of pupil personnel, attendance and scheduling in the high school. Mrs. Carlson is a nurse and a supervisor at Woodland Park Hospital in Portland. Daughters, Piper and Ginger, accompanied their father to the meeting.

A surprise baby shower was held at the Sutherland home recently for Nancy Halvorson, wife of the Director Dick Halvorson.

Senior Center News

A potluck luncheon, held at Sandy Senior Center, will mark the Labor Day Holiday Monday, Sept. 4. Tuesday the center will sponsor a trip to the Grotto of Our Sorrowful Mother in Portland.

Coming up later in the month is a trip to Mt. Angel, Oregon for the Oktoberfest. Questions concerning trips and other services of the Senior Center should be directed to Cile Bradley, Assistant Director at 668-5569.

Activities
FRIDAY, SEPT. 1
THURSDAY, SEPT. 7
SEPT. 1
8-11 a.m., drop-in
10 a.m., Program planning subcommittee meeting
12 noon, Loaves and Fishes

1-4 p.m., Drop-in
SEPT. 4
Noon, Labor Day potluck
SEPT. 5
8 to 10 a.m., drop-in
10:45 - 12, Tour of the Grotto of Our Sorrowful Mother
12 to 1 p.m., "Loaves and Fishes"
1 to 4:30 p.m., Drop-in
SEPT. 6
8 to 11 a.m. drop-in
12-1 p.m. Loaves and Fishes
1-4:30 p.m., drop-in
SEPT. 7
8-11 a.m., drop-in
12-1 p.m., Loaves and Fishes
1-4:30 p.m. drop-in
SEPT. 8
8 to 11 a.m., drop-in
11 a.m., Bottom fishing
12-1 p.m., Loaves and Fishes
1-4 p.m. drop-in

people

Justin was born

A son was born to John and Patti Alps of Sandy on Aug. 12. He weighed eight pounds, 13 ounces and was named Justin John. He is the couple's first child. His grandparents are Ray and Pat Searls of Boring and Marilyn and "Curly" Alps of Madras.

Weygandt and Marshall wed

Sandra Weygandt and Daniel Marshall were married at the Pleasant Home Methodist Church on Aug. 12. The bride is the daughter of Mr. and Mrs. Richard Weygandt of Boring. The groom's parents are Mr. and Mrs. Jim Stevens of Beaverton.

Lisa Coleman of Sandy was the bride's honor attendant, and her bridesmaids were Marge Weygandt and Cindy Jones of Boring and Jody Light of Sandy.

The best man was the groom's brother Jay Yandell of Portland. Mark Hall from Gladstone, Darryl Jepson from Sandy and Dave Talkington from Boring served as ushers.

The bride graduated from Sandy High School in 1978 and is employed by Rest Harbor Extended Care. Her husband was a 1972 graduate of Gresham High School and works for Joe Fisher Ford.

The couple is living in Portland.

Radford family reunion

The Dick Radford family held their annual reunion at Roslyn Lake Park on Aug. 19.

Among the 68 in attendance were Mr. and Mrs. Lee Stinfield of Carmichael, Calif., Wendell Andrews of Maupin; Kenneth Hartson and daughter of Medford; Mr. and Mrs. Bud Radford of Silverdale, Wash., Mrs. Jesse Radford of Vancouver; Lester Smith of Brookings; and Mr. and Mrs. Homer Radford, their grand daughter Debbie Campbell, and two great-grandchildren of Myrtle Creek.

Homer was the oldest family member present, and his great-grand daughter, Mandy Radford was the youngest one.

Georgina Beck Saling, a sister of Mrs. Clark Radford, also attended.

Schoppert baby

Christopher Michael, the first child of Rhonda and Lyle Schoppert, was born Aug. 22 at Woodland Park Hospital. He weighed seven pounds, 12 ounces.

The baby's grandparents are Ray and Irene Schoppert of Sandy and Alva and Jean Dunn of Boring. Christopher and his parents live in Sandy.

KEEPING YOU HEALTHY...FOR THE FUN OF IT.



Let's face it. Healthy people simply have more fun. They're more active. They're in better shape. And they don't get hurt as often. So if you don't want to miss out on anything in our year round northwest playground, it's important to take care of yourself. And a good place to start is at

The Physicians Association of Clackamas County. We have all kinds of prepaid health insurance programs that help you stay healthy through regular checkups. There are plans for large groups, small groups and individuals. So call or stop by our office today...for the fun of it.



PHYSICIANS ASSOCIATION OF CLACKAMAS COUNTY
18600 S.E. McLoughlin, P.O. Box 286, Gladstone, OR 97027, Phone 659-4212

Hoodland Lutheran Church
Family Worship - Sunday School 10 A.M.
Transportation Available for Senior Citizens.
Highway 26 at Zigzag
Pastor: Paul A. Gross 622-3916

Come to Church

COMMUNITY PRESBYTERIAN CHURCH
Fellowship Worship 9:30 a.m.
Sunday School 10 a.m.
Morning Worship 11 a.m.
Mid Week Prayer Service 7:30 p.m.
Nursery Care During Worship
PASTOR: Ed Neuenfeldt
Church 668-4543
Manse 668-4594

IMMANUEL LUTHERAN CHURCH
Morning Services 9 a.m.
Sunday School 10:15 a.m.
Adult Bible Class 10:15 a.m.
A Cordial Welcome is Extended to All
PASTOR FRANK KOEPKE
668-6232 - Church

St. Jude's Episcopal Church
Sunday Family Service 9:00 a.m.
Nursing Home Service 1:30 p.m.
39665 Scenic St.
Sandy, Oregon
Father Lindsay Warren
284-7439

St. MICHAEL'S CATHOLIC CHURCH
Sat. eve Mass 7:30 p.m.
Sunday Mass 10:00 a.m. - 6 p.m.
St. Johns Catholic Church
Welches, Oregon
Mass 6 p.m. Sat.; 8 a.m. Sun.
Corner Strauss & Pleasant
Sandy, Oregon
Father Arata
668-4446

Gospel of Christ Community Church (Kelso area)
Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Evangelist Service 6:00 p.m.
Bible Study Wednesday 7:00 p.m.
13050 Bobby Bruce Lane
Pastor H.O. McAdams
630-3395

SANDY SEVENTH-DAY ADVENTIST CHURCH
Proctor and University
Sabbath School 9:30 a.m.
Morning Service 11:00 a.m.
You Are Welcome
Pastor TERRY ZULL
668-7714 - Home
668-6144 - Church

SANDY ASSEMBLY OF GOD SUNDAY SERVICES
Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Evangelist Service 6:00 p.m.
Family Night Wednesday 7:00 p.m.
Raymond Alcorn Church Phone 668-4964

HOODLAND CHAPEL "Sovereign Grace"
Wemme, Oregon
Rev. Gary Pollitt
Rev. Alan Wyatt
Bible Study 10 a.m.
Worship service 11 a.m.
For Information Call 622-4266

MT. HOOD EVANGELICAL FREE CHURCH
Biblical - Fundamental
Friendly
Sun. School 9:45 a.m.
Services 11:00 a.m.
Wed. Bible Study 7:15 p.m.
Pastor - Stan Wall
622-3575
1 mile no. of Zigzag on Lolo Pass Rd.