

Prices good Wed., April 20 thru Sat., April 23, 1977

Fred Meyer



California Seedless Navels

Oranges
10 lbs. \$1.00

Easy to peel. Now at peak of sweetness and flavor for salads, snacks and lunch box. **FREE Recipes.**



MY-TE-FINE Produce
"Fresher by Far"

California Artichokes
4 for \$1.00

The vegetable with nutty flavor. **FREE Recipes.**

Romaine, Leaf Lettuce and Butter Lettuce
4 bun. \$1.00

All garden fresh and crisp for flavorful and tempting salads. **FREE Recipes.**

Radishes and Green Onions
5 bun. \$1.00

Locally grown very mild and crisp.

Ruby Red Grapefruit
7 for \$1.00

From Rio Grande Valley, Texas. Sweet and full of juice.

Thick Orange Meated Cantaloupe
39¢ lb.

Sweet and tasty. Serve chilled for breakfast.

"Produce Item of the Week"

New Spring Crop

Leeks
49¢ bun.

Locally grown. Adds additional flavor to soups, stews and roasts. **FREE Recipes.**

'Plant Item of the Week'



Jade Plants

\$3.77 ea.
Reg. \$5.98

6" pot. Enhance the beauty of your home with this almost indestructible plant.

Save 37¢



Fred Meyer Brand MY-TE-FINE

Vegetable Oil

Reg. \$1.76 - 48 oz. bottle

\$1.39 First One

All Additional, Regular Price
Finest quality pure light oil, makes everything you cook taste better.

Compare To: Crisco Oil **\$2.19 ea.**
48 oz. bottle

Save 32¢



MD Bath Tissue

Reg. 95¢
4 roll pkg.

63¢ First 2 ea.

All Additional, Regular Price
Grocery Sections

Save 60¢ on 4



Sonny Boy Bread

Reg. 40¢

4 22½ oz. loaves \$1.00 First 4

All Additional, Regular Price
Good tasting economy bread. Ideal for everyday family meals.

Lucky Buck Sale

Save 40¢ on 4

Fred Meyer Brand MY-TE-FINE
Corn

Whole Kernel or Cream Style

Reg. 35¢ **4 16 oz. cans \$1.00**

Save 24¢ to 26¢ on 2

Lipton
Cup-a-Soup

• Tomato-3oz. • Chicken Noodle-1½ oz.
• Spring Vegetable-1.8 oz.
• Cream of Chicken-2.6 oz.
• Cream of Mushroom-2.3 oz.

Reg. 62¢ to 63¢ **2 for \$1.00**

Save 75¢ on 5

Fred Meyer Brand MY-TE-FINE Red
Kidney Beans

Dark or Light

Reg. 35¢ **5 15½ oz. cans \$1.00**

Save 44¢ on 8

Ivory Soap

Reg. 18¢

8 3½ oz. bars \$1.00

Grocery Sections

Bakery Savings



Tempting menu change.
Twisted for finest texture.

Our Finest Quality

Fred Meyer Brand MY-TE-FINE
Egg Twist Bread

Reg. 49¢ **43¢ ea.**
15 oz. loaf

Fred Meyer Brand MY-TE-FINE
Buttercrust Bread Reg. 59¢ **2 22½ oz. loaves \$1.00**

Homestyle loaf, richly flavored with sweet dairy butter.

Fred Meyer Brand MY-TE-FINE
Danish Rolls Reg. 95¢ Pkg. of 4 **79¢ ea.**

Lemon, raspberry, raisin or California butterhorns. A great snack any time of day.

Fred Meyer Brand Everyday Price
Vita-Bee Bread 22½ oz. loaf **56¢ ea.**
A great whole wheat loaf made with finest ingredients.

Fred Meyer Brand MY-TE-FINE
Banana Nut or Chocolate Cake

foil pan **99¢ ea.**
Reg. \$1.19
A delicious ready dessert to delight family or guests.