

SANDY POST

Published Every Thursday at Sandy, Clackamas County, Oregon

"With charity and justice to all and malice toward none."

ORVAL G. BUTLER, Editor and Owner

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Good news travels fast—many of the thousands of folks who now take lemon juice for rheumatic pain—have found that by adding two tablespoonfuls of Aileron to one tablespoonful of lemon juice in a glass of water, they get faster relief for the aches and pains caused by rheumatism, lumbago. It's no surprise either, for Aileron is a 15 year old formula to relieve rheumatic aches and pains. In fact—if it does not help—your money back. What could be fairer? Get Aileron today at any live druggist. Only 6c cents—Do It Now.

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IT NEVER FAILS



Rebekah Lodge

Sandy Rebekah lodge met in regular session on October 14th, with noble grand Ruby Whitfield presiding. Sister Alice Scales, seriously ill in the hospital, is reported to be holding her own, as is Sister Mable Ripelle. District deputy Jessie Miller reported that at the close of the recent bond drive the local lodge is credited with having sold \$6,637.50 in bonds under the leadership of Jessie Miller and Margaret Kozman.

Mrs. Bessie Rehberg, under good of the order, had charge of the program. First was a song fest, by all members, led by Mrs. Effie Swails and accompanied at the piano by Miss Doris Truby, followed by a reading by Mrs. Miller, a true story of dreamland by Mrs. Rehberg, a skit by Mrs. Edna Amstad and Frank Rehberg, and a humorous reading by Mrs. Lois Sherman, closing song, 'A long, long, trail' by all members.

Refreshments were in charge of the Past Noble Grands, who served a lovely lunch. At the next meeting, nomination of officers will be in order. Committee for refreshments will be Mrs. Whitfield, Sylvia Borland, and Doris Truby.

Sandy C. of C.

(continued from page one)
Sandy is supposed to receive support from the chamber of commerce, but the citizens have lost interest, leaving the paid up membership to the small sum of 13, therefore the boys have had no financial support. I think the 13 members have done well to hold the name intact; let us all join in and make this dinner and program a credit to our community.
V. D. Butler,
President Sandy C. of C.

Grange Card Party

The opening card party of the Sandy grange last Saturday evening was well attended. Pinochle and 500 were played. High scores in pinochle were held by Bina Bell and Ray Murray; low scores by Mary Linn and Leo Van Houghton. High scores in 500 were held by Sadie Boshalm and Leo McCabe; low scores by Walter Douglas and Maggie Bell. Door prize was won by Mrs. McCabe. The next regular meeting of the grange will be on November 13th.

BULL RUN NEWS

By Bessie Rehberg
Blanche Jadwin and Bud Bacon were week end visitors at the Jadwin home.

Mr. and Mrs. L. C. Van Alsdell were guests at the Butler home Sunday.

Mr. and Mrs. Colson and son of Orient were dinner guests at the Miller home Sunday. Mr. Miller's son Stanley and family spent Saturday with the home folks.

Mrs. Thomas R. Baldwin of Gearhart was a week end guest of her sister, Mrs. Frank Rehberg, at Little Sandy.

What You Buy With WAR BONDS

Powder Monkey

On board ship and in the artillery their buddies call them "powder monkeys." Not disrespectful, just a personal, intimate term between friends. Civilians call them gun crews. During a battle the crews of "powder monkeys" must work like trojans bringing the ammunition to the guns.



The gun may fire an anti aircraft .50 calibre shell or a broadside from the 16 inch guns of a great battleship, but in either event the "powder monkey" must pass millions of dollars' worth of ammunition to make the gun effective, and your savings in War Bonds are necessary to supply the financial ammunition that provides the shells.
U. S. Treasury Department

Kelso Womens club will meet at the home of Mrs. Ada Arnett on October 28th.

Mrs. Orla Hale received the sad news Sunday of the death of her aunt, Mrs. Sarah Bean of Milwaukie, who passed away at the age of 103 years, 6 months.

