

BARTON NEWS

Mrs. Lon Allen - - - 279-6402

The Barton Extension Unit held a Cancer Closet work shop Thursday, Nov. 7. About 8 women met at the Barton school and made pads, bed jackets, hospital type gowns and other items that are useful to persons who are confined to bed for a long period of time.

These items will be kept in the Barton area and will be available to any family in the community who needs them.

They are for any illness where the patient is confined to bed for a long while. They are not just for cancer patients. There are foot rests that would be useful for a broken leg or arm.

If some family in the community has need of any of these items, you can contact Mrs. Bill Ferrel or any other members of the Extension Unit.

Mrs. Jean Miller was host for the Executive Board of the newly organized Chapter of the Estaca-

da Jayettes, Friday morning, Nov. 8.

Mrs. Lester Courtain is in charge of the community school program for the month of November. Reports are that a new type of entertainment will be presented.

Short Locals

Izaak Walton League, Oregon City Chapter, will meet Wednesday, Dec. 4, 8 p.m., Oregon City Chamber Commerce Bldg., Oregon City.

JOHN MILLER, BORING, president announces that the meeting will be election of 1964 officers, committee reports and reports from the State Izaak Walton Convention to be held in Portland at the Multnomah Hotel, Nov. 22-24.

Anyone interested in attending all or part of the Convention should contact Mr. Miller.

work smarter (not harder)

By BERNICE STRAWN
OSU Extension Service



Inability to make decisions consumes time and energy that could be spent doing the job with less wear and tear on you.

Don't let worry slow you down. Here's a simple 5-step formula to use in making any decision. 1. Think through your resources--time, money, energy, skills. 2. Just what is your goal? Get this clearly in mind. 3. What are the alternatives? Consider the pros and cons of each. 4. Take action--choose the way you think will meet your goal. 5. Follow through and if necessary, revise your decision. Revision doesn't mean you've made a mistake. This is a perfectly normal consequence.

Every time you replace inaction you beat down that procrastination habit--and grow in pride of accomplishment.

Turkey time is here. You can buy frozen turkey already stuffed --or without stuffing. But there's a difference in the way you handle it.

Virginia Weiser, OSU Nutritionist for the Extension Service, tells you how.

If you buy a frozen turkey, already stuffed, cook it without thawing. Before cooking, it's all right to let it stand overnight in the refrigerator, but not at room temperature. Once you do start roasting the turkey, continue until it is finished. Do not start it one day and finish it the next.

Repeat if necessary. Be sure to rinse thoroughly after bleaching. Dry wool away from heat and sun to prevent yellowing.

Accurate predictions of crop growth are now possible by use of a U. S. Department of Agriculture formula for measuring plant responses to specific environmental influence.

If the frozen turkey is not stuffed, thaw it in its own wrapper, in the refrigerator. The thawing is more uniform than when thawed at room temperature. A turkey of 10 to 20 pounds will take about

two to three days to thaw in the refrigerator.

Is baby's white wool bonnet or blanket turning yellow? After sudsing clean, bleach white in 3 per cent hydrogen peroxide and water solution. (The druggist will sell this to you.) Add 1/2 cup peroxide to 2 cups water and let wool stand in solution 4 or 5 hours.

SANDY BLUFF

Mrs. Rose Brook died in a nursing home in Portland, Nov. 12. She and her husband, the late Ed Brook came to this area in 1907. They purchased 20 acres of land on the Haughlum road, and raised their family. The oldest son, Jerome, owned the place after his father's passing. They built a home on property where Mrs. Brooks and youngest son Albert lived for a number of years, moving to Portland later.

Roy Brook now lives on the place, making three generations having lived in the same place. Mr. and Mrs. Charles Wilkenson is having Mr. Wilkenson's brother and family, Mr. and Mrs. Ray Wilkenson of Depoe Bay, also their daughter Helen of Portland, as dinner guests on Sunday.

Mr. and Mrs. Pete Haughlum have just returned from their place in Eastern Oregon.

A sensible speed is one at which you can see danger and be able to maneuver your car clear of it under all conditions.

American families spent 19 cents of each food dollar for dairy foods last year, reports the American Dairy Council.

Milk and other dairy products provide two-thirds of the total calcium in family diets, the U. S. Department of Agriculture reports.

CANDLE MAKING SUPPLIES

GLO CANDLEWAX 10 1/2-lb. slab \$2.20
Case of 5 slabs \$10.00
WICKS, 24" a foot 5c
GLITTER per bottle 25c
CRAYOLA COLORING each 5c

TEXTILE PAINTING SUPPLIES

Inez Paints (40 colors) each 60c
Textile Thinner 60c
Remover 60c
Asst. Brushes 20c up
Stencil Paper, pkg. 10 60c; - 18"x24" ea. 25c

NEXT FREE CRAFT MEETING TUESDAY
DEC. 3rd, 10:30 A.M.

GRESHAM COOPERATIVE

575 N.E. 8th MO 5-9151

Zim's
12 MILE CORNER

Prices effective Wednesday, Nov. 20, thru Wednesday, Nov. 27. Order your fresh No. 1 Thanksgiving turkey now!

THANKSGIVING SALE

In Our Meat Department - - -

TURKEYS



29¢
lb.
and up

Picnics

Sliced and Tied

39¢
LB.

Pork Roast

Boneless

49¢
LB.

Bacon

Sweetheart Sliced

2 lbs.
99¢

SWISS CHEESE lb **59**¢
PARTY SNACKS 4 oz. pkg. **4**¢
KRAFT DINNERS Macaroni and Cheese **5**/\$1
KRAFT'S PIZZA Reg. 53c lb **39**¢

CHEESE
Natural Slices
Swiss, Monterey, Caraway,
Muenster, Mellow Cheddar
lb **33**¢

CHEESE
Snacks . . . Pimento,
Olive-Roka, American
4 5-oz. **\$1**
for

PHILADELPHIA
Cream Cheese
8 oz. pkg. **35**¢
2 3-oz. pkgs. **29**¢

CHEESE
Mild Cheddar Wheel **49**¢
lb.

COFFEE
Folger's Drip or Regular **59**¢
lb.

Cranberry Sauce
OCEAN SPRAY
5 303 tins **\$1**

Fresh Pacific
Oysters
12-oz. jar **49**¢

Zim's Dew-Fresh Produce

Lettuce
LARGE CALIFORNIA
19¢
Head

CELERY Crisp Green
2 Stalks **25**¢

YAMS No. 1's
Sweet Golden **10**¢
lb.

Fruit Cocktail Standby No. 303s **4**/\$1⁰⁰

Shrimp Tiny, Clean Seaside **2** 4 1/2-oz. tins **79**¢

Pop Corn White, Yellow 3-Minute **2** lbs. **27**¢

Cottage Cheese Kraft's Pint **25**¢

Toilet Tissue Zee 4-Roll Pack **29**¢

Crackers Sunshine Soda lb. box **29**¢

Olives Wyandotte Large Pitted **4**/\$1⁰⁰

Potato Chips Nalley's 3 Pak **49**¢

Mince Meat Nalley's 28-oz. **39**¢

Fruit Cake Patricia Lynn **2** lb. tin **99**¢

Pumpkin Libby's 2 1/2 tins **19**¢

Apple Cider Tree Top gal. **79**¢

Pepsi-Cola 12-oz. Plus. Dep. Carton **59**¢

Pickles Nalley's Banquet, 22-oz. **35**¢

Chocolate Chips 6-oz. pkg. **6**/\$1⁰⁰

Margarine NU MAID lb. pkgs. **6**/\$1⁰⁰