

Buy only what you need!
Get up to \$44²⁵ back in cash!

HERE'S ALL YOU DO:

- Pick up your free CASH REBATE booklet and mailer envelope now from our cashiers.
- Buy the products you want from your CASH REBATE Shopping List.
- Save the required number of labels for each product.
- Attach labels to matching CASH REBATE Certificates from booklet (Minimum 10 Certificates), and put in your Saver Envelope. Mail them in by August 19, 1978.
- You'll soon receive your CASH REBATE check for up to \$44.25.



Prices good Wed., May 31 thru Sat., June 3, 1978

Oregon Chief-Sugar Cured-Tender Smoked

Smoked Ham

Whole or shank half - water added with sweet smoke flavor reg. \$1.59 lb.

\$1⁰⁹ lb.

Butt Half - reg. \$1.65 lb \$1.19 lb.

U.S.D.A. Grade A

Valchris Tom Turkeys

basted with turkey broth 15-24 lb. avg., reg. 89¢ lb.

69¢ lb.

MY-TE-FINE Large or Small Curd

Cottage Cheese

• Quart reg. \$1.09 **77¢ ea.** • Pint reg. 55¢ **39¢ ea.**

Buy our MY-TE-FINE Cottage Cheese with complete confidence. Easy to digest - ready to serve for a quick snack. Combines well with fruits and vegetables. 100% pasteurized. Packed fresh daily. Each carton is open coded to insure freshness for you.

Smoked Sausage

Smoked Ham Slices

Hot Link Sausages

Fish Sticks

Bit-O-Shrimp

Oregon Shrimpmeat

Hillshire Farms Beef or Polish Kielbasa-reg. \$2.09 lb. Water added, with that bone-in flavor-reg. \$2.59 lb.

Oregon Chief reg. \$1.98 lb. **\$1⁷⁹ lb.**

Breaded-Precooked reg. 98¢ lb. **79¢ lb.**

Breaded-Precooked reg. \$2.19 lb. **\$1⁸⁹ lb.**

Once frozen reg. \$4.09 lb. **\$3⁴⁹ lb.**

Armour Star

Hot Dogs

Meat or Beef reg. \$1.29 12 oz. pkg. **79¢ ea.**

Bar-S Extra Lean

Franks

All Meat or All Beef reg. \$1.89 1 lb. pkg. **\$1³⁹ ea.**

Swifts Premium

Ham

reg. \$11.95 **5 \$7⁹⁹ lb. tin ea.**

Long White

Potatoes

FREE Recipes **10¢ lb.**

U.S. No. 1 California new crop, long whites, excellent cookers, perfect potato salad.

Sizzlean Strips

Sliced Lunchmeat

Polish Sausage

Sliced Lunchmeat

Sausage Links

Refrigerated Pizza

Oregon Chief

Swift's Breakfast Meat reg. \$1.89-12 oz. pkg. **\$1⁵⁹ ea.**

Armour Star-8 varieties reg. \$1.59-1 lb. pkg. **\$1²⁹ ea.**

Oregon Chief reg. \$1.59-12 oz. pkg. **\$1³⁹ ea.**

Bar-S - 8 varieties reg. 79¢ - 6 oz. pkg. **59¢ ea.**

Armour Star-3 varieties reg. \$2.29 - 1 lb. pkg. **\$1⁷⁹ ea.**

MY-TE-FINE - 3 varieties reg. \$1.09 - 10" **79¢ ea.**

Bologna or Liver Sausage reg. \$2.99 - 2 lb. chub **\$2⁶⁹ ea.**

California Peaches

Zucchini Squash

Mild Cucumbers

Hawaiian Pineapples

Boiling Onions

'Springcrest' New Crop sweet, juicy and flavorful reg. **59¢ lb.**

Fresh, tender. 100% edible. Steam, serve with butter. **49¢ lb.**

Hot house grown, Holland strain. Sweet and mild. **69¢ ea.**

Extra large, plant ripened, very sweet and juicy. **98¢ ea.**

Very mild, for creaming, salads or barbecue. **3 lb. 59¢**

Cheese of the Week

Bandan

Medium Cheddar

reg. 2 lb. \$3.99 **\$2⁸⁹ ea.**

MY-TE-FINE Cheese Food

American Slices

Individually wrapped reg. \$1.89-16 oz. pkg. **\$1⁴⁹ ea.**

Hygrade Sliced

Bacon

reg. \$1.69 12 oz. pkg. **99¢ ea.**

Produce Item of the Week

New Crop Texas Melons

Honeydews

Emerald Green Flesh **33¢ lb.**

Juicy and refreshing. serve chilled with a wedge of lime.

