

Post Sports

Sandy girls roll Records fall to Pioneers

The Sandy girl's track team keeps rolling right along.

Despite near-frigid conditions and a cold drizzle, the Pioneer ladies rolled to their fourth straight dual meet win with a lopsided 93-34 win over Canby in Sandy last Thursday and demolished five school records in the process.

Sara Shreeve, one of three double winners in the meet for Sandy, set new school records in the 100 meter low hurdles (16.1) and 200 (31.3).

Other records were set by Jackie Layng in the 100 meter dash (12.0, a state best at the time), Christie Elliott in the 400 meters (60.7) and Jan Van Beek in the 1,000 meters (11:02).

"It was a very good performance for the girls," said track coach Randy Hutchinson. "They were extremely competitive especially considering the weather conditions."

"I see nothing but good

things ahead for the team. With good weather, I predict the times are going to get even better and the distances in the field will get longer."

The Pioneer girls took 1-2-3 in five of the events and put the Canby girls out of reach shortly after the meet began. Sandy swept in the long jump, high jump, shot, hurdles and the 100 meter dash.

"It was a total team effort," Hutchinson said. "You can't single out any one person in particular who has been carrying us so far this year. Everyone is going out and doing their best and that's how we've gotten as far as we have."

In addition to Shreeve, other double winners were Van Beek in the 1500 (5:02) and 3,000; and Elliott in the 200 (26.4) and 400.

Nancy Perkins set a new stadium record and had her personal best in winning the shot with a mark of 40'4".

And Sue Wilson established two personal bests in the 1500 and 3000 for third in both events. She ran a 5:22.7 in the 1500 and 11:54.1 in the 3000.

Kevin Peterson took two firsts, a second and a third but his efforts were not enough to overcome Canby's dominance in the mid distance running events as the Pioneer boys were downed 80-64 in the meet.

The 16-point deficit could easily have been erased, however, as Sandy was without three top performers who were sidelined with injuries.

Gregg Hango (injured foot), Jeff Hill (pulled hamstring) and Rick Lamm (swollen knee) could have provided points in the 100, 200, 400 and hurdles which may have meant the difference in the meet but none of the three competed.

"On paper we should have beat them," Hutchinson said. "But when you have three critical people out, that has to hurt."

"We competed very well considering the amount of people we had out there," he added.

Peterson took firsts in the long jump (20'7") and triple jump (38'7"), came in second

