

Nell's Notes

By NELL HOWE
Hood-Land Reporter

Jo Drips all moved to Salem, and Mott and Dottie Fausch very busy remodeling so they can get all moved out to the mountain.

Across the river from Arrah Wannah, they had a huge mud slide. It came down into Admiral Flynn's garage, but not into the house. The road was blocked for a spell but Don Avery with some help, got the road opened. The people below were in a bit of a stew trying to figure out what made the river so muddy, as the Salmon just doesn't get muddy, and then they found out where all the mud was coming from. This happened last week, and a night later, the mud decided to go on the move again. I hope this is the end of it, mud is just too muddy, and so messy to move. In the long run, I think I would prefer a flood, of water not mud. But then I am sure they would rather have neither one.

I don't know what Richard Kinoshita has been up to, but it must be something. Cause he seemed so surprised that a couple of weeks went by and he wasn't in my column. I'll have to investigate this further, but now he will be on guard, and I'll have to sneak around to find out what it is.

June Snyder off to Hawaii for a few weeks vacation. What a lovely time of year to go to the islands. Bet she had a ball.

Found an old 1892 Calendar and on the back of it is an advertisement for Scott's Emulsion. What tickled me was the article. Anyone that is a bit overweight will love it. And the skinny ones will have to give it some thought. This is it.

A great deal of sickness begins with loss of fat. You know this. When your friend is in good flesh, you say "How well you look!" and when he is thin, you don't say what you think, but you worry about him.

Apply this to yourself. Don't let yourself get thin.

The disease of thinness that we fear most are scrofula, in the child and consumption in the adult. If you keep your child and yourself plump, you do not fear these diseases.

The germ of scrofula and consumption (both the same germ--ask your doctor) thrives on leanness. Fat keeps it down. Fat, then is the food means of getting the odds in our favor when contending against this germ.

Everybody knows that cod-liver oil is a fat-producer. Scott's Emulsion, of it is cod-liver oil made easy. The taste is concealed; the oil half-digested; it is half-ready to make fat.

In health you get this fat from your ordinary food and have no need of cod-liver oil. When you begin to lose flesh, you are not getting the fat that you must have out of your ordinary food, and you do need cod-liver oil, of course take Scott's Emulsion.

Now doesn't that just change your whole idea about being overweight. I am simply torn between being healthy and looking like a skinny something or other. Needless to say I pro-

baby won't ever have to worry about the skinny bit.

Grandma doing fine. Had a houseful on Sunday and she got a bit tired but held up real good. Jan and Garm and Chris and Julie were here for the afternoon. Seems like such a long time since they were out, but then they can never come too often.

Had father home for 4 days with the flu. For a while around here Grandma was the healthiest member in the family. George has managed to slide by without catching any of our bugs, but he is home so little that he doesn't have much of a chance to become germ laden. Lucky kid.

Carol Snyder Enrolls

At Sioux Falls School
Carol Snyder, daughter of Paul Snyder, Rt. 1, Box 906, Sandy, is enrolled as a junior for the spring semester at Sioux Falls College, Sioux Falls, S.D. Sioux Falls College is a four year liberal arts college affiliated with the American Baptist Convention. Sioux Falls College has a total enrollment of 924 students for the 1966 spring semester. The figure represents an increase of 74 over the previous comparable period, spring of 1965.

TO GET DEGREE

A Sandy senior at Eastern Washington State college, David B. Ludi, is a candidate for a bachelor of arts degree to be awarded at the close of winter quarter.

Donald G. Manson, EWSC acting registrar, said the candidates would be honored in informal ceremonies Thursday (March 17).

The son of Mr. and Mrs. John A. Ludi, Rt. 2, Ludi is a 1961 graduate of Sandy union high school.

An article in the March "Readers Digest" excused juvenile delinquency in part by the fact that young people need physical violence. It is an inborn heritage from our remote past. Civilization has taken away this need. In pioneer days there was a constant demand for physical effort; challenges of all kinds from fighting hostile Indians to clearing land for crops and gardens.

Pioneer Days

Even courting and bringing home a bride often required physical stamina. Take the case of Paul Dunn, one of the first settlers of the Sandy vicinity. He fell in love with a Mary Smith who was born in Sedalia, Mo., in 1854. She came to Oregon with her par-

stead near Sandy in the depths of winter for the wedding. He took the steamboat from I suppose Vancouver, though perhaps Portland, the chronicle doesn't say but it was very cold and finally, the steamboat couldn't plow through the ice in the Columbia.

