

Tony Cramer was a finalist

Party meat roll takes beef recipe honors

Tony Cramer, Sandy, was a finalist for the Oregon Beef Cook-off. But Mary Wimberly of Eugene added a party twist, a dash of oregano and some creativity to an Oregon favorite food to capture top honors Thursday in the second annual contest.

According to Mrs. Ted Hyde, Bly, president of the Oregon CowBelles, sponsors of the event, she has won a side of beef, plus an all-expense paid trip to Salt Lake City to participate in the National Beef Cook-off in September.

Mrs. Wimberly's entry, called Party Meat Roll, was judged best from among nearly 100 entries received from throughout the state. Ground beef, eggs, mozzarella cheese and tomato juice were featured in the winning entry.

Mrs. Maxine McCabe of Newberg placed second with "Hamburger Bologna," featuring ground round, mustard seed and garlic powder.

Final judging for the event

took place at Portland Community College's Sylvania campus. Judging the effort were Geneva Jones, Home Economist for Pacific Power and Light; Elizabeth Gillenwater, Food Editor for the Oregon Journal and Barbara Harris, a Portland free-lance Home Economist.

All entrants in the contest were judged on the taste, appearance and originality of their recipes. The four other finalists included Cramer, Violet Beech of Portland, Grace Grant of Arlington and Mrs. Wayne Gripp of Springfield. The Oregon Beef Cook-off program is sponsored and coordinated by the Oregon CowBelles and the Oregon Beef Council. Chairman for the 1976 Cook-off was Mrs. Myron Miles of Baker.

Party Meat Roll
2 beaten eggs
¾ cup soft bread crumbs
½ cup tomato juice
2 Tablespoons snipped parsley
½ tsp. crushed oregano

¼ tsp. salt
½ tsp. pepper
1 small garlic, minced
2 lbs ground beef (very lean)
8 thin slices boiled ham
6 oz. (1½ cup) shredded mozzarella
Cheese, halved diagonally
Combine eggs, bread crumbs, tomato juice, parsley, oregano, salt, pepper and garlic. Stir in ground beef, mixing well. On foil or wax paper, pat meat to a 12X10 inch rectangle. Arrange boiled ham slices on top of meat mixture, leaving small margin around edges. Sprinkle shredded cheese over ham.

Starting from short end, carefully roll up meat, using foil to lift, seal edges and end by pinching together.

Place meat roll, seam side down in baking pan. Bake at 350 degrees for 1 hour and 15 minutes. Place cheese wedges over top of roll. Return to oven for 5 minutes to let cheese melt. Makes 8 servings. (Also makes very good sandwiches when cold.)



"BEEFY BARLEY tomato soup" was finalist Tony Cramer's entry in the 1976

Oregon Beef Cook-off, held at Portland Community College's Sylvania campus.

Sandy Senior Center news

Scandinavian Festival trip set by Center

Registration is now in progress for several upcoming Sandy Senior Center trips.

On Aug. 13, the center will sponsor a trip to the Scandinavian Festival in Junction City. Then, on Aug. 19, there will be a trip to the Clackamas County Fair. Sept. 7-8 the center will sponsor an overnight excursion to Diamond Lake and Crater Lake.

Fall classes will be planned in September. Those having class suggestions or wanting to volunteer as an instructor may contact Kris Patterson at 668-5569.

Juice glasses are needed for the Sandy Loaves and Fishes program. These may be dropped by the center, located at 38885 Pioneer Blvd.

Each Wednesday afternoon from 1:30 - 3 p.m. during the month of July, the Guys and Dolls met at the center. This group is made up of patients from Sandy area rest homes. Each week this group is entertained by a different group of volunteers.

On July 7 the Rebecca ladies took charge and Julia Latimer

showed slides.

Then on July 14, guests from Bannauks, Orchard Crest and Mt. Hood Center rest homes were taken to the Portland Zoo. Their trip was made possible by the large bus from the Assembly of God Church and their driver, Evelyn Proctor. Nursing home aides and Sandy Garden Club members guided the trip. Each home furnished sack lunches for their group.

Making wind chimes was the project July 21. The Presbyterian ladies helped the senior citizens make chimes from driftwood, fishline, beads and orange juice lids.

The Assembly of God ladies were the hostesses for the July 28 party for those with July birthdays. The program began with a sing-along and was followed by a slide show and bean bag game.

Then Bernice Ostervick read an article on the Statue of Liberty and gifts were given to the birthday guests.

Sandy Senior Center Program
Aug. 5-11
Thursday
Aug. 5

8:30 a.m. - 11:30 a.m. drop-in
11:30 a.m. - 3 p.m. Loaves and Fishes

3 p.m. - 4:30 p.m. drop-in
Friday
Aug. 6

8:30 a.m. - 11:30 p.m. drop-in
11:30 a.m. - 1 p.m. Loaves and Fishes

1 p.m. - 4:30 p.m. drop-in
Saturday and Sunday
Aug. 7 and 8

Closed
Monday
Aug. 9

8:30 a.m. - 11:30 a.m. drop-in
11:30 a.m. - 1 p.m. Loaves and Fishes

1 p.m. - 3 p.m. pinocle
1 p.m. - 4:30 p.m. drop-in
Tuesday
Aug. 1

8:30 a.m. - 11:30 a.m. drop-in
11:30 a.m. - 1 p.m. Loaves and Fishes

1 p.m. - 4:30 p.m. drop-in
Wednesday
Aug. 11

8:30 a.m. - 11:30 a.m. drop-in
11:30 a.m. - 1 p.m. Loaves and Fishes

1:30 p.m. - 3:30 p.m. Guys and Dolls

1:30 p.m. - 4:30 p.m. drop-in

from page 1

Crucial budgets

"This is equal to a 6.6 per cent reduction in the tax to be levied."

