

Fred Meyer

More Than Just Savings



Fred Meyer Makes It Easy For You To Take Advantage Of Our Low Prescription Prices!

ANOTHER EXTRA! For Your Shopping Convenience From Fred Meyer!

Price of prescriptions will be quoted on the telephone. Just call our pharmacist and he will tell you the cost of your prescription.

Our pharmacist will gladly transfer any prescription for you from any other store. Just call and he will take care of the entire transaction.



Coppertone Oil or Lotion

• 4 oz. helps promote an even suntan
YOUR CHOICE

1.99
Reg. \$2.39

Ora Fix

Reg. \$1.49
2 1/2 oz.

Holds dentures securely

Digel Antacid

Reg. \$1.98
your choice

• 12 oz. liquid
• Tablets 100's • Lemon flavor 100's

Macleans

Reg. 89¢
your choice

• Mildmint
• Peppermint

Triaminic

Reg. \$1.98
24 tablets

Relieves hay fever and cold congestion

Solarcaine

Reg. \$2.39
4 oz. size

spray away sunburn pain

Family Planning Center Specials

• Low Prices • Self Service • Full Selection

Available in All Fred Meyer Drug Sections

Fred Meyer Coupon

75¢ OFF Regular Prices with this coupon

Selected Family Planning Products

Sheik with Sensi Creme 12's, Ramses Sensitol 12's
Sheik Reservoir End 12's, Sheik plain 12's,

• Cash value 1/20th of 1¢
• Valid Today thru Sat., June 24, 1978
• Drug Sections



Non Pariel Almonds

2.29
lb.

Try this delicious high protein snack recipe.

Almond Squares

• 2 eggs • 1/2 cup chopped almonds
• 1 cup honey • 1/2 cup protein powder
• 1/4 cup wheat germ • 1/2 tsp. salt

Beat together eggs, honey and oil. Combine wheat germ, high protein powder, salt and nuts; add to honey mixture. Spread batter into oiled 8" square baking dish. Bake at 350° for 30 min. Cut into squares.

13 Locations to Serve you Better:

• Peninsula • Stadium • Raleigh Hills • South Salem
• Rockwood • Stark • Gresham • East Salem
• Oak Grove • Tigard • Division • Santa Clara

• Fourth Plain



Miss Clairol Shampoo Formula Haircolor

Reg. \$2.39 **\$1.67** with this coupon

• Your choice of colors • Now with color-hold conditioning shampoo

• Cash value 1/20th of 1¢
• Valid today thru Sat., June 24, 1978
• Cosmetic Sections



Duke Basis or Nivea Soap

Reg. 69¢
your choice

47¢

• 3 1/2 soap or 3 oz. Nivea soap
• For special skin problems

Cosmetic or Drug Sections



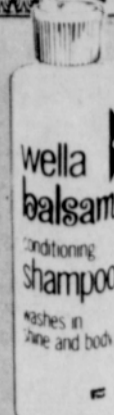
Duke Nivea Creme Tube

Reg. 99¢
2 for

\$1

• To protect, soothe and soften dry skin - 2.5 oz. size.

Cosmetic or Drug Sections



Wella Balsam Shampoo

Reg. \$2.99

\$1.97

• Washes in shine and body
• Repairs split ends • 16 oz.

Cosmetic Sections

SAVE 82¢

Wella Balsam Conditioner

• Regular
• Extra Body

• 16 oz.
• Beautifies troubled hair in seconds

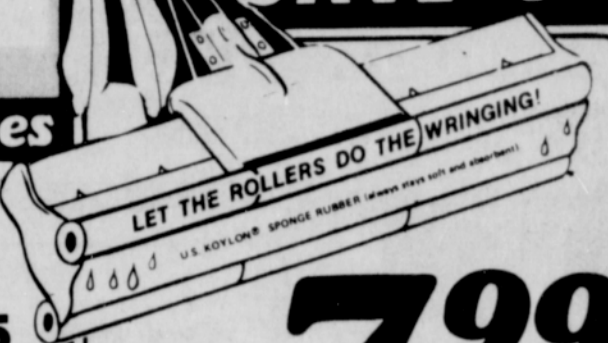
Cosmetic Sections

1.17
Reg. \$1.99



beautifies troubled hair in seconds

SAVE \$1.95



Reg. \$9.95

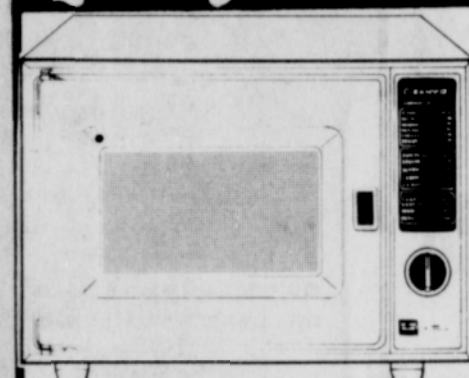
7.99

Roll-A-Matic Sponge Mop

• Wringing sponge mop and waxer • The no-drip rollers do all the work • Easy to wring mop - just pull up lever • hands stay dry, clean, #1185

