

Fred Meyer

More Than Just Savings

Join these lucky 'Instant Money' Winners!



Janice L. Mitchell
\$2,000



Robert A. Coe
\$1,000 Winner

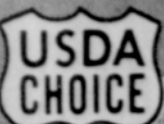


Leslie C. Kenney
\$1,000 Winner

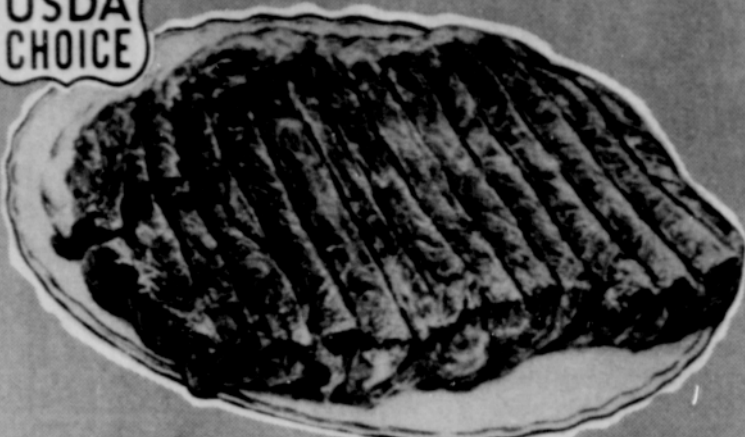


Paul Eugene Bax
\$1000 Winner

Prices good Wed., Aug. 2 thru Sat., Aug. 5, 1978



Beef Round



**Boneless
Top or Bottom
Round Steaks**

\$1.88
lb.

Reg. \$2.88 lb.

Ground Beef Sale



MY-TE-FINE Plain
Hamburger Buns

pkg.
of 8

49¢
ea.

● **Regular**

Not to exceed
30% fat
reg. \$1.29 lb.
first 5 lbs.
additional at
regular price

96¢
lb.

● **Clean**

Not to exceed
25% fat
reg. \$1.49 lb.

\$1.19
lb.

● **x-Lean**

Not to exceed
20% fat
reg. \$1.59 lb.

\$1.29
lb.

Save \$1.74

Three Grinds

**MJB
Coffee**

Choose the grind best suited
to your coffee maker: Regular,
Drip or Electric Perc.

\$6.69

reg. \$8.43 - 3 lb. can
first one-additional at regular price.

Mr. Coffee
Coffee Filters reg. 79¢
50 ct. pkgs. 2 for \$1

Save 38¢

Sweet Creamy

**MY-TE-FINE
Butter**

Treat your family to the extra
goodness of dairy sweet but-
ter. Delicious as a spread or
baking ingredient.

99¢
ea.

reg. \$1.37 - 1 lb. solid pkg.
first two-additional at regular price.

You don't have to save 'real butter' for compa-
ny. Enjoy it every day at this price.

Save 71¢

16 oz. bottles

**Pepsi Cola
8-pack**

Choose your own favorite
Pepsi, Regular, Light or Diet.

\$1.28
ea.

reg. \$1.99 - plus deposit

Plus Deposit

Beverage

Cocktail Ice

7 lb. bag

48¢ ea.

Save 30¢

Pure Vegetable

**MY-TE-FINE
Shortening**

Pure white shortening.
Ideal for frying or baking
recipes.

\$1.69
ea.

reg. \$1.99 - 3 lb. can

Compare

Crisco Shortening

3 lb. can

\$2.39

Save 22¢

Super Moist

**Betty Crocker
Cake Mixes**

Choose from 11 delicious
mixes. Frost them with MY-
TE-FINE icing.

57¢
ea.

reg. 79¢ - 18 1/2 - 19 1/2 oz. box.

MY-TE-FINE

Frosting Mix

reg. 75¢
14 oz. box

69¢ ea.

Save 90¢

MY-TE-FINE

**Instant
Dry Milk**

MY-TE-FINE non-fat dry milk
makes a refreshing, quick
pick-me-up with meals or
snacks.

\$3.89
ea.

reg. \$4.79 - 64 oz. box

Compare Carnation

Instant Dry Milk

64 oz.
box

\$5.25

Save 22¢

Fred Meyer Brand

**Topco Liquid
Bleach**

Enjoy whiter, brighter, saniti-
zied clean washes. Priced
lower to save you money.

49¢
ea.

reg. 71¢ - gallon

Compare

Purex Bleach

gallon

89¢ ea.

Save 34¢ to 44¢

MY-TE-FINE

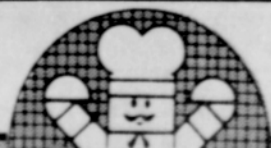
**Ice Milk
or Sherbet**

Choose from a delicious as-
sortment of flavors perfect for
desserts or bedtime snack. Al-
ways a favorite.

75¢
ea.

reg. \$1.09 to \$1.19 half gallon

Four flavors Ice Milk: Vanilla, Chocolate, Neapolitan,
Caramel Five flavors Sherbet: Lime, Rainbow, Rasp-
berry, Pineapple or Orange



Our best to you... **FRESH**,
from the Fred Meyer Bakery



MY-TE-FINE

**Petite
Butterhorns**

\$1.19
ea.

Petite Danish pastries. Great for snacks or a family
breakfast. Made with the finest Northwest wheat
flour and pure vegetable margarine. Heat these
moist, tender, flaky pastries and top with butter
for a real taste treat.

reg. \$1.39
pkg.
of 10



MY-TE-FINE

**Vienna
Bread**

3 \$1
for

Tender, white, even textured
bread. Makes great sand-
wiches. Your family will love
it.

reg. 55¢
22 1/2 oz. loaves

34¢ ea.



MY-TE-FINE

**100% Whole
Wheat Bread**

2 \$1
for

Made with 100%
Northwest hard
wheat flours.

reg. 63¢
22 1/2 oz. loaves

MY-TE-FINE
**Sliced
French Bread**

reg. 63¢
15 oz. loaves 2 for \$1

Choose plain or sourdough, San Francis-
co style French bread.

Sonny Boy
**Restaurant
Butterhorns**

reg. \$1.09
pkg. of 4, 99¢

Big, scrumptious pastries for breakfast or any
time.

MY-TE-FINE
**German
Chocolate Cake**

reg. \$1.59
18 oz. foil pan

Rich chocolate cake topped with gooey
caramel-coconut icing.