

Dancing Classes Start Wednesday

SANDY — The first dancing class will be held in the Sandy grade school cafeteria Wednesday, October 19. Beginners class will start at 7:30 and last until 8:30 P.M. The advanced class will start at 8:30 and run until 9:30 P.M.

Those not attending the first class will be given an opportunity to enroll at the second class and will be given a half hour instruction so as to be up with the first beginners group.

The fee for the lessons is the same as last year, payable in advance for the series of six lessons once a week. Mr. and Mrs. George Triplett from Cheney's School of Dancing will again be the instructors.

One most important factor in the program is to encourage parents to come to the classes and act as sponsors for the two groups. A list of the names of some of the parents who have made mention that they are willing to attend the classes as sponsors and other parents expected to attend is as follows:

Beginner's class sponsors are Mrs. Fred Dickman, Mrs. Ruben Hoffman, Mrs. LaVerne Willis, Mrs. George Triplett, Mrs. Carl J. Loundree, Mrs. Don Jones and Mrs. Bill Radford.

Advanced class sponsors are Mrs. Ralph Richardson, Mrs. Ed Anderson, Mrs. Edison Mills, Mrs. Thomas Seales and Mrs. Fred Dickman.

Sandy Locals

Mr. and Mrs. Carl Gomoll, residents of Sandy for many years, left this week for McMinnville where they have purchased a restaurant. Mrs. Gomoll has been very active in the Sandy Rebekah lodge and is a past noble grand of the organization.

October Ideas for Meal Planners



by FRANCES FIELDS Home Economist Oregon Wheat League Lewis Building Portland 4, Oregon

As we sweep away the last of summer's leaves, our lives settle down to more regular patterns. In one of your patterns of activity—meal planning—I hope to become a regular help.



Nutrition vs. Overweight
Did you know that a nutritious diet is not a fattening diet? For example, wheat foods in a well-balanced diet are not fattening. It is simply overeating that causes overweight.

Did you know that to get into a dress one size smaller requires losing from ten to fifteen pounds?
Did you know that the finest cake and pastry flours and mixes are made from "soft wheat" varieties grown in Oregon?



October is DOUGHNUT TIME!
Doughnuts are on display at neighborhood grocery stores and bakeries. Halloween, you know! If you like to make your own—

Here is a basic DOUGHNUT RECIPE
Beat 4 egg yolks or 2 whole eggs until light. Add 1 cup sugar, 2 T. melted butter, 1/2 cup milk. Sift together 3 1/2 cups sifted all-purpose flour or 4 cups pastry flour, 4 t. baking powder, 1 t. salt, 1/4 t. nutmeg, 1/4 t. cinnamon. Add dry ingredients to liquid and mix together until well blended. Chill dough. Roll to 1/4 inch thickness. Cut with floured cutter. Fry in heated fat—375°. Slide doughnuts from spatula into hot fat. Fry on each side until golden brown. Remove, drain on absorbent paper.

SPECIAL TRICKS FOR DOUGHNUT TREATS:
Drench warm doughnuts in granulated or powdered sugar, add cinnamon or chopped nuts, too, if you like. Try adding 3 tablespoons grated orange rind and substitute orange juice for the liquid. While warm, dip these in powdered sugar. Add maple flavoring and chopped nuts, serve warm with scoop of vanilla or maple- nut ice cream. Lazy? Drop spoonfuls into hot fat and have drop doughnuts.

Did you know that there are 14,000 farmers in Oregon whose principal crop is wheat? And wheat is the largest agricultural crop grown in Oregon.

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OREGON WHEAT

Stork Club -

A third son, George William, was born to Mr. and Mrs. George Larson of Sandy on September 28, at Emanuel hospital, Portland. The youngster joins two older brothers at home, Carl and Charlie. He weighed 5 pounds 9 ounces at birth.

Their first child, a son, was born to Mr. and Mrs. John McVicker on Monday, October 10, at Portland Osteopathic hospital. The youngster weighed 7 pounds, 12 ounces and has been named John Lance. Mrs. McVicker was the former Patricia Esperson.

Grandparents are Mr. and Mrs. A. C. Esperson and Mr. and Mrs. Harry McVicker all of Sandy. Mr. and Mrs. Fred Smart are great uncle and great aunt of the new baby.

Their second child and first girl was born Thursday, October 6, at Emanuel hospital, Portland, to Mr. and Mrs. Darryl Ellason of Sandy. The little girl weighed in at 7 pounds 9 ounces and has been named Susan Marie. She joins a brother Doug.

Grandparents are Mr. and Mrs. Earl Dove of Boring and Mr. and Mrs. Howard Ellason of Bluff road. Great grandparents are Mr. and Mrs. J. N. Ferry of Bluff road.

Mr. and Mrs. R. Charlton of Sandy are parents of a girl born Monday, October 3, at Emanuel hospital, Portland. She weighed 8 pounds 6 ounces.

It was a boy for Mr. and Mrs. Jerry Swails of Troutdale born Thursday, October 6, at Emanuel Hospital in Portland. The young man tipped the scales at nine pounds. He joins two sisters at home.

Grandparents are Mr. and Mrs. C. O. Johnson of Sandy and Mr. and Mrs. Henry Ford of Portland, former Sandy residents.

Obituaries

DAISY M. BILLMIER EAGLE CREEK—Daisy M. Billmier of Route 1, Box 46, Eagle Creek, passed away at her home Monday, October 3, following a lengthy illness.

