

UP and DOWN the MOUNTAIN

By JOE KIEFER



The fourth Thursday in November is set apart each year in the United States for thanksgiving and praise to God as a public acknowledgment of divine goodness and mercies.

The first American Thanksgiving Day was celebrated in 1621 during the second winter the Plymouth colonists spent in the New World.

It was a day of feasting and prayer to show the gratitude of

the colonists that they were still alive. The custom spread from Plymouth to other colonies, and since 1863 has been a national observance. Today the trend is family activities.

There will be many editorials written and many sermons delivered before this day is over, on the subject of America's reason for giving thanks.

This is as it should be because to every segment of our society there have come advantages and opportunities of specific benefit and appeal.

Some of these benefits are tangible and quickly recognized.

Others are intangible and require a sense of values to be fully appreciated. One of the intangible benefits for which all Americans should be thankful is the fact that our forefathers were endowed with a love of liberty and founded our government on the principles of human dignity and freedom of the individual. The

basic liberties guaranteed to the people in the Constitution of the United States are a priceless heritage which has continued to develop over the years through the persistent efforts of freedom loving people.

Like the early settlers of Plymouth we have much for which to be thankful. Let us show our gratitude for the many benefits both tangible and intangible, which we have received.

Also let us re-dedicate our efforts to cherish these benefits and protect them for our children and our children's children on this Thanksgiving day.

From my family to your family:

Thankyou God for a bed,
A roof overhead,
A window that faces the sky;
A door with a latch
That is easy to catch,
The hand of a friend passing by.

May God bless and keep you on this "Thanksgiving Day."



"Let them eat cake, but make mine a peanut butter and jelly sandwich," say the eyes of Louis Daubin, 4-year-old Louis lives in Paris, France, and has never heard of Sandy, but we thought you'd like to know that American peanut butter and jelly is an international favorite. However, Louis patriotically spreads his on french bread.

LETTERS TO GWEN

Sunshine Corner

By Gwen Allee

Dear Desperate M.J.S.,
If he really loves you and wishes to do the correct thing for both parties he'd procure a divorce. I'll take nerve, but say, "Go 'til you are free." If he means business he'll wake up.

Dear Gwen,
I have been married to my husband 35 years and have two grown children married and with children of their own. Yet the minute I return from a short trip or errand, he quizzes me about where did I go and who did I see. He even feels the radiator of the car to see if it's hot. I honestly have

never given him cause for concern. What should I do?
Sincerely, T.J.

Dear T.J.,
He needs competent counseling at once. See a psychiatrist.

You are invited to write about your problems or offer comments on this column. No names or addresses will be used if your letter is printed in the Outlook. Only initials will be used and these will be withheld on request. Write to "Gwen, Sunshine Corner, Gresham Outlook, Gresham, Ore."

She is active in her own home, able to care for her business, and does outside activities, and what advice did you give her? SHAME ON YOU, how I wish I could talk with her and advise her against her meddling children. I am so thankful for my good children who don't meddle in any way with me or my business.

I wish there was some way you could undo what you have done. Sincerely, E.B.
P.S. I don't expect to see this in print but surely wish I could so it would warn mothers or fathers against meddling children.

Thank you for your letter. Different circumstances require different answers. Maybe I boo-bood and, again, maybe I didn't.

RANGING ZIG ZAG

By Mary Ellen Stauffer
Hood-Land 117

I want to first of all say that I hope you had a real nice Turkey Day and as of this writing I am looking forward to my first Thanksgiving as an old married lady of two months. Fortunately, we are spared the suspense of the turkey stuffing results this year as we will be visiting with an old home town friend and her husband from Tacoma, Washington. The army certainly did us a favor when it stationed them at Ft. Lewis, because it's nice to have someone to talk with who doesn't have any trouble understanding our Pennsylvania accent.

Fellow hoe-downers, or should I say square dancers, attention! Beginning Tuesday night, December 3, the art of square dancing will be revived in this area when Miss Murphy, the sixth grade teacher at Welches Grade School, will instruct square dancing enthusiasts in the school's cafeteria from 8 - 10:00 pm. We, my husband and I, are going to be among those enthusiasts and hope to be seeing you there. It's not only a lot of fun, but good exercise if you find yourself in the weight category that I do.

