Community Schools

SANDY COMMUNITY SCHOOL

J. Sheppard, coordinator 668-5744

By PATRICK FOLEY

Alice Ross, a PGE specialist, plans to demonstrate the use of the microwave oven on Feb. 10. If you are thinking of buying a microwave oven or wondering what to do with the one you have, this class is for you.

Foods will be cooked and tasted and the advantages and limitations of the microwave will be discussed. The class is free. We would appreciate a pre-registration phone call.

On Tuesday, Feb. 11, Harry Johnson of Harry's Upholstery in Sandy, will demonstrate furniture upholstering methods. A worthy old chair of unknown vintage has been donated and will be the target of Harry's upholstery expertise.

The class will start with the methods of removing the old material from the chair, and include cutting and shaping the new material. Traditional methods of tacking the material to the chair will be included. Those attending this session will actively participate in upholstering the chair and two future evenings will be devoted to individual projects.

The pre-school train journey for kids and parents, scheduled for Feb. 12, is still open for registration. This train expedition should prove to be an enjoyable experience for young and not so young.

Thursday evening is basketball night in the upper grade school gym from 7-9 p.m. This is an informal everybody-plays type basketball game. Anyone interested in an invigorating night of indoor basketball is welcome.

Sandy Community School is searching for volunteers for the coming spring session. Here at the Community school our success depends on people who are willing to volunteer their skills. Some activities need leaders for one evening only, other leaders extend their activities for up to six weeks. The Sandy Community School provides the rooms and equipment and pays leader's expenses.

Our importance is placed on interest not expertise. Perhaps through experience and enthusiasm you have learned the fundamentals of an athletic sport or handicraft. This knowledge could prove invaluable to interested people looking for a start.

People with only a few months experience in their spare time interest have had good success leading groups.

We are looking for leaders for the following activities; tennis, winemaking, women's fitness, golf hints, painting, pottery, organic gardening, bridge, and natural foods. If you feel you would like to lead an activity, call the Community School to discuss it with Judy Sheppard, 668-5744.

Suggestions are welcome concerning almost any new activity. We would be delighted to have you become a part of our program.

Cash taken

Equipment and $77 in cash were reported stolen from Edgefield Lodge in Troutdale the night of Feb. 2, according to sheriff's reports.

Sandy Senior Center News

The arts and crafts class on Tuesday mornings has been cancelled. Look for special arts and crafts activities in the future.

Awards will be presented Feb. 24 to R.S.V.P. volunteers from Sandy. Judy Smith, R.S.V.P. director, will be present to issue the awards.

A number of volunteers from Sandy Senior Center will also be given recognition for 75 or more hours of volunteer service.

Jack Layton, a Sandy Fire Department volunteer, drove eleven women in the mini-bus to Milwaukie for a health clinic Jan. 30. We thank him for driving the mini-bus.

Seniors can get tax help at Sandy Senior Center Feb. 10, 20 and 24.

Tax consultants, Margaret Young and Mel Paulson, will be here on the above days from 12:30 to 2:30 p.m. You must call the Center (668-5569) and arrange for an **appointment** with one of the consultants.

The following is February's Loaves and Fishes activity schedule:

FEBRUARY

3—Mystery movie
4—Clyde Sutherland
5—Open recreation
6—Health Facts and Frauds
7—Open recreation
10—Tax Form Assistance
11—Paul Keller, Sandy Post
12—Free blood pressure
13—Potluck
14—Valentine's Day party
17—Sing-a-long
18—Bingo
19—Bog Edgar & Susan Johns — music
20—Health Facts aand Frauds
21—Open recreation
24—R.S.V.P. recognition
25—Mystery movie
26—Free blood pressure
27—Potluck
28—February birthday party

SANDY SENIOR CENTER PROGRAM
FEB. 6 - 12

FEB. 6
Thursday
10 a.m. - 11:30 a.m. rug making
11:30 a.m. - 12:45 p.m. Loaves and Fishes
12:45 p.m. - 1:45 p.m. Health Facts and Frauds
1:45 p.m. - 4:30 p.m. drop-in

FEB. 7
Friday
10 a.m. - 2 p.m. Loaves and Fishes
2 p.m. - 4 p.m. needlecraft
2 p.m. - 4:30 p.m. drop-in

FEB. 8-9
Saturday-Sunday
closed

FEB. 10
Monday
9 a.m. - 11:30 a.m. ceramics
10 a.m. - 11 a.m. Bible study
11 a.m. - 1:30 p.m. Loaves and Fishes
1:30 p.m. - 3:30 p.m. pinochle
1:30 p.m. - 4:30 p.m. drop-in

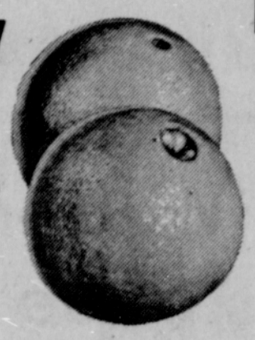
FEB. 11
Tuesday
10 a.m. - 1:30 p.m. Loaves and Fishes
1:30 p.m. - 3:30 p.m. beginning oil painting
1:30 p.m. p 4:30 p.m. drop-in

FEB. 12
Wednesday
10 a.m. - 2 p.m. Loaves and Fishes
2 p.m. - 4:30 p.m. drop-in

Our 1st Anniversary Sale!

