

Buy only what you need!

Get up to \$44²⁵ back in cash!

HERE'S ALL YOU DO:

- Pick up your free CASH REBATE booklet and mailer envelope now from our cashiers.
- Buy the products you want from your CASH REBATE Shopping List.
- Save the required number of labels for each product.
- Attach labels to matching CASH REBATE Certificates from booklet (Minimum 10 Certificates) and put in your Saver Envelope. Mail them in by August 19, 1978.
- You'll soon receive your CASH REBATE check for up to \$44.25.

Prices good Wed., June 21 thru Sat., June 24, 1978



U.S.D.A. Choice Beef Round

Boneless Rump or Tip Roast

Reg. \$2.68 lb.

\$1⁷⁸ lb.

Great oven roast or roisserie.

U.S.D.A. Grade "A" Valchris 1/2

Hen Turkeys

Reg. 98¢ lb.

79¢ lb.

Great for that outdoor bbq.

Jennie-O Brand

Turkey Wieners

reg. 89¢ 12 oz. pkg.

58¢ ea.

U.S.D.A. Choice Beef Round
U.S.D.A. Choice Beef Round
U.S.D.A. Choice Beef Round
Fresh Pork
Oregon Chief Sugar Cured
Hormel Cure #1
Once Frozen

Round Steaks
Tip Steaks
Heel of Round Roast
Link Sausage
Slab Bacon
Boneless Hams
Scallops

Boneless Top or Bottom Reg. \$2.88 lb. **\$1⁹⁸ lb.**
Reg. \$2.98 lb. **\$1⁹⁸ lb.**
Boneless Reg. \$2.48 lb. **\$1⁶⁸ lb.**
Reg. \$1.98 lb. **\$1⁷⁹ lb.**
End Piece **\$1⁵⁹ lb.** Center Piece **\$1⁶⁹ lb.**
3-5 lb. avg. Reg. \$3.29 lb. **\$2⁹⁸ lb.**
Reg. \$4.59 lb. **\$3⁹⁸ lb.**

MY-TE-FINE

Yogurt

Five flavors to choose from

reg. 89¢ quart

79¢ ea.

Oscar Mayer

Wieners

All Meat or All Beef

reg. \$1.99 1 lb. pkg.

\$1⁴⁹ ea.

Fred Meyer Coupon

Danola

Sliced Meats

6 varieties reg. 39¢ 2 oz. pkgs. with coupon **3⁸⁹ for** Limit six 30¢ ea.

* Cash value 1/20th of 1¢
* Valid Wed., June 21 thru Sat., June 24, 1978
* Delicatessen Sections FM-00

U.S. No. 1 Russets

Potatoes

10⁷⁹¢ lb. bag ea.

Grown in Klamath Basin, perfect all purpose potatoes. FREE Recipes.

Seedless Grapes 87¢ lb.
Radishes & Green Onions local grown, garden fresh, crisp & mild 5 bun. **\$1⁰⁰**
Sweet Red Onions Italian sweet reds, for salads, onion rings, sandwiches 39¢ lb.
Zucchini Squash Local grown, 100% edible. FREE Recipes. 39¢ lb.

Produce Item of the Week

Crenshaw Melons

Thick salmon pink meat, very sweet. Aristocrat of all melons

39¢ lb. whole or half

Emerald Fresh

Honeydews

First from Imperial Valley, sweet emerald flesh, refreshing

29¢ lb.

Hormel

Ham Patties

reg. \$1.49 12 oz. can

\$1⁰⁹ ea.

Dubuque

Royal Buffet Sliced Bacon

reg. \$1.69 12 oz. pkg.

99¢ ea.