We recently took a trip to Government Camp and visited with Barney and Sylvia De Camp whose Village Store garage recently burned down. In talking to them, we learned that plans are under way for the garage to be rebuilt. In the meantime, some garage facilities are still available and the store, which was untouched, is open as usual.

Now as I finish typing this article, the tragic details of our president's assassination are still on the T.V. For me the day has been a most confusing one as I have never experienced the tragedy of the death of a president while in office. Previously, my only such contact has been through history books, but now I know the sorrowful feeling which can overtake a nation at a time like this.

At Water Hearing

By on Edwards of Rt. 1, Boring, chairman of the North Clackamas Soil and Water Conservation Board, attended the Oregon Water Resources hearing held recently in Oregon City.

Edwards presented to the board the possibilities of water development through the Flood Prevention and Water Control Act, public law 566. This deals with small water sheds and can be used to route water for municipal, agricultural recreational and wild life benefits.

What's Cooking?

By SARA SEWELL

BEEF CHOW MEIN NOODLE CASSEROLE

1 lb. ground beef
2 Tablespoons butter or margarine
1 green pepper, diced
3 stalks celery, diced
1 onion, chopped
1 cup water
1 can mushroom soup
No. 2 can chow mein noodles
Step 1: Brown meat in butter or margarine. Add green pepper and cook until pepper is tender.
Step 2: Cook onion and celery in 1 cup of water until celery is tender. Then add the can of soup to this mixture.
Step 3: Add meat mixture with second mixture and blend well. Then add 1/3 can of noodles, mix well, put in buttered casserole and sprinkle top with remaining noodles. Bake at 350 degrees for 45 minutes to one hour. Serves 6. Season meat lightly as noodles are salty.

1/4 teaspoon ginger
1/2 teaspoon nutmeg
1/2 teaspoon cinnamon
2 egg whites
1/2 teaspoon vanilla
1 cup shredded coconut, toasted
1 baked 9-inch pie shell
1/3 cup cream, whipped and sweetened
Softened gelatin in cold water.
Combine pumpkin, milk, water, egg yolks, 1/2 cup of the sugar, salt, and spices in top of double boiler. Cook over boiling water 10 minutes, stirring constantly.
Add gelatin and stir until dissolved. Remove from boiling water. Chill until slightly thickened.

Beat egg whites until foamy. Add remaining sugar gradually and continue beating until stiff. Fold in pumpkin mixture, vanilla, and 3/4 of the toasted coconut.

Turn into cold pie shell. Chill until firm. Before serving, top with whipped cream and remaining toasted coconut. It is most attractive to circle the whipped cream around the pie near the crust leaving the pumpkin pie showing through at the center for 3 or 4 inches. *To toast coconut, spread thinly in shallow pan.

Place in moderate oven (350 degrees F.) and toast about 10 minutes, or until delicately browned. Stir occasionally to toast evenly.

PUMPKIN PIE

2 eggs, slightly beaten
1 3/4 cups pumpkin
3/4 cup granulated sugar
1/2 teaspoon salt
1 teaspoon cinnamon
1/2 teaspoon ginger
1/4 teaspoon allspice (or cloves)
1 2/3 cups evaporated milk, top milk or light cream
1 9-inch unbaked pastry shell
Mix ingredients in order given. Pour into pastry shell. Bake in hot oven (425 degrees) 15 minutes. Reduce temperature to moderate (350 degrees) and continue baking 45 minutes or until knife inserted in center comes out clean.
For 2 9-inch pies, double this recipe, pour into 2 pastry shell and bake.

COCONUT PUMPKIN CHIFFON PIE

1 envelope (1 Tablespoon) gelatin
1/4 cup cold water
1 1/4 cups mashed cooked pumpkin
3/4 cup evaporated milk
1/2 cup water
2 egg yolks, slightly beaten
3/4 cup brown sugar, firmly packed
1/2 teaspoon salt

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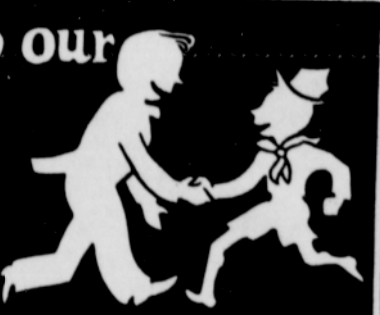
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