



The Christian Sons

Christian Sons trio to perform Sunday

The Christian Sons, a male trio from the mountains of Western Colorado, will be featured in concert at the Sandy Assembly of God Church

on Sunday, Oct. 10, at 6 p.m. This group consists of brothers Dan, Wendel and Van Christenson. They will be accompanied on the piano by their mother, Elsie Christenson.

The Christian Sons have been involved in Christian music for more than two years and appeared throughout the nation in concerts, on TV, and at conventions and crusades, presenting Christ in song and word.

Sandy Assembly of God Pastor Raymond Alcorn has invited the public to attend.

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Come to Church

COMMUNITY PRESBYTERIAN CHURCH

Fellowship Worship 9:30 a.m.
Sunday School 10 a.m.
Morning Worship 11 a.m.
Mid Week Prayer Service 7:30 p.m.
Nursery Care During Worship

PASTOR: Ed Neuenfeldt
Church 668-4543
Manse 668-4594

SERMON ON THE MOUNT

Join with us in family worship, fellowship and joyful assurance in Christ's word. 10:00 AM each Sunday at St. John's Catholic Church.

Hoodland Lutheran Church

St. MICHAEL'S CATHOLIC CHURCH

Sat. eve Mass 7:30 p.m.
Sunday Mass 10:00 a.m. - 6 p.m.
St. John's Catholic Church
Welches, Oregon
Mass 6 p.m. Sat.; 8 a.m. Sun.
Corner Strauss & Pleasant
Sandy, Oregon
Father Arata 668-4446

SANDY SEVENTH-DAY ADVENTIST CHURCH

Proctor and University
Sabbath School 9:30 a.m.
Morning Service 11:00 a.m.
You Are Welcome
Pastor
WILLIAM RING
667-9092 - Home
668-6144 - Church

SANDY ASSEMBLY OF GOD SUNDAY SERVICES

Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Evangelistic Service 7:00 p.m.
Family Night
Wednesday 7:00 p.m.
Raymond Alcorn Church
PASTOR 668-4964

IMMANUEL LUTHERAN CHURCH

Morning Services 9 a.m.
Sunday School 10:15 a.m.
Adult Bible Class 10:15 a.m.

A Cordial Welcome is Extended to All

PASTOR FRANK KOEPKE

668-6232 - Church

St. Jude's Episcopal Church

Sunday Family Service 9:00 a.m.
Nursing Home Service 10:45 a.m.

39665 Scenic St.
Sandy, Oregon
Father Hoyer
668-4108

THE CHAPEL OF THE HILLS

Between Sandy and Brightwood
A Community Church without a membership
You Will Be Welcome!

Bible School 9:45 a.m.
Morning Worship 11:00 a.m.
Evening Worship 7:30 p.m.
Bible Study (Wed.) 7:30 p.m.
Thyra E. Strand, Minister
622-3260

SANDY BAPTIST CHAPEL

38348 Pioneer Blvd.
8:30 a.m. Early Morning Worship
9:30 a.m. Sunday School No. 1
10:45 a.m. Sunday School No. 2
11:45 a.m. 2nd Morning Worship
7:00 p.m. Family Life

For other ministries call 668-4064
Ed Grable, Pastor

MOUNTAIN COMMUNITY CHURCH

Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Tues. Bible Study 7:30 p.m.
Youth Meeting Wed. 7:00 p.m.

Pastor Jon Smith
Highway 26 Wemme
For Information 622-4486

Dinner without meat can be treat

Meatless meals don't have to lack life. On the contrary, many people swear by them. And the variety of yummys to be made is amazing. Salads, dressings, soups, sauces, vegetables, nuts and bean dishes, fruits, and main dishes. There are even meatless burgers.

A surprise casserole will warm up anyone's stomach during winter months.

