

Topics of Special Interest to Our Women Readers

HE'S OUT



The Stranger—May I tax your patience—
 Doctor Longsuffer—Not with my consent. My patients are already taxed so much they have nothing left for me.

Household News

By Eleanor Howe

Left-Overs Take a Bow

Just why left-overs should be considered the problem children of the kitchen, is a mystery to me! They're a challenge to one's housewifely imagination, of course, but cleverly combined and judiciously seasoned, they may become a distinguished dish, around which to build an attractive and satisfying meal.

If they're served as left-overs there's nothing particularly inspiring about the little dabs of vegetables that accumulate in the refrigerator. But when they're seasoned with care, combined in a smooth, creamy cheese sauce, and served in an unusual bread ring, they become a totally new, delicious and nourishing main dish for a meal. Left-over vegetables combine, too, to create "vegetables a la king," or a hearty lunch or supper salad.

Odds and ends of vegetables and meat unite to make a meat loaf of distinction, and scraps of Sunday's roast can be used to advantage in tasty appetizers or "buffet supper rolls."

Even the bits of yesterday's cake and pie contribute to the success of today's dinner. Not-so-fresh cake, served with a hot sauce, becomes cottage pudding; from dry cake slices, dried or candied fruit, and a custard, a cabinet pudding is evolved; and that quarter of berry pie left over from last night's dinner is the basis of a truly delicious "Cinderella Dessert."

Vegetables a la King.

(Serves 6)

- 6 slices bacon
- 1/2 cup flour
- 1/2 teaspoon salt
- 1/8 teaspoon pepper
- 1 cup mushrooms (canned or fresh)
- 3 cups milk
- 1/4 cup green pepper (chopped)
- 1/4 cup pimiento (chopped)
- 1 cup celery (chopped)
- 2 cups whole kernel corn

Cut bacon in small pieces, and cook until crisp. Stir in the flour, salt, and pepper, and blend well. Add mushrooms. Gradually add the milk, stirring constantly. Fold in remaining vegetables, and cook for 15 minutes over low heat, stirring frequently. Serve on buttered toast.

Sauce for Croquettes.

- 1/2 teaspoon brown sugar
 - 2 slices onion (finely cut)
 - 1/4 cup butter
 - 1/4 cup flour
 - 1 cup milk
 - 1 cup bouillon stock
 - 1 tablespoon raisins
- Melt brown sugar in a skillet. Add onion and butter and cook until onion is slightly browned. Add flour and blend thoroughly. Add milk and bouillon stock and cook, stirring constantly, until mixture thickens. Add raisins and serve with the croquettes.

Left-Over Dinner Ring.

- 8 cups soft bread crumbs
 - 1/2 cup fat (melted)
 - 1 teaspoon salt
 - 1/4 teaspoon pepper
 - 2 tablespoons onions (minced)
 - 1 teaspoon poultry seasoning
 - 4 eggs (slightly beaten)
 - 1/4 cup milk
 - 1 cup peanuts (chopped)
- Combine ingredients in order listed. Pack into a well-greased ring mold and bake in a moderately hot oven (375 degrees) for about 30 minutes. Turn out onto large platter.

Combine left-over vegetables in a cheese sauce and serve on the ring mold.

Biscuit Meat Loaf.

(Serves 4-5)

- 1 cup carrots (chopped)
- 1/2 cup celery (chopped)
- 1/4 cup green pepper (chopped)
- 2 tablespoons onion (chopped)
- 2 cups left-over beef roast (ground)
- 1 teaspoon salt
- 1/4 teaspoon pepper
- 1 recipe biscuit dough

Combine the vegetables, put through meat grinder and cook in 3/4 cup water until the vegetables are tender. Drain. Combine with meat, add seasonings, and form into a roll. Cover with biscuit dough and place in a shallow, greased pan. Bake in a hot oven (450 degrees) for 20-25 minutes. Serve hot, with left-over gravy.

Of Course You Want a Copy of 'Household Hints'!

In spring a home maker's fancy turns to thoughts of crisp curtains, and clean, sparkling windows, rugs that are fresh and bright, and walls that aren't ashamed to face the light of a sunny day! That means housecleaning, of course, and all the odd jobs that go with it—what to do to make the dining room curtains last one more season, how to renovate the kitchen linoleum; or how to wash chintz window shades. You'll find the answers and other puzzling questions, in Eleanor Howe's useful booklet "Household Hints." To get it, just send 10 cents in coin to "Household Hints," care of Eleanor Howe, 919 N. Michigan Ave., Chicago, Ill.

(Released by Western Newspaper Union.)

Pocket Belt



Pockets, pockets everywhere, and style at high tempo in every one! Straight from Paris to America sweeps the pocket fashion, and presto! the pocket rage is on. The young woman pictured is keyed up to the 'nth degree on the pocket theme. She begins with two decorative pockets on the blouse of her rayon shirtmaker frock. Then what does she do! She does just as fashion would have her do—buys one of the new cash and carry belts, designed by Criterion, to complete her pocket ensemble. For your satisfaction we are telling you that within the recesses of this practical pocket attached to its matching belt, there is plenty of stowaway space for hanky, keys, money and other feminine gadgets. With such perfectly good arguments in its favor as being supremely smart at the same time that it is as utilitarian as can be, small wonder that this new "cash and carry" belt is registering record sales.

