

Extension agent dies

Clackamas County Extension Agent, Helen Mae (Mrs. Neal) McDowall died Monday at a West Linn hospital, of a cerebral hemorrhage.

Mrs. McDowall, a West Linn resident, was a home extension agent for 21 years, and was in charge of approximately 52 units in the county. Prior to that, she had taught at Oregon City High School after coming

to Oregon 30 years ago.

Funeral services will be held Thursday at 1:00 p.m. at Hillside Chapel in Oregon City. In lieu of flowers, contributions may be made to the Helen McDowall Scholarship Fund, which may be made through Hillside Chapel.

Garden meet

Mrs. Hans Breck, Director of the Clackamas District of the Oregon State Federation of Garden Clubs, has announced a District Board meeting for 10 a.m., Friday, March 2 in the Community Room of the Oregon City Shopping Center Branch of the Portland Federal Savings & Loan Bank.

Over 900 U.S. citizens are serving jail terms in other countries of the world for drug abuse violations.

Poodle Grooming



by Appointment
668-5365
evenings
Puppies - Stud Service

Come to Church

SERMON ON THE MOUNT

Join with us in family worship, fellowship and joyful assurance in Christ's word.
9:30 AM each Sunday at St. John's Catholic Church.
Sunday School 10:30 a.m.
Hoodland Lutheran Church

SANDY BAPTIST CHAPEL

(Conservative Baptist)
700 Main St. Sandy
Sunday School 9:45 a.m.
Morning Worship 11 a.m.
Evening Worship 7 p.m.
Wed. Eve. Worship 7:30 p.m.
PASTOR: Ed Grable 668-4064

IMMANUEL LUTHERAN CHURCH

Morning Services 9 a.m.
Sunday School 10:15 a.m.
Adult Bible Class 10:15 a.m.
A Cordial Welcome is Extended to All
PASTOR FRANK KOEPKE
668-6232 - Church

CRESTVIEW BAPTIST CHURCH (SBC)

Located on SE Orient Dr. (Old Loop Hwy)
2 1/2 Miles W. of Sandy)
SERVICES
Sunday School 9:45 AM
Morning Worship 11: AM
Church Training 6 PM
Evening Worship 7 PM
Wednesday 7:30 PM
Pastor Donald B. Highfill
Phone 668-6083

SANDY CHURCH OF CHRIST

East Main at Hwy 26
Bible Classes 10 a.m.
Morning Worship 11 a.m.
Evening Worship 6:30 p.m.
Midweek Bible Study (Wed.) 7:30 p.m.
668-6116

COMMUNITY PRESBYTERIAN CHURCH

Fellowship Worship 9:30 a.m.
Sunday School 10 a.m.
Morning Worship 11 a.m.
Praise Service 7 p.m.
Mid Week Prayer Service 7:30 p.m.
Nursery Care during Worship
PASTOR: Ed Neuenfeldt
Church 668-4543
Manse 668-4594

ST. JUDES COLLEGIATE CHURCH

(An Episcopal Organized Mission)
Sunday Family Services 9:30 A.M.
P.O. Box 57
312 Scenic Ave.
Sandy, Oregon
668-4108
Office Phone 668-4109

St. MICHAEL'S CATHOLIC CHURCH

Sunday Mass 9:30 a.m.-6 p.m.
St. John's Catholic Church
Welches, Oregon
Mass 6 p.m. Sat.; 8 a.m. Sun.
Corner Strauss & Pleasant
Sandy, Oregon
Father Carl Gimpl 668-4446

THE CHAPEL OF THE HILLS

Between Sandy and Brightwood
A Community Church without a membership
You Will Be Welcome!
Bible School 9:45 a.m.
Morning Worship 11:00 a.m.
Evening Worship 7:15 p.m.
Bible Study (Wed.) 7:30 p.m.
Thyra E. Strand, Minister
622-3260

SANDY SEVENTH-DAY ADVENTIST CHURCH

Proctor and University
Sabbath School 9:30 a.m.
Morning Service 11:00 a.m.
You Are Welcome
Pastor LARRY KURTZ
665-7096 - Home
668-6144 - Church