Church News

IMMANUEL LUTHERAN CHURCH
Rev. H. J. Gieseke, pastor
Service every Sunday at 11 a.m.
Sunday School every Sunday at 10 A. M.
Also supports full 8th grade Elementary school

7TH DAY ADVENTIST CHURCH
Pastor Olson
Sabbath School at 10:00 a.m.
Saturday, Preaching at 11 a.m. and Young People's Meeting at 3:30 p.m.

Prayer meeting Wednesday at 8:30 p.m. All people are cordially invited to meet with this group. A series of studies on the Sanctuary will begin at the meeting of September 1st. Don't miss this interesting group of meetings.
Our Church supports a complete eight grade school headed by Mr. Ray Hickson.

SANDY COMMUNITY CHURCH
J. C. Hafley, Minister
Sunday school 9:45, Mrs. Lewis Hall, superintendent, presiding, with splendid staff officers and teachers for all departments. You will find a warm Christian welcome (continued in next column)

FOR SALE—two Hereford cows, 1 fresh; bred sheep and lambs; white bred rabbits; Joel Jarl, Kelso. 2tp

FOR SALE — two sharp crosscut saws; 2 camp stoves; H. J. Bussell on Firwood road. 2tp

FOR SALE — cook stove, 2 heating stoves, car radio, radio, washing machine, tables and chairs, '35 Chev. truck, home made tractor, torn down, you assemble, \$35; sow with pigs; pullets; Lear, on the old Kiesecker place.

FOR SALE — Feeder pigs; Harry Bice, at end of George Gunderson road. 1tp

FOR SALE — a good family Jersey and Guernsey cow, 5 years old; rich milk; \$80; 3 miles east of Sandy on Dover and Music Camp road. Chas. Pundt

come in this splendid school of religious education.
11:00 a.m., the worship hour in the Church.
songs of praise and pastoral sermon.
Christian Endeavor at 6:30. A service of youth, for Christ and Evangelistic service at 7:45.
Prayer meeting Wednesday at 8:00 p.m.
Radio broadcast Tuesday, Thursday and Saturday at 1:00 p.m. on KWJJ, "Sky Pilot".

ST. MICHAEL'S CHURCH
Rev. J. E. Crowe, Pastor
Mass is offered each Sunday at 9:30 a.m.
ST. JOHN'S CHAPEL, Welches
Rev. J. E. Crowe, Pastor
Mass is offered each Sunday at 11:15 a.m.

More About Oregon

(continued from page 1)
backed Whitman, and so the great decision was made which helped materially to push the western boundary of the United States from the Rockies to the Pacific.
Before leaving Fort Hall funeral services were held for Daniel Richardson, who died of fever and the hardships of the trail. His worries and labors were over; theirs had just begun. He had reached the end of the trail and entered the Promised Land; for them the trail stretched far ahead before they could seek rest.

OVER THE TOP WITH AMERICA'S STOCK

\$1,200,000 Treasury Bond Rally in 90 Minutes



Sponsoring one of the largest and most colorful War Bond rallies in Wall Street's history, members of the New York Curb Exchange, under the leadership of their president, Fred C. Moffatt, sold more than a million dollars of Treasury Bonds in 90 minutes. Leading professional athletes in the War Bond drive, Mel Ott (top left), manager of the N. Y. Giants; (top center) Alice Marble, tennis champion; (upper right) Fred C. Moffatt. (Lower right): Nat Tare, "Toughest kid in AEF of World War I," and recipient of the Croix de Guerre, at the age of 14, for saving the life of Father Francis P. Duffy. He also wears the Distinguished Service Cross and was wounded in World War II. Another contribution to the war effort, the Curb Exchange originated—five months before Pearl Harbor—a War Bond purchase plan which enables employees to buy Treasury Bonds with Exchange advanced money which they repay in weekly salary deductions.

Ration Time RECIPES



Left-over mashed potatoes present quite a problem to the thrifty housewife who is anxious that no food be wasted in these critical times. Try this recipe the next time there are mashed potatoes from the day before:
WRAP THIN FRANKFURTERS OR PRE-COOKED LINK SAUSAGES IN A COATING OF LEFT-OVER MASHED POTATOES. ROLL IN FLOUR. Fry until brown in hot skillet in melted margarine (use enough margarine to cover bottom of pan generously).
Other favorite low-point recipes are found in a 32-page cookbook "Ration-Time Recipes." Free copy may be obtained from National Cotton Council, Box 18, Memphis (1) Tennessee.

