

Clackamas County starts program

Women volunteers sought as rape victim advocates

District Attorney Roger Rook announced that his office is seeking women to volunteer as rape victim advocates.

The women who volunteer are to provide advice and assistance to victims of rapes that occur in Clackamas County.

Rook said that the program is designed to ease the discomfort and embarrassment suffered by rape victims as their cases are investigated.

While the number of reported rapes increased 62 per cent between 1968 and 1973, it is estimated that as few as one out of ten rapes are reported.

Since the advent of Multnomah County's advocate program, there has been a substantial increase in the reported rapes in that area because the victims know they will have support to face the necessary unpleasant personal questions from the police, prosecutors, or medical personnel.

Rook believes that this advocate program can provide the same service to Clackamas County.

The Clackamas County program volunteers will receive training, with the assistance of various County

agencies, in the legal, medical and psychological background of rape.

Rook's office hopes to have enough volunteers so that each one will be called upon to assist a victim no more than once a month.

The volunteer will be expected to meet the rape victim as soon as possible after the rape is reported, and provide assistance and moral support through the necessary police interviews and medical examinations.

The volunteer will act as an observer to be sure the victim's rights and privacy are

protected, and as a source of information for the victim about the prosecution procedure.

If the case goes to trial, the volunteer may be asked to attend, and after the trial, the volunteer may be needed for counseling or to assist the victim in recovering from any effects of the experience.

Women wishing to volunteer should call Rook's office, 655-8431, to leave their names; training programs will be starting as soon as possible.

For more information call Ken Stewart or Beth Mason.

Utilities commissioner turns down rehearing on directory rate charges

Oregon Public Utility Commissioner Charles Davis has denied petitions filed by the Oregon Student Public Interest Research Group (OSPIRG) seeking reconsideration and suspension of his order allowing Pacific Northwest Bell Telephone Company to charge for directory assistance calls.

At the same time, Davis ordered his staff to investigate the first six months of operation of the directory assistance plan.

"A hearing will be called if the results of the investigation indicate it would be helpful," Davis said.

He said the contentions made in the OSPIRG petitions already were addressed adequately during hearings preceding the rate order of Sept. 5. That order authorized an 11.5 per cent rate increase for PNB, including revenue from the new directory assistance charge.

The charge of 20 cents per

call takes effect after the five-call allowance each month which is considered part of basic telephone service. Handicapped persons are allowed unlimited directory assistance calls at no extra charge.

"This never has been a free service," Davis said.

"The only difference now is that heavy users are paying for the costs they impose on the system. Before, the cost of directory assistance was collected equally on everyone's bill, with the result that light users were subsidizing heavy users of the service."

Davis noted that it usually is impossible to obtain new numbers or long distance numbers except by using

Davis said the purpose of the directory assistance charge is to insure that those who use the service most heavily pay for it.

During 1974, the telephone company paid an estimated \$5.5 million to provide directory assistance.

directory assistance.

"For that reason, I raised the three-call allowance proposed by the telephone company to an allowance of five calls," he said.

"The overwhelming majority of subscribers—more than 95 per cent—can obtain all the numbers they need without incurring a charge."

If the charge for directory assistance did not exist, Davis said, monthly bills would have to be about 25 cents higher to pay for the service. That's an increase of between 3.1 per cent and 3.7 per cent for residential users and between 1.1 per cent and 2.0 per cent for commercial users.

The revenue projections compiled during the rate case will be re-evaluated during the staff's investigation of the directory assistance plan, Davis said. The telephone company will be required to submit information each month regarding the number of directory assistance requests made, the costs incurred in answering those requests and any other information requested by the staff.

General Telephone of the Northwest, which serves most of East Multnomah County, has not at this time added the directory assistance charge to its rates.



RON WATTS, MHCC import auto technology program instructor, helps program students Jim Wadkins (center) and Ted Layton test a fuel injection system at the Datsun regional office laboratory. (R.S. Frank photo)

Keeping abreast important business to car instructor

Teaching technology in the automotive field means keeping up to date, according to Ron Watts, Mt. Hood Community College import auto technology instructor.

"This means getting new technical information into the program and the students out into a real world situation."

Technical information for the MHCC vocational-technical program is received on a continuing basis from its Citizens Advisory Committee. The committee, which consists of practicing auto technicians from the area, advises Watts about the latest developments, systems, techniques, tools and test equipment.

Nell's notes

Calendar matches past years

Sorry about last week, but I got bitten by the flu bug and just didn't make it to the typewriter. In fact, I made it very few places unless you would call the bathroom a very interesting place. I don't. Anyhow, I'm hale and hearty again. Had a super Christmas and at least the bug waited until after that to bite me.

