

Join these lucky 'Instant Money' Winners!

Janice L. Mitchell
\$2,000 Winner

Paul Eugene Box
\$1,000 Winner

Leslie C. Kenny
\$1,000 Winner

Robert A. Coe
\$1,000 Winner

Steven Taylor
\$1,000 Winner

Jerry D. Price
\$1,000 Winner

Tsong-Ming Chu
\$1,000 Winner

Bob M. Staab
\$2,000 Winner

John P. Gutfleisch
\$1,000 Winner

Prices good Wed., Aug. 16 thru Sat., Aug. 19, 1978

U.S.D.A. GRADE "A" Valchris
Young Half Turkeys

Great for barbecuing.
reg. 98¢ lb.
79¢ lb.

Hillshire Farms
Smoked Sausage

Beef or Polish Kielbassa
reg. \$2.08 lb.
\$1.89 lb.

• Regular
• Thick Sliced
'Old Faithful' Sliced Bacon
reg. \$1.99 1 lb. pkg.
\$1.19 ea.

U.S.D.A. Choice Beef Round
U.S.D.A. Choice Beef Round
U.S.D.A. Choice Beef Round
Not to exceed 25% Fat
Oregon Chief Old Fashioned
Hormel Pancy Curedmaster
Ocean Fresh
Boneless Round Steak
Boneless Tip Steak
Heel of Round Roast
Lean Ground Beef
Dinner Franks
Boneless Hams
Red Snapper

Top or Bottom reg. \$2.68 lb.
reg. \$2.70 lb.
Boneless reg. \$2.38 lb.
reg. \$1.49 lb.
reg. \$1.39 lb.
2 to 2 1/2 lb. reg. \$3.69 lb.
reg. \$2.08 lb.

\$1.98
\$2.09
\$1.48
\$1.39
\$1.19
\$3.19
\$1.89

Hygrade
Ball Park Franks
All Meat or All Beef
reg. \$1.79 1 lb. pkg.
\$1.29 ea.

MY-TE-FINE
Yogurt
5 Flavors reg. 89¢ Quart ctn.
79¢ ea.
Armour Star
Canned Ham
reg. \$7.99 3 lb. can
\$4.99 ea.

Refrigerated
Pillsbury Biscuits

• Buttermilk
• Country Style
reg. 25¢ 7 1/2 oz. tubes
6 \$1 17¢ ea.

Fred Meyer Northwest
Garden Sale
Harvested fresh daily from local farms, bumper crop, lowest prices, fresher-by-far quality.

FREE Recipes
Our produce departments feature over 500 kitchen tested fruit and vegetable recipes... posted daily by the produce department. Look for the new green colored, exciting, tasty recipes.

Summer Squashes
Green Top Beets
Slicing Cucumbers
Leafy Lettuces
Assorted Greens
Radishes/Gr. Onions
Green Cabbage
Coreless Carrots
Danish Squash

Zucchini, Yellow or Summer 20 lb. box \$4.79
Firm and sweet \$2.89 doz.
Long, green and crunchy.
Red Leaf, Butter, Salad Bowl or Romaine 4 for 99¢
Red or Green Chard, Kale, Mustard or Collards 4 bun. 99¢
Crisp and mild. Great in salads 2 bun. 25¢
Solid and crisp. Makes excellent slaw. 4 hds. \$1
Young and tender 25 lb. bag \$5.29
Sweet winter squash. FREE recipes. 4 for \$1

Blue Lake
Green Beans
Crisp and snappy!
4 99¢ lbs.
15 lb. box - \$3.29

Produce Item of the Week
Fresh Leeks
Adds zest to soups or salads
49¢ bun.

Plant Item of the Week
8" pot
Boston Fern reg. \$12.95 **\$9.95** ea.
Mrs. Myers pre-mixed Fern Food ready to use 99¢ pint

Regular, Drip or Electric Perc
MJB Coffee
• 2 lb. can reg. \$5.78 **\$5.53** ea.
3 lb. can reg. \$8.43 **\$8.03** ea.

