

Potatoes, onions not good keepers

This is the time of year to buy potatoes and onions only in quantities that will be used quickly. "Good keeping" varieties will be available later in the fall.

Velma Seat, Oregon State University extension food marketing specialist, says potatoes and onions currently in the markets do not store well.

"New" potatoes, such as Early Rose, and Norgold potatoes, an in-between variety, fall in this category. Onions now available have a fairly high moisture content, so do not keep long.

Later in the fall there will be Russet Burbank potatoes and Oregon Danver Globe onions to buy in larger quantities. If properly stored, they will keep for several months.

To maintain the quality of potatoes, Mrs. Seat advises, store them in a cool, dark, well ventilated area. This prevents green, sprouting, shriveling and decay. A temperature of 45

to 50 degrees Fahrenheit is best. This is warmer than the refrigerator, where potato starch changes to sugar and results in sweet-tasting potatoes when cooked.

When selecting dry onions, says the OSU Extension specialist, look for those that are bright, clean and well shaped with dry skins. Strong flavored onions such as the Globe variety will feel hard to the touch.

Globes are good keepers. Mild flavored Sweet Spanish onions have a little "give," and somewhat shorter storage life.

High humidity causes root growth and decay, so store onions in a dry place. Keep them away from potatoes, because onions will take up moisture from the potatoes and spoil quickly. Keeping onions in the dark helps prevent sprouting.

Homemakers trying to conserve their food dollars will find both potatoes and onions

carrying modest price tags compared with last season's high prices, Mrs. Seat says. They are important staples, good budget stretchers, and rate high in food value.

Work starts on new well

Work has begun on connection of a well to the Troutdale water system.

Contractors began cleaning the Drinker well, planned as a second water source for the city, last week. The well will tie into the Troutdale Road water line.

Eventually it will connect with a 100-foot standpipe planned for the southwest corner of the city.

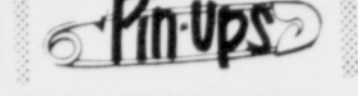
Texas has more than twice as many cattle and calves (over 15,000,000) as the second place state, Iowa.

Program on abortion set here

The Ladies Aid of Immanuel Lutheran Church is presenting a program on abortion with guest speaker, Dr. George Pasto, who will also show a film from "The Right To Life" on Sept. 17, 1973 at 7:30 p.m. in the lower level of Immanuel Church.

Men, women, teen-agers and children (with parental consent) may attend.

There is no charge.



A daughter, Kirsten Michelle, to Martin Edgar Jr. and Roberta Joan Walker, Rt. 2 Box 1553W, Sandy, Aug. 8.

A daughter, Kimberly Lun, to William and Geraldine Eleanor Wong, Rt. 1 Box 490, Sandy, Aug. 20.

Reynolds hit

Several vending machines were broken into and an undetermined amount of cash taken from the Reynolds High School cafeteria over the weekend, according to sheriff's reports.

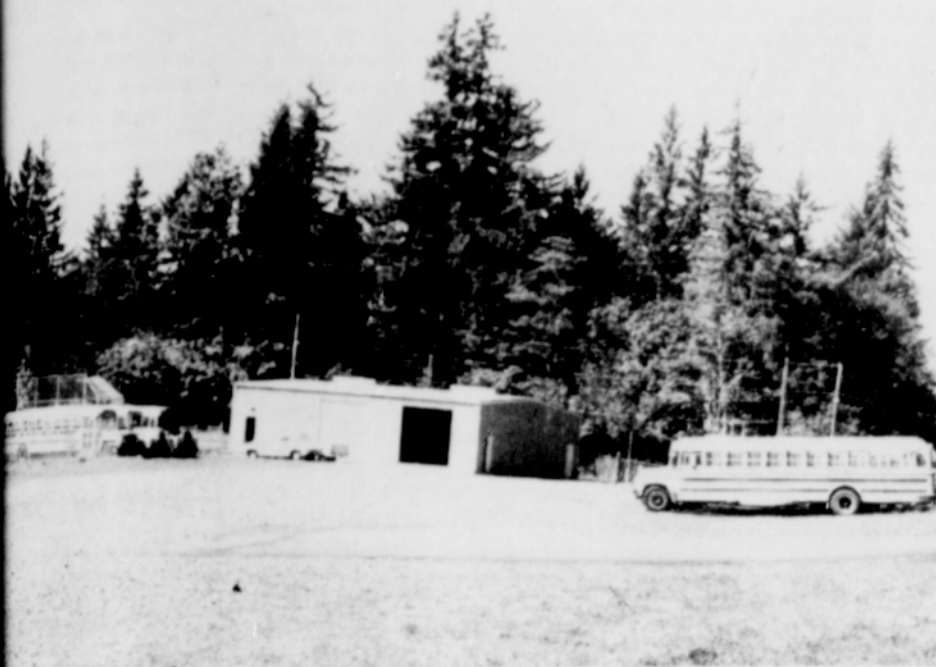
Entry to the building was gained by breaking windows, the report states.

