

What's cooking?

Hungarian prune cakes, cucumber salad

by Sara Sewell

Pork Chops, Veal or Fish in Wine Sauce

Use white fish (sole or halibut). Season with salt, paprika and pepper or lemon seasoning. Fry small onion in butter until transparent. Lay into greased pyrex baking dish.

Put fish or chops which have been fried golden on top. Pour some white wine over it and bake at 375 degrees. For fish it takes only about 10 minutes. Pork or veal take longer. Cover and cook until done. Serve with rice.

From the files of Mrs. Stephen C. Juttner (Mittzie), Tigard.

Cucumber Salad

This cucumber salad (the German kind) is good with veal.

Salt thinly sliced cucumbers and let stand for an hour or so. Squeeze out some of the juice.

Chop in a bit of garlic (if liked), or use a drop or two of juice, add salad oil, vinegar or lemon juice. Sometimes I

use yogurt or sour cream instead of oil. Sprinkle with parsley and paprika.

From the files of Mittzie Juttner, Tigard.

Hungarian Prune Cakes

2 cups sifted flour
Chop in 1 cup of shortening, part butter, until crumbly. Make hollow in center, add 2 egg yolks, a tablespoon of sugar and crumble in a cake of yeast. Heat some milk and cool until lukewarm. Stir in as much as needed to hold dough together. (like pie crust)

Use half of dough at a time and roll out, cut into squares, 2 to 3 inches. Fill with thick prune or apricot jam. Fold corners together into triangle, press with fork or edges.

Beat egg whites until foamy. Spread some on cakes. Dip into finely chopped nuts mixed with sugar and bake 350 degrees for about 20 minutes until light brown. Dust with powdered sugar. Almost everyone loves these.

From the files of Mrs. Stephen Juttner, Tigard.

Mr. Juttner was born in Yugoslavia. This recipe from that part of the world is one of his favorites.

They are new friends I have made through the Oral Hull Foundation for the Blind. We had a nice visit at a potluck dinner. Thanks for sharing, Mittzie.

Senior center news

Flu shots offered to seniors

Flu shots will be given at the Senior Center on Thursday, Oct. 20, starting at 1:30 p.m. These shots are for A-Victoria and B-Hong Kong type flus and are intended primarily for people over 65.

No doctor's prescription is necessary to receive the shot however, it is not recommended for anyone allergic to eggs, with a fever or who has received another vaccination within 14 days of the flu clinic.

The cost of the shot will be on a sliding fee scale with \$3 being the top of the scale.

The clinic will be conducted by the Clackamas County Health Department.

The afternoon program previously scheduled for Oct. 20 will be changed to Tuesday, Oct. 25.

Registration is open for the tour of Blitz-Weinhard Brewery on Tuesday, Oct. 25. Sign up for

this trip at the Center.

The staff night out at Sanchos Mexican restaurant is slated Thursday, Oct. 20 at 6 p.m. Advance registration and menu selection is necessary due to seating limitations.

Stuart Eisenmeyer, Social Security field representative, will be at the center on Wednesday, Oct. 19, to give a Social Security update and answer questions about Social Security and Medicare. He will speak after the Loaves and Fishes lunch at noon.

Men are invited to rise and shine for the 7 a.m. morning meal for men on Tuesday, Oct. 18. The program will focus on ice hockey.

The public is invited to attend the Sandy Senior Center Advisory Committee meeting, Tuesday, Oct. 18 at 9 a.m. These meetings are concerned with center operations.

Sandy Senior Center Program

Thursday
Oct. 13-19
Oct. 13

8:30 a.m. - 11:30 a.m. drop-in
11:30 a.m. - 3 p.m. Golden Age Club potluck

3 p.m. - 4 p.m. drop-in Oct. 14

Friday
Oct. 14

8:30 a.m. - 11:30 a.m. drop-in
11:30 a.m. - 1 p.m. Loaves and Fishes

1 p.m. - 4:30 p.m. drop-in Oct. 15-16

Saturday and Sunday
Oct. 15-16
closed

Monday
Oct. 17

8:30 a.m. - 11:30 a.m. drop-in
11:30 a.m. - 1 p.m. Loaves and Fishes

1 p.m. - 3 p.m. Pinochle
1 p.m. - 4:30 p.m. drop-in Oct. 18

Tuesday

Oct. 18

7 a.m. - 8 a.m. men's breakfast
9 a.m. - 11 a.m. advisory committee

1 p.m. - 4:30 p.m. drop-in Oct. 19

Wednesday
Oct. 19

8:30 a.m. - 11:30 a.m. drop-in
11:30 a.m. - 1 p.m. Loaves and Fishes

Hal Lindsey film set for Kaffee Klatsch

A Hal Lindsey film on the occult will be shown at the Tuesday, Oct. 18, meeting of the Sandy Kaffee Klatsch in St. Michael's Hall.

