

What's cooking?

# Soy sauce casserole

By Sara Sewell

**Soy Sauce Casserole**  
 1 lb. hamburger  
 2 medium chopped onions  
 1 cup celery  
 1 cup warm water  
 1 can cream of chicken soup  
 1 cup cream of mushroom soup  
 1/2 cup uncooked rice  
 1/4 cup soy sauce  
 1/4 teaspoon pepper  
**No Salt**  
 Brown meat until crumbly, then add rest of ingredients. Bake in greased casserole 30 minutes covered, then 30 minutes uncovered. Cover with crisp Chinese noodles and bake uncovered 15 minutes. Total time 75 minutes at 375 degrees. Serves 12 - From the files of Mrs. Hugh Bronson, Portland.

**Orange Pork Chops or Pork Steak**  
 4 center cut loin pork chops 1" thick  
 Salt and pepper  
 Paprika  
 3 to 4 tablespoons water  
 5 tablespoons granulated sugar

1 1/2 teaspoons cornstarch  
 1/4 teaspoon salt  
 1/4 teaspoon cinnamon  
 10 whole cloves  
 2 teaspoon grated orange rind  
 1/2 cup orange juice  
 4 halved orange slices  
 Generously sprinkle both sides of chops or pork steak with salt, pepper and paprika. Cook until golden brown on both sides - 15-20 minutes. Spoon off grease as it accumulates. When well browned, turn heat low. Add water. Cover skillet tightly; cook chops 45 minutes to 1 hour or until fork tender and well done, turning several times during cooking. (You may use your crock pot and cook four hours on high). About 20 minutes before chops are done, make orange glaze; in saucepan combine sugar, cornstarch, salt, cinnamon, cloves, orange rind and juice, stirring and heating until thickened and clear. Add orange slices, cover pan, remove from heat. Serve chops with a spoonful of glaze on top, garnish with orange slices. This is very good served with white and wild rice, and peas with onions. If desired, one may double the sauce recipe and pass it to be served over the rice. - From the files of Ms. Kerry Fix, San Bernardino, Calif. Given to me by Connie Verdoorn who served it at a delicious Mother's Day Dinner last Sunday.

**Copper Penny Salad**  
 Delicious!  
 2 lbs. carrots, peeled and sliced in rounds, cooked until just tender. Cool.  
 1 green pepper, diced thin  
 1 sweet onion, diced or chopped  
 1 (10 1/2 oz.) can tomato soup  
 1 cup salad oil  
 1 teaspoon salt  
 1 cup sugar  
 3/4 cup vinegar (scant)  
 1/2 teaspoon pepper  
 1 teaspoon prepared mustard  
 1 teaspoon Worcestershire sauce  
 Combine soup, oil, salt, sugar, vinegar, pepper, mustard and Worcestershire sauce. Mix well and pour over vegetables. Marinate overnight or for several hours in refrigerator. Serve on lettuce leaf as a salad, or in a dish as a vegetable. Keeps for ages but makes a large amount. This is great to serve at a buffet dinner, or take to a pot-luck dinner. If you make it just for your family, share some with a couple of neighbors. Serves 8-10. - From the files of Mrs. Melva Bahe, Sandy. She got it in Southern California.

**Pear Cake**  
 1 cup Wesson oil  
 2 cups sugar  
 3 cups flour  
 2 teaspoons vanilla  
 3 cups chopped pears or apples  
 2 eggs  
 1 teaspoon soda  
 1 teaspoon salt  
 1 cup nuts  
 Mix all ingredients well. Add pears or apples last. Bake at 350 degrees for 50 minutes in a 9" x 13" greased pan.

**Huckleberry Cake**  
 Instead of 2 cups of white sugar, use 1 white and 1 brown. Use 4 cups of frozen huckleberries. Blueberries may be used. - From the files of Mrs. Hugh Bronson, Portland.



MRS. BRUCE R. KEEP  
 (Cynthia A. Page)

## Women's Awareness conference at MHCC

"What Women Want and Where They Are Going" will be the subject of a lecture by Dr. Naomi Weisstein Thursday, May 13, at Mt. Hood Community College. Weisstein is the author of "Psychology Constructs the Female" and is a professor of psychology at the University of New York in Buffalo, N.Y. She has been active in the women's movement, particularly in her own field of psychology.