GREEN ONIONS or RADISHES 10c bu.

Crisp, Green CELERY ea. 15c



Calif. NAVEL ORANGES 10¢ Lb.

GRAPEFRUIT 10 for 99c

AVOCADOS 3 for 29c

GREEN PEPPERS 2 for 25c

Cello CARROTS 1 lb. Pkgs. 20c

Solid Green Head CABBAGE 13c lb.

1st ANNIVERSARY
CLOREX 1 Gallon 55c
SPECIAL

1st ANNIVERSARY
DRIVE DETERGENT 49 oz. 95c
SPECIAL

1st ANNIVERSARY
SILK NAPKINS 60 Ct. 6 for $1
SPECIAL

DEL MONTE SALE

Whole CORN 3 17 oz. Cans 99c
Cut BEANS 3 16 oz. Cans 99c
Green SPINACH 3 15 oz. Cans 89c
GRAPEFRUIT 2 16 oz. 89c

ALKA SELTZER PLUS COLD TABLETS 20 Tablets Reg. $1.29 99c

BAYER CHILDREN'S COLD TABLETS 30 Tablets Reg. 83¢ 59c

Contadina TOMATO SAUCE 8 oz. Tins 6 for $1
Nalley's MAYONNAISE 48 oz. $1.65
Mrs. Butterworth SYRUP 24 oz. $1.35
Appian Way PIZZA DINNER 2 for 89c
Petuna CAT FOOD 6 for $1
Royal JELLO 3 oz. 6 for 99c
DRANO 18 oz. 58c
Parson AMMONIA 56 oz. 49c

PAMPERS All Varities 10c OFF
6 oz. to 8 oz.
GOLDEN GRAIN RICE-A-RONI ALL KINDS 3 for $1

PANTRY
Open 8 a.m. to 9 p.m. 7 Days
668-5055
Prices Good February 6, 7, 8

TUNA RICE MEDLEY

(Apple makes the difference in this delicious casserole)

4 tablespoons butter or margarine
2 unpared medium apples, cored and chopped (2 cups)
• 1 cup chopped celery
½ cup chopped onion
1 can condensed cream of vegetable soup
1 cup milk
• 2 - 6½ or 7 oz. cans tuna, drained
2 cups cooked rice
½ teaspoon salt
Dash pepper
2 tablespoons butter or margarine (melted)
• 1 cup Post Toasties, coarsely crumbled
½ teaspoon curry powder

In large saucepan, melt the 4 tablespoons butter; add the apple, celery, and onion. Cook until tender but not brown. Add soup; gradually stir in milk. Add tuna, rice, salt, and pepper; mix well. Turn into greased 2-quart casserole. Combine the 2 tablespoons melted butter; the crushed cereal and curry powder; sprinkle over top. Bake, uncovered, in moderate oven (375 degrees) for 30 minutes or until heated through. Makes 6 to 8 servings.

Dover Trail Riders meet

By DAVE MORGAN

Leader Marilyn Kasch hosted the area 4-H'ers for their election of officers. The new president is Liz VanBeek, vice president, Ron Thorsell, and treasurer Debbie Burger.

Kathy Thorsell was reelected secretary and Dave Morgan will serve as reporter.

As it is nearly horse show season, there was discussion of shows recently announced. Training-practice session will start as soon as the weather permits.

Incidentally, we would like to hear from young people interested in joining our 4-H horse club. Call Dave 668-5071 before our next meeting on Feb. 12. This could be a fun horse year. Why not give it a try?

Rose pruning demonstration set Feb. 8

Spring rose pruning is the theme of demonstrations by members of the Portland Rose Society during the month of February.

President Reuben C. Newcomb announces rose pruning demonstrations will be held:

Saturday, Feb. 8, from 11 a.m. to 3 p.m. at Gresham Mall led by Dr. Thomas Reardon.

Saturday, Feb. 15 from 11:30 a.m. to 3:30 p.m. at Mall 205 lead by Robert MacGavin.

Saturday, Feb. 22 from 11 a.m. to 3 p.m. at Jantzen Reach Shopping Center lead by Al Harrington and co-sponsored by Ft. Vancouver Rose Society.

The public is invited. There is no charge.