



IT'S HOT picking strawberries in the noonday sun but the rewards are well worth the effort, according to many experts with red-stained tongues.

U-pick berries taste as good as ones you buy at the store

by CAROL THURLKILL
special writer

"Let me take you down,
'cause I'm going to
the strawberry fields,
nothing is real
and nothing to get hung about
Strawberry fields forever"

— The Beatles

Life in the fields for the berry picker can be carefree and serene. The natural aromas of earth and plant intermingle; bright, colorful berries suspend in their fullness; talk and family gossip fill the air as women in large-brimmed straw hats bend and pick. The parallel repetition of rows is a reassurance of plenty and reproduction.

U-pickers are in a state of euphoria this month as strawberries, raspberries and logan berries ripen. Folks from all through the Willamette Valley are gathering in the fields to help with the harvest, a tradition that has been carried on for over a century since the area was first settled in the 1850s.

The day begins early, around 7 a.m. for most earnest pickers. Some carry large canning kettles in their enthusiasm. Others bring only a crate or a small container to hold what they can eat in a day.

After the containers are weighed, each person or family is assigned a row. The best technique is to free both hands for the picking—one to pick and one to hold a few berries. The bucket or basket is usually laid on the ground beside the row.

In order to get the biggest berries on the sides of the plant, strawberry pickers straddle the row and bend down at the waist. The color variations and ruffled

shape of the leaves are clearly visible from this point of view. So is the picker in the adjacent row.

Raspberry pickers work the plant from top to bottom because it grows up on a stake. The desirability of a berry is determined by the ease with which it comes off the vine. If it is green and has to be tugged off, it is usually left behind.

Berry picking is a social occasion, for it draws together people with a little free time—a retired couple driving through the area, a mother and her children, two neighbors who want to put up a batch of jam together. The only demand on a picker is to pick the best berries and have a good time.

It's also a chance to get outside for most people. The summer sun is hot on a bare back and the work at times is tedious. U-pickers get their hands dirty, sweat a little, and attain the self-satisfaction that comes from picking their own food.

The younger pickers are content to run about the fields with red stains on their faces and clothing sampling the largest, juiciest berries they can find.

Saving a little money is also an incentive for these do-it-yourselfers. After berry growers sell the bulk of the crop to canneries and commercial pickers, the prices drop to 20-30 cents a pound for strawberries and 40-60 cents a pound for raspberries. This is about half of what the fruits sell for in open markets and grocery stores. If he works hard, a person can pick about 10 pounds in an hour.

As the containers are filled, people with juicy grins on their faces proudly carry their berries in to be weighed.

Stiles and Anderson are wed

Theresa Stiles of Sandy and Robert Anderson formerly of Walla Walla were married June 18 at the Sandy Seventh-day Adventist Church.

The ceremony was performed by Floyd Matula, a former teacher of the bride at Portland Adventist Academy. Her parents are Mr. and Mrs. Ralph Stiles of Boring. The groom is the son of Mr. and Mrs. William Anderson of Crescent, Ore.

For the afternoon ceremony, the bride wore a white gown trimmed with blue ribbon and lace. She carried a bouquet of daisies and blue silk flowers arranged by her mother as were her attendant's flowers.

Sharon Murphy of Portland served as her maid of honor. Her bridesmaids were Roxanne Jordan and Kim Bauer, both of Gresham, and Deb Golden of Battle Ground, Wash.

The bride's brother, Gary Stiles, of Vancouver, Wash., was the best man. Ushers were Tim Anderson of Gilchrist, Ore., brother of the groom, Don Bauer of Gresham, and Gene Stiles, the bride's brother, also of Gresham.

The flower girl and Bible boy, Rachel Nielsen and Benjamin Rathjen of Sandy, were cousins of the bride. The reception was held in the church's activity center, the site of the former Adventist Church, where the bride's parents were married. Music was provided by Jon Gilbertson and Kim Arniaz of Portland.

The bride attended Hoodview Junior Academy at Boring, Portland Adventist Academy, and Mt. Hood Community College. The groom graduated from Gilchrist (Oregon) High School and attended Walla Walla Community College. The Andersons are living in the Portland area.



Mr. and Mrs. Robert Anderson

Six-mile runs helps charity

A "run for charity" will be held Saturday, Aug. 5 at Washington Park in southwest Portland. Called "The American Podiatry Association's Sports Medicine Run", the event will involve a 10 kilometer (6.2 mile) run over the park's paved hilly roadways. The last two miles of the course are uphill.

The event is co-sponsored by Adidas, a running shoe company, by the Tigard Press and by the American Podiatry Association (APA). Entrants will receive a T-shirt and a chance to participate in a runners' clinic on Aug. 13.

The run will begin at 9 a.m.

The start-finish line is located at the Forestry Center, 4033 S.W. Canyon Road, just west of the Washington Park Zoo. Each participant is asked to give a \$4.50 entry donation, the proceeds of which will go to the Diabetes Association of Oregon.

The Aug. 13 runners' clinic will be conducted by APA sports medicine professionals and will deal with such topics as runners' foot and knee problems, athletic injuries and disabilities and the use of podiatric medicine.

Sponsors prefer that entrants pre-register by

mailing the \$4.50 donation to Wally Larsen, "Sports Medicine Run", Clossko-Adidas, P.O. Box 1538, Beaverton, Ore., 97005. Participants can also register at the race site on Aug. 5.

Ideas asked by energy committee

PORTLAND — Oregon residents will have a chance to tell a group of state legislators their ideas for 1979 energy legislation in a public hearing, here Thursday, July 27.

The Energy Policy Review Committee (EPRC) is looking for suggestions on new energy legislation and changing the measures passed in the 1977 Legislature.

During Thursday's meeting, the committee will hear an update from the Oregon Department of Energy (DOE) on new concepts for energy conservation and weatherization measures. Spokesman for the Land Conservation and Development Commission and the Oregon State Extension Service will discuss their energy con-

servation programs. The committee will also review the Department of Energy's Contingency Plan.

The meeting will be from 6:30 p.m. to 10 p.m. in Room 36, State Office Building in Portland.

EPRC is a group of six legislators and three private citizens. The committee was created by the 1975 Legislature to review state energy conservation and planning programs.

Committee members are: Rep. Nancie Fadeley, Lane County; Joyce Cohen, Lake Oswego; Russell Doran, Hermiston; Angus Duncan, Portland; Sen. Dick Groener, Milwaukie; Sen. Lenn L. Hannon, Ashland; Sen. George Wingard, Eugene; Rep. Sandy Richards, Portland; and Rep. Ted Achilles, West Linn.

Museum to close

The Portland Art Museum will be closed to the public Tuesday and Wednesday, Aug. 1 and 2, for packing and shipping of the "Calder's Universe" exhibition, ending July 30.

The closure will not affect events scheduled for the museum's Berg-Swann Auditorium, the Museum Art

School or the Northwest Film Study Center.

The museum will reopen its doors Thursday, Aug. 3 at noon, for continued viewing of the current exhibition "Pol Bury: Kinetic Sculpture," which ends Aug. 27.

For more information, contact the museum at 226-2811.



The sidewalk sale? Sure I'll be there. I haven't got time to drive into Portland every Saturday to shop. Downtown Gresham offers everything I need, and it's only minutes away.



Never miss the sidewalk sale. I can't afford to! Don't know how they can afford to sell merchandise at such low prices.



A sidewalk sale? What a great idea! I recently moved here from a large city and I like the small town feeling I get from the Gresham downtown merchants. They even know my name.



Last year at the sidewalk sale I really had a good time shopping. The merchants were so friendly and helpful.









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