The lecture will be held in the Studio Theater. There is an admission charge. The lecture is part of the Women's Awareness Week which will run through May 14 at the college. The week of activities will focus on the feminine potential in the fields of business, politics and the arts.

Workshop activities began Monday with a dramatic presentation by the Family Circus entitled "Who Stole the Umbilical Cord?" Tuesday activities centered on women in politics and

featured a noon panel of speakers in the Town and Gown Room. Women in business were to be highlighted Wednesday and will again include a panel featuring local business women in LB 110.

Thursday activities will include the talk by Dr. Weisstein and "Women On Their Way," a panel discussion at noon in LB 110. The film "Pack Your Own Chute" will be shown at 2 p.m. in the Art Mall Gallery.

Friday will focus on the activities of "Women in the Arts." Poetry readings by students, staff and community women will begin at noon in LB 110.

"Never Give Up Imogen Cunningham" will be shown in Room 28 of the Art Mall. Mrs. Cunningham was in her 90s when the film was made and began shooting pictures in the early 1900s.

All of the activities during the week will be open to the public and admission is free with the exception of Weisstein's lecture.

## Communion scheduled

The annual "Corporate Communion" of the Mt. Hood Court 1194, National Catholic Society of Foresters, will be held at 11:30 a.m. Sunday at St. Henry Catholic Church.

There will be a pot-luck luncheon in the Parish Hall following the service.

## Cynthia Page carries grandmother's Bible

Cynthia A. Page carried her grandmother's Bible when she was married to Bruce R. Keep March 20 at Damascus Community Church.

The candlelight double ring ceremony was performed by David A. Whiting.

Trina VanCamm was the organist. Keri Swanson was the soloist.

The bride wore a white satin gown with chiffon overlay. Her veil was cathedral length.

She carried azaleas and daisies.

Linda McBroom, Boring, was the honor attendant.

Gale Ruegg and Yvonne

McCall, Boring, sisters of the bride, were bridesmaids, along with Carol Drake, Damascus.

Steven Keep, Portland, was his brother's best man.

Ushers were Les Wiese, Portland, and Nick Ruegg and David Wheeler, Boring.

Assisting at the church reception were Mrs. Steven Keep, Mrs. Pat Mattman, Mrs. Raymond Fletcher and Mrs. Howard Page.

Kathy Lindstrom was in charge of the guest book.

Special guests were William Page, the bride's grandfather and Mr. and Mrs. Glen Sanford.

After a wedding trip to Kah-

Ne-Tah, Bend and the Oregon and Washington Coasts, the couple is at home in Boring.

The bride, daughter of Mr. and Mrs. Elzie R. Page, 13451 SE Wiese Rd., Boring, is a 1972 graduate of Sam Barlow High School.

The new Mrs. Keep attended Mt. Hood Community College. She will attend Oregon College of Education.

The bridegroom, son of Mr. and Mrs. Ludel Keep, 14327 SE Wiese Rd., Boring, was graduated from Gresham High School in 1964. He is employed by Precision Cast-Parts, Inc.



PLANTING A FLORAL flag as a gift to the community for the Bicentennial of our country are left to right Paula Heaton, Sandy Warner, Pauline Moore and Pebbles Moore. The girls are representatives of area Camp Fire Girls and Bluebirds.

City crews cleared the spot for the plantings and the girls are hopeful the red, white and blue petunias will be in full bloom for the Fourth of July. (Post photo)

**BRANDS Christian Books**  
 BOOKS  
 GIFTS  
 MUSIC  
 665-7717  
 18449 S.E. STARK (ACROSS FROM G.L. JOE'S)

**FULL GOSPEL FELLOWSHIP**  
 Sunday Evening Services  
 6:30 p.m. - Prayer & Praise  
 7:00 p.m. - Singing, Sharing, Teaching  
**Lion's Club Meeting Room**  
**Wemme, Oregon**  
 Robert Stricker, Pastor and Teacher

**Come to Church**

**COMMUNITY PRESBYTERIAN CHURCH**  
 Fellowship Worship 9:30 a.m.  
 Sunday School 10 a.m.  
 Morning Worship 11 a.m.  
 Mid Week Prayer Service 7:30 p.m.  
 Nursery Care During Worship  
 PASTOR: Ed Neuenfeldt  
 Church 668-4543  
 Home 668-4594