In case you haven't spent some time reading your phone book, and who does, they have all kinds of interesting things in there. Did you know that a matching calendar for this year of 1976, can be found in 1784, 1824, 1880 and 1948. Can't say the first three ring any bells with me, but do remember the year 1948. I imagine I will have

"We are fortunate to have major regional import automotive facilities in this area that have bent over backwards to make sure our students are right up front on the latest about their ever changing products," Watts said.

Recently Watts and 18 of his students spent two full days at the Datsun Northwest Regional Zone office in Beaverton receiving factory instruction in electronic fuel injection and emissions systems. Half of this factory training seminar was classroom instruction.

The balance of the student's time was spent in "hands-on" lab experiences. This training

was handled by factory instructor Bob Maher.

"We try to do this type of training with one of the 'big three' import regional offices in the Portland area each term," Watts interjected.

According to Watts, after successfully completing MHCC import auto technology program students are ready to enter the job market as technicians. Because of the program's Citizen Advisory Committee, field trips cooperative work experience and factory instruction seminars "the MHCC student is well prepared to do what his employer expects," Watts said.

occasion to remember the year 1976, surely there is going to be some improvement to make it noteworthy. It needs it.

In case you didn't get the message, there will be an election on Jan. 13 for the Mt. Hood Community College. Remember this is your money that is being spent and if you want to have some say about it, vote. Don't stay home saying "my vote won't make any difference." How do you know it won't? One vote has made many a decision. It is better to vote than to stay home and gripe about the results afterwards. At least you will have tried.

Dianna (Blaisdell) Bennett is

home visiting for the Christmas holidays. Her husband, Bill, is in Okinawa completing his tour of duty while Dianna stays home and keeps care of the home fires. It was wonderful to visit with her while she was here. Said she was going to have to go back to California to get warm, but seemed to be holding up extremely well in the cold.

The Chinese say this is the year of the dragon, and let us give them all the help we can to make it the friendliest dragon ever. Every little bit helps, and the public is the one to give it.

Hope everyone has the best year ever and many more to come.

Senior center news

Center offers school programs

Here are some programs that may catch your eye. The Sandy Community Schools will have an income tax representative at the Community School Trailer Tuesday, Jan. 27, 10-12 a.m. Mel Paulson, retired IRS employee, will be there to assist you in preparing tax forms for the do-it-yourself person. The information will be free.

New arts and crafts classes begin this month at the center. A two day candle crafts class, led by Shirley Flath, is scheduled Jan. 20 and 22, 2-4 p.m. Frosted, chunk and miscellaneous forms of candles will be made, limited, eight people.

Beginning macrame classes begin Wednesday, Jan. 14, 10:30-noon. Ginny Vinson will instruct the class for four weeks only, limit to seven people.

Early registration for these classes assures you of enrollment. Call 668-5569 to sign up.

SANDY SENIOR CENTER PROGRAM:
JANUARY 8-14
January 8
Thursday
8:30 a.m. - 11:30 a.m. drop-in
11:30 a.m. - 3:30 p.m. Golden Age Club potluck
3:30 p.m. - 4:30 p.m. drop-in

January 9
Friday
8:30 a.m. - 11:30 a.m. drop-in
11:30 a.m. - 1:00 p.m. Loaves and Fishes
1:00 p.m. - 3:00 p.m. quilt tying
1:00 p.m. - 4:30 p.m. drop-in
January 10-11
Saturday and Sunday
Closed

January 12
Monday
8:30 a.m. - 11:30 a.m. drop-in
10:00 a.m. - 11:00 a.m. Bible study
11:30 a.m. - 1:00 p.m. Loaves and Fishes
1:00 p.m. - 3:30 p.m. pinochle
1:00 p.m. - 4:30 p.m. drop-in

January 13
Tuesday
8:30 a.m. - 11:30 a.m. drop-in
11:30 a.m. - 1:00 p.m. Loaves and Fishes
1:00 p.m. - 3:30 p.m. cribbage
1:00 p.m. - 4:30 p.m. drop-in

January 14
Wednesday
8:30 a.m. - 11:30 a.m. drop-in
10:30 a.m. - 12:00 noon macrame
11:30 a.m. - 1:30 p.m. Loaves and Fishes
1:30 p.m. - 3:30 p.m. Nursing home program
3:30 p.m. - 4:30 p.m. drop-in

