

Prices good Wed., Jan. 4
thru Sat., Jan. 7, 1978

Fred Meyer has the specials . . .

Save 36¢

Fred Meyer Brand
MY-TE-FINE

Salad Dressing

Reg.
\$1.09
32 oz. jar

73¢
ea.

Compare Miracle Whip
Salad Dressing 32 oz. jar

\$1.29
ea.

Save 60¢ on 4

**Dial
Bath Soap**

Reg. 40¢
5 oz.
bars

4 for \$1.00

Calgon
Bath Oil Beads 15 oz. box

\$1.19
ea.

Save 27¢

Fred Meyer Brand

Frozen

**MY-TE-FINE
Hash Browns**

Reg. 65¢
32 oz.
pkg.

38¢
ea.

Savory quick potatoes, good at any meal of the day.

MY-TE-FINE "Fresher By Far" Produce



**Navel
Oranges**

4 \$1.00
lbs.

California, large
sizes, easy to peel,
seedless, juicy.

Seedless Navels

California seedless,
medium size, choice

6 lbs. \$1.00

Green Peppers

Large size, thick
meated. Ideal for
stuffing.

5 for \$1.00

Oregon Onions

Medium size, yellow
Danvers, firm, solid

8 lbs. \$1.00

Tender Broccoli

Tender green and mild
100% edible, rich in
vitamins, minerals.

39¢
lb.

Rome Beauty Apples

Washington
fancy grade

3 lbs. 85¢
29¢ lb.

Anjou Pears

Extra fancy, large
sizes for baking,
salads or lunch box

3 lbs. \$1.00

Enter Sunkist Pete Dragon Sweepstakes

Eligible to win a family trip to Disneyland, plus other valuable prizes,
fill out entry blanks located in Produce Department.

Jicama

(pronounced Hicama) • This delicious tropical
vegetable has a flavor similar to water chestnuts and is
excellent raw in salads for dips or Chinese cooking.
FREE Recipes.

29¢
lb.

Frozen Foods



Banquet
Man Pleaser Dinners

89¢
ea.

Reg. \$1.19
19 oz. pkg.

**Ore-Ida Golden Fries
Gaylord Vegetables
Banquet Cream Pies**

MY-TE-FINE

Whipped Topping

Reg. 89¢
13 1/2 oz. tub

79¢
ea.

**Totino's Classic
Combination Pizza**

Reg. \$2.39
22 1/2 oz. pkg.

\$2.09
ea.

**Rhodes' Bread
Dough Loaves**

White or Wheat
Reg. \$1.55 to \$1.85
5 lb. pkg.

\$1.39
ea.

**Knudsen's
Yogurt**

Strawberry or Raspberry
Reg. 79¢
16 oz. pkg.

69¢
ea.

**Gorton's
Fish Sticks**

Reg. \$1.63
14 oz. pkg.

\$1.39
ea.

**Top Frost
Waffles**

Reg. 27¢
5 oz. pkg.

4 for 88¢

**Bayberry Farm
Carrot Cake**

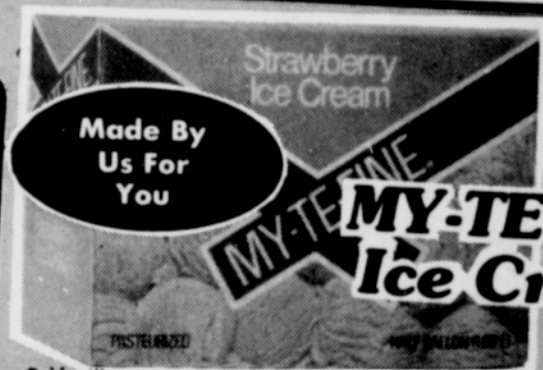
Reg. \$1.49
13 oz. pkg.

\$1.39
ea.

**Birdseye
Awake**

Reg. 59¢
12 oz. can

53¢
ea.



Fred Meyer Brand

**MY-TE-FINE
Ice Cream**

- Vanilla
- Chocolate
- Strawberry
- Neapolitan

Reg. \$1.25
half gallon

78¢
ea.

Made with fresh cream for
rich, smooth texture and de-
licious flavor.

Other Special Flavors

Reg. \$1.35
1/2 gallon

88¢
ea.

COFFEE

**MJB
Coffee**

Reg. \$6.88

2 \$5.99
ea.

**Nescafe
Coffee**

Instant
Reg. \$5.79
10 oz. jar

\$5.55
ea.

**Nescafe
Coffee**

Instant
Decaffeinated
Reg. \$3.19
4 oz. jar

\$3.09
ea.