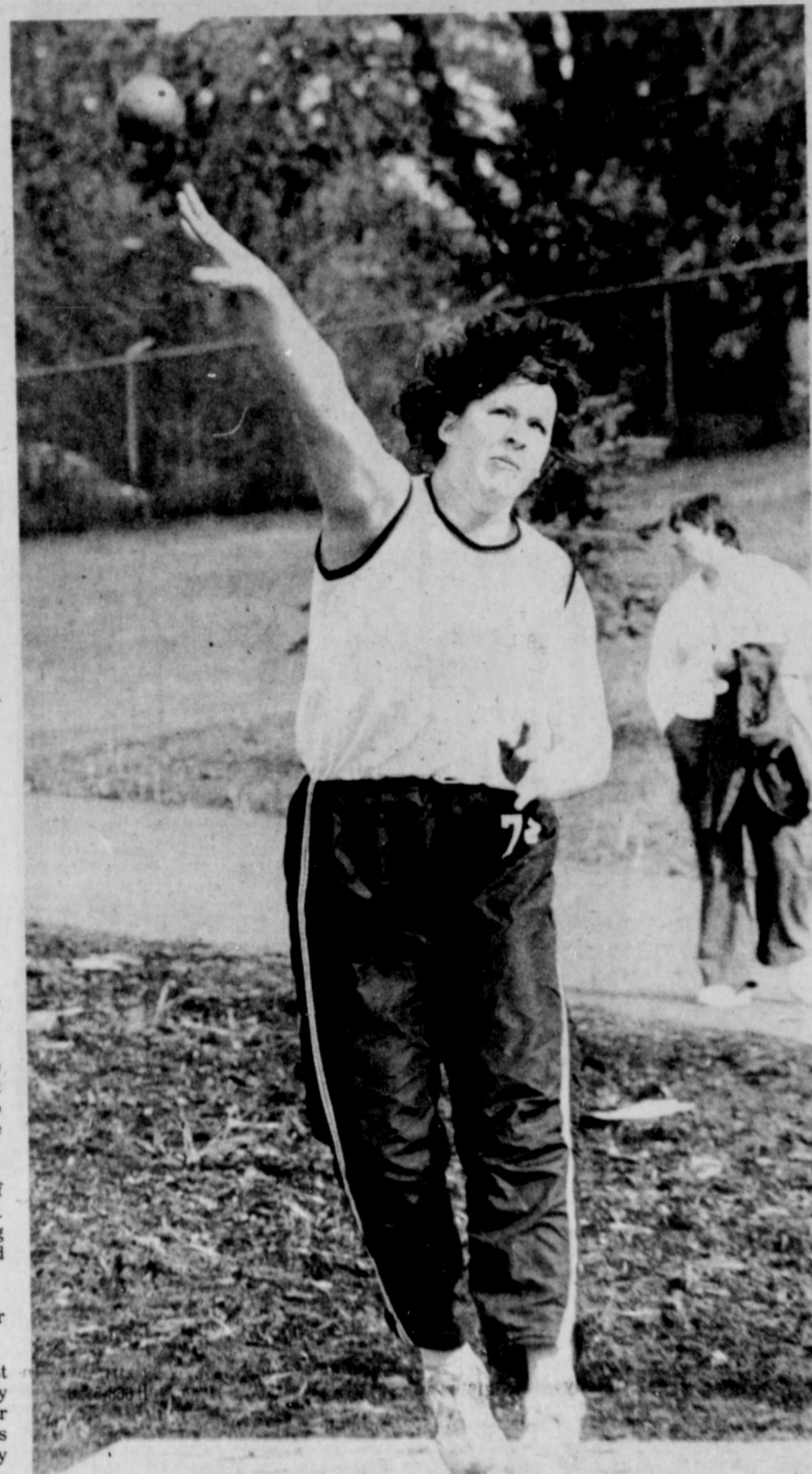
in the 100 (11.5) and third in the 110 high hurdles.

Aaron Brown led Sandy to its only sweep of the meet in the discus with a toss of 124'11" and a personal best. Scott Ball also had a personal best in the javelin and took first in the event with a throw of 173'4".

Kevin Leader took first in the pole vault with a mark of 12'2".

And Ken Urban came through with a strong effort in the 1500 and 3000 for second in both events.

Both the boys and girls travel to Sweet Home for a dual meet Thursday.



NANCY PERKINS heaves the shot for a personal best and stadium record of 40'

4" for first place against Canby last Thursday.

Golfers Williams leads Sandy to win

Nasty weather put a wrench in the plans for the annual kick-off meeting and tournament of the Mt. Hood Ladies Golf Club last Thursday at Bowman's Resort.

Only a small number of golfers braved the inclement conditions for the opening three-hole throw-out tournament.

Eva Giesler and Dottie Bruns shared a tie for first place in the Class A finishers.

Ellie Melody took first among Class B golfers and Betty Tauscher came in second.

In Class C, Betty Burton won first place and Jo Wahoske took second.

Betty Tauscher won closest-to-the-pin competition.

The Sandy Pioneer golf team came back from a mediocre showing in the mid-district golf tournament Monday to make up 43 strokes against Astoria in a dual meet the next day to claim a 170-172 win at Mt. View Golf Course in Boring.

The Pioneers finished eighth out of 10 teams entered in the field Monday with a four-man, 18-hole total of 369 while Astoria took second in the tourney with a 328 score.

But with Scott Williams firing a 39, the Pioneers came back Tuesday to surprise the visitors for the two-stroke win.

"They didn't think much of

us after our eighth place showing on Monday," Sandy golf coach Rich Kennedy summed up. "That plus the fact that they had to do a lot of traveling over the two days may have been the difference."

"It wasn't our best day of the season," he added. "We're capable of doing better. But 170 is a good score."

