



Kind and generous  
may the New  
Year be for you



Mac's Shoes & Men's Wear  
Loop Highway Koch Bldg. Sandy, Ore.

### Savory Beef Stew And Economy, Too



A few left-overs can be quickly transformed into something special—Savory Beef-Stew. To make it, combine left-over beef with vegetables in a flavorful brown gravy and serve on flaky hot rice.

#### Savory Beef Stew

- |   |                                     |
|---|-------------------------------------|
| 5 tablespoons butter                      | 1/2 cup cooked peas                 |
| 5 tablespoons flour                       | 1 cup diced cooked beef             |
| 2 1/2 teaspoons meat paste                | 1 pkg. (1 1/2 cups) pre-cooked rice |
| 2 1/2 cups hot vegetable liquid and water | 1 1/2 cups water                    |
| 1/2 cup sliced cooked carrots             | 1/2 teaspoon salt                   |
| 1/2 cup cooked small white onions         |                                     |

Melt butter in saucepan. Add flour and stir until blended. Dissolve meat paste in hot vegetable liquid and water; add to flour mixture gradually. Bring slowly to a boil and cook until thickened, stirring constantly. Add cooked vegetables and meat; simmer 5 minutes.

Meanwhile, combine pre-cooked rice, water, and salt in saucepan. Mix just until all rice is moistened. Bring quickly to a boil over high heat, uncovered, fluffing rice gently once or twice with a fork. (Do not stir.) Cover and remove from heat. Let stand 10 minutes. Serve with the meat mixture. Makes 4 servings.

The secret of happiness is not to do what one likes, but to be able to like what one has to do.

### Nell's Notes . . .

The FRANK CHRISTENSENS have their Christmas cut out for them. Their son Frank has the measles—BESS BRADLEY in a whirl with swags—WALLY SCALES passing his judgement on a rain out-fit—ARLETHA MILLS adding up her birthdays—AGGIE BARKER doing her Christmas shopping—GEORGE Bistorious suggesting grandma joins the navy—EDNA GUNDERSON never at a loss for an answer—PAPA MANSFIELD bare headed in the rain—LITTLE PAPPEY with stars in her eyes—JIM, GENEVIEVE and DONNA LANGDON off to the big city—DODE KOPPER burning his hands on a fire screen. There was a blue haze for miles around—Can any one explain why BILL STOLL is so fond of that hat—BIG CHIEF Burton coming 'round the Mountain—DOROTHY EISEIBIESZ working half the night varnishing her living-room floor only to wake up the next morning to find her bargain varnish had turned her floor black—DOROTHY MEYERS hurrying to the dentist.

### Kitchen Planning Bulletin Released

Suggestions for planning a built-to-order kitchen which will save time and space for the homemaker are contained in a new bulletin released this month by the Oregon State College agricultural experiment station. Title of the publication is "A Guide for the Kitchen Planner." It is listed as station bulletin No. 482 and was written by Miss Maud Wilson, former head of the experiment station department of home economics research.

Steps in planning a utilitarian kitchen are outlined in easy-to-follow order. Miss Wilson also has included a wealth of planning aids such as activity and storage charts. A variety of effective illustrations showing construction details add to the bulletin.

Copies of the publication are available at county extension offices or at the college.

A man who overestimates his ability sometimes loses, but the man who underestimates his ability never starts.

**Holiday Goodies**  
Cakes - Candies - Cookies  
Bake With  
**NUCOA**  
2 Lbs. **67¢**

**Best Foods**  
Real  
Mayonnaise  
Qt. **83¢**

**PICKLES** Best Foods Bread-Butter  
2 Jars **49¢**

**Lehman Big Apple**  
EVERY DAY 8 - 10



May this season of loving and giving find us in accord.



1950

All the joy...

that a Merry Christmas can mean is our sincere wish for you this glad holiday season!

MILLS BROS. HARDWARE  
Phone 651 Sandy, Ore.



