

CVL Relays first big test for Sandy track teams

The Sandy High track teams will begin their quest for a district title next Monday when they square off against the CVL in the annual CVL Relays at Linfield College in McMinnville.

Point standings in the relay meet have a direct effect on the final standings. Teams receiving one point for every team they finish ahead of at the relays and the season ending district meet.

These points, coupled with three points for each dual meet win, determine the league's final standings.

The reasoning behind this system is to make the scoring more equitable and team-oriented, said Sandy head track coach Randy Hutchinson. Before it was instituted it was possible for a team to go to the district meet with "just three good sprinters and win everything," he said.

Now a team must show strength and

consistency over the entire year to have a shot at the title.

For this reason the Pioneer girls team has to rate as one of the favorites in Monday's meet. Talented and laden with depth, the girls should field a strong team in every event.

"We have a possibility of winning all of it," Hutchinson said.

But they may need a little extra help to do it as the girls lost a key performer over the weekend when Cheri Eliot suffered a broken collarbone in a volleyball accident in Yakima.

Eliot, only a freshman, set a school record for the long jump against St. Helens two weeks ago by jumping 15'5" to break the old mark of 14'1/2".

Eliot is expected to be out from four to six weeks, but even without her the girls will have plenty of ammunition.

Christi Eliot, sister of the freshman long jumper and school record holder in

the 100-meter dash, will hold down one 220-yard leg of the distance medley relay team.

Running the other half-lap will be Jackie Layng, while Carol Bakke will run a 440 leg and Jan Van Beek the 880 segment.

Van Beek, the premier girls distance runner in the school's history, will also anchor the two-mile relay team, accompanied by Leann Madison, Sue Wilson and Jan Wilson.

But while the girls are simply powerful in the running events, in the shot they're absolutely awesome.

With three girls throwing the metal ball over 30 feet the Pioneers should have no problem dusting off the competition.

The shot relay team is led, of course, by sophomore Michele Cleland. While still not quite up to last year's form, Cleland has still been hitting 36' con-

sistently.

Right on her heels is Nancy Perkins, averaging around 33' per toss, while Sue Veley completes the team with throws of around 31'.

The discus event also looks promising as Cleland and Perkins are joined by Jennie Johns.

Esme Jensen, Robin Rohde and Tami Tallard should finish the top five with the high jump relay while sisters Sara and Sandy Shreeve will join Denise Buswell and Esme Jensen in the shuttle hurdles.

The boys squad hasn't the depth of its female counterpart but outstanding individuals nonetheless make them a contender.

For the boys, their placing in the relays has been a good rule of thumb for determining what their final league placement will be. Fourth in the relays last year, the boys ended the season in

fifth place in the league.

Hutchinson said that speed is an essential ingredient his men are currently lacking.

"It's going to be extremely difficult (to place high) because we haven't got great depth in the sprints," he said.

But like the tortoise and the hare the long, slow runners might make the Pioneers a serious contender for one of the top five team titles.

The Pioneer distance medley team should be one of the stronger fielded, featuring defending CVL champ Rick Lamm running a 440 leg, distance veteran Ken Urban legging out a mile split, senior Jeff Griffin running a 1,320-yard segment and Steve Mager contributing an 880.

Roger Hill and Kit Howell will join Griffin and Urban in the two-mile relay, with each running an 880 leg.

Hill will also play a key role in the

shuttle hurdles, where each team has two sets of barriers set in opposite directions. Each runner does one stretch before tagging his teammate, who runs the other direction.

A big question mark will be in the pole vault relay, where Kevin Lieder has been clearing 12'6" with ease but hasn't anyone to support him with a string jump of 10' or so. If a Sandy unknown can come in and play a strong second fiddle for Lieder the Pioneers should get some points there.

The CVL relays will begin at noon and run through most of the day. The Pioneers will begin at noon and run through most of the day. The Pioneers will tune up for the big meet with a dual meet Thursday at Silverton.



Four key performers for the Sandy High track team at Monday's CVL Relays will be (l to r) Ken Urban, Jan Van Beek, Kevin Lieder and Michelle Cleland.

Lake, stream fishing have different styles but the same goal

by Dennis Luse

Prime steelheading is over for the most part in our local streams. The only fair steelheading is down in the southern Oregon area on the Rogue and Umpqua rivers where spring fish are showing up in fairly good numbers.

The Sandy and Clackamas are producing fish but bright fish are scarce. Salmon angling hasn't improved over last week.

The water conditions are

fune, but there are few fish.

Trout fishing on a mountain stream has many differences from fishing a lake and vice versa. A boulder strewn stream requires the angler to read the water where trout may be laying.

