

Sports & Recreation

At North Bend Invitational

Matt Roth takes top honors in high point competition

by MARK FLOYD
Sports Editor

A remake of "The Wind and the Lion" was playing at the North Bend Invitational swim meet last weekend.

The "Wind" was an ocean breeze strong enough to blow several tents over where the swimmers were sleeping and the "Lion" was Blue Marlin swimmer Matt Roth who roared through two final day events to gather the high point award for 11-and-12-year-olds.

"Matt was behind on points going into the last day, but he got 2nd in the backstroke (100

yard) and won the fly (100-yard butterfly) to get enough points to win," said assistant Blue Marlin coach Carl Neuenfeldt.

Matt placed in six individual events and two relays to score 28 points in outdistancing the other 11- and 12-year-olds at the four-day meet.

The young Blue Marlin won the 100-yard butterfly in 1:05.5; took 2nd in the 100-yard backstroke in 1:11.6; 4th in the 200-yard individual medley in 2:31.8; 4th in the 100-yard freestyle in 1:00.2; 2nd in the 200-yard freestyle

in 2:11.3 and 2nd in the 1,650-yard freestyle in 20:40.3.

Set personal best

The longer freestyle race was the first time Matt had ever swam that distance. He also swam in the 100-yard breaststroke and didn't place, but his 1:23.6 clocking was a personal best by five full seconds.

Matt also competed on two relay teams which finished 4th in the 11-12 boys competition.

The 200-yard medley relay team got their ribbon by finishing in 2:19.8. Matt, Steve Grable, Richard Rolph and Larry Topliff comprised the Blue Marlin relay team.

The same crew also finished 4th in the 200-yard freestyle with a 2:03.1 clocking.

Troy Hilstad also fared well individually for the Blue Marlin, finishing "either 2nd or 3rd in the boy's 8-and-under high point competition," according to Neuenfeldt.

Meet Record

The eight-year-old Blue Marlin finished 1st in the 50-yard butterfly, setting a meet record of 37.5 seconds. He also took 2nd in the 50-yard freestyle in 35.1; 2nd in the 100-yard freestyle in 1:17.9; 5th in the 50-yard breaststroke in 48.0 and dropped 2.5 seconds off his personal best in the 50-yard

backstroke (48.3) although he did not place.

Troy also swam on a pair of successful eight-and-under boys relay teams. The 200-yard medley relay team of Troy, Rhett Carlile, Mark Grable and Matt Woodfield finished 1st in 3:05.8, missing a meet record in the event by only .1 seconds. The same group finished 2nd in the 200-yard freestyle relay in 2:44.9, missing first place by the same .1 second margin.

Steve Grable also placed in the meet, finishing 4th in the boys 11-12 100-yard butterfly in 1:09.7 and 6th in the 1,650-yard freestyle in 21:57.7.