Poached Egg Casserole

3 onions
3 green peppers
1/2 head cabbage
3 cloves garlic
3 to 4 tomatoes
Olive oil
Salt and pepper
4 to 6 eggs
1/2 cup grated cheddar cheese

Slice or dice onions and pepper. Cut cabbage in thin shreds. Cut tomatoes into wedges or slices. Start by frying the onions in olive oil with garlic. Add peppers and cabbage. When these have softened, add tomatoes (or tomato sauce) and cover. Cook gently for several minutes.

Season and place in greased casserole. Make four to six hollows in the surface and break an egg into each. Sprinkle with cheese and bake until the egg sets, about 10 to 15 minutes.

Be sure ingredients are hot before baking, as they will not heat through in the time it takes for the eggs to set. Serves four.

A bean salad for eight uses garbanzo beans.

Garbanzo Bean Salad

2 cups cooked garbanzo beans
2 stalks celery
1 green pepper
1 dill pickle
Red radishes
Tomatoes
1 carrot
Green onion
Parsley
1/2 cup olive oil
One-third cup wine vinegar or lemon juice
Mix the olive oil and vinegar and combine with hot beans, or heat it with the beans for deeper penetration. Some beans can be mashed and mixed with the dressing. Cool.

Cut tomatoes in wedges and other vegetables into thin pieces or chop, grate or mince. Add to the beans at anytime, reserving the tomato wedges and some of the others for garnishing.

'Willis' luncheon set by Rebekah Lodge

A "Willis" Luncheon Party has been scheduled by the Sandy Rebekah Lodge for noon on Friday, Oct. 29, in the Sandy Odd Fellows Hall.

Tickets for the fund raising event must be reserved in advance and may be obtained by calling Julia Latimer at 668-6295. A three course meal will be provided during the banquet style luncheon.

Other coming events at the lodge include the visitation of the president of the Rebekah Assembly of Oregon, Elvina Mellinger, on Oct. 14 at the regular meeting of the group.

A district meeting for the organization will be held at the Shamrock Rebekah Lodge on Saturday, Oct. 16, at 10 a.m. Those who will be attending from the Sandy lodge include Maude Johnson, Adela Reckmann and Julia Latimer.

Several members from the

Sandy lodge plan to attend "Honor Night" at the Boring Rebekah Assembly on Oct. 21. On that evening the women will honor Helen Gottman, warden, and Joan Blatter, secretary, of the Rebekah Assembly of Oregon.

The Sandy Rebekah lodge has taken on the monthly project of providing activities for local rest home residents at the Sandy Senior Center.

The rest home residents were recently entertained by Oliver Creswick, grand master of Oregon Odd Fellows, who performed several vocal pieces and led a sing-a-long. The group also helps serve Loaves and Fishes meals at the Sandy Senior Center twice a month.

The lodge has reserved a table for the Flea Market which will be held Nov. 5-6 for the benefit of the Sandy Golden Age Club at the Odd Fellows Hall.

Onion fans will love this basic onion soup.

Onion Soup

4 cups water or soup stock
2 1/4 to 3 cups onions
4 tablespoons flour
Salt and pepper
Soy sauce
Oil

Slice onions thinly and saute until they begin to brown for 15 to 20 minutes. Use butter or oil for frying. Olive oil or corn germ oil gives added flavor.

Sprinkle flour over onions and mix in. Cover and steam for 5 to 10 minutes, opening to stir once or twice.

Add the heated water or stock. Scrape the frying pan with some of the soup liquid and return to soup. Season with salt, soy sauce and pepper.

Simmer for at least half hour to develop flavor. Correct seasoning and serve. Some people like the soup the day after it is made.

Variations include adding butter or cream before serving, adding wine or brandy, sprinkling Parmesan cheese as a garnish or adding croutons sauteed in olive oil and garlic.

Meatless main dishes such as fried noodles, rice, eggplant, or vegetable burgers deserve a good sauce.