In the film Lindsey discusses the various forms of occult and horoscopes, ouija boards and palm readers.

The meeting will begin at 7:30 p.m. and women of all ages are welcome. Popcorn and punch will be provided.

For more information call Janice Traxler at 668-6215, Linda Brown at 668-6264, Charlene Poston at 668-7614 or Patti Knox at 668-5238.

Three area residents pledge at OSU

Three area residents have pledged Greek organizations during Oregon State University's fall formal rush.

Leslie L. DeMarsh pledged Pi Beta Phi, Rich Bignall pledged Kappa Sigma and Scott A Hill pledged Sigma Chi.

Sororities at OSU pledged a total of 456 coeds at the end of the largest formal fall term rush in 30 years.

The 1977 figure is the highest since the fall of 1957 when the pledges totaled 425. The numbers began to dwindle during the late 1960s and early 1970, said Kay Conrad, assistant dean of students and

adviser to Panhellenic. Conrad pointed to several reasons that might explain the numbers increase this fall: Early registration figures indicated that enrollment of women at Oregon State was on the increase this fall, and Panhellenic carried on an extensive promotion program throughout the state this past summer.

The increasing interest in sorority living is a national trend, the dean said, "and may represent a reversal of the 'do-your-own-thing' trend that has been evident among students the past 10 years."



CLOTHES FROM Heidi's Boutique in Boring will be featured at a fashion show presented at an upcoming

meeting of the Sandy Christian Women's Club. Pictured is Marie Eklund, one of the owners of the clothing store.

Come to Church

COMMUNITY PRESBYTERIAN CHURCH
Fellowship Worship 9:30 a.m.
Sunday School 10 a.m.
Morning Worship 11 a.m.
Mid Week Prayer Service 7:30 p.m.
Nursery Care During Worship
PASTOR: Ed Neuenfeldt
Church 668-4543
Manse 668-4594

IMMANUEL LUTHERAN CHURCH
Morning Services 9 a.m.
Sunday School 10:15 a.m.
Adult Bible Class 10:15 a.m.
A Cordial Welcome is Extended to All
PASTOR FRANK KOEPEKE
668-6232 - Church

Hoodland Lutheran Church
Highway 26-21gZag
10 a.m. Family Worship Service With Sunday School
Confirmation Class 6:30 p.m. Thursday
Pastor Paul Gross 622-3916

St. MICHAEL'S CATHOLIC CHURCH
Sat. eve Mass 7:30 p.m.
Sunday Mass 10:00 a.m. - 6 p.m.
St. Johns Catholic Church Welches, Oregon
Mass 6 p.m. Sat.; 8 a.m. Sun.
Corner Strauss & Pleasant Sandy, Oregon
Father Arata 668-4446

CASCADE VIEW COMMUNITY CHURCH (Kelso area)
Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Evangelist Service 6:00 p.m.
Bible Study Wednesday 7:00 p.m.
13050 Bobby Bruce Lane
Pastor H.O. McAdams 630-3395

SANDY SEVENTH-DAY ADVENTIST CHURCH
Proctor and University
Sabbath School 9:30 a.m.
Morning Service 11:00 a.m.
You Are Welcome
Pastor TERRY ZULL
668-7714 - Home
668-6144 - Church

SANDY BAPTIST CHAPEL
Early Service 8:30 a.m.
Sunday School 9:45 a.m.
Second Service 11:00 a.m.
Evening Service 6:00 a.m.
For other ministries call 668-4064
Ed Grabie, Pastor

SANDY ASSEMBLY OF GOD SUNDAY SERVICES
Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Evangelistic Service 6:00 p.m.
Family Night Wednesday 7:00 p.m.
Raymond Alcorn Church Phone 668-4964

CHAPEL OF THE HILLS
Temporary Location Mountain Grange Sleepy Hollow Rd.
Sunday School 9:45
Worship 11:00
Evening Worship 6 p.m.
Wed. Evening Service Thurs. Bible Study
Call 622-3260
Pastor Jeff Brockway

Christian women plan style show

A fashion show featuring clothes from Heidi's Boutique will be part of the Sandy Christian Women's Club program, Friday, Oct. 21, at Oral Hull Park.

The event will begin at 11:45 a.m. with a soup luncheon. Women of all denominations

are welcome. Marie Eklund, owner of Heidi's Boutique, will narrate the style show which will feature fashions in a variety of sizes for women of all ages.