Mrs. Billmier was born on June 12, 1897 at Carmi, Illinois. The family lived in Seattle, Washington, before moving to Eagle Creek more than a year ago.

Funeral services were held Thursday, October 6, at 11 A.M. in Bateman funeral chapel in Gresham with Rev. Harold Collins conducting the service. Donald Johnson was soloist. Concluding rites were at Forest Lawn cemetery.

Pallbearers were James D. Carpenter, John Mills, Willis Reynar, and Gerald Aylett.

Survivors include her husband, John and children, Mrs. Emma Howe, Portland; Mrs. Gladys Jones, Estacada; Mrs. Dorothy Jones, Spokane, Washington; William Staley, Long Beach, California; Douglas Staley, El Paso, Texas and Larry Staley, Seattle, Washington. There are 13 grandchildren and 2 great-grandchildren.

Birthday Party Honors Children

SANDY—A community birthday party honoring birthdays of neighborhood children whose birthdays occurred during September and October was held at the home of Mrs. Charles Leathers on Monday afternoon, October 3.

Children able to attend the party were Roger Leathers, Mike Lindsey, Jimmy Denbo, Laura Lynn Schank, Rickey Leathers, Tommy Bessant and his baby brother.

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See this 3-in-1 value demonstrated at Cannon's Hardware Sandy, Oregon

Inter-City Class Set For Dancers

SANDY — Beginners square dance classes for both Sandy and Estacada residents will start Monday, October 17, at the City Hall recreation room in Estacada at 8 P.M. Classes will be held on each Monday from 8 to 10:30 P.M. Anyone wishing to learn to square dance and have fun while learning are urged to attend.

Hal Huffman, who is a member of the WVSDC Association will be the caller and instructor for the series.

Hal also calls for the Hoops and Boots Square Dance club, an intermediate group at Sandy. They will also meet at the recreation hall in Estacada on the first and third Saturdays of each month starting at 8 P.M.

Anyone who has completed a beginners course is welcome to join and dance with this group.

PNG Club To Meet At Markvardsons

SANDY — The Past Noble Grands club of Sandy Rebekah lodge will meet Monday evening, October 17, at the home of Jennie Markvardson at 8 P.M. Mrs. Margaret Kozzman will be co-hostess.

Ridge Group Form Extension Unit

SANDY — The Sandy Ridge Home Extension Unit met at the home of Mrs. Olva Cook on Thursday, October 13, at 11 A.M. Subject for the day was Good Weight for Good Health.

The first meeting of the club was held at the home of Mrs. Eleanor Seibert on September 8 with 18 members present.

Officers elected at the first meeting were Mrs. Eleanor Seibert, chairman; Mrs. Von Bergen, vice-chairman; Mrs. Olva Cook, secretary and Mrs. Virginia TenEyck, treasurer.

Grade Teachers Hold First Meet

SANDY—The first fall meeting of the Sandy Grade School Teachers' association was held in the cafeteria room of the school building at 4 P.M. Tuesday, October 4, with the president, Miss Goldie Carroll, presiding.

A guest at the meeting was Henry Osibov, superintendent of Colton schools and Clackamas County OEA president, who presented an OEA charter to the association.

Officers elected were Kenneth Doty, vice-president, and Mrs. Evelyn Krebs, secretary-treasurer.

LOOKING FOR BARGAINS? YOU'LL FIND THEM ON THE CLASSIFIED PAGE

Welches Teachers Honored At PTA Reception and Meet

WELCHES—The annual Teachers Reception was held at the meeting of the Welches PTA last Friday evening, October 7, at the Welches school.

Walter Blaisdell Jr. opened the meeting and Mrs. Paul Merriss gave the invocation.

The second grade was announced as winner of the membership drive with 61 per cent parent membership.

Plans were discussed for a handicraft sale to be held at the December meeting. Mrs. Dorrel Petrie, school clerk, introduced the teachers and presented each with a plant. Each teacher gave a short talk.

Those introduced were Mrs. Lois Volbrecht, first grade; Mrs. Gladys Spokile, second grade; Miss Ardonna Elligsen, third; Mrs. Ruth Bartley, fourth; Miss Rosetta Ballard, fifth; Mrs. Ardis Green, sixth; James Caughlan, seventh; and Paul Merriss, principal and eighth grade.

Also introduced were school directors present William O'Dea and Everett Darr; school cook, Mrs. Myrtle Klawitter and custodians Louis Wilkins and O. W. Ness.

F. J. Lyne, safety and health chairman, introduced Patrolman Fred Rice, who gave an interesting talk on safety.

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RED ARROW
COOKIES FULL 35c
1 lb. pkg.

NABISCO
SNOW FLAKES . . 2 lbs. 47c

DON'T FORGET . . . THE SANDY'S WOMAN'S CLUB

SPAGHETTI DINNER

SATURDAY, OCTOBER 15
5:30 To 7:30 P.M.
SANDY MASONIC TEMPLE

BROWN MEAT

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"You can buy cheaper meat -- but not better meat at a better price."

BONELESS
CORNER BEEF lb. 39c

FOR YOUR LOCKER . . .

STEER BEEF
HALF OR WHOLE
29¢
lb.

PRODUCE
CAULIFLOWER Snowwhite Crisp lb. **10c**

No. 2 SPUDS **50 lbs. 85c**

Snowboy Oranges **5 lbs. 49c**

WRIGHT'S

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