

Buy only what you need!
Get up to \$44²⁵ back in cash!

HERE'S ALL YOU DO:

- Pick up your free CASH REBATE booklet and mailer envelope now from our cashiers
- Buy the products you want from your CASH REBATE Shopping List
- Save the required number of labels for each product
- Attach labels to matching CASH REBATE Certificates from booklet (Minimum 10 Certificates) and put in your Saver Envelope. Mail them in by August 19, 1978
- You'll soon receive your CASH REBATE check for up to \$44.25

SHOPPING LIST START SHOPPING TOWARD YOUR \$44 CASH REBATE

Choose from 65 top quality products

PRODUCTS I WANT TO BUY	QUANTITY	PRODUCTS I WANT TO BUY	QUANTITY	PRODUCTS I WANT TO BUY	QUANTITY
Armour's Veri-Best Fresh Corn Fed Boneless Pork Roast		Armour's Veri-Best Fresh Corn Fed Pork		Armour's Veri-Best Fresh Corn Fed Pork	
U.S.D.A. Choice Beef Chuck		Armour's Veri-Best Fresh Corn Fed Pork		Armour's Veri-Best Fresh Corn Fed Pork	
U.S.D.A. Choice Beef Chuck		Armour's Veri-Best Fresh Corn Fed Pork		Armour's Veri-Best Fresh Corn Fed Pork	
U.S.D.A. Choice Beef Chuck		Armour's Veri-Best Fresh Corn Fed Pork		Armour's Veri-Best Fresh Corn Fed Pork	
U.S.D.A. Choice Beef Chuck		Armour's Veri-Best Fresh Corn Fed Pork		Armour's Veri-Best Fresh Corn Fed Pork	
U.S.D.A. Choice Beef Chuck		Armour's Veri-Best Fresh Corn Fed Pork		Armour's Veri-Best Fresh Corn Fed Pork	
U.S.D.A. Choice Beef Chuck		Armour's Veri-Best Fresh Corn Fed Pork		Armour's Veri-Best Fresh Corn Fed Pork	
U.S.D.A. Choice Beef Chuck		Armour's Veri-Best Fresh Corn Fed Pork		Armour's Veri-Best Fresh Corn Fed Pork	
U.S.D.A. Choice Beef Chuck		Armour's Veri-Best Fresh Corn Fed Pork		Armour's Veri-Best Fresh Corn Fed Pork	
U.S.D.A. Choice Beef Chuck		Armour's Veri-Best Fresh Corn Fed Pork		Armour's Veri-Best Fresh Corn Fed Pork	

Remember: only by mail, not in stores. Offer expires August 19, 1978. See official rules on Saver Envelope.

Prices good Wed., June 7 thru Sat., June 10, 1978

Armour's Veri-Best Fresh Corn Fed

Boneless Pork Roast



Shoulder cut reg. \$1.69 lb.

\$1.09 lb.

U.S.D.A. Inspected-Holiday Time Young

Turkey Breast



Excellent quality. 4 to 6 lb. Flash frozen- Reg. \$1.49 lb.

\$1.29 lb.



Piers Old Faithful Sliced

Bacon

• Regular reg. \$2.09
• Thick 1 lb. pkg.

\$1.29 ea.

U.S.D.A. Choice Beef Chuck	Chuck Steaks	Boneless reg. \$2.08 lb.	\$1.48 lb.
Fresh Corn Fed Pork	Pork Steaks	Armour's Veri-Best shoulder cut-reg. \$1.79 lb.	\$1.19 lb.
Fresh Corn Fed Pork	Pork Cutlets	Armour's Veri-Best cubed-reg. \$1.89 lb.	\$1.59 lb.
Fresh Pork	Link Sausage	reg. \$1.98 lb.	\$1.69 lb.
Bar-S Fancy Holiday	Boneless Hams	3 to 4 lb. avg. reg. \$3.29 lb.	\$2.89 lb.
Oregon Chief Sugar Cured	Slab Bacon	Tender and smoked piece	\$1.59 lb.
		• Center piece	\$1.69 lb.

Swift's Sausage

Sliced Bologna

Corn Tortillas

Bar-S Smokies

Dinner Franks

Danish Ham

Sliced Salami

Braunschweiger

Shrimp Cocktail

Chip Dips

Rath Sausages

Dressings

7 Brown 'n Serve Varieties reg. \$1.39 - 8 oz. pkg.	\$1.09 ea.
Oregon Chief reg. \$1.49 - 1 lb. pkg.	\$1.29 ea.
Pinata reg. \$1.69 - 14 oz. pkg.	3 for \$1.34 ea.
Armour Star Meat or Beef reg. \$3.49 - 2 lb. pkg.	\$1.39 ea.
Plumrose Sliced reg. \$2.49 - 8 oz. pkg.	\$2.99 ea.
Gallo reg. \$1.69 - 6 oz. pkg.	\$1.99 ea.
Oscar Mayer reg. \$1.59 - 1 lb. tube	\$1.49 ea.
Lasco-Individual Serving reg. \$9.49 - 4 oz. jar	\$1.39 ea.
MY-TE-FINE Refrigerated 4 varieties-reg. \$5.58 - 8 oz. tubs	2 for \$1.89 ea.
Hickory Smoked Summer or German Cervelat reg. \$1.79 - 12 oz. chub	2 for 89¢ ea.
MY-TE-FINE • Roquefort Refrigerated reg. \$1.59	\$1.49 ea.
• Blue Cheese or 1000 Island-reg. \$1.09 to \$1.19	99¢ pt.