CLASSES IN "8 BASIC STEPS"

Handwriting Analysis
by Certified graphoanalyst Gladys Redfield

Will begin Sept. 17 7:00 p.m.

Hoodcooper Acres Space No. 7 for more information CALL 622-3414



HIGH School district has moved bus maintenance down to the bus lot at the athletic field. The new bus was constructed this summer. The

busses are also housed at this area. The district also handles the bus service for Cottrell Grade School district. (Post Photo)

INDIAN SUMMER DAYS SPECIALS

BONELESS HAMS

HANK HALF LB. **\$1.49**

BONELESS HAM SLICES LB. **\$1.79**

BONELESS CENTER CUT BUTT END LB. **\$1.55**

CHUCK STEAK

ROUND BONE ROAST LB. **98¢**

BEEF SWISS STEAK LB. **\$1.09**

GRADE A YEARLING HEN TURKEYS

..... LB. **79¢**

ARMOUR STAR BACON PKG. **\$1.19**

STOCKMEYER SALAMI 8 OZ. PKG. **69¢**

IMPORTED FROM WEST GERMANY

FRESH FROZEN TURBOT LB. **79¢**

WHITE FISH

PAULY - WRAPPED IN SLICES CHEESE 12 OZ. **89¢**

COMPARE OUR COMPLETE SEAFOOD DEPT. HIGH IN PROTEIN LOW IN FATS

ZEE - BATHROOM TISSUE

REG. 49c PKG.

3 4-ROLL PKGS. 12 ROLLS

\$1.19

BETTY CROCKER CAKE MIXES

REG. 40c PKG.

3 18 OZ. PKGS.

\$1.19

DIET PEPSI

REG. 79c

6 10 OZ. BOTTLES

59¢

PLUS DEP.

PHEASANT DOG FOOD

10 15 OZ. TINS

\$1.19

PHEASANT - SHORT CUT GREEN BEANS

303 TINS

7 **\$1.19**

FROZEN FOODS

FLAV-R-PAC ORANGE JUICE 6 6 OZ. TINS **\$1.19**

REG. 25c TIN

ONION RINGS 3 7 OZ. PKG. **\$1.19**

RUPERT REG. 89c

FISH & CHIPS 16 OZ. PKG. **79¢**

***** IF IT'S FRESHER THAN RON & FRANKS IT'S OUTSTANDING IN THE FIELD *****

GRAPES 4 **\$1.19**

SEEDLESS OR FLAME TOKAY

YELLOW ONIONS 10 **10¢**

SLICE 'N DICE

POTATOES 10 **69¢**

U.S. NO. 1 RUSSETS

APPLES 7 **\$1.19**

CRISP JONATHAN

CAULIFLOWER 3 **\$1.19**

LARGE SNOW WHITE HEADS

MUSHROOMS 7 **79¢**

LARGE FRESH KABOB

NON FOODS

ARRID - REG. \$1.29 **\$1.09**

DEODORANT 6 OZ. **1.09**

REG. 79c 25's

ALKA-SELTZER **69¢**

WINE-SOL CLEANER 5 14 OZ. CANS **\$1.00**

DISINFECTANT 27 OZ. **99¢**

AIR FRESHENER 7 OZ. OR SOLID **65¢**

MARGARINE REG. 59c LB. PKG. **55¢**

ITALIAN SWISS COLONY **89¢**

VIN ROSE RHINESKELLER CHIANTI FIFTH REG. \$1.09

RON & FRANKS MARKET

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101 MAIN ST. SANDY 668 5055

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