

Sandy Senior Center News

Seniors plan walk

The Sandy Senior Center has planned an easy walk in the woods July 22 on Still Creek Trail. The center requests that

those attending bring their own sack lunch and beverage. Registration is now open. Departure time is 10 a.m. and

return at 3 p.m. Transportation will be provided by the center.

Seniors are invited to spend an afternoon at Larch Mountain July 20. It is said to be one of the most spectacular views in Oregon. Registration is open. Departure is 1 p.m. and return is 4 p.m.

Loaves and Fishes picnic is scheduled for July 25 at Meing Park. Weather permitting horseshoes and croquet will be provided. In case of rain, the picnic will be held at the Senior Center.

July 29 is the date of this month's birthday party at the Center. Special guests will be seniors with birthdays in the month of July. Seniors are invited to celebrate with cake, gifts and entertainment.

Registration is open for the trip to the coast on Aug. 5. Those attending will spend the day at Cape Kiwanda, walk on the beach and enjoy a relaxing day.

Information and registration is available at the Center.

SANDY SENIOR CENTER PROGRAM

July 21 - 27
 July 21
 Thursday
 8:30 a.m. - 11:30 a.m. drop-in
 11:30 a.m. - 1 p.m. Loaves and Fishes
 1 p.m. - 4:30 p.m. drop-in
 July 22
 Friday
 8:30 a.m. - 11:30 a.m. drop-in
 11:30 a.m. - 1 p.m. Loaves and Fishes
 1 p.m. - 4:30 p.m. drop-in
 July 23 and 24
 Saturday and Sunday closed



Taking the wheel

AFTER SHEDDING his usual clerical garb for the blue-collar look, Terry Zull, pastor of the Sandy Seventh-day Adventist Church, takes the wheel of a tractor in preparation for the 99th annual Adventist camp meeting in Gladstone. He and his parishoners will attend church services there July 16 and 23 during the annual event.

Household violence workshop topic

The Clackamas County Confidence Clinic will be hosting a workshop on "Household Violence" next Monday, July 25.

The workshop, open to all interested people, will be conducted from 9:30 a.m. to noon at the Confidence Clinic at 19241 South Beavercreek Road near the northeast entrance of Clackamas Community College in Oregon City.

Children are welcome and participants are encouraged to bring a sack lunch.

Speakers for the workshop will include an attorney from the Clackamas County area who will be discussing women's rights in domestic violence, divorce laws, and restraining orders.

The new legislation pertaining to restraining orders will also be included in the discussion.

Andrew Hanners will talk

about drug and alcohol abuse in the home. He will also be discussing the affect the abuse has on family members.

The Confidence Clinic is a newly formed organization designed to assist women who are experiencing a transition due to divorce, separation, death of spouse or social awareness. The clinic hopes to provide an environment conducive to personal growth and awareness.

Additionally, the clinic will offer individual and group counseling services to aid their emotional and psychological support, as well as identifying marketable skills and career options. The program offered by the Confidence Clinic will be run on a 12 week session starting in September.

For more information about the upcoming workshop call Terry Stewart, 655-2518, or Sherry Pownall, 629-2603.



Dr. and Mrs. Albert Lamke

Couples hold joint anniversary party

Dr. Albert J. and Helen Lamke of Sandy recently celebrated their 30th anniversary in style at the Essex House in Lancaster, Calif.

The Lamkes celebrated the occasion a few days early with Mr. and Mrs. Phil Stephenson of Palmdale, Calif., who commemorated their 25th wedding anniversary June 25 at the Essex, compliments of New West Magazine.

Stephenson was the second place winner in a recent subscription contest conducted by the magazine. As a winner, he was awarded a \$2,500 party of his choice.

The announcement of the winning entry coincided with the Stephenson's anniversary, thus the party at the Essex. During the evening, a buffet style dinner was served to more than 90 guests.

Dr. and Mrs. Lamke

travelled to California for the celebration. Dr. Lamke, a Sandy dentist, is Mrs. Stephenson's brother and was best man at their wedding 25 years ago in Oregon City.

The Sandy couple was married June 28, 1947, in Oregon City.

Mrs. Lamke greeted the guests at the social hour where champagne flowed compliments of the Essex House. Dinner music was played by the Jazz Quintet. Dance music during the evening featured two special songs composed by Matt Carr entitled "Lost Dreams" and "Bad Ballad."

Accompanying the Lamkes to California were Dr. Lamke's brother, Eugene, and his wife, Nancy, of Vancouver, Wash. The Vancouver couple's children, Randy and Tandra, also attended.