The Home Front

By Mrs. Julia Kiene
Westinghouse Home Economist

Jiffy Meals
"JIFFY" meals come by their nickname honestly — some take only 35 minutes to prepare. Yet they live up to all the rules of good nutrition and you can add them to your bag of keep-cool tricks with a clear conscience.
It's headwork that makes jiffy meals possible. You must plan a menu a week at a time, study them carefully and keep your eyes open for every chance to make the oven do double duty. For example, if menu calls for cookies on Thursday, bake them on Monday or Tuesday when you're baking something else. Not only do you owe it to yourself these summer days to conserve on energy but it is as essential to economize on fuel as on food.
To get a head start on dinner, do some of the actual food preparation the day before. To illustrate how that works out, let's suppose you're having this meatless jiffy meal on a Tuesday night:
Scrambled eggs, buttered beets, sour cream cabbage, kidney bean salad, cracked wheat bread and butter, strawberries and cream. If you'll wash and soak the kidney beans at Monday morning and cook them at midtime that evening, the meal will be ready to serve in 35 minutes from the time you start. (I tried it out to make sure!)
This week's dinner menu is another 35-minute meal if you mix dry ingredients for baking powder biscuits the night before.
MENU
Potatoburgers
Dutch Green Beans
Cottage Cheese, Cucumber and Chives Salad
Baking Powder Biscuits — Butter
Special Strawberry Shortcake Recipe
2 cups sifted enriched all-purpose flour
1 1/2 cups sugar
1 1/2 cups shortening
1 1/2 cups orange juice
1 1/2 cups lemon extract
Sift flour, baking powder, salt and sugar together. Cut in shortening. Beat 1 whole egg and 1 egg yolk, reserving 1 white for the tops. Add orange juice and flavoring to beaten eggs, then add to dry ingredients. Turn out on lightly floured board and knead a half minute. Roll out 1/4 inch thick. Cut. Brush tops with white egg and sprinkle with sugar. Split, but unspread baking sheet. Split, but unspread berries. Replace top and pour berries over top. Serve with cream if desired. Bake biscuits for 12 minutes in 425° preheated oven.

REAL DISCOVERY FOR HIGH BLOOD PRESSURE

Dangerous High Blood Pressure (Essential Hypertension) is usually marked by distressing symptoms such as dizziness, throbbing headaches, sleeplessness and nervousness. If disregarded, this may lead to Heart Trouble, Stroke, Paralysis, Hardening of the Arteries or Kidney Trouble. Diamonex, discovery of a heart specialist, is designed to quickly aid in the relief of these distressing symptoms.
A Chicago resident says: "I suffered from High Blood Pressure for several years, with increasingly severe throbbing headaches, dizziness and shortness of breath. I showed the Diamonex formula to my doctor and, on his advice, tried the treatment for two weeks under identical conditions as previous treatments. Within only three days my bad headaches and dizzy spells were gone. My high blood pressure was reduced and I sleep fine."
Diamonex goes directly to work in three different ways to aid in the relief of these dangerous symptoms. Results are speedy—within as short a time as two weeks sufferers often find that Diamonex has accomplished 75% of the total reduction possible with this formula. If you suffer from High Blood Pressure you may try DIAMONEX without risking a penny. To introduce this wonderful treatment to a million new sufferers this liberal trial offer is made for a limited time only.
Send only \$1.50 to the Diamonex Company, 318-A North Michigan Ave., Chicago, Illinois for a full TWO weeks supply of genuine DIAMONEX, prepaid. Use Diamonex according to the simple directions for only two weeks. If, at the end of that test period you are not delighted with results your money will be refunded immediately on request. There are no strings or conditions—you owe it to yourself to make this wonderful test at once. Write today as this offer is fully guaranteed.

HUCKLEBERRY FINN