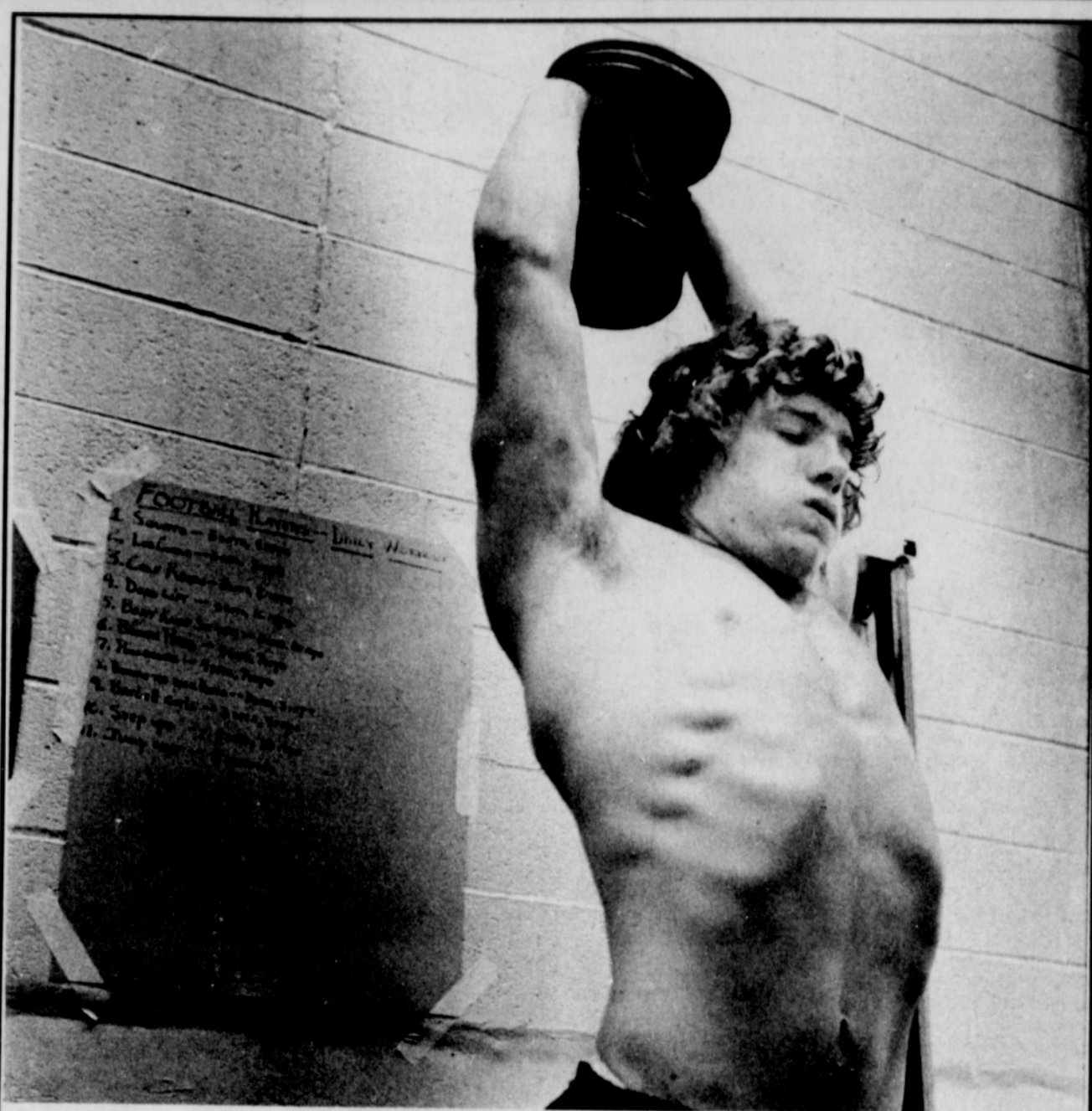
Although the final results haven't been tabulated, Neuenfeldt estimated that the Blue Marlin finished 7th or 8th in the 16 team field. Over 600 swimmers competed in the meet.

The only adverse element at the meet for the Marlin was the strong winds which plagued the coast last weekend. Gusts upwards of 30-miles an-hour were reported up and down the Oregon coast, making the outdoor competition a bit more difficult.

"It was real nice weather, except for the wind," Neuenfeldt said. "When it blew, it blew real hard, knocking tents over and blowing the sand around."



Matt Roth



Bob Rathke: Pumping Iron

THE WEIGHT ROOM is a valuable tool for athletes getting in shape for preseason practice. Bob Rathke is shown working out with weights as he prepares for the official opening of football practice on Aug. 21.

Sports briefs...

Invitational Trap Shoot set for Douglas Ridge range

The Douglas Ridge Invitational Trap Shoot is scheduled for 9 a.m. Aug. 13 at the Douglas Ridge Rifle and Shotgun Range.

Registration for the trap shoot will begin at 8 a.m. Entrants will use new Winchester shotguns which will be furnished at various spots throughout the range.