**IMMANUEL LUTHERAN CHURCH**  
 Morning Services 9 a.m.  
 Sunday School 10:15 a.m.  
 Adult Bible Class 10:15 a.m.  
 A Cordial Welcome is Extended to All  
 PASTOR FRANK KOEPKE  
 668-6232 - Church

**SERMON ON THE MOUNT**  
 Join with us in family worship, fellowship and joyful assurance in Christ's word.  
 10:00 AM each Sunday at St. John's Catholic Church.  
 Hoodland Lutheran Church

**St. Jude's Episcopal Church**  
 Nursing Home Service 8:30 a.m.  
 Sunday Family Service 9:30 a.m.  
 39665 Scenic St.  
 Sandy, Oregon  
 668-4108

**St. MICHAEL'S CATHOLIC CHURCH**  
 Sat. eve Mass 7:30 p.m.  
 Sunday Mass 10:00 a.m. - 6 p.m.  
 St. Johns Catholic Church  
 Welches, Oregon  
 Mass 5:30 p.m. Sat.; 8 a.m. Sun.  
 Corner Strauss & Pleasant  
 Sandy, Oregon  
 Father Arata 668-4446

**THE CHAPEL OF THE HILLS**  
 Between Sandy and Brightwood  
 A Community Church without a membership  
 You Will Be Welcome!  
 Bible School 9:45 a.m.  
 Morning Worship 11:00 a.m.  
 Evening Worship 7:8-15 p.m.  
 Bible Study (Wed.) 7:30 p.m.  
 Thyra E. Strand, Minister  
 622-3260

**SANDY SEVENTH-DAY ADVENTIST CHURCH**  
 Proctor and University  
 Sabbath School 9:30 a.m.  
 Morning Service 11:00 a.m.  
 You Are Welcome  
 Pastor  
 WILLIAM RING  
 667-9092 - Home  
 668-6144 - Church

**SANDY BAPTIST CHAPEL**  
 700 Pioneer Blvd.  
 8:30 a.m. Early Morning Worship  
 9:30 a.m. Sunday School No. 1  
 10:45 a.m. Sunday School No. 2  
 11:45 a.m. 2nd Morning Worship  
 7:00 p.m. Family Life  
 For other ministries call 668-4064  
 Ed Grabie, Pastor

**SANDY ASSEMBLY OF GOD**  
 SUNDAY SERVICES  
 Sunday School 9:45 a.m.  
 Morning Worship 11:00 a.m.  
 Evangelistic Service 7:00 p.m.  
 Family Night  
 Wednesday ... 7:00 p.m.  
 Raymond Alcorn Church  
 Phone 668-4964  
 PASTOR

**Mt. Hood Bible Church**  
 (Inter-denominational)  
 Meeting Sundays at 5:30 p.m.  
 Camp Arrah Wanna  
 Wemme  
 Pastor Stan Wall  
 Lay Leader Steve Bienenberg  
 Christian Ed. Dir. John Cook



## SUMMER WHITES

Great looking pants and shorts in knit, denim and a lot of natural looking fabrics... all made to fit the way the new pants should fit. From a big collection for misses and junior sizes.

**GLASS BUTTERFLY**

Hood Center Gresham Mon. thru Fri. 9:30 until 9:00 Saturday 9:30 until 6:00  
 Downtown Gresham Mon. and Fri. 9:30 until 9:00 Other weekdays 6 Sat. 9:30 until 6:00  
 Sunday (Hood Center Only) Noon until 5:00

## Sandy Senior center news

## Bicentennial week planned

There will be a short training session for all new Loaves and Fishes volunteers on May 21 from 10-11 a.m. Please plan to attend if you have not participated in a formal training session or would like to review sanitation and serving procedures.

Registration is open for trips to John's Landing and Bybee-Howell House on Sauvie Island. The John's Landing trip is scheduled for June 4. The Bybee-Howell trip has been changed from May 28 to June 18.

Next week is Bicentennial week at Loaves and Fishes. The noontime menus will feature native Oregon foods. There will be special displays every day of quilts, antiques, old pictures

and other memorabilia.

Special entertainment will include a program of folk songs by Kathy Van Der Horst, slides of Death Valley by Evelyn Berlin, and a program on Indian heritage by Jewel Lamb. Contact the center at 668-5569 for specific dates and times.

Wear your Bicentennial costumes and join us for lunch next week!