Plant Items of the Week

Indoor Foliage Plants

4" pot Premium assortment reg. \$1.98 **\$1²⁹ ea.**

Cactus Dish Gardens

4" pot-combination of at least 4 cactus **\$1⁹⁹ ea.**

Our best to you... **FRESH**, from the Fred Meyer Bakery

MY-TE-FINE

Vienna Bread

reg. 55¢ 22½ oz. loaf **3 for \$1³⁴ ea.**

Soft, light, even textured bread. A family favorite for sandwiches and toast. Made with unbleached flour, sugar, whole milk powder and corn oil. No preservatives added.

MY-TE-FINE

Cherry or Apple Strudel

reg. \$1.29 20 oz. pkg. **\$1²⁹ ea.**

Tender, puff pastry, chock full of apples or cherries with delicate glazed top. Warm these right in the foil pan for that special breakfast or just anytime.

Wine List

Andre Gallo Spanada reg. \$2.45 750 ml **\$1⁹⁹ case of 12 \$23.68**

Inglonook reg. \$2.99 1.5 litre **\$2⁴⁵ case of 6 \$14.50**

Honeywood Loganberry reg. \$3.69 1.5 litre **\$2⁹⁹ case of 6 \$17.74**

reg. \$2.29 750 ml **\$1⁹⁸ case of 12 \$23.56**

IN THE JUNE READER'S DIGEST

THE SUMMER TABLE FOR RECIPES AND COUPONS

WEEKEND COOKOUT SPECIALS

Advertised in Reader's Digest

Item Description	Sale Price	Coupon Value	Total Savings
Margarine Fleischmann's reg. \$1.03 - 1 lb. cube pkg.	95¢	10¢	18¢
Lemonade Minute Maid reg. 58¢ - 12 oz. can	49¢	7¢	16¢
Limeade Minute Maid reg. 59¢ - 12 oz. can	49¢	7¢	17¢
Bran Chex Cereal reg. 89¢ - 14 oz. box	85¢	10¢	14¢
Wheat Chex Cereal reg. \$1.15 - 22 oz. box	\$1 ⁰⁹	7¢	13¢
Corn Chex Cereal reg. \$1.05 - 16 oz. box	99¢	7¢	13¢
Rye Krisp Seasonal reg. 75¢ - 8½ oz. box	69¢	7¢	13¢
Paper Plates Dixie Spring Medley reg. \$1.59-pkg. of 50	\$1 ⁵⁵	15¢	19¢
Cold Cups Dixie Spring Medley reg. \$1.59-pkg. of 10	\$1 ⁵⁵	15¢	19¢
Onion Rings Durfee OAC reg. 55¢-3 oz. can	2 ¹⁰	-	5¢

MY-TE-FINE

Angelfood Cake

reg. \$1.09 pullman loaf **89¢**

Choose vanilla, custard or cherry bar. Great as a dessert base.

MY-TE-FINE Unsliced

Sourdough Bread

reg. 63¢ 15 oz. loaf **3 for \$1³⁴ ea.**

Long or round loaves. Real San Francisco style sourdough.

MY-TE-FINE

Honey Cracked Wheat Bread

reg. 63¢ 22½ oz. loaf **2 for \$1**

Made with Northwest hard wheat and pure golden honey.

Everything You Want To Know About Plants

Get Your First Edition FREE!

Volumes 2-15 19¢ ea. Binders \$1.49 ea.

This informative 15 section set tells you just about everything you'll need to know. Learn about planting and transplanting, caring for potted plants and flowers, growing herbs and vegetables and more! Pick up section one FREE in Food or Variety Sections. Section 2 thru 15 are available for just 19¢.

FUNK & WAGNALLS NEW ENCYCLOPEDIA

Volumes 22, 23 and 24 **\$2.49 ea.**

Last two weeks to complete your set.

Each of these advertised items must be readily available for sale at or advertised price in each Fred Meyer store, except as specifically noted in this ad.

Wine Sections except Morrison or 122nd & Stark
 Food Sections except Morrison, Beaverton or SE 122nd & Stark