Contestants will shoot at 50 targets from a distance of 25 yards. There will be a sudden-death shoot-off on ties and all range decisions will be made by sponsors or their assistants.

Sponsors for the event are Heritage Guns-Coast to Coast of Sandy and Burke's Marina of Estacada.

The grand prize for the Invitational is a new Winchester Super XI Trap; the five runner-up prizes are new

Winchester shotguns. A turkey shoot will follow the trap competition.

The Douglas Ridge Rifle and Shotgun range is located one mile north of Eagle Creek off Hwy. 211. For more information, call Heritage Guns at 668-4515.

golf tourney

A host of celebrities from around the state will display their golfing skills at Bowman's Resort Aug. 15-16.

The celebrities will be teeing up at the Mt. Hood Golf Club Invitational-Celebrity Golf Tournament in a benefit for the American Cancer Society.

Some of those who have indicated that they will participate in the tour-

namment include Oregon State University basketball coach Ralph Miller, ex-Trail Blazer Terry Dischinger, gubernatorial candidate Vic Atiyeh and Portland State football coach Mouse Davis.

There will be prizes for the golfers, including a Hawaiian holiday and a new car for the first person to ace the 9th hole.

Each celebrity will be matched with three other golfers. For more information, call Bowman's Resort at 622-3101 or Lou Langlois at 668-4101.

hot shots

Athletes from 9-18-years-old will have a chance to compete and test their abilities in the Hot Shot Basketball Tournament Aug.

16.

The contest will be similar to the Hot Shot competition shown on television at the halftime of National Basketball Association games. Speed, shooting, dribbling and rebounding skills will be emphasized.

The tournament will begin at 1 p.m. at the Sandy Grade School. Competition will be divided into age-group categories for boys and girls 9-12, 13-15 and 16-18. Awards will be given to all participants.

Anyone who has played in a school varsity game or been on a varsity roster may not participate.

no tourney

The tennis tournament scheduled for this weekend

at the Sandy High School tennis courts has been postponed until some time in September due to a lack of entrants.

"There are a lot of people on vacation and the heat has discouraged most of the tennis players," said community recreation coordinator Tom Botbyl.

The tournament has been tentatively rescheduled for the second weekend in September. By then Botbyl hopes that the weather will be more moderate and vacationers will return.

The date of the tournament will be announced in upcoming issues of The Sandy Post.

roadrunners

Three local riders placed

high in the Sandy Roadrunner Game Show held recently in Rickreall.

Dalene Hadley of Sandy placed 1st in NSCA (National Saddle Club Association) flags in the "D" division of Texas barrels, and Mitie Butts of Sandy placed second in the class pole bending competition. All are members of the Sandy Roadrunners.

The Roadrunners meet weekly to practice for events used at game show and playday competition. Various members of the club have outside arenas where the Roadrunners practice. The club would like to invite anyone interested in competitive horseback riding to attend the weekly meetings.

For further information call Peggie Hodge at 668-4184.

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SANDY

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Fall practice starting soon at Sandy High

Pioneer Football practice officially begins Aug. 21, but any player who waits that long to work out may find himself far behind in conditioning.

"We're going through a summer conditioning program of running and

Football

lifting weights," varsity coach Woody Allen said. "All football players are encouraged to participate."

"Our motto this year is 'Go for it!'"

The conditioning program will continue until mid-August, culminating in "Quickness Week." Varsity candidates will be attending "Quickness Week" Aug. 14-18 where weight-lifting and agility drills will be emphasized.

The summer conditioning program is being held at the high school from 3:30-7:30 p.m. Monday through Thursday and 6-8 p.m. on Friday.

Equipment will be issued to sophomores, juniors and seniors from 6-8 p.m. Aug. 17 and 18. Freshman football players should receive a letter from coach Randy Hutchinson if they pre-registered to play.

