

INCOME TAX

A deputy Collector of Internal Revenue

will be here to assist you with FEDERAL RETURNS - FEB. 15

A deputy of the State Tax Commission

will be here to assist you with STATE RETURNS - MARCH 29

There is no charge for this service

Clackamas County Bank

Sandy, Oregon
Member Independent Bankers' Association of Oregon



Dried Beans Listed As Victory Food

Dry edible beans have been named the victory food for the period January 18 thru January 23, according to an announcement for the food distribution administration.

This year's total U. S. supply of dry beans is estimated at 24,000,000 bags of 100 pounds each, which is 4,300,000 bags greater than last year's crop and 8,300,000 bags more than the average crop in the previous five years. The supply is ample to meet current requirements for lend-lease shipment, military and civilian uses, and to provide for a larger-than-normal carryover.

Restrictions on tin have practically eliminated the canning of beans for civilian consumption.

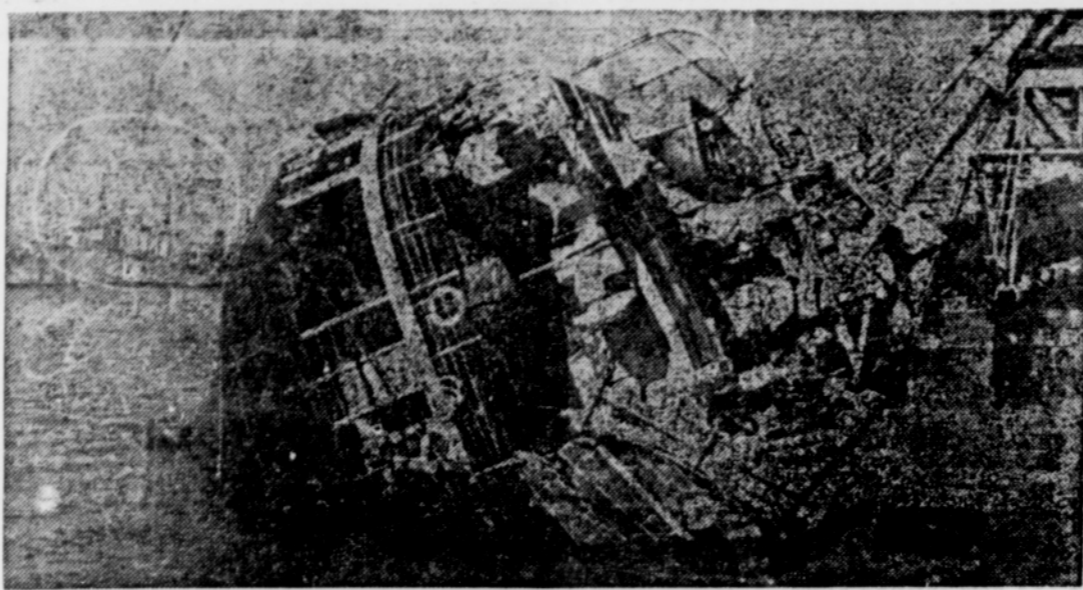
Beans are valuable protein food and frequent home use of them was urged to help conserve other protein foods, of which there is

a shortage. More beans need to be prepared in the home or made available already cooked for bulk sale thru retail stores. Heavy use of beans by consumers will aid in conserving other less plentiful protein foods needed for the war.

I.O.O.F. - Rebekah Officers Installed

Sandy I.O.O.F. and Rebekah lodges held joint installation ceremonies on Thursday evening of last week with a large crowd present.

