

BARKER'S BUGLE

Values

Smiles



We cherish your doctor's confidence in the Recall Prescription Department. As his partner in health service, it is our first aim to maintain your doctor's confidence. To do this is to adhere to a policy that calls for a wide variety of quality drugs — newest drugs — yes, even seldom used drugs that must be replaced frequently enough to insure full potency. Recall prescription policy calls for accuracy to the nth degree; our double check system guarantees that your doctor's instructions will be followed to the letter. Therefore, the next time your doctor writes a prescription for you, bring it to the Recall Drug Store. For, like your doctor, you can be confident that your prescription will be filled promptly and accurately with the prescribed ingredients.

SANDY DRUG STORE

Sandy,

Oregon

LOCAL WOMAN ON COUNTY HEALTH ASS'N. BOARD

Mrs. Robert Jonsrud of Sandy was elected a member of the advisory committee of the Clackamas county public health association at the recent annual meeting held in Oregon City. The 18 members of the committee are from civic, church and school groups, agricultural, labor, dental, and medical professions from all sections of the county.

Walter W. R. May, editor of the Oregon City Enterprise, a member of the board of directors of the Oregon Tuberculosis association and a figure in the national field of public health is president of the association. All other officers were reelected: Mrs. Stanley Mitchell, first vice president; Mrs. Peter Kylo, Canby, second vice president; Mrs. Clarence Scheer, Jennings Lodge; Mrs. Austin Nickels, West Linn, secretary and T. O. Gregory, Oregon City, treasurer. Dr. Frank Perlman of the army medical staff at the Barnes General hospital at Vancouver was the main speaker at the meeting. He stated that experts from all over the world serve the U. S. in and out of uniform to protect the armed forces and some are flown overnight to the actual scene of battle.

Catastrophes are often averted by good health organizations. Sanitary and medical officers often say when the attack can begin.

Nutrition of the people in liberated countries is one of the

great problems.

Eating raw fruits and vegetables in the tropical bazaars is extremely dangerous to our men and they must be disciplined against it.

With the aid of the manual prepared by the army, men can live for months off the land in the tropics if they are marooned.

Fat persons in England are a rarity today but the people's health was never better.

The army with the lowest incidence rate of malaria will usually win the tropical battles.

Atabrine, without qualification is satisfactorily taking the place of quinine and has many advantages over it.

Pilots can take atabrine and continue flying; with quinine they must be grounded because of its effects on sight and hearing.

A high incidence of malaria is like a tactical error in military strategy.

America is far ahead of other countries in preparing vaccines.

From the disease or epidemic standpoint the people have little or nothing to fear from demobilization.

When you wine and dine returned soldiers who have had malaria you may bring back the effects of the disease.

Acid Indigestion

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When excess stomach acid causes painful, irritating gas, sour stomach and heartburn, doctors usually prescribe the fastest-acting medicine known for prompt relief—medicines like those in Bell's Acid Tablets. No laxative. Bell's brings comfort in a jiffy or double your money back on return of bottle to us. 25¢ at all druggists.

GREEN FEED NECESSARY FOR POULTRY FLOCKS

Liberal use of green feed for poultry flocks is one of the most practical ways to conserve mill feeds says J. J. Inskeep, county agent. The amount of mash and scratch grains required to produce a dozen eggs can be reduced by 10 to 20 percent when an adequate amount of green feed is supplied the hens, he says.

In a recent summary of green feed possibilities in Oregon Noel L. Bennion, extension specialist at Oregon state college said that Oregon producers depend mainly on alfalfa, ladino clover and kale for year-round green feed purposes.

At this time of the year carrots can be used for the same purpose although they are not strictly a green feed so far as color is concerned. They are especially high in vitamin A however, and supply succulence. At present feed prices carrots are worth from \$10 to \$15 per ton for poultry feed. One hundred laying hens will consume from five to seven pounds of carrots a day.

Alfalfa is the most universal source of green feed, either fed or as alfalfa meal in poultry mashes. Young succulent green feeds in addition to the dry alfalfa meal are highly palatable and are a good source of proteins, minerals and especially vitamins.

An irrigated patch of ladino clover is depended upon by many Oregon poultrymen for a complete summer supply as it can be cut and fed fresh continually from about the first of April until November. For winter use kale will provide green feed from October until March. Lawn clippings if cut before the grass is too long and tough are a good source of green feed in summer. For late summer use where irrigation is not available sudan grass can be used in July, August and September, either for cutting or for pasturing by birds on range.

KEEP ON
Backing the Attack!
WITH WAR BONDS

7TH DAY ADVENTIST CHURCH

Pastor, Raymond Hixson

Sabbath School at 10:00 a.m. Saturday. Preaching at 11 a.m. and Young People's Meeting at 3:30 p.m.

Prayer meeting Wednesday at 8:30 p.m. All people are cordially invited to meet with this group. A series of studies on the Sanctuary will begin at the meeting of September 1st. Don't miss this interesting group of meetings.

Our Church supports a complete eight grade school headed by Mr. Ray Hickson.

DOVER CHURCH

Walter E. Stamm, Pastor

Sunday school 10:00 a.m. Morning service 11:00 a.m.

SANDY COMMUNITY CHURCH

J. C. HAFLEY, Minister

Sunday School begins at 9:45. 11:00 a.m. the worship hour in song and pastoral prayer. Music directed by Mrs. Richard Wessell and sermon by the pastor. Mrs. Lewis Hall, Supt. Efficient teachers for all class ages and a Christian welcome awaits you. The entire evening service will be in charge of the Christian Endeavour directed by Miss Marion Deming and will begin at 7:00 o'clock. This is a special service of special attraction and benefit for the youth of the entire community, with both local and outside talent being used.

Cottage prayer meeting each Wednesday evening at 7:00. Radio broadcast, "The Sky Pilot" each Saturday, 12:45, Station KWJJ.

IMMANUEL LUTHERAN CHURCH

Rev. H. J. Gieseke, pastor

Service every Sunday at 11 a.m. Sunday School every Sunday at 10 A. M.

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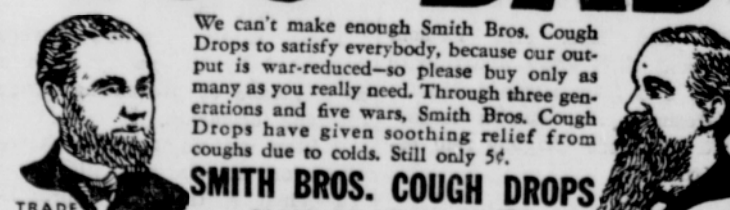
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