Speaker for the afternoon will be Mrs. John Henley from Otter Rock. She will also

present some musical selections. Babysitting for pre-schoolers

is provided free of charge at the Assembly of God Church. Reservations for the luncheon should be phoned to Irene Blount, 668-4214.

Sandy Christian Women's Club president Charlene Opperman also reports that this year's "Winter Fair" will be Nov. 18. She asks that people start planning now what they would like to make and donate to the fair. All proceeds will go for missionary work.

BPW to observe women's week

The Sandy chapter of Business and Professional Women (BPW) will kick off their observance of National Business Women's Week by attending the 9 a.m. Sunday service at Immanuel Lutheran Church.

At 10:30 a.m. the group will meet for Sunday brunch at Heidi's.

A fireside meeting will be held Wednesday evening, Oct. 19, at the home of Florence Schmitz, 17151 S. E. 362nd Ave. at 8 p.m.

During the business meeting name tags will be made for the North Willamette District Fall Conference to be held at Canby Town Hall on Saturday, Oct. 22, at 6 p.m. Reservations should be made by Oct. 18.

The theme of the conference will be "Challenge—A Better You," which will deal with improving self-awareness and appearance. Vignettes will be presented on nutrition, posture, make-up and fashions.

Co-chairpersons for the week's activities are Marguerite Kehrl and Roberta Kennedy.

Guests at Bosses' Night held at T. J.'s Oct. 5 were Jack Peters, Bill and Sharon McFarlane, Jim Wolf, Maxine Taylor, Howard Berger, Stan Bowman, Edward Nelson, Dennis Crow and Dick Halverson.

At the orientation program Eleanor Howard and Ruth Baumback gave a history of the growth of the club, pointing out that it is the largest organization in the world devoted to business and professional women and has a membership of 115,000.

Eula TenEyck told of the reference services available to the public from the library maintained at the National Foundation in Washington, D.C. Scholarships are offered to women who wish to retrain or upgrade their profession. The foundation also conducts business seminars.

Mrs. Schmitz, a delegate to the International Congress held in Edmonton, Canada in 1974 explained that it meets every three years.

The theme of the Oregon Federation is "women helping

women." There are 52 clubs with a membership of 1,700 members and the federation sponsors the Young Careerist Program.

Four Sandy members who are on the state board are Pat Wolf, president; Eula TenEyck, state program committee member; Florence Schmitz, editor of "Oregon Business Woman," and Ruth Baumback, assistant editor.

The state federation has eight districts of five to nine clubs each. Chris MacDonald of

Sandy is North Willamette District chairperson.

At the last meeting Esther Hoffmann gave highlights of yesteryears when the club won a blue ribbon for its float in the Strawberry Festival Parade and when it had an annual smorgasbord as a scholarship fund raiser.

New full or part-time business women in the Sandy area are invited to call 668-4713 or 668-6691 for more information about the club's activities.

Swim, massage classes due

Infant swim and basic massage classes begin Tuesday, Oct. 18, at Welches Community School.

Class instructor Paula Walker asks that babies wear a sunsuit and parents bring a favorite bath toy and after swim snack. Parents are invited to help teach their child to swim.

The class, designed for babies 6 months to 2-years old, will be held from 10 to 11 a.m. at Bowman's Golf Club pool.

The class is limited to eight babies.

Basic massage, led by Michele Ross, will be held Tuesdays from 7-9 p.m. in the Welches School cafeteria.

This class will teach several massage strokes and the use of massage and touch for health techniques in healing. All ages are welcomed and those attending are asked to bring a blanket and pillow.

To register for these classes write Welches Community School, Rhododendron, or call Reva Cox, 662-3397.

Parents invited to open house

Sandy High will sponsor its annual Open House on Wednesday, October 19.

Proceedings will begin in the Commons at 7:30 p.m. but parents are encouraged to arrive early to pick up their youngster's schedule.

Class visitations will be conducted, students will be

working in all of the vocational areas, entertainment will be provided and refreshments will be served.

Display tables will be set up in the Commons focused on the theme "CURRICULUM '77" and class materials and goals will be available for parents to inspect.

\$100 SALE
GLIDDEN FALL DOLLAR DAYS

Buy 1st Gallon Spread Latex Flat Wall Paint at regular price \$ 9.49

Buy 1st Gallon Spread Latex Low Lustre Enamel at regular price \$11.49

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668-7406
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Pioneer Square, Sandy, Ore.

BUXTON'S Lee Meat Company
Sandy 668-4838
Custom Slaughtering
Grain Fed Locker Beef
• Cut, Wrapped & Frozen — Locker Packs
Cattle Hauling on Tuesdays
We Do Our Own Cure & Smoking