Best Wishes

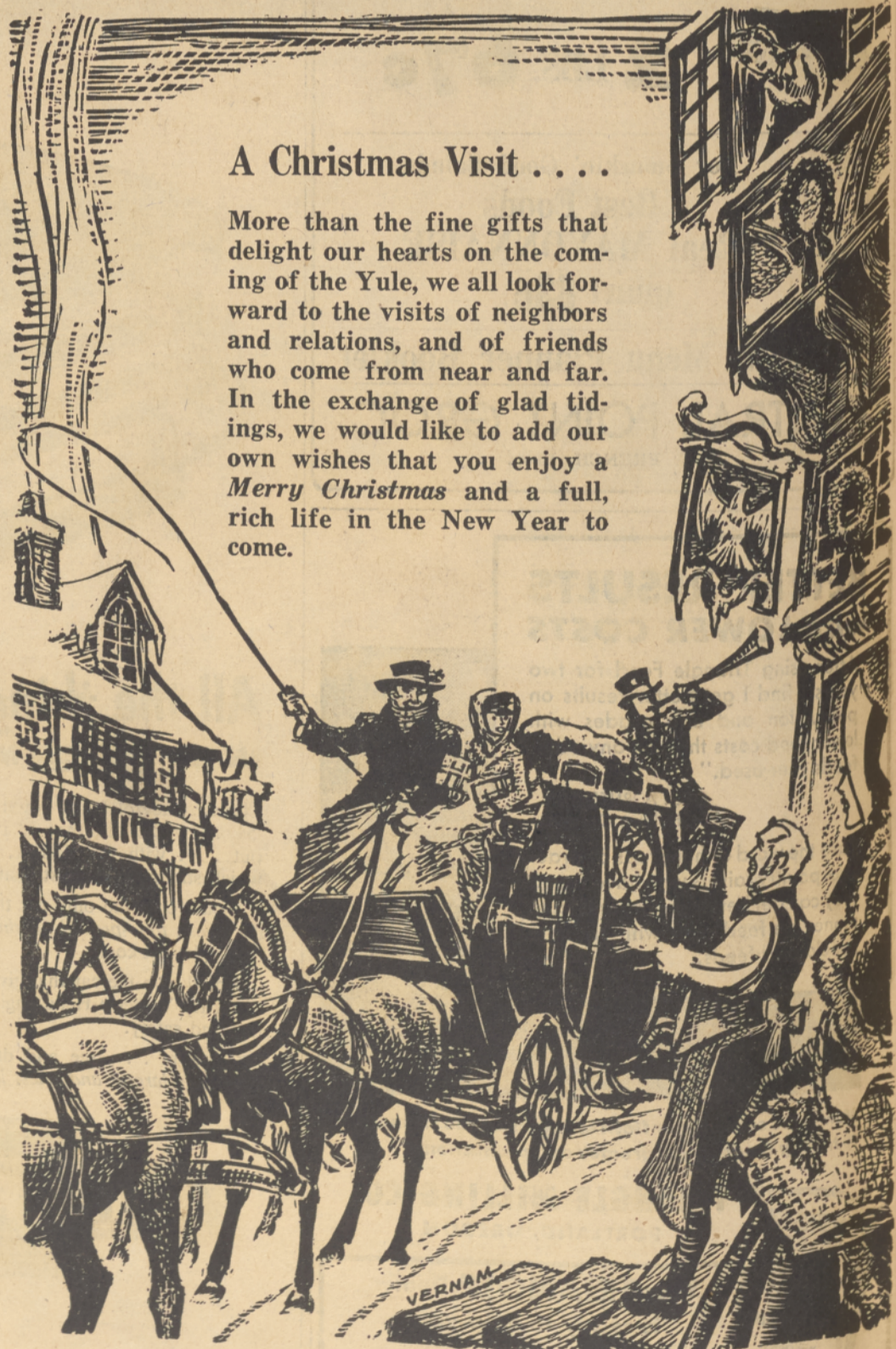
Here's to a bright and beautiful Christmas 1950

**NORQUIST ELECTRIC**  
Radio Repair Licensed Electrical Contractor  
Phone 601 Sandy, Oregon

SANDY MARKET, INC.  
Ruben Hoffman, Owner

### A Christmas Visit . . . .

More than the fine gifts that delight our hearts on the coming of the Yule, we all look forward to the visits of neighbors and relations, and of friends who come from near and far. In the exchange of glad tidings, we would like to add our own wishes that you enjoy a Merry Christmas and a full, rich life in the New Year to come.



**BUNNELL'S VARIETY**  
Main Street Sandy, Oregon