Instant
Maxwell House Coffee reg. \$4.89 10 oz. jar **\$4.49** ea.
Instant
Yuban Coffee reg. \$2.39 4 oz. jar **\$2.29** ea.
Instant Coffee
Maxim Freeze Dried reg. \$4.82 8 oz. jar **\$4.56** ea.

Wine List

Gallo Wines
• Red Rose
• Hearty Burgundy
• Chablis Blanc
• Rhine
reg. \$5.99 3 litre **\$4.75** ea. case of 4 \$18.80

Sonoma Vineyards
• French Cabernet
• Grenache Rose
reg. \$3.39-\$3.59 750 ml **\$2.49** ea. case of 12 \$29.68

Ice House Wines
• Sancerre
• Orange Smash
• Sancerre
reg. \$2.99 750 ml **\$2.33** ea. case of 12 \$27.76

Christian Brothers Cabernet Sauvignon
reg. \$3.89 750 ml **\$3.29** ea. case of 12 \$39.28

Bernkasteler Kurfurstlay
reg. \$3.59 750 ml **\$2.99** ea. case of 12 \$35.68

Litehouse Dressing
Chicken Franks
Variety Pak Lunchmeat
Sliced Lunchmeat
Oberto Polish Sausage
Oregon Chief Salami

4 varieties reg. \$1.29 to \$1.39 pint
Paster Farms reg. \$1.09-1 lb. pkg.
Oscar Mayer sliced reg. \$2.19-12 oz. pkg.
Oregon Chief reg. 89¢ - 6 oz. pkg.
Dinner Size reg. \$2.59-20 oz. pkg.
reg. \$3.49 2 lb. chub

\$1.09 ea.
89¢ ea.
\$1.89 ea.
69¢ ea.
\$2.29 ea.
\$2.99 ea.

Cheese of the Week
MY-TE-FINE
Mild Cheddar or Monterey Jack
reg. \$3.99 2 lb. loaf **\$2.89** ea.
MY-TE-FINE Individually Wrapped
American Cheese Food Slices
reg. \$1.49 12 oz. pkg. **99¢** ea.

• Meat
• Beef
Oregon Chief Wieners
reg. \$1.19 12 oz. pkg. **79¢** ea.

Ten Varieties Banquet Dinners
reg. 75¢ 11 to 12 oz. packages **2 \$1** For

Country Time Lemonade
Birdseye Peas
Bridgeford Bread
Grapefruit Juice
Gorton's Fish Portions
Rich's Chocolate Eclairs
Totinos Deep Crust Pizza

Regular or Pink reg. 58¢-12 oz. can
reg. 45¢ 10 oz. pkg.
Dough Leaves reg. 99¢-48 oz. pkg.
Minute Maid reg. 89¢-12 oz. can
Butter Fried reg. \$3.29-24 oz. pkg.
reg. 99¢ 8 1/2 oz. pkg.
Combination reg. \$2.99-26 1/2 oz. pkg.

49¢ ea.
39¢ ea.
89¢ ea.
79¢ ea.
\$2.99 ea.
89¢ ea.
\$2.79 ea.

Wings or Thighs and Drumsticks 25 to 27 oz. pkg.
Banquet Chicken Portions
reg. \$2.35 to \$2.45 **\$2.19** ea.

Regular
Eggo Waffles
reg. 75¢ 11 oz. pkg. **59¢** ea.

3 varieties
Farmland Dinners
reg. \$1.79 32 oz. pkg. **\$1.29** ea.

Non-Dairy
Rich's Coffee Rich
reg. 39¢ 16 oz. ctn. **\$3.19** 34¢ ea.

Each of these advertised items must be readily available for sale at or below the advertised price in each Fred Meyer store, except as specifically noted in this ad.
Food Sections except Morrison, Beaverton or SE 122nd & Stark
Wine Sections except Morrison and SE 122nd & Stark

Fred Meyer Shopping Centers

PORTLAND PG. 3