

Nell's notes

Bob Dowsett will be missed

by Nell Howe

Our deepest sympathy to Mrs. Robert Dowsett and family for the loss of their husband and father.

Also our sympathy to Sue Sidebottom and family for the loss of their husband and father. The Sidebottoms have been long time residents of the Hood-Land area.

Congratulations to Mark and Lucy Bowman on the birth of their daughter. Congratulations also to grandparents Tekla and Don Budd and Jo and Bruce Bowman.

I must congratulate Moon on his birthday I'm sorry he shaved off his beard. Hopefully he will have another one in time for Christmas.

Art and Susie Blaisdell are back on the mountain after Art got out of the service they are glad they are out of Texas. It just didn't appeal to

them at all.

It was beautiful over the mountain. We have earned all this good weather, just hope it stays.

Tulla, Clyde and Krissy came over for the weekend with Kathy and Leighton Durr. Got lots of trees planted and yard work done, thanks to Tulla and Kathy. Leighton is waiting to leave for Iran and Kathy will follow later.

Eastle and Pat Brewer will be moving back to Oregon not right here but anyplace in Oregon is better than Peoria, Ill. Eastle will be in Nyssa, and they will live in Ontario. Eastle will arrive the end of this month and Pat and the boys will arrive at the end of school. They picked a spot close to one of our favorite places to go, the Owyhee Reservoir.

The Welches Grade School fire did considerable damage to the music room. The piano that they had worked so hard

to acquire was burned.

The fire started on an outside wall away from the fire station, so it was some time before it was discovered. It happened on Sunday night, just one month to the day that the fire was started at the Women's Club.

The Calico Capers Square Dance Group, from Portland

and Hillsboro, were guests of the Gerald V. Robes. The Robes' son Gerry, was responsible for getting the Capers to come up and be in the Mountain Players Show. They agreed to do the show when they learned funds would be to the Lions Club heart machine.

Prune lilacs with care

When lilacs bloom they are doing more than just creating beautiful flowers. They also are producing their new annual growth and next year's blossom buds.

"This growth pattern means there is no time of year that a lilac can be pruned without removing some flower buds," says Gray Thompson, OSU Extension agent for Clackamas County.

To get around this, a lilac should be pruned so that only non-flowering wood is removed. Flower blooms are produced from large buds on the ends of vigorous new growth.

On the other hand, lateral growth and spindly growth rarely produce blooms. Both types of growth should be removed in the winter, but can be cut out any time of year.

Annual pruning, though not essential, will keep the lilac

bush in good vigor, Thompson said. Renovation of old bushes should be done in the winter. They can be cut back severely while leaving most of the framework so new growth can rebuild the bush. Even so, one year's bloom will be lost.

"Cutting the lilac flowers to bring indoors also reduces next year's blooms. But unless the bulk of the blossoms are cut, it is not a serious problem," Thompson noted.

As soon as the bloom period is over, however, it is advisable to remove the old blossom heads.