George Miller, grand master, and Benita Williams, president, installed the new officers, assisted by the following deputy grand officers: Oscar and Georgia Gunderson, marshals; Lyle Seaman and Ella Baumbach, wardens; Frank and Bessie Rehberg, secretaries; V. Dell Butler and Sadie Bosholt, treasurers; Lewis Hall



AXIS VICTIM AT CASABLANCA DOCKS—Landing operations in North Africa were not as simple as some reports would indicate. Damage was heavy, as evidenced by the plight of this Italian merchant ship, blasted at its mooring in Casablanca harbor by U. S. warships.

and Mabel Kealiker, chaplains. The new officers installed for the Odd Fellows were Harold Gunderson, noble grand; Glenn Goss, vice grand; Sylvester Hall, secretary; Melvin Smith, treasurer; Adolph Amstad, warden; Oscar Gunderson, conductor; Earl Wells, chaplain; Henry Helms, R.S.N.G.; Lyle Seaman, L.S.N.G.; Dell Butler, R.S.V.G.; L. E. Kealiker, L.S.V.G.; and Lloyd Boylan, Jr., Past Grand.

The new officers installed for the Rebekahs were Edna Amstad, noble grand; Ruby Whitfield, vice grand; Margaret Kotzman, secretary; Edna Hall, treasurer; Marie Motelji, warden; Gertrude Alt, conductor; Harriet Meinig, chaplain; Manda Colson, inside guard; Lois Shearman, color bearer; Jessie Miller, R.S.N.G.; Rachel Goss, L.S.N.G.; Sylvia Boylan, R.S.V.G.; Verna Stroppe, L.S.V.G.; Ida Sutherland, Junior Past Noble Grand; Doris Trubey, musician; Olive Boeve, O.G.

Mrs. Ida Sutherland, Jr. P.N.G., presented gifts to all of her officers of the past six months; a gold P.N.G. pin was presented to Ida Sutherland by Mabel Kealiker for the Rebekah lodge; a gift was presented Mrs. Sutherland by Ethel Butler for the P.N.G. club; and a P.N.G. collar was presented to Margaret Kotzman by Bessie Rehberg for the P.N.G. club.

Cake, sandwiches and coffee were served under the direction of the committee headed by Georgia Gunderson.

stories published covered the health, cooking, gardening and livestock activities in Meadowbrook.

Two county scholarships are provided for news writing and the county contest closes May 1. Each 4-H club may select a news reporter and enter this contest, states Grimes. The county contestants may continue writing and prepare scrapbooks for the state contest at the close of the club year. Detailed instructions will be provided from the county club office.

The district 4-H local leader conference will be held in Portland January 27 in the Public Service building. Dr. Strand, president of Oregon State college, will be the evening banquet speaker. Charles Weber, Portland 4-H club leader, has secured the demonstration hall in the Public Service building for the day meeting, and Lincoln high school cafeteria for the evening banquet.

H. C. Seymour, state club leader, will discuss the place of the 4-H club work in the national food production drive in the morning session starting at 9:30. L. J. Allen, assistant state club leader, will discuss livestock and garden work, Miss Helen Cowgill will lead the clothing and food preservation discussion, Mrs. Mable C. Mack, extension nutrition specialist, will demonstrate cooking work. Time is scheduled in the afternoon session for leader training subjects and problems of the local leaders. The afternoon meeting will be completed at 4:30 in order that the out of town visitors may have some extra time before the evening banquet.

A state-wide 4-H club Mobilization week for Oregon has been set for February 6 to 14, announces H. C. Seymour, state club leader at Oregon State college.

A program much like that followed in 1942 calls for 4-H club agents, local leaders, and club members themselves to try and inform others about the progress and achievements of 4-H club work and the great need of expanding it this year. With the nation and even the world facing an unprecedented demand for all farm products, club members are being depended upon to make a real contribution to the food-for-victory program.

Service clubs are being urged to feature 4-H club in their programs that week, as are granges,

PTA groups and churches. Some communities are planning to hold achievement programs to make awards to club members for outstanding work last year. A special 4-H club Mobilization day radio program will be heard from KOAC January 25 at 7:30, followed by similar ones from other radio stations.

OH, OH!!!

George Anderson says, Bigosh, he left Iowa to get away from the cold weather; comes to Oregon and freezes up, might as well have stayed in Iowa.

Lotta pipes froze up and bust—did you? Ourn didn't—we wrap 'em up.