Monday

8:30 a.m. - 11:30 a.m. drop-in
 11:30 a.m. - 1 p.m. Loaves and Fishes picnic
 1 p.m. - 3 p.m. pinochle
 1 p.m. - 4:30 p.m. drop-in

Tuesday

8:30 a.m. - 11:30 a.m. drop-in
 11:30 a.m. - 1 p.m. Loaves and Fishes
 1 p.m. - 4:30 p.m. drop-in

Wednesday

8:30 a.m. - 11:30 a.m. drop-in
 11:30 a.m. - 1 p.m. Loaves and Fishes
 11:30 a.m. - 3:30 p.m. Guys and Dolls
 1:30 p.m. - 4:30 p.m. drop-in

Activities finalized

Bible stories, craft projects, refreshments, music and missionary stories are all a part of Vacation Bible School slated July 25-29 at Sandy Baptist Chapel.

Young people 4 through 12 years old are invited to a truly fun and exciting time to be held each morning from 9 to 11:30 a.m.

The theme for the Bible School is "Sing it Out, Jesus Loves You."

For more information call 668-4064 or 668-4795.

Pork Chops to Please

A variety of pork chops are available to shoppers. Make your selection among pork loin chops, identified by the T-shaped bone, rib chops containing the rib bone and boneless single chops or butterflied. When rib chops are cut thick they are great for stuffing. Also look for smoked pork chops.

Aglow to hear Joan Sanford

Women's Aglow Fellowship in Wemme will hear Joan Sanford, a counselor on the staff of East Hill Foursquare Church in Gresham at a luncheon meeting on Tuesday, July 26.

The Aglow luncheon will be held at Bowman's Mt. Hood Resort from 11:30 a.m. until 2:30 p.m. Babysitting will be provided from 11 a.m. to 3 p.m.

Joan's husband, Jerry, is a pastor and head of counseling at East Hill. They minister together at couples retreats and marriage enrichment seminars.

The couple has three sons and a daughter, ages 12 to 21.

On Aug. 25 the Wemme Aglow is planning a 6:30 p.m. picnic at Wildwood Park's Pioneer Shelter in addition to the regular August meeting.

Those attending are asked to bring their own table service along with a favorite casserole or meat and a salad or dessert. Aglow will furnish the punch.

Families and friends are invited to attend the picnic. For more information about the Tuesday luncheon or other Aglow activities call Mrs. Robert Zipprich, 622-4526.



Joan Sanford

4-H photographers ready exhibits

Clackamas County 4-H Photography members are putting the finishing touches on their County Fair photo exhibits, according to T.D. Zurcher, Clackamas County Extension agent.

This year's County Fair scheduled for Aug. 16-20 will feature several examples of 4-H photography member's work. Thirteen classes from black and white prints to producing movies are available to 4-H members in grades 4-12.

This year's County Fair will also feature a "Special 4-H Photo Exhibit." Its purpose is

to provide a showcase, telling the 4-H story in pictures. "This provides an opportunity for all 4-H members to share and select photos," Zurcher said.

The "Special 4-H Photo Exhibit" will be a non-ribbon display of photos taken by 4-H members. The 4-H photo contributors will receive a green 4-H Photo Exhibit Medallion, provided by Kodak.

From the state exhibit up to four single photos and/or picture stories will be selected by a committee of 4-H members to be sent for display at the national 4-H Congress at Chicago.

Members of 4-H photography clubs learn how to select, care for and use a camera. Zurcher also said they learn to take attractive, interesting pictures that show good composition, sharp detail and good use of

light.

Adults interested in sharing their skills with youngsters may contact the 4-H Community Coordinator in their grade school area or the County Extension Office in Oregon City, phone 655-8635.

Sign-up Week for future 4-Hers is scheduled for the third week in September at the local grade schools.

Open kettle canning has limited use

A recent survey revealed that many people are employing the open kettle method of canning for the wrong kinds of food.

"This method is safe only for jams and jellies containing sugars," according to Mrs. Marilyn Lunner, Oregon State University Extension Home Economist for Clackamas County.

Open kettle canning involves packing cooked food into hot jars and sealing without additional heat processing.

Even though the jars and lids are sterilized before they are filled, microorganisms such as molds and yeasts in the air can easily come into contact with the jar, the lid and the food during the filling process. These organisms will grow in the canned food and cause spoilage.

"Worst of all, if meats, poultry, seafood, or vegetables are canned by the open kettle method, the bacteria that cause

botulism, an often fatal food poisoning, will not be destroyed," Mrs. Lunner said.

The open kettle method of canning is safe for use with jams and jellies because their high sugar content inhibits bacterial growth.

A boiling water bath should be used to process high acid foods such as fruits, tomatoes and pickles. A pressure canner is necessary to process low acid foods such as meats, poultry, seafood and vegetables.

