UGN changes name

United Way of the Columbia-Willamette, formerly United Good Neighbors received a new name by a vote of some 500 members at an annual meeting last week.

New board members and officers were also elected or appointed, including, from the Clackamas County area, Philip Hill, Don Tisdel, Philip R. Bogue, Ralph Short, Fred Wessinger, Kenneth W. Self, Leland Johnson, Harold Sand, Howard Burnett and Ted Smith.

The newly elected United Way Board President Philip R. Bogue, stressed the name change will not alter the local United Way structure.

The former UGN remains under the control of local volunteers who are responsible to the contributors in the four county area, he said.

Lake Oswego resident, Bob Hazen proposed the name change. Hazen, United Way Public Relations Chairman, said United Way could capitalize on more than $58,000,000 in free advertising donated by national media, which use the fame United Way.

Hazen said 847 of the 1,200 local organizations like UGN have adopted the United Way name.

Shoplifter

Gresham Police arrested a 15-year-old boy for shoplifting four pellet guns and a B-B gun, total value of $106.84, from K-Mart, 21830 SE Burnside

4-H garden project underway

The 1975 seed catalogues are appearing, bulbs are sprouting and now is the time to get ready for a 4-H vegetable gardening project, says T.D. Zurcher, Clackamas County Extension Agent.

The 4-H vegetable gardening project is a good way to teach young people and adults how plants grow and the management of soil, water and fertilizer needed to achieve a crop, Zurcher notes.

For instance, a 4-H member may wish to grow a family vegetable garden. Zurcher points out that a 20 by 50 foot plot, carefully prepared and managed, can produce most of the vegetables needed by a family of four during the summer and fall.

A 4-H club may work a larger plot cooperatively, with all sharing in the work and the produce. Gardening in containers or flower boxes is possible for those living in apartments.

All it takes to start a 4-H vegetable garden club is a group of young people, between 9 and 19, working with an interested adult leader.

"It's not necessary to be an expert gardener to be a 4-H leader," Zurcher stresses. "You can learn with the young people and the OSU Extension Service can assist by providing you with much of the basic information you need to teach others."

The 4-H vegetable gardening project has been increasing in popularity in Oregon, adds Duane Johnson, OSU Extension 4-H and youth specialist. In 1970, only 836 boys and girls were enrolled in the project. In 1973, enrollment reached 1,284 and then climbed to 2,316 in 1974.

Additional information about the 4-H vegetable gardening project is available from the Clackamas County Extension office in Oregon City or the 4-H Community Coordinator serving your local grade school. The 4-H program is available to all young people between 9 and 19 regardless of race, creed, color or national origin.

TV missing

A color television, jewelry and six rings were reported stolen from the Donald John Wessels residence, 101 SE 205th Pl., Troutdale.

Plunge claims two

A Rhododendron man was killed and his fiancee remains in critical condition at Gresham Community Hospital Wednesday morning after their car plunged down a 500 ft. canyon on Highway 26 four miles west of Government Camp last Thursday.

Franklin Leo Galash, Rhododendron, who was celebrating his 24th birthday Thursday, was pronounced dead on arrival at Gresham Community Hospital.

Another passenger in the car, Ray Monteith, 22, Portland, died of injuries several hours after the accident in the hospital, a spokesman said.

Carol Cunningham, 22, Boring, Galash's fiancee, had ordered the couple's wedding invitations two days before the accident. She suffered severe head injuries.

A fourth passenger, Martin A. Loehr, 22, Portland, was treated and released from Woodland Park Hospital, reports state.

ooo

The earth's surface being three-quarters water tempers the climate making it possible for man to survive.

What's Cooking?

By SARA SEWELL

The following recipe provides a meat stretcher, and it is very good for either a luncheon or dinner.

CLAM AND CORN SOUFFLE
(Real tasty, no one will guess what's in it.)

1¼ cup soda crackers, broken
1 cup milk
2 eggs, beaten
1 can (6½ oz.) minced clams, undrained
1 cup frozen corn (½ pkg. thawed, but not cooked)
3 Tablespoons of melted butter
2 Tablespoons of minced onion
¼ teaspoon salt.
½ teaspoon Worcestershire sauce
½ cup shredded sharp cheese

Soak crackers in milk and eggs about 30 minutes. Then add all ingredients except cheese. Mix gently and refrigerate. When ready to bake, grease 1½ qt. size casserole. Bake uncovered in 300 degree oven for 40 minutes. Add cheese on top and continue baking for another 10 minutes. Serves 4.—From the files of Mrs. Charles Richards, Sherwood.

TART MOLDED SALAD

1 (3 oz.) pkg. lemon jello
1½ Tablespoons vinegar
½ cup real mayonnaise
¼ teaspoon salt
One-third cup chopped celery
1 Tablespoon minced onion
1 cup chopped frozen spinach, thawed and well drained
¾ cup cottage cheese

Dissolve gelatin in ¾ cup boiling water. Add 1 cup cold water. Add vinegar, mayonnaise and salt. Put in freezer tray until firm for 1" around sides of the tray. Turn into bowl and beat until fluffy. Add celery, onion, spinach and cottage cheese. Place in 1 qt. mold and chill until firm. This salad is best if done the day before. Serves 8.—From the files of Mrs. Charles Richards, Sherwood.

