



Lars Hagen
\$100 Winner

Patrick Hughs
\$100 Winner

George Nydegger
\$50 Winner

Brian Grimshaw
\$100 Winner

Walter Armstrong
\$100 Winner

Ena Yebra
\$100 Winner

Lou Casale
\$100 Winner

Vicki M. McComish
\$100 Winner

'Dinnertime'-Fully Cooked-Heat and Eat

Bar-B-Qued Chickens



2 1/2 to 3 1/2 lb. avg.
reg. \$1.49 lb.

\$1.29 lb.

Cudahy Bar-S

Boneless Hams



Water Added
Whole 5-7 lb. avg.
reg. \$2.58 lb.

\$1.59 lb.

Half 2 to 3 lb. avg. \$1.79 lb.



Cudahy Bar-S Sliced

Bacon
98¢ ea.

reg. \$1.59
12 oz. pkg.

U.S.D.A. Choice Boneless
Beef Round
U.S.D.A. Choice Boneless
Beef Round
U.S.D.A. Choice Full Cut
Beef Round-Bone in
U.S.D.A. Choice
Beef
Once frozen
Oregon

Rump or Tip Roast
Tip Steaks
Round Steaks
Cube Steaks
Shrimpmeat

reg. \$1.88 lb.
reg. \$2.08 lb.
reg. \$1.78 lb.
reg. \$2.38 lb.
reg. \$3.59 lb.

Prices good Wed., Aug. 2 thru Sat., Aug. 5, 1978



Its fresh California table grape
time! Grapes are delicious,
refreshing natural snacks. Select
from three top varieties.

Table Grapes

- **Seedless Grapes**
Large green berries -
bursting with flavor
- **Red Cardinals**
Large bunches of very sweet and
flavorful grapes.
- **Black Ribiers**
Large round dark colored grapes
with an especially exotic flavor.

Your Choice

69¢ lb.

Large Nectarines
Walla Walla Onions
Sno-White Cauliflower
Nappa Cabbage

Full of juice
and flavor
Large, perfect
sweet onions.
Firm, mild
flavorful heads
Locally grown
fresh and mild

49¢
7¢
49¢
39¢

Produce Item of the Week

Japanese (Enokidake)

Enok Mushrooms

Crisp and tasty for use in soups
to salads or spaghetti to tem-
pura.

69¢ ea.

3 1/2 oz. pkg.

FREE Recipe!

Plant Item of the Week

8" Potted

Bridal Veil Plant

The cascading branches covered
with tiny white blossoms give
this plant its name.

\$5.98 ea.

Jobs 100% Organic Nitrogen
Houseplant Spikes

Makes
plant feed-
ing
easy **79¢**

**Sunrise
Coffee**
**Instant
Nescafe**

Instant
reg. \$3.39
8 oz. jar
reg. \$4.99
10 oz. jar

\$3.29
\$4.79 ea.

Three Grinds

Folgers Coffee

• Regular
• Drip
• Electric Perc

\$5.65 ea.

reg. \$5.75-2 lb. can

Cudahy Bar-S

Extra Lean Franks

• All Meat
• All Beef
reg. \$1.79-1 lb. pkg. **\$1.29** ea.

Hormel

Canned Ham

reg. \$7.99
3 lb. tin **\$5.49** ea.

Cudahy Bar-S

Sliced Lunchmeat

6 varieties
reg. \$1.69
1 lb. pkg. **\$1.29** ea.

Thuringer Chub
Corn Tortillas
Bar-S Smokees
Sliced Bologna
Taco Shells

Armour Star
reg. \$3.49-20 oz. pkg.
Rosers
reg. 45¢-10 oz. pkg.
Cudahy
reg. \$1.79-12 oz. pkg.
Oregon Chief
reg. \$1.49-1 lb. pkg.
Rosers
reg. 59¢-5 oz. pkg.

\$2.99 ea.
2 for 77¢ 39¢ ea.
\$1.59 ea.
\$1.29 ea.
2 for \$1

Cheese of the Week

2 lb. horn

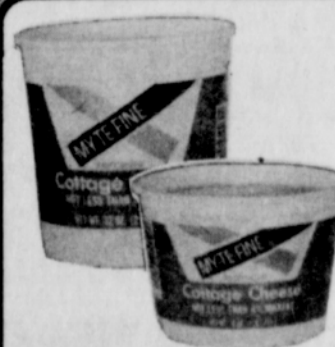
Kraft Colby Longhorn

reg. \$4.39 **\$2.89** ea.

MY-TE-FINE

Mild Cheddar or Monterey Jack

reg. \$1.99 lb. **\$1.69** lb.



MY-TE-FINE

Cottage Cheese

Large or Small Curd

• Pint
reg. 57¢ **43¢** ea.
• Quart
reg. \$1.13 **85¢** ea.

Buy our MY-TE-FINE cot-
tage cheese with com-
plete confidence. Easy to
digest-ready to serve for a
quick snack. Combines
well with fruit and vege-
tables. 100% pasteurized.
Packed fresh daily. Each
carton is open ended to in-
sure freshness to you.

play Instant Money at Fred Meyer stores

Pick-up FREE 'Instant Money' game tickets
everytime you visit a Fred Meyer grocery
section. (Limited to 3 visits per day.)
No purchase necessary.
All collector cards are identical and only
one card is needed for collector stubs.

Odds as of June 28, 1978: 28 participating stores located in Oregon and Montana. Total
tickets 6,967,000. Average prizes per store 2042. Average prize dollars per store \$5357.

Prize Value	Instant Money	Collector Cards	Total Prizes	Total \$ Value	Chase For 13 Stars Value	Chase For 28 Stars Value
\$2000.00	5	5	10	\$10,000	1 in 987,000	1 in 34,500
\$1000.00	15	30	45	\$45,000	1 in 11,200	1 in 5,750
\$500.00	60	120	180	\$90,000	1 in 3,800	1 in 1,810
\$200.00	60	120	180	\$36,000	1 in 3,112	1 in 1,806
\$50.00	322	644	966	\$48,300	1 in 18,714	1 in 1,268
\$5.00	1150	2300	3450	\$17,250	1 in 4,888	1 in 179
\$2.00	2782	5564	8346	\$16,692	1 in 1,504	1 in 74
\$1.00	48,000	96,000	144,000	\$144,000	1 in 108	1 in 6.1
Total	54,062	108,120	162,182	\$1,186,776	1 in 99	1 in 7.8

**It's Fun
It's Easy**



1. Scratch off the silver
boxes with edge of coin
to reveal prize amounts.
Match 3 dollar amounts
across some line on one
ticket and you win that
dollar prize instantly.



2. Scratch off the silver
boxes on 'collect & win'
stubs and if you win
\$1000 appears on stub.
Complete any column 1
thru 8 and win dollar
prize shown for column.



If no dollar amount is
shown on collector stub
then match stub with
number and column on
your collector card.
Complete any column 1
thru 8 and win dollar
prize shown for column.

Program scheduled thru Sept. 27 or until all tickets are distributed. Game subject to
renewal.

Each of these advertised items must be readily available for sale at or
below the advertised price in each Fred Meyer store, except as speci-
fically noted in this ad.

Food Sections except Morrison, Beaverton or SE 122nd & Stark

Fred Meyer
Shopping Centers