

Fred Meyer



Prices good Wed., July 20 thru Sat., July 23, 1977

Fred Meyer Produce has gone plum crazy with the largest variety & selection of large, ripe, plump juicy plums. Try some of each for an adventurous taste treat.

• **La Roda**
Large medium red color with yellow flesh.

• **Mariposa**
Grey red skinned with bright red flesh.

• **Wickson**
Yellow, white skin with bright red flesh.

• **Padre**
Yellow skin, honey yellow flesh.

• **Santa Rosa**
Purplish crimson with yellow to dark red flesh.

• **Frontier**
Large blue black with red flash.

• **Red Roy**
Red skin with yellow flesh.

• **El Dorado**
Flat dark reddish purple yellow flesh.

• **Queen Ann**
Large mahogany color with amber flesh.

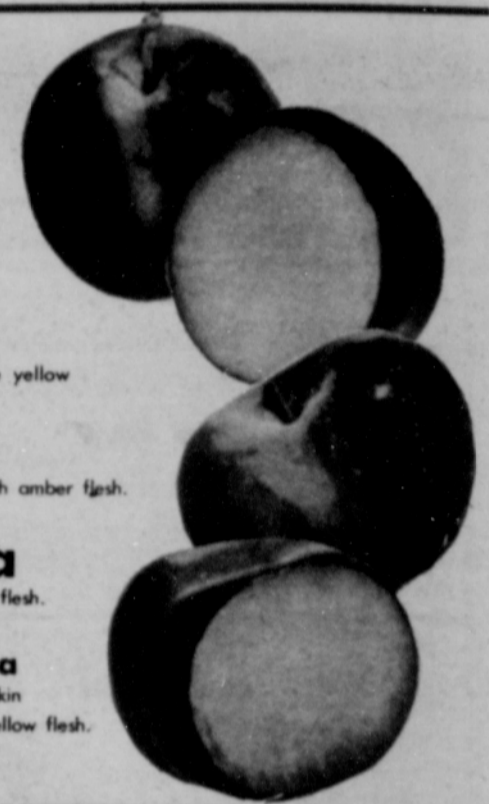
• **Nubiana**
Black-red color with light amber flesh.

• **Simka**
Large dark skin with white yellow flesh.

39^c
lb.

Lettuce
5 for \$1.00
Local grown, large tender crisp heads.

Watermelons
10^c lb.
California red ripe.



Save 24^c



Sonny Boy
Light

Chunk Tuna

Reg. 68c
6 1/2 oz. can

44^c First 3
ea. All Additional, Regular Price

Chunk light tuna in soybean oil seasoned with vegetable broth and salt. Always firm, yet delicate and tender.

Compare To:
Chicken of the Sea Tuna 6 1/2 oz. can **75^c** ea.

Save 40^c on 4



Kraft
Macaroni and Cheese Dinner

Reg. 35c
7 1/4 oz. pkgs.

4 \$1.00 for

Save 80^c



Crisco Shortening

Reg. \$2.39

3 \$1.59 lb. can ea.

Compare To: **Fred Meyer Brand MY-TE-FINE Shortening** Reg. \$1.93 **3 lb. can \$1.49** ea.

Frozen Food Savings



Fred Meyer Brand
MY-TE-FINE
Shoestring Potatoes

Reg. 57c
20 oz. pkgs.

4 \$1.00 for

Savory crisp tender potato strips, good at any meal. Ready in minutes.

Fred Meyer Brand
Top Frost
Meat Pies
• Beef • Chicken
• Turkey

Reg. 34c 8 oz. pkgs.

5 \$1.00 for

Delicious meat, vegetables and sauce in a flaky crust.



Banquet Buffet Dinners
• Chicken & Dumplings
• Salisbury Steak

Reg. \$1.48
32 oz. pkg.

\$1.29 ea.



Made By Us For You

Fred Meyer Brand

Our Finest Quality

MY-TE-FINE

Sherbet

5 Delicious Flavors

68^c ea.

Reg. \$1.09
Half Gallon

Five delicious flavors to choose from: Orange, Lime, Pineapple, Rainbow, Raspberry. Perfect dessert-always ready, always a favorite. Made in our own dairy especially for you.

Fred Meyer Brand
MY-TE-FINE
Whipped Topping

Reg. 65c
9 oz. tub

38^c ea.

Green Giant Niblets in butter
Corn or Peas sauce

Reg. 61c to 62c
10 oz. pkg. **57^c** ea.

Gorton's Fish Sticks

Reg. \$1.39
14 oz. pkg. **\$1.29** ea.

Rhodes Hamburger Buns

Reg. 52c
21 oz. pkg. **45^c** ea.

Welch's Cranberry Juice Cocktail

Reg. 89c
12 oz. can **79^c** ea.

Tropicana 100% Pure Florida Orange Juice

Reg. 77c
12 oz. can **69^c** ea.

Mrs. Smith's Chocolate Boston Cream Pie

Reg. 99c
19 oz. pkg. **89^c** ea.

Mrs. Paul's Fried Clams

Reg. \$1.25
5 oz. pkg. **\$1.19** ea.

Minute Maid Lemonade or Limeade

Reg. 57c
12 oz. can **49^c** ea.