WANT ADS

Too Late to Classify

MEDITERRANEAN COFFEE
table and commode \$30. 12 inch B.W. 2 months old \$55. 665-8323.
K-21

WANTED: COUPLE to take care of elderly lady as a member of their family in her rural home. Phone 668-6187 for details. S-21

GARAGE SALE: Antiques and old camel back trunk, snow skis, etc. Cheap! Thursday, Friday, Saturday, 1800 SE Yamhill, 665-9727. W-21

DINETTE SET: round table, 2 leaves, 4 chairs, \$55. End table, corner table, coffee table, blond, nice, \$85. 663-4861. J-21

START THE NEW Year with a new career, Rubbermaid Party Plan, commission, no deliveries, no collecting. Denyse Howell, 667-1800 before 12 noon. H-6m

WILL BABYSIT: Gresham home, \$7.50 one child, \$3.50 additional, 665-0262. Y-3mpd

WELCHES MENU

WELCHES SCHOOL MENU

JANUARY 12 - 16

MONDAY, JAN. 12

Spanish rice

Buttered corn

Glazed cinnamon

biscuit

Custard

Milk

TUESDAY, JAN. 13

Beef potatoes and gravy

Mashed potatoes

Carrot raisin salad

Bread-butter

Applesauce

Milk

WEDNESDAY, JAN. 14

Beef A-Roni

Sucatah

Peanut butter sandwich

Pears

Milk

THURSDAY, JAN. 15

Meat and cheese pizza

Corn and green beans

Bar cookies

Peaches

Milk

FRIDAY, JAN. 16

Navy bean soup

Carrot rings

Tuna sandwich

Cake

Milk

Want to sell your house? Try the Classifieds

EL BEE GEE GIFT STORE

10% discount on everything through Jan. 17, 1976



We are starting to stock yarn.

Thank you for the past year and our wishes for a happy and prosperous New Year.

38745 Procter Blvd. (Adjacent to Hairline Coiffures)

HALF-YEARLY SALE

Save 1/3 to 1/2

SPORTSWEAR

Tops, shirts, sweaters, jackets . . . skirts and pants in grand assortment! Sportswear separates to team together so many ways . . . all in fabrics and knits colored to wear in months ahead. Choose natural or easy care fabrics from a bonanza of styles for misses and junior sizes.

DRESSY THINGS

A select group of long dresses, dressy blouses and separates . . . mostly for misses sizes. An ideal time to save on something for special occasions.

GLASS BUTTERFLY

Downtown 667-3600

Gresham

Hood Center 667-2600

Did Santa leave you a slow-cooker? If so, you may be experimenting with your new appliance and feeling some dissatisfaction with less-than-perfect results.

Mrs. Marilyn Lunner, Oregon State University Extension home economist for Clackamas County, points out that many people forget to read the use and care manual enclosed with each new appliance purchased. "Although you've heard it before," Mrs. Lunner reminds owners, "do read the use and care directions of your appliance for best operating results."

Since cooking times for slow-cookers vary so from those of conventional methods, manufacturers suggest that

you use their recipes and timing. Specific times needed for cooking vary with model, so this is important.

The fun of experimenting comes after you are familiar with your own model and understand some of its specific characteristics. Almost any recipe you would simmer in a covered pan or bake in the oven could be successfully cooked in a slow-cooker. Your old favorites may become easier to prepare as some of the preparation steps are combined or eliminated. One example is sauteing. Vegetables and lean meats will keep their shape and develop full flavor without prebrowning. But the fatter cuts of meat should be browned

and drained to reduce the fat content in the finished food.

As a rule of thumb, says Mrs. Lunner, one cup of liquid is enough for nearly all recipes unless uncooked rice or pasta is included. Generally, the amount of liquid in a conventional recipe can be cut in half. This is due to the lack of evaporation when cooking is done with the lid on. If the liquid adjustment is not made, sauces or gravies may be watery.

Seasonings of herbs and spices may also be reduced since the long cooking process will intensify their potency. Since flavors are enhanced in slow-cooking, it is important that seasonings be fresh and added whole, not crushed, when

possible. Milk, cream and sour cream tend to break down during long cooking periods. When possible, they should be added during the last hour. This applies also to cooked pasta dishes and soft-flesh fish (which also break down in prolonged cooking), and some vegetables such as peas, which may lose color and texture.

To get the best use and satisfaction out of your time- and labor-saving slow-cooker, read the manufacturer's manual first, follow those directions, and observe the cooker's performance. Then experiment with your own recipes and creativity, remembering the adjustments that have been suggested.