VALENTINE SALAD

1 No. 2 can shredded beets, well drained (save juice)
3 oz. pkg. lemon gelatin
1¾ cups liquid (beet juice and water mixed)
1 teaspoon horseradish (more if desired.)
¼ teaspoon salt
Dash of pepper
One-third cup chopped celery
1 Tablespoon chopped onion

Dissolve gelatin in not more than the 1¾ cups of hot liquid. Add vinegar, salt, pepper and horseradish and mix. Allow to congeal until syrupy, then add beets, celery and chopped onion and fold in until evenly distributed. Pour into a heart-shaped mold. This makes a lovely reddish pink salad for Valentine's Day. However, it is good any time. It can be molded in a dampened flat pan and cut into squares and served on a lettuce leaf. Serves 8.—From the files of Mrs. Charles Richards, Sherwood.

MINCE CHIFFON PIE

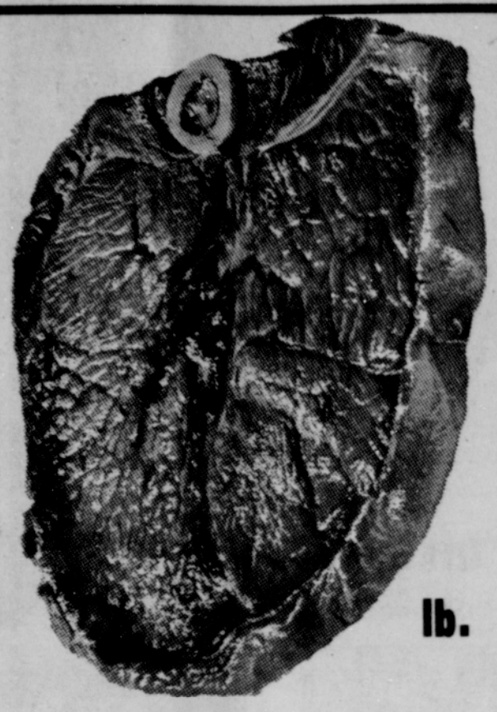
1 (3 oz.) pkg. lemon jello
1 cup boiling water
1 cup prepared mince meat
¼ cup 7-Up
Few drops of yellow food coloring
3 egg whites
¼ cup sugar
¾ cup whipped cream or Cool Whip

Dissolve jello in boiling water, stir in mincemeat, 7-Up and food coloring. Chill until partially set. Beat egg whites to soft peaks, gradually add ¼ cup sugar. Beat to stiff peaks.

Fold into jello mixture, then fold in the whipped cream. Chill awhile, then spoon into a baked 9-in. pie shell.

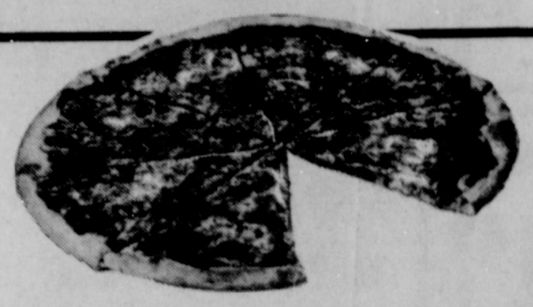
Top with thin covering of whipped cream. Serves 6.—From the files of Mrs. Charles Frasier, Sandy.

Come Help us Celebrate During



Full Cut
ROUND STEAK
lb. 98c

Top Boneless
ROUND STEAK ___ lb. $1.29



Time Saver
PIZZA $1.39 ea.

Shredded Mozzarella & Natural Cheddar
CHEESE 4 oz. Pkg. Reg. 69c 49c

Mozzarella
BALLS Reg. 89c ___ 8 oz. 75c

Reg. or Hot Andy Griffith
SAUSAGE 12 oz. 79c

Dubuque
BRAUNSCHWIGER 65c

RUMP ROAST
BONE-IN

lb. 96c

Boneless
SWISS STEAK ___ lb. 96c

Beef
CUBE STEAK ___ lb. $1.79

Sirloin
TIP STEAK ___ lb. $1.39

1st ANNIVERSARY
MD
TOILET TISSUE
4 Roll Pk.
52c
SPECIAL

1st ANNIVERSARY
Star-Kist
TUNA
6½ oz. Tins
2/89c
SPECIAL

1st ANNIVERSARY
7-UP DIET or R.C. DIET
8 Pack 16 oz.
$1.35 Plus Deposit
In Store Demo Friday & Saturday
SPECIAL

FROZEN FOODS

Rhodes
WHITE BREAD
5 LOAVES $1.39

Banquet
CREAM PIES
39¢

COOL WHIP
9 oz. 53¢

Minute Maid
ORANGE JUICE
16 oz. 63¢

We're Celebrating Our ANNIVERSARY
With Great Prizes To Be Given Away In A Drawing To Be Held Feb. 15 You Need Not Be Present To Win. Winning Tickets Will Be Posted.

GRAND PRIZE
WEEK-END for family of 6 at the Fabulous Inn at Otter Crest

OTHER PRIZES INCLUDE:
2 Free Paintings —
Free Grocery Certificates Valued At $50, $35, & $15
Free Gifts — Samples — In Store Demo's
"Watch For Mr. Peanut."

SHARON'S
101 Main, Sandy, Ore.