Naturally Mr. Dunn couldn't just sit there and wait for the ice to melt. This bride was expecting him, so he hied to shore like Eliza crossing the ice in that famous Civil war tale. Then to prove his worth he walked from what is now Bonneville on an old Indian trail to Hood River arriving at the Smith home in time for the wedding the next day. It is presumed that the newly weds couldn't return to Sandy until the ice melted in the Columbia but return they did and over the years, developed the homestead into a fine farm.

Turning the pages of the scrap book looking for more examples of early hardships I came upon the story of Walker A. Proctor's young manhood. Mr. Walker was born in West Virginia. At the age of 17 he left home and for two years split rails, cut cordwood, built fence, dug coal and worked as a farm hand. he was paid 50¢ a cord for cutting wood and had to work hard to cut two cords a day.

When he was twenty one he came west with two friends. There was a railroad rate war on and his ticket from Kansas City to San Francisco on the emigrant train cost only \$6.00. From San Francisco to Portland by steam boat was \$10.00. He and his friends went to Gresham and took a contract to slash a 40 acres tract. They averaged \$2.00 a day.

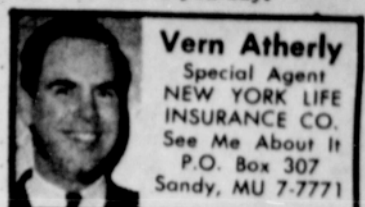
For several years he worked in logging camps and saw mills. Eventually he became owner of a fine farm. Then in later years he became president of the Clackamas County Bank and had many positions of trust.

Thurs., Mar. 17, 1966 (Sec. 1) THE SANDY (Ore.) POST 7

Whether it was courting, bringing home a bride, accumulating worldly goods the past generations worked off "their steam" most effectively. If there was any steam left they rode their saddle horses at furious gallops, danced all night, got into fights where the damage was mostly black eyes but after all this settled down into respectable adults.

State-mate: A husband with one joke.--Toastermaster.

An easy way to assure getting three essential B-vitamins and mineral iron is to check for the word "enriched" on the labels of the flour you use for home baking and on all the commercially prepared flour products you buy.



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UNITED STATES BREWERS ASSOCIATION, INC.



1966-67 Cottrell School Budget

Form No. 472-1
State Dept. of Education
Oregon
NOTICE OF SCHOOL BUDGET HEARING
Cottrell School District No. 107 of Clackamas County.
The Board of Education will hold a public hearing on the proposed budget for the fiscal year beginning July 1, 1966, and ending June 30, 1967, at 8:00 P.M. on the 31st day of March, 1966, at the School District Office, 107 1/2 Clackamas County, Oregon. The hearing will be held at the School District Office, 107 1/2 Clackamas County, Oregon. The hearing will be held at the School District Office, 107 1/2 Clackamas County, Oregon.

FINANCIAL SUMMARY									
For the Current Fiscal Year Beginning July 1, 1966									
	TOTAL ALL FUNDS	GENERAL FUND	Bond	Lunch	Serial	Levy	Title I		
Total Budget Requirements	109,377.50	88,230.00	5,332.50	9,800.00	3,189.00	2,828.00			
Indirect: Total Budget Requirements	66,158.16	50,900.66	4,622.50	9,800.00	3,189.00	2,828.00			
Revenue Necessary to Balance Budget	43,219.34	37,329.34	710.00						
Less: Tax to be levied for Ending Year	4,928.93	3,732.93	146.00						
Analysis of Taxes to be Levied	47,146.27	41,062.27	5,236.00						
Within 6% Limitation	41,062.27	41,062.27	5,236.00						
Outside 6% Limitation	6,084.00								
Not Subject to 6% Limitation									
Total Taxes to be Levied	47,146.27	41,062.27	5,236.00						

BUDGET SUMMARY									
GENERAL FUND									
July 1, 1966 - to June 30, 1967									
	Second Year Proposed	First Year Proposed	Budget Current Year	Approved	Adopted	Do Not Publish This Column	Adopted	Do Not Publish This Column	
3,379.96	5,274.24	2,070.00	Available Cash Balance	(Strike out the line Not applicable)					
73.33	58.27	1,000.00	Revenue from Local Sources except tax to be levied		1,000.00				
17,696.83	19,032.43	3,161.00	Revenue from Intermediate Sources		3,161.00				
36,159.67	29,465.50	39,657.00	Revenue from State Sources		46,325.66				
17.90	156.23		Revenue from Federal Sources						
			Proceeds from sales						
			Receipts from other School Districts						
			Transfers from other Funds						
57,327.47	53,886.67	45,888.00	Total Budget Resources except tax to be levied		50,900.66				
23,970.09	23,158.54	31,152.00	District Tax Received in Year Levied		31,152.00				
81,297.56	77,145.21	77,040.00	TOTAL BUDGET RESOURCES		88,230.00				