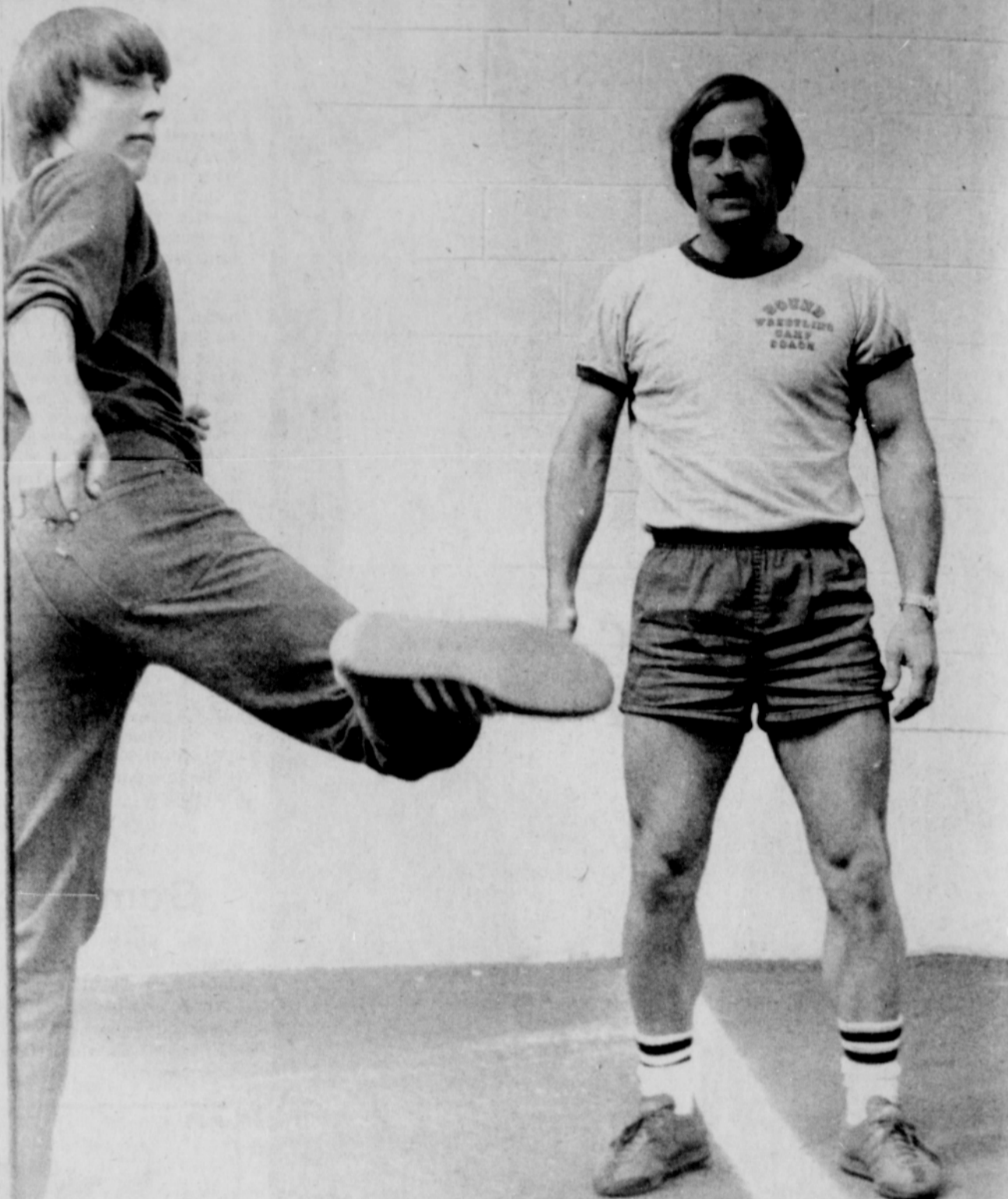
Bowling scores

Mt. Hooders
4-6-78

Jennie Welches Ant.	26	16
William's Thway	24	18
Sheppard's Excav.	22	20
Ore. Trail	21½	20½
Pionr. Trvl. Serv.	19	23
The Cleanery	18	24
Sandy Funrl. Hom.	17½	24½
Individual Game: Marva Morgan, 212; Individual Series: Marva Morgan, 545; Team Game: Jennie Welches Antiques, 930; Team Series: Sandy Travel Service, 2670.		

Early Birds
4-10-78

Action Auto	43½	16½
TJ's	34	26
Eagle Fndry.	31½	28½
Alpine Hut	30	30
Calico Cntry.	29½	30½
Sandy Lmbr.	26½	33½
Running's	25	31
Zig Zag Inn	20	40
Individual Game: Bea Woody, 217; Individual Series: Verna Northrup, 557; Team Game: Eagle Foundry, 736; Team Series, Eagle Foundry, 2096.		



HACK SACK Player Mark Van Beek (left) makes a backward kick to keep the small sack ball in the air,

as Sandy Union High School teacher Fred Fozzard looks on.

(Post photo)

Pierson gets hacky sack kick

by Von Braschler

They have a new self-improvement game up at the high school, and the kids really get a "kick" out of it. In fact, one Sandy Union High School freshman may well be the world champion in the emerging sport of "hacky sack."

Young Terry Pierson has kicked the regulation tiny hacky sack foot bag more than 600 times into the air continuously.

This puts him in the same world class as the young game's inventor and equipment supplier, Johnny Stalberger of Oregon City. Stalberger only two years ago conceived a game in which a person must attempt to keep a tiny beanbag-type ball aloft by maintaining perfect eye-to-foot coordination.

One does this by exercising any of five recommended foot kicks in efforts to keep the hacky sack within a 10-foot circle.

Two or even three or four

can play, and cost of equipment or location poses no problem.

So when high school instructor Fred Fozzard introduced the game to students in his alternative studies program, the sport quickly caught on and spread throughout the school.

Young Pierson a champion in National Hacky Sack Association competition, picked up on the game from a friend in the alternative studies program.

In the eighth grade, he broke the world record.

Fozzard's class used the hacky sack as a sort of tension release from the confines of the single classroom. He said it teaches self-containment and develops a sense of self-fulfillment when novices increase the number of times they can kick the small sack into the air.

Fozzard, an assistant wrestling coach, was one of the first to pick up on the new sport when introduced two

years ago in the Portland and Houston areas.

"I carry it with me almost wherever I go, like on a hiking trip up the mountains," he said.

The hand-sewn leather pouch resembles a mushy little bean bag that fits easily in the palm of the hand.

The exercise of keeping it in the air with only the feet improves periferal vision and eye-to-foot coordination, he said.

He noted that most American sports involve the arms, while Indians, Russians and Europeans

have enjoyed games involving the feet for years.

Hacky sack is being introduced in Portland school physical education classes and also used as a warm-up exercise.

Open tournaments are held in Oregon City where game inventor Johnny "Hacky Sack" Stalberger maintains supply headquarters.

So if you see local teenagers in the distance kicking frantically into the open, you'll know now that there's an object to their madness—the elusive hacky sack.

Hawthorne trees need spraying

Hawthorne trees should be treated for leaf spot disease says Ray McNeilan urban and home horticulture extension agent. The hawthorne in the yard or along the sidewalk is subject to a

fungus problem which causes the leaves to become spotted and unsightly.

"When the disease is severe the leaves begin dropping from the tree by mid-summer," McNeilan notes. "During the past several years this disease problem has been extremely severe on this flowering ornamental tree in western Oregon."

To help decrease the severity of this leaf spot, spray the foliage with a copper fungicide. If the weather is wet and warm while the leaves are unfolding, try to get several spray applications on the tree at weekly intervals. Spray to cover the entire leaf canopy.

The extension agent suggests that if the hawthorne tree has been weakened by several years of suffering this disease, give it a boost by fertilizing. One pound of actual nitrogen supplied by using 5 pounds of ammonium sulfate or 3 pounds ammonium nitrate would be sufficient for a mature tree.

Lesser amounts would be needed for young trees. Divide the fertilizer among a number of holes punched in the soil under the dripline area.

"By fertilizing soon, the spring rains can carry the minerals into the root zone," McNeilan says.

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