Sweet and Sour Sauce

3/4 cups water, soup stock or tomato juice
1/4 cup sugar (honey, molasses or brown sugar)
1/4 cup vinegar
1 1/2 tablespoons cornstarch dissolved in 1/4 cup cold water

Sandy Senior Center

Planning meeting slated for future Center trips

The Bible Study class will meet on Monday morning from 10-11 a.m. beginning Oct. 11.

The Swine flu clinic will be held Tuesday, Oct. 12, from 2-4 p.m. at the center. Anyone 65 and older is eligible. A \$1 donation is requested.

Anyone who is allergic to eggs should not have the shot. Also, those who are ill or have had a fever within two days of the clinic should not receive the vaccine.

Registration is open for the trip to Peterson's Rock Garden on Oct. 18 and for the trip to KOIN Kitchen on Oct. 26. Further information is available at the Center.

Have some ideas for trips? Come and share them with the Senior Center staff on Wednesday, Oct. 13, at 11 a.m. A tentative schedule for November, December and January trips will be made at the meeting.

The Guys and Dolls met every Wednesday afternoon at the center during September.

The month began with a trip to Multnomah Falls. The Rebekahs, who were the host organization, invited Oliver Creswick, Grand Marshall of the Odd Fellows to lead the group in singing at the center following the trip.

On Sept. 8 the Sandy Garden club began the program with a sing-a-long led by Howard Berger. This was followed by travel slides of Oregon and Washington shown by Marge Jacoby.

The Presbyterian women entertained on Sept. 15.

Gretchen Casey and Marge

Actors to visit

Two area schools will be visited by actors from the Oregon Shakespearean Festival during October.

The actors will perform at Dexter McCarty Middle School, Gresham, on Oct. 20. Adrienne Bartel arranged for the visit.

Sandy Union High School will be host to the actors Oct. 21. Margaret M. Trachsel is in charge.

Jacoby showed pictures of the center, the Roslyn Lake picnic, the Oregon Coast and the Winston Safari on Sept. 22. This was followed by a game of bingo.

The Assembly of God women sponsored the monthly birthday party on Sept. 29. The program opened with a tape of the National Gospel Quartet Convention brought by Bernice Osterback. Refreshments and the birthday party followed. Members of the Spade Club from Sandy High School also helped with the program.

Servers included Jody Parsons, Susan Wilson, Patti Hills, Janet Baires and Kim Purvis.

The monthly program for October is listed below:

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OCTOBER
7-Open recreation
8-Quilting and piecing
11-Pinocle
12-Free blood pressure, swine flu clinic

Soy sauce
Pepper or Tabasco
Garlic
Ginger
Dark sesame oil
Worcestershire sauce
Heat water with sugar and vinegar. When boiling, stir in dissolved cornstarch.
Season with soy sauce and pepper or Tabasco sauce.
The other seasonings are optional. Use the sauce sparingly, it is potent.

There are several reasons for trying a soy burger. One person might be a vegetarian. Another might not be able to afford hamburger. Still another just might be curiousity.

Soyburgers

2 cups mashed, or blended cooked soybeans
1 cup cooked rice
1 onion
1 carrot
1 stalk celery
Salt and pepper
2 cloves garlic
Thyme
Dill weed
2 eggs
1/2 cup wheat germ
Cut the vegetables finely—mince or grate. Add to the rest of the ingredients. Add more wheat germ if the mixture is not stiff enough to make patties.
Fry on both sides until well browned. The patties could also be baked or broiled. Turn once and brown both sides. Serve with white or brown sauce.

These recipes come from "Tassajara Cooking," a vegetarian cook book by Edward Espe Brown.

