

Do you find it hard to love?

Many people do. In this busy age we seem too often to be preoccupied with our own problems and unable to reach out to others.

But all of us need to feel a deeper sense of love, and to be loved.

The Bible shows us how.

It teaches that God is Love, and that when we turn to Him we can feel and express a sense of love we have never known before.

In this week's Bible Lesson on "Love" you can learn how to feel the presence of divine Love in your life. You are warmly invited to read it in our Reading Room.

CHRISTIAN SCIENCE READING ROOM

23 E. Powell Blvd.
Gresham, Oregon

Hours: 11-4 Mon. thru Saturday
11-7:30 on Wednesday



SWIMMERS WHO helped the Sandy Blue Marlin team to fifth place in the Reynolds Open Invitational last weekend are shown discussing their wins. In the water are members of the winning boys 200 yd. medley team, Ron Hewitt, Steve Salisbury, Carl Neuenfeldt and Steve Roth. Members

of the girls winning 200 yd. medley relay team are from left to right Lori Anderson, Melanie LeRoy, Gretchen Cundeen, and Pam Polivka. Steve Roth also took first in boys 100 yd. free and Lori Anderson captured the girls 100 yd. breaststroke. (Post photo)

Steelhead clinic set for Saturday

An organization attempting to improve fishing through

legislation and protection of fishery resources will hold a free clinic Saturday in Larry's Sport Center at the Gresham Mall.

The Sandy River Chapter of Northwest Steelheaders Council of Trout Unlimited and Mt. Hood Community College will co-sponsor the event. It will run from 11 a.m. to 8 p.m.

Northwest Steelheaders, as the group is known, is an organization of conservation-minded fishermen concerned about conditions surrounding fishing. The Sandy chapter numbers around 300, with 8 or 10 women included in the group. It is the third largest chapter in Oregon.

Leo Mihm, vice-president for the group, said the Sandy chapter was formed about four years ago. They have made a big impact in that time with a couple of measures regarding fishing.

A few years ago, Mihm said, a man was dumping car bodies into the Sandy River. People living along the river complained to the Northwest Steelheaders and they took legal action. It resulted in a new law that prohibits the dumping of car bodies into a river without permission.

The Steelheaders also backed the city of Troutdale when they objected to a county proposal for a garbage dump at the confluence of the Sandy and Columbia River. The Steelheaders contended fishing would be harmed and the proposal was dropped.

Currently the Steelheaders are working on two problems that have caught their eye. Although steelhead is classified as a game fish, an "incidental catch" clause of the law says gillnetters in Oregon do not have to throw back steelhead they catch. Steelheaders would like to see the clause repealed.

Another thing the Steelheaders would like to see is all money from salmon tags turned over to the Oregon State Game Commission for reproducing steelhead. Currently the money is split between the Fish and Game Commission.

The steelhead clinic ties in nicely for fishermen. Since steelhead fishing is done in the dead of winter, fishermen can incorporate what they have learned and still have February and March to try their new methods before the season closes in April.

William Luch will speak on how to read the water and fish for steelhead. Members of Northwest Steelheaders will demonstrate knot-tying, rod-building and fly-tying. A movie depicting the life of a steelhead will also be shown and a boat will be given away.

Novice steelheaders who attend the clinic will learn there is more to steelhead fishing than dropping a rod-and-line into the water. Steelhead fishing requires a special lure because the fish stay about four inches from the bottom of the river. Water temperature is another important factor. It has to be about 48 degrees F.

"They're a brainy fish," Mihm said. "They like to lay behind rocks. The biggest problem for most fishermen is knowing when to pick up the line. They'll take the bait and drift downstream with it. If that rock feels like it's moving you know you have something," Mihm grinned.

Interesting facts can also be picked up at the clinic. For instance, a salmon swims upstream to lay its eggs and then dies. A steelhead can make the trip as much as three times. Identification of salmon and steelhead can be easily accomplished by checking their mouth. If it is black, it is usually a salmon while white generally means a steelhead.

Considering that, there would probably be a lot at the clinic that would interest non-fishermen.

Coast-Valley

Easters	COAST-VALLEY	Westers
LaSalle	80 Newburg	4:1
Silverton	7:1 Dallas	7:1
Estacada	84 Astoria	4:3
Canby	5:7 McMinnville	4:3
Swain	6:6 Grays	4:3
Molalla	1:7 St. Helens	4:3
Sandy	1:7 Tillamook	4:3
Central	1:9	4:3
Astoria	82 McMinnville	7:2
Dallas	28 Tillamook	7:2
Forest Grove	21 St. Helens	4:2
Sweet Home	39 Canby	4:2
Central	43 Molalla	4:2
Silverton	11 Estacada	4:2
LaSalle	72 Sandy	4:2

Swimmers give strong showing

The Blue Marlin swimmers got back into action last and finished on the short end of a 242-195 score to the swimmers from Eastmont and then finished in fifth place in the Reynolds Open Invitational this past weekend.