**Sandy Senior Center Program**  
 May 13-19  
**Thursday**  
 May 13  
 8:30 a.m. - 11:30 a.m. drop-in  
 11:30 a.m. - 3:00 p.m. Golden Age Club-Oral Hull  
 3:00 p.m. - 4:30 p.m. drop-in  
**Friday**  
 8:30 a.m. - 11:30 a.m. drop-in  
 8:45 a.m. - 2:00 p.m. Senior Day  
 Zoo trip  
 8:30 a.m. - 11:30 a.m. drop-in  
 8:45 a.m. - 10:15 a.m. L & F

**May 14**  
 8:30 a.m. - 11:30 a.m. drop-in  
 11:30 a.m. - 1:00 p.m. Loaves and Fishes  
 1:00 p.m. - 3:00 p.m. quilt making  
 1:00 p.m. - 4:30 p.m. drop-in  
**Saturday**  
 May 15  
 9:00 a.m. - 7:00 p.m. Sandy Rock Show  
 9:00 a.m. - 6:00 p.m. Chief Lelooska trip  
**Sunday**  
 May 16  
 10:00 a.m. - 5:00 p.m. Sandy Rock Show  
**Monday**  
 May 17  
 8:45 a.m. - 2:00 p.m. Senior Day  
 Zoo trip  
 8:30 a.m. - 11:30 a.m. drop-in  
 8:45 a.m. - 10:15 a.m. L & F

**Tuesday**  
 May 18  
 8:30 a.m. - 11:30 a.m. drop-in  
 11:30 a.m. - 1:00 p.m. Loaves and Fishes  
 1:00 p.m. - 3:30 p.m. pinochle  
 1:00 p.m. - 4:30 p.m. drop-in  
**Wednesday**  
 May 19  
 8:30 a.m. - 11:30 p.m. drop-in  
 11:30 a.m. - 1:00 p.m. Loaves and Fishes  
 1:30 p.m. - 3:30 p.m. nursing home program  
 1:30 p.m. - 4:30 p.m. drop-in

## BPW has foundation program

Thirty three members and guests of the Sandy and Gresham Business and Professional Women's clubs held a joint meeting in Mt. View Golf club's dining room on May 5.

Naomi Blaisdell, foundation chairman, was in charge of the

meeting in where each person was introduced by her profession and her special plans for Mother's day.

Maxine Ardnt, past state president, spoke on the programs of the state and national federation and answered questions from the

audience.

President Marguerite Kehrli gave a report of her trip to the National Legislative Conference in Washington, D.C.

Members were invited to the retirement tea for Mrs. Thayus Parmenter to be held in the Commons at Sandy Union High

School May 26 at 7:30 p.m.

The May 19 fireside meeting will be held at the home of Miss Kehrli, 625 SW Walters Drive, Gresham, at 7:30 p.m.

Past presidents will be in charge of a June 2 installation dinner to be held at The Anchorage at 7 p.m.

**WIDOW - WIDOWER PROGRAM**  
**Speaker:**  
 Roy McNeilan  
 Staff writer for the Northwest supplement of the Sunday Oregonian. Former Agricultural Agent Oregon Extension  
**Topic:**  
 Spring and Summer Gardening  
**Location**  
 10 N.E. 181st - Portland For West Savings & Loan  
 Call 665-4811  
 Courtesy of  
**Ken Bateman Dale Turner Stan Morris**  
**BATEMAN CHAPEL**

**Friends plan book sale**  
 The Friends of the Clackamas County library are sponsoring a book sale on Friday and Saturday, May 21-22 from 11 a.m. to 4 p.m. in front of the J.C. Penney Store in Oregon City Shopping center.  
 Purpose of the sale is to benefit the Clackamas County library.  
 The books and magazines which will be sold were donated to the library for the book sale.  
 For more information, telephone the Clackamas County library, 655-8543.  
**LYNCHWOOD CHRISTIAN CHURCH**  
 (Disciples of Christ)  
 3815 S.E. 174th, Portland 665-9534  
 9:45 A.M. Church School, All Ages  
 10:45 A.M. Worship Service  
 6:30 A.M. Youth Fellowship, 7th Grade thru High School.  
 Nursery Provided  
 Come and be with a Spiritually Growing Group  
**Rev. Raymond Biggars**

TRY THE CLASSIFIEDS