



TRAVELING MYCOLOGISTS (mushroom experts) Dr. Alan Maxwell and Carolyn Much collect mushrooms for research in preparation for "All About Mushrooms" workshop set for Oct. 30 at Mt. Hood Community College.

MHCC mushroom workshop planned

Contrary to popular belief, a mushroom is much more than a toadstool—at least according to traveling mycologist Dr. Alan Maxwell Much and his wife Carolyn.

Dr. and Mrs. Much are mushroom experts and harvesters. They follow the mushroom season throughout the Pacific Northwest to do research and teach workshops about mushroom picking. The couple will conduct a workshop at Mt. Hood Community College on Saturday, Oct. 30.

The mushroom is virtually "undiscovered not to mention a delicious food source" according to Much. He has spent the last five years researching the forgotten fruit.

The wild mushroom season reaches its peak in the fall.

The purpose of the workshop is to fill the mushroom educational void. Much contends that "the only thing we have ever learned about mushrooms is that they should be avoided." He said that only about one per cent of

mushrooms are poisonous although no one should eat any wild growing mushroom unless he is sure of its identification.

The Muches spend class time teaching people how to tell the difference between common local species, when and where to go hunting, and cooking and preservation techniques for mushrooms. The all-day workshop is designed to give people the confidence and understanding to recognize common local species of mushrooms.

Mrs. Much noted "we bring home 20 to 40 pounds of choice mushrooms on a good day. Many people consider mushrooms a health food because they are low in calories and cholesterol and at the same time, high in protein and vitamins, she added. A pound of mushrooms has only about 80 calories.

Those interested in signing up for the one-day "All about Mushrooms" workshop at Mt. Hood Community College can call 667-7422 for registration information.

Sandy firm donates trailer for auction

The 1976 OMSI Auction, Nov. 5-6, received a boost when Ambrose Cronin III auction chairman, took delivery of a \$7,000 deluxe Timberline travel trailer.

Donated by Florian Schuetz, vice president and general manager of Timberline Manufacturing, Sandy, the trailer is the single most valuable contribution to the auction.

The trailer is 24½ feet long and has accommodations for six people, fully equipped with built-ins for what Timberline calls "the possible dream."

Cronin, in accepting the keys

to the trailer, announced that donations now number more than 700, totaling \$175,000. The goal in donations is \$210,000. This total will be reached before the auction.

This will be the 17th year for the OMSI auction. All proceeds will be dedicated to supporting the educational and cultural programs sponsored by OMSI throughout the region.

Invitations for the \$100-per-couple formal auction Nov. 5 are in the mail, and anyone interested in reservations should call OMSI for information.

'Country Cousin' night held

"Country Cousin" night at Mountain View Eastern Star filled the hall Tuesday night, Oct. 12, with visitors from Gresham, Estacada and Troutdale.

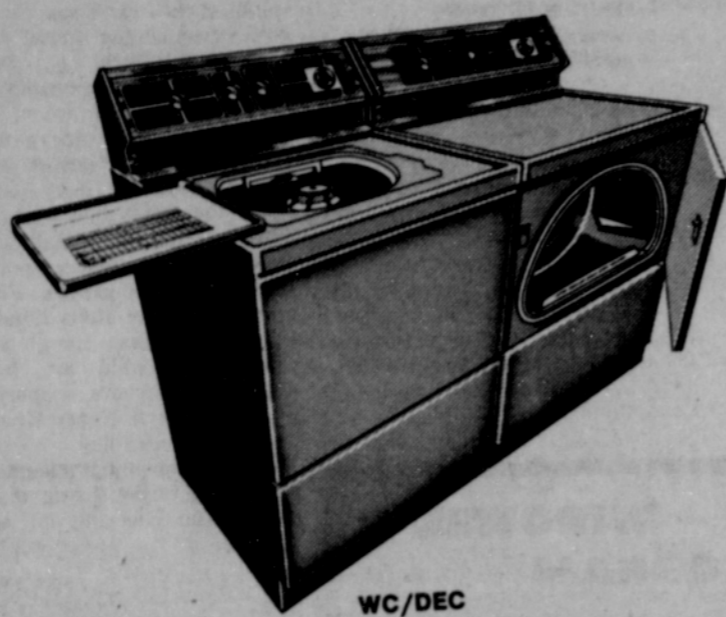
Also present were Mr. and Mrs. Alex Hergert of Portland. It was the official visit of Mr. Hergert, a member of the blood bank committee of Grand

Chapter. He discussed the necessity of donating blood, how much is needed daily in the Portland area and its importance to human life.

Entertainment was furnished by the boys and girls seventh and eighth grade chorus of Sandy Grade School. They were accompanied by their director, Karen Brisbin.

Buy now and save! For a limited time only we're passing along big discounts on some of our most popular Frigidaire appliances.