These areas are usually behind boulders, in pools and in areas where rapid white water turns into calm shallow water. The type of lure bait you are using will depend on the water you will be fishing.

Dragging a lure just under

the surface of a 15 foot pool doesn't produce as well as a bait setup bouncing along the pebble lined bottom of the same pool. A lure is fine in fairly shallow water depending on the strength of the current.

A bait set up works equally well in shallow moving waters.

The enjoyment of fishing a stream can sometimes simply be trying to find where the fish are laying.

A series of rapids ending in

a turbulent fall over a log or natural rock dam forming a nice calm stretch of water is an ideal area to place your offering. Cast up stream into the white water and let your lure or bait tumble over the rocks and let it drift naturally.

If a fish is present and in a sporting mood he should nail it as it drifts by. Fish the area around boulders the same way.

Trout stay around rocks to avoid the stronger currents

and find a place of hiding. Always try a different lure or bait before moving on to the next likely spot. Chances are the trout weren't interested in your original lure.

For instance, a few years back while fishing the upper Salmon River my friends and I climbed down a rocky hillside where the river ran deep along the bank opposite us and into a shallow pool.

We tried salmon eggs which produced one fish for 15 minutes of effort. I changed over to a Colorado spinner and had a limit of trout ten to twelve inches in another 15 minutes.

The common excuse among trout fishermen is there are not any fish in the

river. What should have been said is: "I can't catch any of these trout."

Lake fishing can be done productively from shore or a boat. Bank fishermen don't have the mobility of a boat fisherman, and he is limited to the area and distance he can cast.

The most common way to fish from shore is to use salmon eggs, worms, or any other form of bait and cast it out into the water and let it sink to the bottom.

Fish are constantly on the move, watching the surface and anywhere in between for something moving, or using their sense of smell to find food.

As the fish comes into

proximity of the bait, it will smell it and generally take it in its mouth, causing your pole to wiggle.

When this happens set the hook sharply by raising your pole up quickly but gently enough not to break your line or bring the fish flying out of the water and over your right shoulder.

Whether in a boat or on shore a lake can be read similar to a stream. Fish are sensitive to water temperature and can be found in the deeper portions of the lake since the water temperature is colder nearer the bottom.

Fish the areas where streams or creeks empty into a lake since this water is

usually colder.

The wind has a definite bearing where the fish may be. For example, if the wind is coming from the north, fish the south end of the lake since all the debris has been blown against this portion of the lake. This debris includes insects which have lighted on the water and have been carried across the lake in great numbers.

Whether you are fishing from boat or shore, or hiking alongside a stream and happen to hit a day the fish are not biting; you can still enjoy the beauties of nature even though you are bringing home an empty creel.

Next week: Bait fishing for trout.

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Golf game played in deluge

Inclement weather contributed to soaring scores Tuesday as the Molalla Indians proved they are more adept at gripping a wet club by downing the Sandy Pioneers, 189-186, in Sandy's first league meet.

Frequent rainstorms drenched the golfers as they struggled around a sodden Mountain View Golf Course.

Evan Barker topped the Sandy link squad with a 42 score. Scot Williams, Dave Praska, Chris Norman and

Dan Smith all shot identical 48's.

Williams probably suffered the most at the hands of the weather as his score ballooned from the 36 he had shot against Barlow last Thursday in pre-season play.

Only Barker weathered the storm with a decent score.

"He (Barker) claims he didn't play particularly well, but considering the conditions 42 was a good round," said coach Dick Kennedy.

As for the entire team Kennedy said "We're still not playing to our potential. We're pretty inconsistent."

The Sandy coach estimates that an even performance by his team would yield an overall score 20-25 strokes better.

"We just have to practice more," he said. "We have to be more consistent."

Kennedy blamed part of the problem on the difficulty in finding practice time on the crowded Mountain View course.

In a non-league match the Pioneers lost to Barlow last Thursday by a 225-205 tally. The higher scores are due to the fact that five players are scored in non-counters, four in league matches.

Sandy will next meet Columbia High at Columbia's home course at 4 p.m.

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HERE'S HOW IT STARTED
Just 10 years ago in Britain some early morning revelers had a nasty surprise when they were stopped by police cars and asked to blow into a device looking rather like a party balloon. The breath-test had arrived.

Contest Sale-A-Bration

Carlson Chevrolet just won the 75-Day National Chevy Sales Contest, for which we are pleased. We ordered heavy for the contest, so our inventory is super good for the complete Chevy car and truck line. We have several new Chevettes left at the old prices in effect before the recent price increase. In addition, you benefit from the \$110.00 special price reduction by Chevrolet for the Western states only. Compare our Chevette with any of the foreign cars and you will be convinced.

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