Wine List

Carlo Rossi	* Pink Chablis * Burgundy * Chablis * Rhine * Vin Rose	reg. \$4.49 gallon	\$3⁶⁹ ea.	case of 4 \$14.56
Sebastiani Wines	* Zinfandel * Chateau Blanc * Green Hungarian	reg. \$3.15 750 ml	\$2⁴³ ea.	case of 12 \$28.96
Mateus Rose or Branco White		reg. \$3.99 750 ml	\$2⁹⁸ ea.	case of 12 \$35.56
Christian Brothers Burgundy		reg. \$2.49 750 ml	\$2⁰⁹ ea.	case of 12 \$24.88

HOME CANNING NEEDS

Item Description	Reg.	Sale	Save	
Kerr or Ball Pint Jars	Regular Mouth case of 12	\$3 ⁰⁹	\$2 ⁶⁹	40¢
Kerr or Ball Quart Jars	Regular Mouth case of 12	\$3 ⁶⁵	\$3 ¹⁹	46¢
Wide Mouth Pint Jars	Ball or Kerr case of 12	\$3 ⁵⁹	\$3 ⁰⁹	50¢
Wide Mouth Quart Jars	Ball or Kerr case of 12	\$4 ⁰⁵	\$3 ⁴⁹	56¢
Kerr of Ball 1/2 Pint Jars	Regular Mouth case of 12	\$2 ⁰⁹	\$2 ⁵⁹	30¢
Ball 8 oz. Jelly Jars	Regular Mouth case of 12	\$2 ¹⁹	\$1 ⁸⁹	30¢
Topcrest Regular Lids	Box of 12	39¢	3 ¹⁹	17¢
Wide Mouth Lids	Topcrest box of 12	61¢	49¢	12¢
MCP or Sure-Jell Pectin	Powdered 1 1/2 to 2 oz. pkg.	43¢	39¢	4¢
Certo Liquid Pectin	8 oz. foil pouches	99¢	89¢	10¢
Parowax	16 oz. box	73¢	69¢	4¢

Swift's Sizzlean Sliced Lunchmeat
Polish Sausage
Swift's Sausages
Rath Sausages
Rath Sausages
Sliced Danish Ham
Sliced Lunchmeat
Oregon Chief

* Salami
* Braunschweiger

Breakfast Strips reg. \$1.89-12 oz. pkg. **\$1⁴⁹ ea.**
Armour-8 varieties reg. \$1.59-1 lb. pkg. **\$1²⁹ ea.**
Oregon Chief reg. \$1.59-12 oz. pkg. **\$1³⁹ ea.**
Brown 'n Serve-7 varieties reg. \$1.29-8 oz. pkg. **\$1⁰⁹ ea.**
reg. \$2.19 1 lb. pkg. **\$1⁸⁹ ea.**
reg. \$2.49 1 lb. pkg. **\$2¹⁹ ea.**
Danola 4"x4" or 4"x7" reg. \$1.19-4 oz. pkg. **99¢ ea.**
Oregon Chief-8 varieties reg. 75¢-6 oz. pkg. **59¢ ea.**
reg. \$2.99 to \$3.19 2 lb. chub **\$2⁷⁹ ea.**

Our best to you... **FRESH**, from the Fred Meyer Bakery

MY-TE-FINE Deluxe

White or Wheat Bread

reg. 59¢ 22 1/2 oz. loaves

2 for \$1

Soft, even textured bread preferred for sandwiches and toast. Made with enriched Northeast wheat, liquid vegetable shortening and milk solids. No preservatives added.

reg. \$1.09 pullman loaf

Angelfood Cake

89¢ ea.

* Vanilla * Custard * Cherry bar

MY-TE-FINE

100% Whole Wheat Bread

reg. 63¢ 22 1/2 oz. loaf

2 for \$1

Made with 100% whole wheat flour. No preservatives added.

MY-TE-FINE

Petite Butterhorns

reg. \$1.39 pkg. of 10

\$1¹⁹ ea.

The snack size Danish pastry your whole family will love.

MY-TE-FINE

Sliced French Bread

reg. 63¢ 15 oz. loaf

2 for \$1

Choose Regular or Sourdough. San Francisco style.

Wine Sections except Morrison or S.E. 122nd & Stark
Food Sections except Morrison, Beaverton or S.E. 122nd & Stark
Each of these advertised items must be readily available for sale at or below the advertised price in each Fred Meyer store, except as speci

Fred Meyer
Shopping Centers