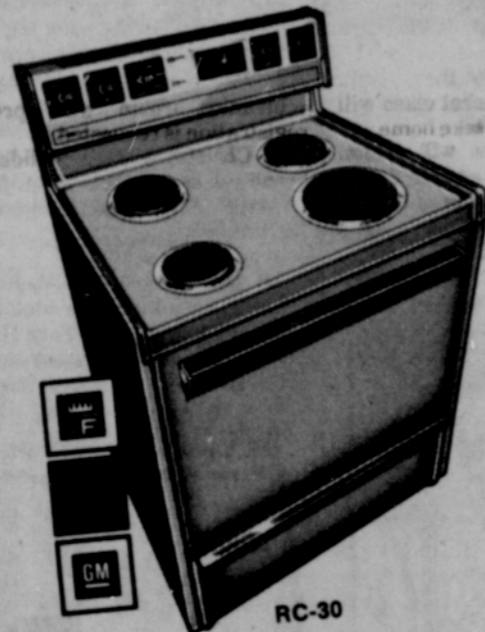
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WC/DEC

Frigidaire Heavy Duty Washer and matching big-capacity Dryer.

To help deliver dependable performance, this Frigidaire Heavy Duty Washer has a heavy duty motor and other components used in Frigidaire Commercial Washers. It keeps the shape and stretch in knits longer with the gentle wash action of the Frigidaire Knits cycle, helps keep wrinkles out of permanent press items with 3 Permanent Press Wash cycles. Team it up with the big-load drying capacity of the Frigidaire Dryer. It lets you dry as much as an 18-lb. load all at once, and provides tender care for everything from delicates to denims.



RC-30

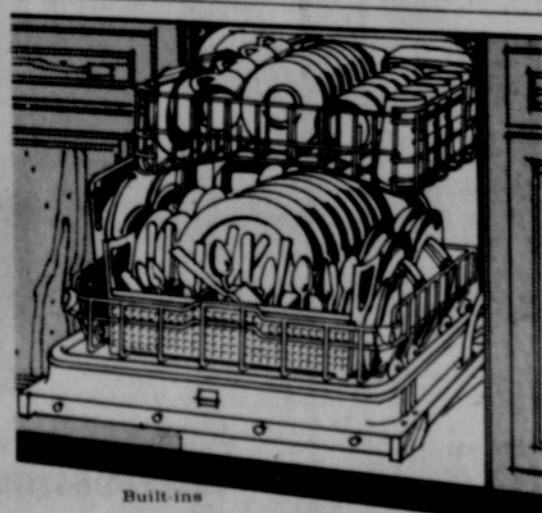
Enjoy an oven that can clean while it cooks. From Frigidaire.

Oven cleaning is less of a chore, thanks to continuous-cleaning side and back panels that begin reducing normal spatters to a presentably clean appearance during baking or roasting. And the panels remove for cleaning of heavy soil at the sink. The rest of the oven is easily accessible for normal cleaning thanks to an oven door that lifts right off and out of the way. This model also adds an easy-to-read clock and a handy minute timer to your kitchen without taking up an inch of wall or counter space.

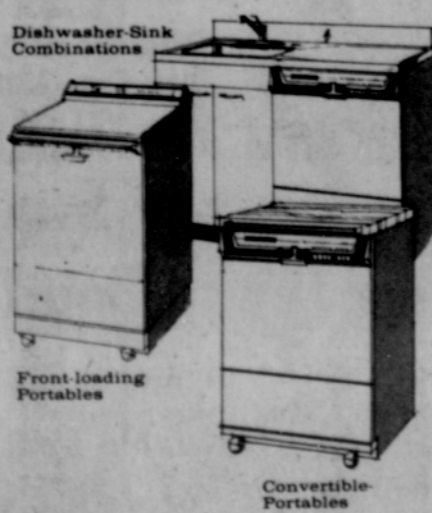
Manufacturer's Close-Out Sale!

We bought current model KitchenAid dishwashers—the brand dishwasher owners say is best—at special close-out prices. All new and in factory cartons. We're passing the savings on to you!

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Built-ins



Dishwasher-Sink Combinations

Front-loading Portables

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Big Savings! Great Values!



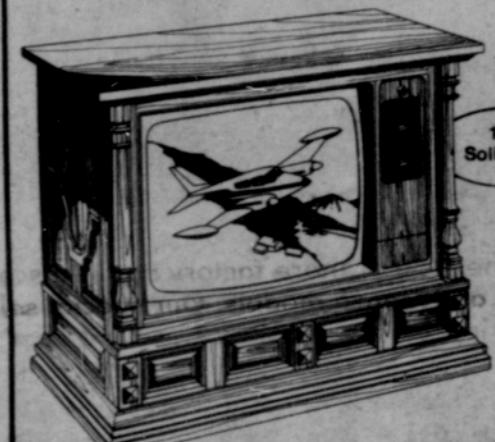
FPCI-170T-7

From Frigidaire
17.0-cu-ft of 100% Frost-Proof elegance. Ready for automatic ice when you are. **\$468** With trade

Teakwood trim and distinctive smoked onyx accents are elegant hints of convenience inside. Top-freezer has 4.75 cu. ft. with separate ice storage and a shelf. Automatic Ice Maker with exclusive Cube Level Control, can be added now or later (extra charge). Storage includes twin Vegetable Hydrators, Meat Tender, door compartments.



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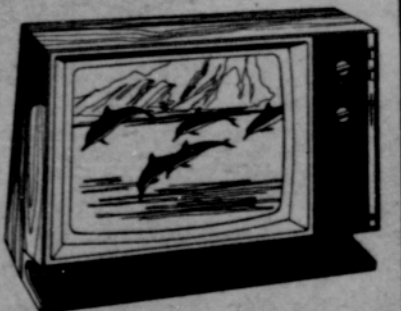
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RCM-6

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