BUDGET SUMMARY									
GENERAL FUND									
July 1, 1966 - to June 30, 1967									
	Second Year Proposed	First Year Proposed	Budget Current Year	Approved	Adopted	Do Not Publish This Column	Adopted	Do Not Publish This Column	
1,100.00	1,307.97	9,100.00	Administration-Salaries		9,510.00				
582.67	797.45	775.00	Instruction-Salaries		825.00				
39,404.00	38,952.02	39,600.00	Attendance Services-Salaries		6,700.00				
4,868.34	3,132.12	4,750.00	Health Services-Salaries						
15.00	17.86	25.00	Pupil Transportation Services-Salaries		25.00				
1,097.56	2,468.00	1,350.00	Operation of Plant-Salaries		1,430.00				
3,700.00	3,823.92	3,950.00	Maintenance of Plant-Salaries		2,630.00				
2,712.35	2,867.04	2,630.00	Fixed Charges		800.00				
2,006.82	1,618.02	800.00	Food Services-Salaries		5,360.00				
5,486.56	4,519.08	5,360.00	Student Body Activities-Salaries						
2,965.51	2,699.66	4,100.00	Community Services-Salaries		175.00				
168.03	136.33	175.00	Capital Outlay-Sites						
4,488.20	19.09		Buildings		1,000.00				
5,095.08	2,542.07	750.00	Equipment		750.00				
			Debt Service-Non Bonded						
			Payments to other School Districts						
			Operating Contingency		2,000.00				
76,023.32	64,504.56	77,040.00	Transfers to Other Funds						
5,274.24	12,640.65	2,070.00	TOTAL ESTIMATED EXPENDITURES						
81,297.56	77,145.21	79,110.00	Unappropriated Balance						
			TOTAL BUDGET REQUIREMENTS		88,230.00				

BUDGET SUMMARY									
OTHER FUNDS									
July 1, 1966 - to June 30, 1967									
	Second Year Proposed	First Year Proposed	Budget Current Year	Approved	Adopted	Do Not Publish This Column	Adopted	Do Not Publish This Column	
904.50	1,126.95	700.00	School Lunch						
4,254.57	4,880.73	4,000.00	Receipts						
2,965.51	2,699.66	4,100.00	36, Fed Money		700.00				
7.31	14.20		77, Sale of Lunches		5,000.00				
			93, Transfer from Gen Fund		4,100.00				
8,221.98	8,721.54	8,800.00	Total Budget Resources		9,800.00				
			Expenditures						
3,305.00	3,847.33	4,100.00	910 Salaries		4,100.00				
4,490.26	4,616.25	4,550.00	921 Food		5,000.00				
223.15	56.41	100.00	922 Supplies		100.00				
203.57	401.55	50.00	Equip		200.00				
8,221.98	8,721.54	8,800.00	Total Est. Expenditures		9,800.00				
			Bond Int. & Red Fund						
			Receipts & Reserves		442.50				
			Receipts & Beginning Bal.		442.50				
3,000.00	3,000.00	3,000.00	Estimated Expenditures		3,000.00				
2,602.50	2,612.50	2,422.50	Principal		2,332.50				
5,602.50	5,512.50	5,422.50	Interest						
			Total Est. Expenditures		5,332.50				
			5 Year Serial Levy (1964)						
			Receipts		2,187.00				
			Expenditures & Reserves		3,187.00				

BUDGET SUMMARY									
OTHER FUNDS									
July 1, 1966 - to June 30, 1967									
	Second Year Proposed	First Year Proposed	Budget Current Year	Approved	Adopted	Do Not Publish This Column	Adopted	Do Not Publish This Column	
2,728.00			Bill 89-10						
			Title I						
2,728.00			Receipts						
			Federal Grant		2,728.00				
			Transfers from Gen Fund		100.00				
2,728.00			Total Receipts		2,828.00				
			Expenditures						
			Salaries		2,722.50				
			Supplies		5.50				
			Fixed Charges		100.00				
2,728.00			Total Estimated Expenditures		2,828.00				

Is that tiny laugh line he loves... a wrinkle?

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