Roll-A-Matic Sponge Refills Reg. \$3.29

Quality Plus Savings on Housewares



Sanyo

Microwave Oven

Reg. \$249.95 **\$189.95**

• 450w microwave output power • 25 minute maximum Dual-speed timer • 1.0 cu. ft. approximate cavity volume • For cool summer cooking #EM8205B

Housewares Sections except Walnut Park, Morrison, Rose City

Rona 7 pc. Enamel Cookware Set

Reg. \$29.99 **\$24.99**

• Set contains: 1 and 2 qt. covered sauce pans, 5 qt. covered dutch oven, 10" open fry pan • Colorfully decorated enamel on steel.

Seville 7 pc. Cookware Set Reg. \$29.99 \$24.99

Farberware 10 1/2" Fry Pan

Reg. \$22.99 **\$16.99**

• Stainless steel with aluminum bottom



50 Piece Stainless Steel Tableware Set

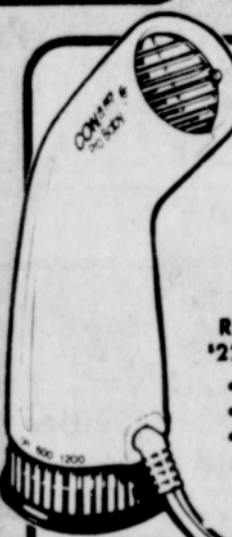
Reg. \$14.99 **\$9.99**

• Has 8 each forks, salad forks, knives, spoons, 16 teaspoons, 1 butter knife, sugar spoon

Sunbeam Electric Wall Clock

Reg. \$9.99 **\$6.99**

• Avocado with white case or gold with brown case • Large numbers, sweep second hand #881-282 or 881-283



Conair 1200 Watt Pro Baby

\$15.97

Reg. \$22.97
• 1200 watts strong, 13 oz. light
• Use like pistol grip or stand alone
• 2 speeds, 2 temperature settings
• Beautiful, tough • #088

FREE with the purchase of Conair Pro Baby Dryer #088
Gibson Quickie Vent Air Brush \$1.99 Value



Conair Mist Curling Iron

Reg. \$13.99 **\$8.97** **SAVE \$5.02**

• Automatic curl release • Automatic mist system • Xylan® Coated • On/off indicator light • Built-in counter rest • One year warranty • Swivel cord • 40 watts • UL listed #C-1M

Cosmetic Sections

New Norelco Complexion Fresh

Reg. \$15.97

\$11.97

• Powerful, cordless, battery operated facial machine that cleanses, moisturizes, massages, applies lotions, creams with 3 snap-in attachments
• Contoured shape • Samples of cold cream and dry skin cream • Batteries included #HB-9510

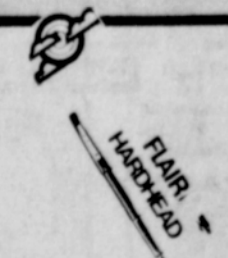
Cosmetic Sections



Kordite Lawn and Trash Bags

Reg. \$1.89 your choice **\$1.59**

• 60-16 qt., 40-6 gallon, 30-44 qt. size liners or • 15-33 gal. trash bags



Flair Hardhead Pens

Reg. 75¢ 2 for **\$1**

• Black or blue • Tough plastic point • Clip steel cap



Elton Mark Spitz Snorkel

Reg. \$1.79 **\$1.49**

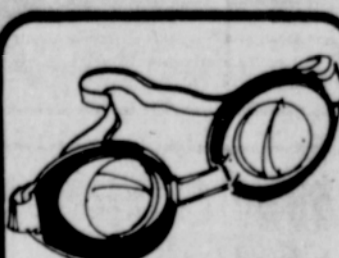
• "S", universal lug type
• Fluorescent orange safety top



Elton Mark Spitz Swimset

Reg. \$4.49 **\$3.49**

• Includes medalist mask, relay snorkel • Ages 8-14
Mark Spitz Ear Plug Reg. 79¢ 59¢



Olympic Bubble Swim Goggles

Reg. \$1.99 **\$1.49**

• Great for underwater fun
Nose Clip Reg. 79¢ 59¢