In the Eastmont loss the Sandy team captured 17 first place victories while giving a strong showing in the meet which was held here last Thursday.

Meanwhile in the Reynolds

meet the team saw the swimmers from Forest Grove pileup 332 points to take the victory in the 11 team meet.

In this meet Blue Marlin swimmers Steve Roth and Lori Anderson were in on the first place wins for the Sandy team.

Steve took first in the boys 100 yd. freestyle while also being a member of the first place boys 200 yd. medley relay team. Lori took first in the girls 100 yd. breaststroke and also was on

the winning 200 yd. medley relay team.

Leading the girls in the Eastmont meet were Lori Anderson with three first places and Katie Neuenfeldt with two first place wins. Also helping out with a win was JoAnne Cyphers.

Victories by the boys included three firsts by Ron Kipp and two firsts by Steve Roth. Other wins by Sandy swimmers were Carl Rohweder, Dan Roh-

weder, Ron Hewitt, Steve Lindsey and Chris Roth.

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Sandy misses LaSalle upset, meets Tillamook

Sandy meets Tillamook here this Friday night and then travels to Central for a basketball game on Tuesday following losses this week to LaSalle 72-63, ranked sixth in the state and undefeated, and to Canby in a close one 53-48.

These two games saw the Pioneers play some of their best ball of the season, especially against the top rated LaSalle team.

LaSalle's falcons almost saw their first defeat of the season as the aroused Pioneers put pressure on them throughout the game before Bob Tordesal with game high 23 points put the game out of reach late in the game.

The Pioneers were led by Rick Zimmerman with 19 points and Steve Buhler with 13 counters.

Sandy also got a big boost in

the scoring from Randy Ackers who hit for a season high total of 15 points.

The Pioneers trying to shake off a freethrow shooting slump hit on 17 of 29 tosses while LaSalle could only manage 12 of 24 from the charity line.

Other Sandy scorers were Terry Cansler 3, Dean Dickinson 2, Mike Leary 3 and Ray Perkins with 8.

In the Canby game Rick Zimmerman led the Pioneers in scoring with 18 points and he was followed closely by Steve Buhler with 16.

The big difference in the game was at the freethrow line where the Pioneers were only able to cash in on 10 of 24 free shots.

Jim Birkemeier led the Canby team with 23 points.

Other scorers for Sandy were Terry Cansler, Mike Leary 4,

Sandy wrestlers meet Canby

Canby moves into the Sandy gym tonight at 6 p.m. to meet the Pioneer wrestlers following a week which saw the local team drop two matches and gain a draw in a third.

Coach Ron Calhoun says that Canby is always tough but the win by the Sandy freshmen Monday night 58-14 over the first year Canby wrestlers has given the varsity team a big lift towards winning tonight.

Calhoun also stated that one of the best matches of the night should be in the 123 lb. weight class where Sandy's undefeated Pat Dyal put his 13-0 record on the line against another undefeated wrestler from Canby.

score of 34-17 and to Sweet Home by a score of 37-8 while the Pioneers drew 28-28 against Molalla.

Bright spots for the local team were Pat Dyal, Jim Bourn and Mike Dyal who won all three of their matches supplying most of the points for the Pioneers during the recent meets.

Bob Carey also took a win in the Estacada match while Jerry Stratton, Doug Harding

8th grade wins one, drops one

Agressive rebounding and a tough defense gave the Sandy Eighth Grade Mountaineers their second league win of the season Tuesday as they defeated Estacada by a score of 38 to 24.

Dan Vaughan and Fred Carlson led the scoring with 16 and 10 points respectively, while Mike McMahan controlled the boards by grabbing 11 rebounds.

Dubbie Hayes, Gary Marsh, and Doug Buhler looked good in the backcourt. In a tight defensive game Canby defeated the Sandy eighth grade team 17 to 13 on Jan. 21. Fred Carlson led Sandy scorers with 8 points and Dan Vaughan led the rebounders with 9. Next home game for Sandy is Woodburn on Feb. 23.

Slalom Saturday

Wilco League ski teams will meet at the Ski Bowl for a giant slalom race Saturday, following a layoff last weekend and a race at Mt. Hood Meadows Jan. 16.

OUTDOOR CLASS

Members of the Outdoor Adventure class, taught by Lute Jerstad, are planning to spend a night out on Mt. Hood sometime soon.

They want to go this weekend, weather permitting. Sounds like a cold night to me.

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