HOODLAND CHAPEL

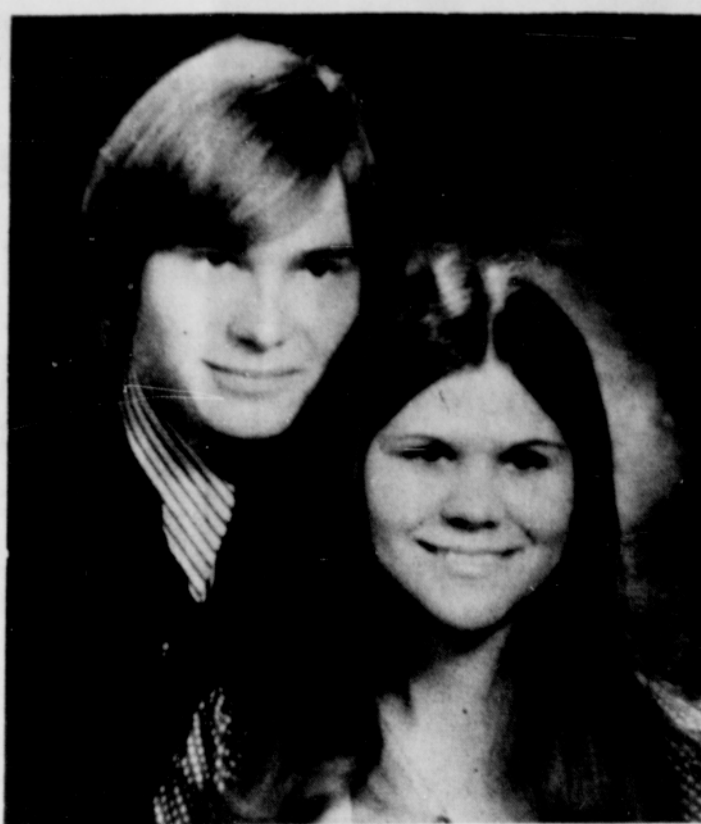
On highway 26 in Wemme
Sunday Services
Bible Study 10 a.m.
Morning Worship 11 a.m.
Wed. Study & Prayer Hour 7:30 pm
LYLE L. WAHL
Pastor
Church Phone 622-3464
Home Phone 622-3403
Affiliated with the Conservative Baptist Assn. of America

SANDY ASSEMBLY OF GOD

SUNDAY SERVICES
Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Evangelistic Service 7:00 p.m.
Family Night Wednesday 7:30 p.m.
JIM DAVIS Church Phone
PASTOR 668-4964

PLANT NOW! FRUIT TREES

★ Dwarf and Semi-dwarf
Apple Peach
Cherry Prune
Apricot Plum
★ Shade Trees
Flowering Cherry
Norway Maple
Pink Dogwood
-and many more.
NOW is the time for dormant sprays. We carry a complete line



THE ENGAGEMENT OF Marsha Dawn Eklund to Michael J. O'Hara has been announced by her parents, Mr. and Mrs. Don B. Eklund, Rt. 3, Sandy. The bride-to-be was graduated from Sandy High School in 1971 and is a hostess at Heidi's Swiss Village. Her fiancé, also a 1971 Sandy High graduate, is employed by Nicholson Construction Co. He is the son of Mrs. Martha McGuire. No wedding date has been set.

(Dee's Studio)

Reach Out program continues here

Response has remained high to the series of meetings entitled, Reach Out For Life, according to the series director Curtis Bradford.

Reach Out For Life is a series of meetings designed to create an appreciation for the times in which we live. They were started February 9, and as of Wednesday, Feb. 21, will be half over.

Weekend services have been especially crowded with at least fifteen different denominations represented.

The topic for Friday, Feb. 23 at 7:30 will be "You Are Saved By Grace." Two meetings will be held the following day, Saturday, Feb. 24, at 11:00 and 4:30. The topics will be "Why Join A Church?" and "Baptism and You" respectively.

Meetings will be held during the week on Tuesday and Wednesday evenings at 7:30 p.m. This coming week's topics will include "Spiritual Gifts" on Tuesday night and "Finances and the Christian" on Wednesday night.

Golden Age club news

Senior Citizens from Estacada were guests of the Sandy Golden Age Club Inc. last week at their regular meeting. Their presence was enjoyed very much, and it is hoped they will come again.

President Vance Hewitt encourages the senior citizens of Sandy and surrounding area to join the Golden Age Club Inc.

Former resident subject of story

George Ziemer, a former Sandy resident, was recently the subject of a feature article in the Lebanon newspaper. Ziemer is now retired and living in Lebanon with a daughter and son-in-law, Mr. and Mrs. Fred Whitfield. His hobby is recycling nuts, which grow in the Whitfield orchards.

He has a daughter, Zella Ziemer, living in Sandy.

which meets the second and fourth Thursday of each month at the Oddfellows Hall. The next meeting is Feb. 22.

Recently, groups from the Sandy Golden Age club Inc. had lunch at the grade school cafeteria, where arrangements were made for any Sandy senior citizen to have the noon lunch prepared the same as the menu for the school children at 50 cents a meal. This arrangement has been made to serve senior citizens that they may receive a meal at the nominal price. Mr. Hewitt reports that the meals are well-balanced, tasty and well prepared.

This arrangement is much appreciated and will give those who wish to participate a variation of menu as well as getting acquainted with our school and its pupils, thus in a small way help to bridge the generation gap.

What's Cooking?

BY SARA SEWELL

I think everyone gets hungry for frankfurters once in awhile. Here's a dandy recipe.