Hey, Ed Bruns, how come you riding up from town with "buful" lady? We gotta see about that.

Fer gosh sakes, don't burn the printing office down, or we'll lose our job. Better see Brenton about that, Harry. Whatta world.

Bob busy Sunday hauling 3 cars out of the ditch. Big biz, Bob.

Who blew the air raid siren Saturday night? Bigosh, we all rushed out looking for Japs—and all we saw was McIntire. Oughter be a law or somthin' agin scarin' us folks thataway.

Poor little Adolph got lost in the snow.

(Heard on the street)—Hey, Stony, how come you're chief of (continued in next column)

police? You couldn't run fast enough to catch anyone. Stony—Bigosh, I kin run toter way.

And Stony say— We got the wrong kind of water here. If we had the kind they use back east it would be so used to the cold it couldn't freeze.

Who is that "Buful" nurse that is trying to run competition to the state highway department? Why don't-cha keep your mind offen your 'dear' long enough to drive to work?

Bina got all excited over a herd of horses, but when said 'herd' got to town, it was only one horse, Bina said 17. Whatsamatter Bina?

What's the matter, Herb? Peeved? And the twins are in the dog house again. Let that be a lesson to you.

Hey! Some one said we're TRYING to run a newspaper. Dadgummit! We ARE runnin' one. You want to make somethin' outa that?

Ed Bruns has the falling habit. Fell down and rolled over with a can of cream on his shoulder, and didn't spill the cream. Some acrobat, Ed.

Mr. Blatchford got stuck in the snow with his school bus, and help went out to drag him in. Gosh, some of us old-timers oughter teach them air guys how to drive in the snow. (Secret tip: we stay home).

This is the winter of the Blue snow. Should have Paul Bunyan and his Blue Ox.

Ernie Harris threw a snowball at a "buful" lady and got rolled in the snow and had his face washed. Betcha he won't do that again.

Want Ads

FOR SALE — weekly hatches of N. H. and R.I.R. chicks; Sandstrom's Hatchery, phone 23, Sandy, Oregon 1t-c

FOR SALE — Burbank potatoes; Lennox Blatchford, on Mt. Hood Loop between 2nd and 3rd streets. 2t-c

DAY NURSERY—Children cared for by day, week, or month; good care and good food; call Rhododendron 476, Mrs. Curtis Wood, Cherryville. 4tp

GUERNSEY BULL SERVICE — Delivered; phone Sandy 30x5, M. L. Lee.

WANTED — Job printing of any kind any time; fine printing at reasonable prices. Sandy Post

Men are dying for the Four Freedoms. The least we can do here at home is to buy War Bonds—10% for War Bonds, every pay day.

Phone Tabor 1237
FULLER BRUSHES

H. G. Drew

8525 N. E. Morrison
PORTLAND, OREGON

BRONCHIAL COUGHS!

Due To Colds or Bronchial Irritation
Stop today at any good drug store and ask for a bottle of Buckley's CANADIOL Mixture (triple acting). Take a couple of sips at bedtime. Feel its instant powerful effective action spread thru throat, head and bronchial tubes. It starts at once to loosen up thick, choking phlegm, soothe raw membranes and make breathing easier. Don't wait—get Buckley's Canadiol today. You get relief instantly. Only 45c—all druggists.

YOU GIRLS WHO SUFFER Distress From PERIODIC FEMALE WEAKNESS

And Want To Build Up Red Blood!

Take heed if you, like so many women and girls, have all or any one of these symptoms: Do you on such days suffer cramps, headaches, backache, weak, nervous feelings, distress of "irregularities", periods of the blues—due to functional monthly disturbances? Then start at once—try Lydia E. Pinkham's Compound TABLETS (with added iron)—made especially for women. Pinkham's Tablets are famous not only to relieve monthly pain but also accompanying weak, nervous feelings of this nature. This is because of their soothing effect on



ONE OF WOMAN'S MOST IMPORTANT ORGANS. Taken regularly—Pinkham's Tablets help build up resistance against such symptoms. Thousands upon thousands have reported benefit. Also, their iron helps build up red blood to give more strength. Pinkham's Tablets are also a fine stomachic tonic! Follow label directions.