Those interested in playing football who have not signed up, or those who do not receive letter should contact the school. Freshman

equipment will be issued sometime near the end of the month.

Official practice will begin Aug. 21 with daily triples. The team will work out at 8:15 a.m. for an hour-and-a-half, take a 25 minute break, and then resume practice until 11:30 a.m. Following an afternoon off, the team will reconvene for evening practice from 7-8:15 p.m.

The annual Watermelon Bowl game will be held some time in the afternoon on Aug. 26. Parents and fans are invited to attend the intrasquad scrimmage. The time for the game will be announced later.

Water polo

Water polo practice for the Sandy High boys' and girls' teams will begin Aug. 28 at 4 p.m. at the swimming pool.

Coach Gary Hilde will send out letters to swimmers who have indicated an interest in trying out for the team. Anyone else who would like to try out should contact Hilde at the swimming pool or leave their name and telephone number at the desk. The number of the pool is 668-5544, extension 54.

Turnout cards and parent forms are available at the pool.

Gymnastics

Preseason practice for the Sandy High School girls'

gymnastics team will begin Aug. 21 at 9 a.m. in gym C at the high school.

Practices will run from 9 a.m. to noon until school starts and then go from 2:45 to 5:15 p.m. Physical forms must be completed and parent release forms turned in to the athletic director before a student may participate in practice. Towels fees must also be paid.

Girls interested in trying out for the team can pick up the necessary forms in the Athletic-Activity office. Laura Pihlaja-Muehleck is the gymnastics coach.

Others

Cross-country and soccer practice times will be determined at a later date. Information about those sports may be obtained by calling the high school.

Participants in all sports must have completed the proper forms before competing in any practice, according to athletic director Mike Kostbra. The forms are available at the high school.

Volleyball

The 1978 version of the Sandy High girls' volleyball team will open practice Aug. 21 in the main gym.

The netters will be hard pressed to repeat the success of last year's team which made it to the state tournament before being

upended by Ashland.

Head coach Ron Grantz is optimistic about his team's chances again this year, and he has scheduled daily double practices for varsity candidates.

Preseason practice will

Sandy Softball

A full slate of games highlighted the calendar last week as players prepped up for this weekend's Sandy Softball League All-Star games.

In men's league action, Cejka Hardware walloped the Hoodview Royals 15-0; Ken Stone's Nursery blanked Northwest Butcher Supply 7-0; Paola's Pizza topped Bob Griesen 11-6 and the Hoodview Royals 11-3.

The Hoodview Royals came back to dump Division "B" leader Carlson Chevrolet 14-8; Adventist I nipped Cejka Hardware 6-4; Paola's Pizza also dumped the hardware team by a 14-8 score; Carlson Chevrolet doused the Sandy Volunteer Firemen 22-3; Ron's Texaco blanked Sheep 7-0 and Ken Stone's Nursery shut out Bob Griesen 7-0.

In the women's league, Paola's Pizza ripped Babe's Pizza 24-12 and Babe's Pizza squeaked by Bill Richardson Realty 15-14.

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run from 9-11:30 a.m. for freshmen, junior varsity and varsity members. Varsity players will also practice from 1:30-3:30 p.m.

After school begins, practice will be from 2:30-5 p.m.

All-Stars

The league will hold its men's and women's All-Star games on Aug. 13 at the high school.

The men's game will begin at 1:30 p.m., pitting the

league's two divisions against each other, and the women's contest will start at 3:30 p.m.

Division "A" of the men's league is comprised of all-stars from Adventist I, Ron's Texaco, Robert Griesen, Ken Stone's Nursery, Northwest Butcher Supply and the Good Sheppard Church.

Division "B" all-stars are from Paola's Pizza, the Hoodview Royals, Carlson Chevrolet, Cejka Hardware, and the Sandy Volunteer Firemen.

The women's contest will match the all-stars of Babe's Pizza and Bill Richardson Realty against the league-leading and undefeated Paola's Pizza Barn team.