1 p.m. - 3 p.m. quilting and piecing
1 p.m. - 4:30 p.m. drop-in
Saturday and Sunday
Oct. 9 and 10

Closed
Monday
Oct. 11

8:30 a.m. - 11:30 a.m. drop-in
10 a.m. - 11 a.m. Bible study
11:30 a.m. - 1 p.m. Loaves and Fishes
1 p.m. - 3 p.m. pinocle
1 p.m. - 4:30 p.m. drop-in

Tuesday
Oct. 12

8:30 a.m. - 11:30 a.m. drop-in
11:30 a.m. - 1 p.m. Loaves and Fishes
2 p.m. - 4 p.m. Swine flu clinic
1 p.m. - 4:30 p.m. drop-in

Wednesday
Oct. 13

8:30 a.m. - 11:30 a.m. drop-in
9:30 a.m. - 11 a.m. Tattling class
11:30 a.m. - 1 p.m. Loaves and Fishes
1:30 p.m. - 3:30 p.m. Guys and Dolls
1:30 p.m. - 4:30 p.m. drop-in

Camp-Mathieu wedding performed at Oral Hull

The Oral Hull Gardens of Enchantment in Sandy was the setting for the Sept. 14 wedding of Donald L. Camp and Marcia L. Mathieu.

The double ring ceremony was performed by David Traxler, minister at the Gresham Church of Christ. Vi Hodgdon was organist and Carol Laughlin was soloist for the wedding.

The bride wore a white gown with pink and burgundy trim and carried a bouquet of carnations and rose buds. Cathie Myers, Woodburn, was honor attendant. Mary Opfer of

Seattle, Wash., was bridesmaid and Laura Mathieu of Portland was the junior bridesmaid.

The honor attendant and bridesmaid wore burgundy gowns and the junior bridesmaid wore a pink gown with a lace bodice. They carried baskets of pink carnations and red rose buds.

Robert Camp of Mapleton served as best man. Art Camp and Skip Mathieu, both of Portland, were ushers.

A buffet dinner reception at Rainbow Lodge in the park followed the ceremony. It was catered by Lazlo Emery and

John Pederson. Serving cake were Dani Boyles and Dorothy Teeter.

Sharon Walker poured coffee and tea and Delta Boyles served punch.

Diane Aronson was in charge of the guest book and Christie Teeter took care of the gifts.

The bride is the daughter of Mr. and Mrs. C. A. Heman of Sandy and the bridegroom is the son of Mr. and Mrs. Arthur Camp of Portland.

The couple will make their home in Tempe, Ariz., following a trip to the Oregon coast.

'Soups On' demo set at CCC

A free demonstration on home made soups for homemakers, school cooks and others will be held at Clackamas Community College Tuesday, Oct. 12.

"Soups On!" is the title of the program which will be held at 3 p.m. in the college's Community Center Building, room 117.

Chef Chuck Miles will explain

economical ways to make soups. Information about the program is available from the college's home economics office, 656-2631, ext. 264.

St. Jude's delegates to attend

St. Jude's Collegiate Church (Episcopal) in Sandy will send two delegates to the fall meeting of the Metro-East Convocation Council. The council will meet in St. Michael's WVF and All Angles Church in Portland, on Sunday,

Oct. 10 at 3 p.m.

John Oscarson, member of St. Jude's Bishop's Committee, and Father Orlo Hoyer, priest in charge of the church, will assist in the preparation of plans for the approaching Diocesan

convention.

This semi-annual Council meeting is of particular interest to Sandy residents, since matters of concern to all of the churches of the community will be discussed.

Workshops scheduled

Two different workshops for school personnel and students will be held at Mt. Hood Community College Friday, Oct. 8.

The Oregon Association of

School Counselors will sponsor a workshop in the Art Mall Theatre.

High school drama coaches and Thespian Club presidents

will meet in the MHCC Theatre Arts Department for workshops and lectures.

The workshops will be sponsored by the Oregon Theatre Arts Association.

IN MEMORY
SALLY KRISTOFF
December 11, 1905
October 2, 1976

Graveside services were held Wednesday October 6, 1976 at Firhill Memorial Cemetery.

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