Dignified Service

Every Detail Conscientiously attended to by Competent Operators.

"A HOME MORTUARY FOR HOME PEOPLE"

Chapman Funeral Home

—Funeral Directors for 30 Years—

Phone Sandy 311 Day and Night Service Phone Estacada 56-7

News of 4-H CLUBS

Eugene Patterson of Meadowbrook placed first in the state 4-H club news writing contest, announced John Grimes, county club agent. He will receive a two weeks scholarship to the 1943 4-H club summer school at Oregon State college in June.

The club reporters were required to keep a yearly record of all news articles published, which were placed in a note book and sent in to the state office for judging. Eugene's notebook included a 52-inch story regarding the 1942 4-H club summer school and a 26 inch article covering the life of a typical farm boy. Other

The Home Front

By Mrs. Julia Kiene
Westinghouse Home Economist

Meat Rationing
MEAT rationing will probably come sooner or later, but there's nothing to get panicky about. A little meat can go a long way once you know how to buy it, cook it and "stretch" it. Why not practice up now, and then it will be all the easier to cope with meat rationing when it goes into effect.

Don't hold out for your favorite cuts. There are more than 250 retail cuts of beef, pork, lamb, veal and their by-products, all with approximately the same food value . . . and that's what counts in keeping the health of a family up to par. Brush up on meat cuts and you've mastered the big trick of making the most of the meat ration: Meat must be cooked, either with dry heat or moist heat, according to the part of the animal it comes from.

To cook with dry heat is to use an uncovered utensil, as in roasting, broiling or pan-broiling. Loin ends, short loin, and rib may be broiled or roasted. Ground round also may be broiled.

With those exceptions, all other cuts of meat require moist heat to make them more tender. As the name implies, moist heat means to add liquid of some kind and to cook in a covered utensil, as in simmering, stewing and braising.

MENU
*Barbecued Lamb Roast
Mashed Potatoes
Buttered Carrots
Enriched White Bread
Butter
Head Lettuce Salad
Canned Fruit
Cereal Drink
Milk
*Barbecued Lamb Roast Recipe
4 pound rolled shoulder of lamb
1/2 cup tomato catsup
1/4 cup water
1 tablespoon Worcestershire sauce
Dash of cayenne pepper
Rub roast with salt and pepper. Put in large dish. Combine remaining ingredients and pour over roast. Roast at 350° about 45 minutes per pound.
NEXT WEEK: Stretching the Meat Budget

BARKER'S BUGLE

Values Smiles

YOU CAN'T STOP ACCIDENTS SO YOU MUST PREPARE FOR THEM

Many valuable hours are lost to the nation's war effort through the neglect of minor accidents. Play safe! See that your home and work kit are well stocked with Firstaid brand emergency needs, now. Use promptly.

Firstaid EMERGENCY NEEDS
QUIK-BANDS 23c
3 sizes, assorted ready-made bandages. Firstaid product

REEL-ROLL COTTON 33c
21 FEET double sterilized Firstaid product

"Madam, the spirit of your husband wishes to speak to you."
"It can't be! Henry never had any spirit."

Old Ben Duster of the Panhandle country had come at last to the end of his days. Five of his cronies were at his bedside to help him die.

"Well, boys," he said, "I'm agoin' quick, now."
"Where you goin', Ben?" asked one. Ben gave his future address.
"Hell, I reckon. After 92 years o' livin' in this world, I reckon I figure I deserve a break."

"Were you ever troubled with athlete's foot?"
"Once—when the captain of the football team caught me with his girl."

The scene is a Kentucky Circuit Court Room. The witness a woman.
Attorney: "Have you ever been married?"
Witness: "Well, no—that is, not personally."

SANDY DRUG STORE

Sandy, Oregon