BARBEQUED FRANKFURTERS

Saute 1/4 cup chopped onions in 2 tablespoons salad oil. Add and simmer for 15 minutes:
2 teaspoons sugar
3/4 teaspoon dry mustard
1/4 teaspoon salt
1/4 teaspoon pepper
3/4 teaspoon paprika
2 drops Tabasco
6 tablespoons water
3 tablespoons vinegar
6 tablespoons catsup
Split eight frankfurters and place in a baking dish. Pour sauce over them. Bake at 375 degrees for one-half hour. Base often. Serve with steamed rice. Serves 4-6.—From the files of Mrs. Jean Ayers, Portland.

TEENAGER'S LASAGNA CASSEROLE DINNER

12 ozs. lasagna macaroni
1 lb ground beef
1/2 cup chopped onion
1 clove garlic, minced
1 tablespoon oil
1 can (8 oz.) tomato sauce
1 can (6 oz.) tomato paste
1 can (4 oz.) sliced mushrooms, drained
1 teaspoon salt
1/4 teaspoon oregano
2 eggs, beaten
1 pkg. (10 oz) frozen chopped spinach (thawed)
1 cup (8 oz) small curd creamed cottage cheese
1/2 cup parmesan cheese
1/2 cup sliced, pitted black olives
8 slices (1 oz. ea.) Swiss or American cheese
Cook lasagna in boiling, salted water (1 gallon water plus 2 tablespoons salt) until tender, yet firm, about 20 minutes. Rinse with cold water to cool; drain.
Cook ground beef, onion and garlic in oil until meat is browned. Stir in tomato sauce and paste, mushrooms, salt and oregano. Simmer 15 minutes. Combine eggs, spinach, parmesan cheese and cottage cheese. Layer ingredients in 13" x 9" x 2" pan as follows: Pour half the tomato sauce in pan. Cover with half the lasagna. Top with all the spinach-egg mixture. Cover with remaining lasagna. Pour over remaining tomato sauce. Sprinkle with sliced olives. Cover with foil Bake in pre-heated 350 degree oven for 45 minutes. Remove foil. Arrange cheese slices over casserole; bake 10 minutes longer or until

cheese is melted. Serves 6-8.—From the files of Mrs. Helen Willys, Portland.

It's still cherry month. Celebrate George Washington's birthday with a cake.

CHERRY GLACED ANGEL CAKE

1 pkg. Angel Food (2-step) cake mix. Follow package directions for mixing using 7-UP for the liquid called for and adding 1 fresh egg white. Add 1 teaspoon vanilla and 1/4 teaspoon almond extract. Bake and cool as package directs. While cake is cooling, make Cherry Glace as follows: Bring to a boil 1 (16 oz.) can red pitted cherries (in heavy syrup), 1/4 cup sugar, 1 tablespoon red food coloring. Blend 1/2 tablespoons cornstarch in 1/2 cup 7-Up and add to hot cherries. Simmer and spoon on top of angel food cake. Whip 1 1/2 cups whipping cream, add 1/4 cup sifted powdered sugar and 1/4 teaspoon almond extract. Refrigerate until served.—From the files of Mrs. Jacqueline Stone, Portland.

The following recipe makes a refreshing red punch.

GARNET SPARKLE

16 oz. can fresh frozen grape juice
1 1/2 oz can frozen Lemonade concentrate
1 qt. cranberry juice
3 28 oz. bottles of ice-cold 7-Up.
Blend grape juice, lemonade concentrate and cranberry juice. Gently add ice cold 7-Up. Makes 25 4 oz. servings.—From the files of Mrs. Jacqueline Stone, Portland, Oregon. Note: Do not stir after adding 7-Up. Punch will blend as it is ladled.

Morton trio featured at Sweetheart banquet



A LARGE CROWD attended the annual Sandy Adventist "Sweetheart Banquet" held Feb. 18. The group was entertained by

the Morton Trio. Bill and Diane Pond were selected as the "Sweetheart Couple."

Oregon Singers slated

The New Oregon Singers will present a benefit concert at Mt. Hood Community College Friday, March 9, at 8 p.m. in the college theater.

Proceeds from the concert will assist the MHCC Foundation which was incorporated in 1969 to perpetuate the growth and development of the college.

The Foundation exists to further the interests of the students, alumni, faculty and staff at Mt. Hood as well as to promote the college district development including its educational, cultural, recreational, research, service and facility programs.

Tickets for the benefit performance are available at the campus store. They will also be sold at the door prior to the concert.

Girl Scouting Needs to Know - Are We Important to Today's Girl in Sandy?

What Can We Add To Our Program?

- ☐ Community Service ☐ Camping
☐ Travel Opportunities ☐ Hiking
☐ Personal Development ☐ The Arts
☐ I'd Like To Know More

My Phone No. is _____

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10:00 to 6:00
Daily

Closed Monday

Sunday
12:00 to 5:00

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GREEN RIBBON	SAVE	40%
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Sandy, Oregon

Four of Spades Nursery

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