Two attend convention

Sandy residents Florence J. Schmitz and Ruth Baumbach will be attending the Business and Professional Women's (BPW) National Convention in Louisville, Ky., during the next week.

The women, both active in Sandy BPW, will leave Friday.



SANDY ADVENTISTS will hold their annual Vacation Bible School Aug. 1-11. Those participating in the activities of the

summer session include (above) Linda Knofezynski, Donny Schaffer, Eddie Tupper, Carl Bakke and Annette Schaffer.

Adventists plan Bible School

Creation is the theme of the Sandy Seventh-day Adventist Vacation Bible School slated Aug. 1-11.

The session, which will go

from 6:30 to 8:30 p.m. each night, will be held at the Sandy church.

Vacation Bible School activities will include games, stories, songs, prizes, refresh-

ments and nature nuggets.

Children ages 4 to 12 years old are invited to attend the session. Call 668-6408 for more information.

Come to Church

| | |
|---|---|
| <p>COMMUNITY PRESBYTERIAN CHURCH</p> <p>Fellowship Worship 9:30 a.m. Sunday School 10 a.m. Morning Worship 11 a.m. Mid Week Prayer Service 7:30 p.m. Nursery Care During Worship</p> <p>PASTOR: Ed Neuenfeldt Church 668-4543 Manse 668-4594</p> | <p>IMMANUEL LUTHERAN CHURCH</p> <p>Morning Services 9 a.m. Sunday School 10:15 a.m. Adult Bible Class 10:15 a.m.</p> <p>A Cordial Welcome is Extended to All</p> <p>PASTOR FRANK KOEPEKE 668-6232 - Church</p> |
| <p>SERMON ON THE MOUNT</p> <p>Join with us in family worship, fellowship and joyful assurance in Christ's word. 10:00 AM each Sunday at St. John's Catholic Church.</p> <p>Pastor Paul Gross 253-7711</p> <p>Hoodland Lutheran Church</p> | <p>St. Jude's Episcopal Church</p> <p>Sunday Family Service 9:00 a.m. Nursing Home Service 10:45 a.m.</p> <p>39665 Scenic St. Sandy, Oregon Father Hoye 666-5107</p> |
| <p>St. MICHAEL'S CATHOLIC CHURCH</p> <p>Sat. eve Mass 7:30 p.m. Sunday Mass 10:00 a.m. - 6 p.m.</p> <p>St. Johns Catholic Church Welches, Oregon</p> <p>Mass 6 p.m. Sat., 8 a.m. Sun. Corner Strauss & Pleasant Sandy, Oregon Father Arata 668-4446</p> | <p>CASCADE VIEW COMMUNITY CHURCH (Kelso area)</p> <p>Sunday School 9:45 a.m. Morning Worship 11:00 a.m. Evangelist Service 6:00 p.m. Bible Study Wednesday 7:00 p.m.</p> <p>13050 Bobby Bruce Lane Pastor H.O. McAdams 630-3395</p> |
| <p>SANDY SEVENTH-DAY ADVENTIST CHURCH</p> <p>Proctor and University</p> <p>Sabbath School 9:30 a.m. Morning Service 11:00 a.m.</p> <p>You Are Welcome</p> <p>Pastor TERRY ZULL 668-7714 - Home 668-6144 - Church</p> | <p>SANDY BAPTIST CHAPEL</p> <p>38348 Pioneer Blvd.</p> <p>8:30 a.m. Early Morning Worship 9:30 a.m. Sunday School No. 1 10:45 a.m. Sunday School No. 2 11:45 a.m. 2nd Morning Worship 7:00 p.m. Family Life</p> <p>For other ministries call 668-4064 Ed Grable, Pastor</p> |
| <p>SANDY ASSEMBLY OF GOD</p> <p>SUNDAY SERVICES</p> <p>Sunday School 9:45 a.m. Morning Worship 11:00 a.m. Evangelistic Service 6:00 p.m.</p> <p>Family Night Wednesday . . . 7:00 p.m.</p> <p>Raymond Alcorn Church PASTOR Phone 668-4964</p> | <p>CHAPEL OF THE HILLS</p> <p>Temporary Location Mountain Grange Sleepy Hollow Rd.</p> <p>Sunday School 9:45 Worship 11:00 Evening Worship 6 p.m.</p> <p>Wed. Evening Service Thurs. Bible Study Call 622-3260 Pastor Jeff Brockway</p> |

Aglow Jewelry

\$13⁰⁰ each Refills Available

Grokkell Jewelry

38916 PROCTOR BLVD.
 SANDY, OREGON 97055
 668-6136