Mrs. Lundy said the \$13,920 reduction was made by eliminating teachers' aides who were employed on a part-time basis and by rescheduling one coach's working hours to include after-school coaching.

"The proposed levy is to maintain education standards at the present required cost increases, to upgrade the faculty and staff salaries in accordance with school board-personnel agreements, and to provide adequate maintenance of the physical plant."

Mrs. Lundy says if the budget is defeated a second time, the school will

continue to operate on total resources in the amount of \$195,802 until a board decision is made regarding a next budget vote.

"This budget covers the bare essentials," Mrs. Lundy told the Post.

"Based on total district assessed valuation, if it was a 20 per cent increase, our tax rate per \$1,000 would be an estimated \$14.20, she said.

This would be 11 cents less per \$1,000 than the rate for 1975-76.

The district properties have recently been reassessed and there is no way we can find out the exact figures, said Mrs. Lundy.

Horse show scheduled

The annual All Walking Horse Show and Futurity will be held Saturday and Sunday, Aug. 14-15 at Mt. Hood Stables, Boring.

The charity show will feature exhibitors from Oregon,

Washington and California. Proceeds will go to the Oregon State University Animal Research Center.

Roy Davis, Calhoun, Ga., will be the judge. He is an AAA rated judge and an owner and breeder of Tennessee Walking

horses. Davis recently judged the National Celebration in Shelbyville, Tenn., and the Montgomery, Ala., show.

The event will be sponsored by the Tennessee Walking Horse Exhibitors Association of Oregon.

Bride wears mother's dress

Kimberly A. Olsen wore her mother's dress and grandmother's antique necklace for her July 4 wedding to Vernon L. Keen.

The ceremony was performed at Timberline Rim by the Rev. Carl Wright of Wemme.

The bride is the daughter of Mr. and Mrs. Harold Olsen of Boring, and the bridegroom is the son of Mr. Earl Keen, Jr., Welches, and Mrs. Zoann Keen

of Greene, Iowa. Peggy Wilson, maid-of-honor, wore a green dress. Jim Willins, best man, wore a blue suit.

The ring bearers were Julie and Jennifer Logston.

Both the bride and bridegroom are 1976 graduates of Sandy Union High School. After a trip to the Inn at Spanish Head, the couple will live in Welches.



Mr. and Mrs. Vernon L. Keen
(Kimberly A. Olson)

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Witnesses begin work on center

Work will begin this week on a new convention center for Jehovah's Witnesses at Woodburn, according to local church spokesman Marty Akin, Wemme.

The "Willamette Valley Assembly Hall of Jehovah's Witnesses" will be a stucco over steel structure with 1,850 seats in the main auditorium and connected to a cafeteria building by a covered arcade.

"Some 90 congregations of Jehovah's Witnesses in western Oregon and southern

Washington will be served by this convention hall which will be built entirely by volunteer craftsmen from this area at a cost of \$468,000 for material alone. Several persons from

Wemme church slates film

Mountain Community Church, Wemme, will show the film, "Where the Waters Run," this Saturday and Sunday at 7 p.m.

The film was produced by Moody Institute of Science and

this congregation will share in the building work," Akin said. Completion date of the educational center is scheduled for December, 1976.

is taken from Dr. George Sweeting's Sermons from Science.

The public is invited to attend the showings of the film. There will be no charge.

Contest Finale

That's all, folks! The National Chevrolet 107 day Sales Contest ends today, August 5th and by golly, we won! Thanks to our loyal customers.

Long ago we ordered super heavy in order to have enough inventory to win, and would you believe, we still have much surplus inventory for this time of year. Because of this, we will consider a more marginal deal than normal to sell out all of our 76 model cars and trucks before the 1977's come in.

Unfortunately the 1977 models will be at least 6% higher which could mean a \$500 or more increase. Also, the only 77 Chevrolet models that will be changed will be the Caprice and Impala cars and station wagons. The big Chevrolet will now be smaller and lighter because of governmental demands. All other cars and trucks will be the same - except for the much larger price.

Right now - Carlson Chevrolet in cooperation with Chevrolet Motor Division - can offer you an additional \$100 savings for a limited time on all new 76 Vegas, Monzas, Chevettes and LUV trucks. Plus an additional special "Spirit of 76" factory discount on Vegas and Monzas. On Novas we can save you an additional \$150 factory bonus on several models in stock and we still have factory savings of \$188 on certain "Bonanza" model pickups.

We knock our lights out to find ways to save you \$555 on Chevrolet Motor Division - then we offer you our lowest possible price. Your new Chevrolet, unfortunately, will never cost you less than right now at Carlson Chevrolet and your present car in trade will never be worth more. So - for a good deal and a good deal more, come see us now at

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