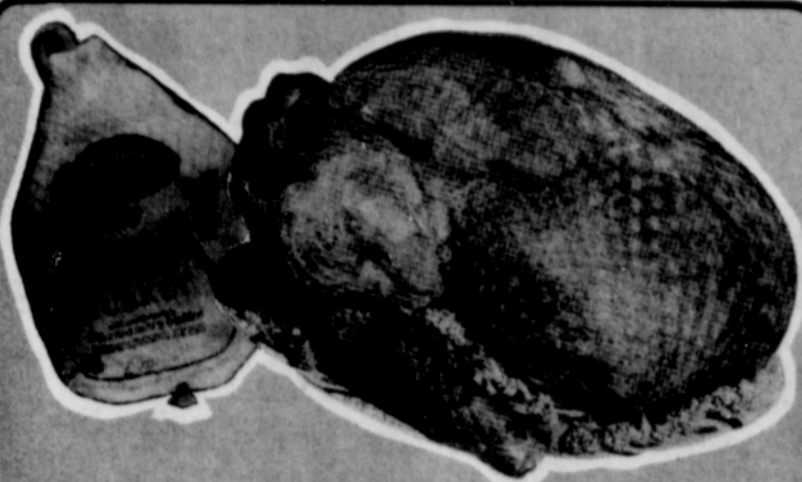


# Fred Meyer

## play Instant Money at Fred Meyer stores

Prices good Wed., July 12 thru Sat., July 15, 1978



U.S.D.A. Grade A  
Fred Meyer Hostess Pride

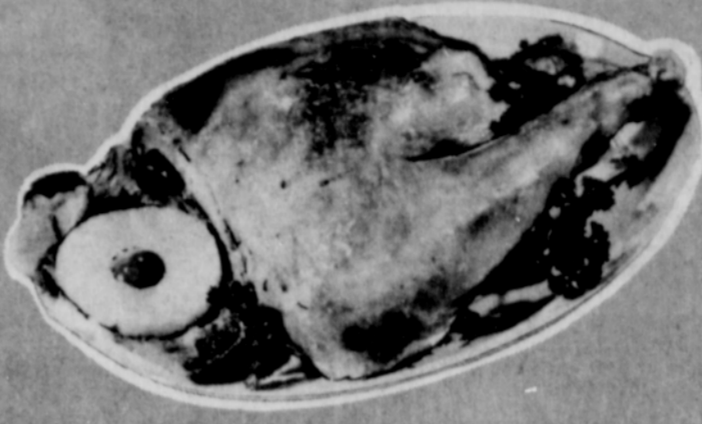
### Young Junior Turkeys

Flash Frozen  
Butter Basted  
7 to 9 lb. avg.  
Reg. 98¢ lb.

# 79¢

lb.

Just right for outdoor  
barbecue or rotisserie



Jennie-O U.S.D.A. Grade A

### Young Turkey Hindquarters

Flash Frozen  
4 to 6 lb. avg.  
Reg. 69¢ lb.

# 49¢

lb.



Swift's Premium

### Canned Ham

Reg. \$7.49  
3 lb. tin

# \$4.88

ea.

### Save 99¢

3 Grinds

### Yuban Coffee

Choose the right grind for your  
coffee maker; Regular, Electric  
Perk or Drip Grind.

# \$5.19

ea.

reg. '6.18-2 lb. can

### Save 12¢

Light, Golden

### Sonny Boy Margarine

Tasty on bread or for added flavor  
to your cooking. Made with  
vegetable oil for fine delicate  
flavor.

# 37¢

ea.

reg. 49¢-1 lb. cube pkg.  
Compare Blue Bonnet  
Margarine

1 lb. cube pkg. 71¢ ea.

### Save 32¢

Betty Crocker

### Hamburger Helper

Choose one of nine delicious  
varieties. Just add ham-  
burger for a quick main  
dish.

# 53¢

ea.

reg. 85¢-5 1/2 to 8 oz. box

• Stew • Lasagna • Macaroni • Spaghetti • Rice Oriental • Beef Noodles • Potato Stroganoff • Chili Tomato • Beef Romanoff

### Save 60¢

### Coke, Tab, Fresca or Hi-C

Choose from four of your favorite  
soft drinks.

# \$1.19

ea.

reg. '1.79 plus deposit  
12 oz. cans  
6 pack

plus deposit

### Save 40¢

MY-TE-FINE

### Granulated Sugar

Pure Northwest beet sugar. Ex-  
cellent for any recipe.

# 89¢

ea.

reg. \$1.29 -5 lb. bag

First one-additional at regular price

Compare

C and H Sugar

5 lb. bag \$1.35 ea.

### Save \$1.40

For Your Laundry

### Tide Detergent

For a clean, white wash. Be  
sure to add Topco Liquid Bleach  
to your laundry routine.

# \$4.09

ea.

reg. '5.49-10.68 lb. box

Topco  
Liquid Bleach

gallon 71¢ ea.

### Save 50¢

Vanilla, Chocolate, Neapolitan or Strawberry

### MY-TE-FINE Ice Cream

Made from fresh milk, cream  
and other fine ingredients-  
blended for rich, smooth tex-  
ture. Always ready to serve.

# 85¢

ea.

reg. \$1.35 -half gallon

Subject To  
Availability

### Save 59¢ on 3

MY-TE-FINE

### English Muffins

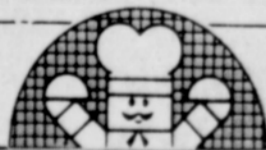
Choose regular or sourdough.  
Great for breakfast or anytime.  
Pre-split for convenience.

# 3 for \$1

ea.

reg. 53¢-pkg. of 6

MY-TE-FINE English Muffins are made with enriched  
Northwest hard wheat flours and vegetable shortening.



Our best to you... **FRESH**,  
from the Fred Meyer Bakery

### Cake of the Week

MY-TE-FINE

### Angelfood Cake

reg. '1.09  
Pullman  
loaf

# 89¢

ea.

Choose from three flavor fa-  
vorites; Custard, Vanilla and  
Cherry Bar. The light, delicate  
dessert cake for every occa-  
sion.

MY-TE-FINE Homestyle  
**Buttercrust Bread**

reg. 65¢  
22 1/2 oz.  
loaves

# 2\$1

for

White bread with a home-  
made flavor. Each loaf is  
brushed with creamy butter.  
No preservatives added.

MY-TE-FINE  
**Hog Dog or  
Hamburger Buns**

reg. 49¢  
to 53¢  
pkg. of 8

# 39¢

ea.

Plump, tasty buns, sliced just  
right for your favorite ham-  
burger or hot dogs.

MY-TE-FINE  
**100% Whole  
Wheat Bread**

reg. 63¢  
22 1/2 oz.  
loaves

# 2\$1

for

Made with 100% whole wheat flours. Natu-  
ral quality.

Fred Meyer

### Jumbo Cinnamon Rolls

pkg. of 12

# \$1.29

ea.

Giant size and giant taste. A great family  
buy.

MY-TE-FINE Sliced  
**Hearth Baked or  
Black Rye Bread**

reg. 63¢  
15 oz. loaf

# 2\$1

for

Made with enriched wheat and rye flours.