

Fred Meyer

SAVINGS • SELECTIONS • QUALITY • SERVICE

28 stores in one
SAVE GAS • TIME • MONEY!

Prices Good Wed., July 20 thru Sat., July 23, 1977

Fred Meyer Regular Grind

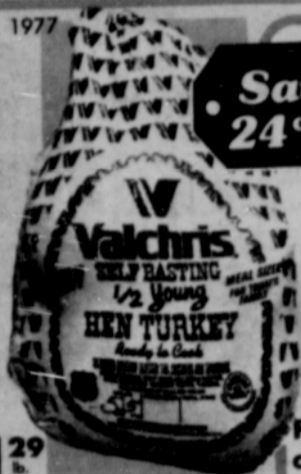
Ground Beef

Not to exceed 30% fat.

Reg. 85c lb.

58^c lb.

Save 24^c lb.



Valchris Half Turkeys

Reg. 89c lb.

65^c lb.

5 to 5 1/2 lb. average

Fresh Leg of Pork

Shank Half Reg. \$1.49 lb.

Butt Half Reg. \$1.69 lb.

\$1.19 lb.

\$1.29 lb.



Feature Recipes of the Week

Save 27^c lb.

Oregon Chief Tender Smoked Slab Bacon

End Pieces Reg. \$1.48 lb.

\$1.19 lb.

Center Pieces Reg. \$1.58 lb.

\$1.29 lb.

Armour's Veri Best Fresh Corn Fed Pork Loin Roast

Reg. \$1.49 lb.

\$1.19 lb.

3 to 4 pound



Save 30^c lb.

U.S.D.A. Choice Beef Round

Sirloin Tip Roast

Reg. \$1.97 lb.

\$1.48 lb.

Sirloin Tip Roast

Reg. \$2.08 lb.

\$1.68 lb.

Everyday Low Meat Prices

Wilson's Fresh Southern

Fryer Breast

Excellent for barbecuing.

\$1.19 lb.

Wilson's Fresh Southern

Fryer Thighs

Excellent for barbecuing.

98¢ lb.

Wilson's Fresh Southern

Fryer Drums

Excellent for barbecuing.

89¢ lb.

Fresh Corn Fed Pork Family Pak

Pork Chops

Blade end and rib end cut chops in pkg. of 6 or more chops.

\$1.39 lb.

U.S.D.A. Choice Beef Chuck

7-Bone Pot Roast

Center cut of the chuck.

\$1.09 lb.

U.S.D.A. Choice Beef Chuck

Chuck Pot Roast

Blade cut.

89¢ lb.

U.S.D.A. Choice Beef Chuck

Arm Pot Roast

Better cut of the chuck.

\$1.19 lb.

Armour's Veri-Best Center Cut

Rib Chops

Reg. \$1.98 lb.

\$1.59 lb.

Armour's Veri Best Center Cut

Loin Chops

Reg. \$2.08 lb.

\$1.69 lb.

Armour's Veri Best Family Pak

Pork Chops

Reg. \$1.39 lb.

\$1.19 lb.

Blade end chops. 6 or more to pkg.

Oregon Coast

Shrimp-Meat

Reg. \$3.79 lb.

\$2.98 lb.

Oysters

10 ea. jar

\$1.29 ea.

Bonus Buy



Fred Meyer Brand MY-TE-FINE AA

Large Eggs

Delicious large white eggs with sweet fresh flavor. Great for breakfast or deviled for your picnics.

49^c dozen

First 2

Save 40^c



MD Bath Tissue

Reg. 99c 4 roll pkg.

59^c ea.

First 2

All Additional, Regular Price

MD

BUY TWO

MD

GET A THIRD FREE

Enclosed are two 50th Anniversary Medallions from the sides of two MD Bath Tissue wrappers. Please send me a coupon good for one free 4-pack of MD Tissue wherever it's sold.

Name: _____

Address: _____

City: _____

State: _____

Zip: _____

Mail to: Georgia Pacific Media Service Center, 609 NE Schuyler, Portland, Or. 97212

Better hurry. Offer ends Sept. 15, 1977. Limit 1 coupon per family

Fred Meyer Advertising Policy
Each of these advertised items must be readily available for sale at or below the advertised price in each Fred Meyer store, except as specifically noted in this ad.

Fred Meyer
Shopping Centers

These items and prices available all Fred Meyer Portland Stores, except Morrison, in the sections indicated, unless specifically noted otherwise in this ad. Food items not available: Morrison, Beaverton, 4800 Western Ave. and S.E. 122nd and Stark.