Evan Baker fired a 40 for the Pioneers in the win.

Sandy posted its lowest score of the season Friday with a 169-180 win over Newburg. Williams was again the low man for Sandy with a 35.

Williams fired an 81 at the mid-district Monday for 8th place in the tournament and has a chance to make the state tournament as individual medalist.

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Everything Goes

Trout fishermen soaked

Opening day of trout season was not helped out by the weather. Most areas were heavily rained on which dampened the fishing spirit.

With the Sandy and all tributaries closed, a few local spots such as the Clackamas and Molalla rivers were producing fish. Benson and Roslyn Lake required fishing skills but I didn't get any feedback on the takes.

Salmon fishing picked up last week with quite a few being taken at Oregon City falls and further downstream around the Gay's moorage area.

Spring fly fishing can be almost as productive as in late autumn by imitating nymphs and other aquatic insect life. This time of year will see the Caddis larvae incased in their shells of pebbles and twigs. Many refer to them as peri-winkles. By removing the casing one will find a small worm-like creature which will bring a rewarding strike if fished correctly. Using this type bait for enticing trout is very productive and more exciting if the insect is imitated by means of an artificial fly or nymph.

A nymph is in a stage of development on its way to becoming an airborne air breathing insect. The stream can be an interesting place to observe the aquatic life and extremely beneficial to the purest fly fisherman. Water conditions will vary from stream to stream and so will its aquatic life.

To familiarize yourself with a particular stream, a good deal of knowledge may be gained by observing the life that is clinging under the rocks, among the pebbles, and in submerged vegetation. Turn up a few rocks and observe the insects which cling to them. Place them in a small container to closely observe them or take them home to match a pattern with an artificial.

Another method of observation is to place a wire mesh screen downstream a few feet and kick up the bottom. The debris and insects will become attached to the screen giving the angler an indication of what type of nymphs are in the stream. After a few samples have

been taken, jot down your findings and find a duplicate imitation in regards to size and color. Some nymphs such as the mosquito are very small but can be duplicated by going to a size 22 or smaller hook.

Many veteran fly fishermen have learned that one must match the insect that is in abundance in a stream to produce fish consistently. This type of fishing is scientific cloak and dagger

Hook 'n' sinker by Dennis Luse

work which will promise the fisherman a rewarding experience.

Close examination of the stomach contents of a fish can yield valuable information to the fly fisherman. If the contents haven't been damaged by the digestive process, the insects can be identified and the imitations can be produced.

Once the insect life has been determined the fisherman has the challenge of fishing his imitation as close as

possible to the characteristics of the natural. Varying water depths and current speeds must be determined to get the artificial nymph where the trout will take the drifting phony.

Spring run-off water is full of drifting aquatic life which trout thrive on. Nymphs are abundant waiting for water temperature to rise before they emerge as a flying adult. Angling for the flying adult requires that the artificial fly be fished on the water surface so that it resembles the adult laying her eggs to start the cycle all over again.

Fishing the artificial nymph is usually done by casting it upstream and allowing it to drift naturally as it enters the populated portion of a riffle or behind rocks where the water is broken up giving the trout a place of hiding. Try the incoming riffles in shallow pools where trout lay waiting for food dislodged by white turbulent water upstream.

When the worm and salmon eggs don't do the trick, try tying on an artificial nymph. You'll be surprised with the action you get.

Next week: Lake fishing techniques.

Sandy High sports

Thursday, April 27	Monday, May 1
Baseball - at Sweet Home	open
Fr. Baseball - Sweet Home	
Track - at Sweet Home	
Girls Tennis - at McMinnville	
Boys Tennis - McMinnville	
Friday, April 28	Tuesday, May 2
Baseball - Molalla	Baseball - at Estacada
Fr. Baseball - at Molalla	Fr. Baseball - Estacada
Golf - at Silverton	Boys Tennis - at Sweet Home
Boys Tennis - at Newburg	Girls Tennis - Sweet Home
Girls Tennis - Newburg	Golf - at Mt. View vs. Estacada
	Track - at Carby Invitational
	Wednesday, May 3
	Baseball - Clackamas