

Ten million trans-oceanic telephone calls were made via satellites last year.

FROM
The RIVER'S
EDGE

By
George MacAlevy



THE NEGLECTED
HARVEST TROUT

For too long has the Harvest Trout lived in the shadow of his Pacific Coast glamour boys, The Salmon and the Steelhead. The anglers who have fished for the Sea-run Cutthroat have also been rather inarticulate. Angling writers who have touched on the Sea-run Cutthroat have usually done so briefly in works that primarily extoll the virtues and methodology of other species. Although this column does not too often review books on angling, from time to time one appears which is novel enough to merit attention. There is a new one pertaining to our Pacific Northwest. The book is entitled "Fishing the Sea-run Cutthroat Trout"; written by Les Johnson and illustrated by Keith Warrick. The publisher is Northwest Salmon Trout Steelheader Company of Portland. This is a durable cover paperback book that sells for \$2.00.

Usually you find angling methods and results for the Sea-run Cut scattered in bits and pieces in angling books. This book attempts to put it all together in one volume. It is devoted solely to the Sea-run Cutthroat or Harvest Trout. The author covers all three areas of angling for this fish. The information on methods and tackle is divided into three sections; Fishing the Salt Chuck, Fishing the Estuaries, and Fishing the Fresh water. Both spinning and fly fishing is covered in all three sections. An introductory chapter covers a brief bit of the natural

Firwood Extension

By GRACE LAMB
How often do you use your blender?—What do you use it for?—Do you know the things a blender will not do? These questions and many others were answered by Nancy Ruhl and Thelma Krum at the Oct. 12th meeting of Firwood Extension.

You will use your blender more if you leave it out where it is easy to get at. It has many uses so it should be handy.

It chops raisins, dates, nuts, meats, cheese and meats for sandwiches; grates lemon or orange rinds, coconut; blends left overs into creamy soups; makes non-separating salad dressing and very good dips; and has many other uses.

There are also some No-no's for blenders. Do not beat egg whites; mash potatoes; grind raw meat in large quantities; crush ice cubes unless you break them in small pieces first.

A cole-slaw salad and a thick creamy salad dressing were made at the meeting.

Another thing that was made was Gazpacho soup. This is a cold soup. Use 3 or 4 tomatoes cut in one inch pieces—1/2 small onion—1/2 green pepper cut in strips—clove garlic—2 T. vinegar—2 T. olive oil—1/2 tsp. salt. Cover with water. Blend. Other things can be added but here is a real health drink.

Blenders come in many shapes and colors, so you must pick the one best suitable for your family. More speed means more power, but after 8 speeds there is little difference in the power.

This blender lesson was very informative and many learned how to use their blender to a better advantage.

For our next home project Agnes Hartwig showed a hanging santa that can be made for Christmas—Next meeting Nov. 9 at the City Hall a lesson on "Wigs".

Scenic status sought for Sandy river

A request that a 12-mile stretch of the Sandy river be included in the state's Scenic River System is being made of Gov. Tom McCall.

The stretch includes that portion of the river from Dodge Park downstream to Dabney State Park, a distance of 12 miles. Most of the area is inaccessible except by foot or boat.

The request was made by outdoor groups after a meeting Sunday. It would, if approved, protect the natural character of the river.

history of the Sea-run Cut along with some information on his distribution and where to find him. I was particularly intrigued with the Salt Chuck section as this is an area of Sea-run fishing that has never been very thoroughly covered if even mentioned before in any book that has come to my attention.

For the fly tier, there are some pattern descriptions in the Estuary section, and a comprehensive list of patterns in the Freshwater section. In all sections there are a lot of pointers on angling technique. A very simple guide to help you chose which type of fly line to use is incorporated in the Freshwater section.

The authors experiences are mainly confined to Puget Sound area and the Washington coastal streams and bays. Oregon has no such phenomena as Puget Sound, but one or two of our large coastal bays offer the same conditions on a smaller scale with a good population of Harvest Trout to go with it. If you are past the stage of being completely overwhelmed by the larger Salmon and Steelhead, and have begun to interest yourself in the virtues of the Sea-run Cutthroat, this book is for you.

There is another book, hard bound, published in 1966 which has some Cutthroat lore in it. As this book is still in print and available, a few comments on it would be appropriate here.

"Fishing the Oregon Country" by Francis H. Ames, (Caxton Printers, LTD, \$6.95). In its entirety, the book covers all the game fish angling to be had in Oregon. Trout in the valley, trout in Eastern Oregon, trout in the high mountains. One chapter is devoted to the hike in lakes, a total of five are devoted to the Salmon, two to the Steelhead, Sturgeon, Shad, the Spiny rays, Strippers, and bottom fish all enjoy a chapter apiece.

There is also a chapter in the book entitled "The Coast in August". This concerns the estuary fishing for the Sea-run Cut. The book is very entertaining to read and should give you some idea of the great variety of fishing to be had in Oregon. Its chapters are not set in any period of precise time. It is obvious some of the tales told therein are from the "good old days". How to distinguish the "this is how it is" from the "this is how it was" will be a matter for each individual reader to decide.



CAROL CONNELLY models some lounge wear in velour banded in flowers. This is one of the many items to be modeled at the Sandy Grade School PTA fashion show set for Oct. 26 at the grade school at 7:30 p.m.

Post Photo

4-H archers begin mail-in tournament

Oregon 4-H archers are beginning preparations this month for the annual 4-H Archery Mail-In Tournament which begins in November and continues through April, reports Cal Monroe, Oregon State University assistant state 4-H leader.

The competition, which is sponsored by the Oregon Bow Hunters, is one of the events held each year designed to help young bowmen improve their accuracy and sportsmanship, Monroe explains. It is open to all 4-H archers, with a different round shot each month.

The mail-in tournament is just one activity for young men and women enrolled in the 4-H archery clubs, Monroe said.

With the help of an adult leader, the project is designed to assist young people in learning how to select and care for bows and arrows and how to use them properly so that they may enjoy archery as either a sport or hobby, he explains.

An important segment of the project is the study of animals and birds and wildlife conservation. In fact, 4-H archery members are encouraged to prepare demonstrations and exhibits relating to conservation of natural resources.

Safety is also stressed in the project, Monroe notes. A 4-H member can be dropped from a club for violation of safety rules.

Members of the Oregon Bow Hunters have assisted with the 4-H archery program since its beginning and help stage not only the mail-in tournament, but also the archery matches at State Fair.

Scores of the mail-in tournament will be compiled by Mrs. Jan Berry, Forest Grove Monroe said.

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Electricity makes it easy.

And there are so many modern electric conveniences to help make your life richer. For example, electric freezers that store foods and keep them fresh for long periods of time. New self-cleaning ovens which, incidentally, are great for liberating husbands who help

working wives with the kitchen chores. Trash-mashers that keep both your kitchen and the outdoor environment cleaner, and nicer looking. And many, many more.

There are plenty of new conveniences coming, too.

To keep ahead of your ever-growing electrical demands, PGE is building new generating plants which are essential for reliable electric service. Energy from the atom, which is clean to make and clean to use, will provide adequate supplies of electricity while preserving Oregon's matchless environment. If you'd like a free booklet on "Why Oregon needs more power," write or phone PGE.

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