



The Sandy Post

Picnic Section



Iced Tea Pals With Food For Super Picnic

Whether your favorite picnic party includes only you and one other person or a large group, you must admit that good iced tea is far away the most universally popular summer drink there is. Iced tea, whichever way you prefer it: iced tea, strong or weak; iced tea, flavored or plain; iced tea, a single glass or many.

Iced tea, the picnic's friend. It is no longer necessary to make up your "eating out" iced tea in advance, only to have it diluted by the melting ice while it waits patiently for you to enjoy it. New instant tea now gives you, for the first time, the opportunity to make a deliciously refreshing tea on the spot -- each serving "custom-made" to your individual taste. There's no fuss, no muss, because you make it as you want it and how you want it.

Here's How
Liked it iced? Simply put a teaspoonful of instant tea in your glass, add cold water, stir and add ice. Like it hot? (Some do). All you have to do is heat the water and add it to the teaspoonful of instant tea in your cup. Both ways, tea is marvelous with your favorite picnic sandwiches, and with new instant is can be made "as you like it."

Instant tea, of course, is tea that has been brewed to perfection by experts; and then only the water has been removed, leaving millions of teasty "tea flakes" which are then vacuum-sealed in jars for you to enjoy simply by replacing the water, hot or cold.

Here are several easy sandwich suggestions that are

perfect picnic companions for iced tea—one is a meal-in-hand, the other a good partner to more elaborate picnic fare.

Meal-In-Hand
Small French or Italian loaves Cooked roast beef, ham or pork
Onion
Mayonnaise
Prepared mustard or horseradish

Slice loaves lengthwise, scoop out soft center. Put through meat grinder, beef, ham or pork. Combine meat with chopped onion, add mayonnaise to moisten; mustard or horseradish to taste.

Heap meat mixture on bottom half of loaf, cover with top.

Picnic Partner
3 chopped hard cooked eggs
2 tablespoons green onion

1-qt. cup chopped green pepper
1-half cup chopped cucumber
1-half teaspoon salt
1 half cup salad dressing or mayonnaise

Combine above ingredients in mixing bowl; spread generously over slices of white or whole wheat or rye bread.

Kids' Picnic Is Cure For Vacation Blues

When your small fry gets restless and "want something interesting to do", try a do-it-yourself picnic in your own back yard. Preparing their own outdoor lunch is fun for youngsters, and the work involved gives them a sense of creativity and accomplishment. As quick as a wink, you can assemble the props for an

easy, imaginative do-it-yourself picnic.

Here's all the equipment you need: a table, paper cups, plates and napkins, and cookie cutters in decorative gay shapes. And here's a menu that's sure to be popular: a loaf of bread, a new kind of cream cheese spread, a paper container of raisens, some carrot sticks—and instant sparkling drink tablets.

THE CHILDREN CAN HELP

The children will enjoy cutting the bread into varied shapes, slathering on the spread, and decoration each sandwich with raisin designs. And they will get a special kick out of the instant tablets that you drop in water to make colorful bubbling soda pop. Provide them with tablets in all available flavors—orange, lemon-lime, grape, cherry, root beer, hula punch and cola—and let them drink heartily. The drink tablets are vitamin C enriched and sweetened. In-

dividually foil wrapped, they are easy to use.

As for Mother, paper service means no clean up when finished eating their picnic. Here's a new idea for a cream cheese spread:

CRUNCHY CREAM CHEESE SPREAD
1-3rd. oz. package cream cheese.

1 tablespoon milk
Dash of salt
1 qt. cup finely diced celery
1-qt. cup finely chopped peanuts.
Blend cream cheese with remaining ingredients. Makes 1 half cup.

Drive Carefully

A Picnic? It's In The Bag!



By Beba Stagg, Director
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A "spur of the moment" picnic is often described as a "had the best time" type. A late "let's cook out tonight" from the man of the house, or a "why don't we go on a picnic, mom?" from the children, need cause no panic. Decide the family picnic favorites that can be packed in a hurry and the meal is practically in the bag! What to take? That's the next question. Hamburgers?—yes, pull the ground beef patties from the freezer, allowing two for each picnicker.

Hamburgers with Variety

Hamburgers can lend endless variety to meals. Although their cooking at picnics is usually limited to broiling or panbroiling. Seasonings and sauces can add a "different" touch. As a basic recipe, add 1 teaspoon salt and 1/2 teaspoon pepper to each pound of ground beef. Onion, garlic or celery salt may be substituted for 1/2 of the salt, if desired. An eighth teaspoon thyme, marjoram, basil or oregano may be used in place of the pepper. Chopped onion, olives or celery may be combined with the meat. The hamburgers may be shaped around a cube of cheese, a pickle slice or a stuffed or pitted ripe olive. Sauces including a mixture of catsup, prepared mustard and Worcestershire sauce

or soy sauce, sugar and ginger may be brushed on the hamburgers as they cook to provide a barbecued or an oriental flavor.

To Complete the Menu

Hamburger buns, potato salad, onions, tomatoes, mustard, catsup, pie or other dessert and beverage complete the menu.

Send one of the children to the nearest market for the buns, canned potatoes or potato salad, and a pie or other dessert. Hard-cook enough eggs to top the potato salad. Put coffee, cold milk, or other beverage in the thermos container.

Packing the Lunch

Make the packing easy—carry all the food in paper bags. Wrap the patties, sliced tomatoes and onions in aluminum foil. Put the potato salad in containers and pack with the hamburgers. Pack mustard, catsup, containers of salt, pepper and sugar and cream (if desired for coffee) in a second bag. Pies, cookies or doughnuts or fruit can be slipped in a third bag. The last bag can carry the picnic plates, cups, napkins, forks, a paring knife and can opener. Someone can carry the beverage container. Dad's home—is the charcoal in the car? It's time to go.



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