Red Ripe

Strawberries

77¢ Qt. bskt.

39¢ pint bskt.

Red ripe California's sweet and flavorful strawberries for short cake or for serving with MY-TE-FINE ice cream. Great on cereal for breakfast too!

Shortcake Shells Pkg. of 6 **47¢** ea.

Green Peppers

Slicing Cucumbers

Nectarines

Clip Top Carrots

From Florida-Large, thick meat with mild flavor. **4 for \$1**

From Florida, crisp and mild, adds flavor to salads. **4 for \$1**

New crop from California. Sweet and fragrant. **69¢** lb.

Loose-crisp and tender, for salads or munching raw. **4 lbs. \$1**

Produce Item of the Week

New Crop-California

Seedless Grapes

The Natural food snack **98¢** lb.

California

Avocados

2\$1 for

Summer variety, heavy, smooth meat, jumbo size.

Lipton Tea Mixes

• Instant Tea with lemon reg. \$1.99 - 4 oz. jar **\$1.49** ea.

• Ice Tea Mix with lemon reg. \$2.79 - 36 oz. jar **\$2.25** ea.

High Yield Coffee

• 13 oz. can reg. \$2.75 **\$2.69** ea.

• 26 oz. can reg. \$5.42 **\$5.29** ea.

• 39 oz. can reg. \$7.89 **\$7.59** ea.

FUNK & WAGNALLS NEW ENCYCLOPEDIA

Volumes 25, 26, 27 **\$2.49** ea.

Last week to complete your set.

Everything You Want To Know About Plants

This informative 15 section set tells you just about everything you'll need to know. Learn about planting and transplanting; caring for potted plants and flowers; growing herbs and vegetables and more! Pick up section one FREE in Food or Variety Sections. Section 2 thru 15 are available for just 19¢.

Get Your First Edition **FREE!**

Volumes 2-15 19¢ ea. Binders \$1.49 ea.

Extra Savings On Pillsbury Brands

'Plus' Cake Mixes

Ready to Spread Frosting

No Bake Cheese Cake

Figurines Diet Food

8 varieties reg. 75¢ 18 1/2 to 20 1/2 oz. box **69¢** ea.

4 varieties reg. \$1.09 - 16 1/2 oz. can **\$1.03** ea.

reg. \$1.49 14.8 oz. box **\$1.39** ea.

3 varieties-reg. \$1.52 7 1/2 oz. box **\$1.48** ea.

Armour Star **Canned Ham** reg. \$7.99 3 lb. can **\$5.49** ea.

Hygrade All Meat or All Beef **Ball Park Franks** reg. \$1.79 1 lb. pkg. **\$1.29** ea.

Armour Star Sliced **Lunchmeat** 10 varieties reg. \$1.29 12 oz. pkg. **99¢** ea.

Oregon Chief **Wieners** Regular or Beef reg. \$1.09 12 oz. pkg. **79¢** ea.

Land-O-Frost **Sliced Meats** 7 varieties reg. 53¢ 3 oz. pkg. with coupon **2 for 77¢** 39¢ ea. Limit six

* Cash value 1/20th of 1¢
* Valid Wed., June 7 thru Sat., June 10, 1978
* Delicatessen Sections FM-00

Our best to you... **FRESH**, from the Fred Meyer Bakery

MY-TE-FINE

100% Whole Wheat Bread

2\$1 for

Made with 100% whole wheat flours, liquid vegetable shortening, and other fine ingredients. Baked for flavor with honey and molasses as sweeteners. No preservatives added.

reg. 63¢ 22 1/2 oz. loaves

MY-TE-FINE

French Rolls

\$1 ea.

San Francisco style French Rolls baked in hearth style ovens for that old fashioned flavor and chewy golden crust. Great for mini-sandwiches. No preservatives added.

pkg. of 20

MY-TE-FINE-4 varieties **Deluxe Danish Pastry** reg. \$1.09 pkg. of 4 **99¢** ea.

Choose Lemon, Raisin, Raspberry filled or California Butterhorns.

MY-TE-FINE **Hamburger or Hot Dog Buns** reg. 49¢ to 53¢ pkg. of 8 **39¢** ea.

Uncommonly fresh and tasty. Pre-split for your convenience.

Lemon or Chocolate **MY-TE-FINE Cottage Cake** reg. \$1.19 16 oz. 2 layer **99¢** ea.

Baked from scratch- no mixes. Light, moist and tasty every time.

Each of these advertised items must be readily available for sale at or below the advertised price in each Fred Meyer store, except as specifically noted in this ad.

Food Sections except Morrison, Beaverton or SE 122nd & Stark

Fred Meyer
Shopping Centers