'As Red as Snow'

We often say "as white as snow," to designate pure white, but snow has been known to fall in quite a variety of colors—yellow, black, red, or green. The color is due to the presence of very tiny plants known as algae. These cause the green snow that falls occasionally in the Antarctic, the black snow of the high mountains of Tatra, in Hungary, and the bright yellow snow of the South Orkneys, in New Brunswick. But the commonest form of colored snow is red of all shades from a delicate rose to a deep blood-red. Snow of this color has been seen on the slopes of Mount St. Bernard, as well as in the Arctic, the Carpathians, and the Andes of South America.

FIGHT COLDS by taking Dr. Pierce's Golden Medical Discovery over a period of time. Helps build physical resistance by improving nutritional assimilation.—Adv.

On Guard

As a man always should be upon his guard against the vice to which he is most exposed, so should we take a more than ordinary care not to lie at the mercy of the weather in our moral conduct.—Addison.

SANDPAPER

THROAT
 Has a cold made it hurt even to talk? Throat rough and scratchy? Get a box of Luden's. You'll find Luden's special ingredients, with cooling menthol, a great aid in helping soothe that "sandpaper throat!"

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Overly Popular
 The lass that has many woovers oft fares the worst.

HEADACHE?

Here is Amazing Relief of Conditions Due to Sluggish Bowels

Nature's Remedy
 If you think all laxatives act alike, just try this all vegetable laxative. So mild, thorough, refreshing, invigorating. Dependable relief from sick headaches, bilious spells, tired feeling when associated with constipation.

Without Risk get a 25c box of NR from your druggist. Make the test—then if not delighted, return the box to us. We will refund the purchase price. That's fair. Get NR Tablets today.

NR TO-NIGHT
 TONIGHT GET RELIEF

Trials
 Fire tries gold, misery tries brave men.—Seneca.

To Relieve Misery of

COLDS

take 666

LIQUID, TABLETS, SALVE, NOSE DROPS

WNU-13 11-40

Organized Knowledge
 Science is organized knowledge.—Herbert Spencer.

Miserable with backache?

WHEN kidneys function badly and you suffer a nagging backache, with dizziness, burning, scanty or too frequent urination and getting up at night; when you feel tired, nervous, all upset... use Doan's Pills.

Doan's are especially for poorly working kidneys. Millions of boxes are used every year. They are recommended the country over. Ask your neighbor!

DOAN'S PILLS

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MAKING IT SNAPPY

The orchestra in the background played a haunting love song. In the center of the room a man and woman were locked in close embrace. Suddenly the director leaped to his feet in anger.

"Cut!" he shouted. He walked over to the hero and heroine. "No, no!" he screamed. "That's no good!"

He turned to the hero.

"What's the matter with you?" he demanded. "I want you to take this girl into your arms as though she were the first girl you ever loved. Live this scene! Play it so that the audience can feel the emotion of the moment! Make it bring them to their feet. Do you understand? I want the audience to stand up and cheer!"

The tired and bored actor turned to the musicians.

"Okay, boys," he requested wearily. "When I start kissing the girl, you play the 'Star Spangled Banner!'"

ONLY THE LADDER



Dad—You want to rise in life, don't you, my boy? What's standing between you and the top of the ladder, I'd like to know?
 Son (sadly)—Only the ladder, dad.

NIGHT COUGHS DUE TO COLDS

Need More Than "Salve" To Quickly Relieve DISTRESS!

Before you go to bed rub your throat, chest and back with warming, soothing Musterole. You get such QUICK relief because Musterole is MORE than "just a salve." It's a marvelous stimulating "counter-irritant" which helps break up local congestion and pain due to colds. Its soothing vapors ease breathing. Used by millions for over 30 years! 3 strengths: Regular, Children's (mild) and Extra Strong, 40¢. Hospital Size, \$3.00.



Headed for Fame

A young man who knows his own points of weakness and strength is on his way to a place of fame among the earth's strong, wise men.

FIGHT COLDS

by helping nature build up your cold-fighting resistance

If you buffer one cold right after another, here's sensational news! Mrs. Elizabeth Vickery writes: "I used to catch colds very easily. Dr. Pierce's Golden Medical Discovery helped to strengthen me just splendidly. I feel better, had more stamina, and was troubled very little with colds."



This great medicine, formulated by a practicing physician, helps combat colds this way: (1) It stimulates the appetite. (2) It promotes flow of gastric juices. Thus you eat more; your digestion improves; your body gets greater nourishment which helps nature build up your cold-fighting resistance.

So successful has Dr. Pierce's Golden Medical Discovery been that over 30,000,000 bottles have already been used. Proof of its remarkable benefits. Get Dr. Pierce's Golden Medical Discovery from your druggist today. Don't suffer unnecessarily from colds.

Full Reason

To abstain that we may enjoy is the epicurianism of reason.—Rousseau.

Don't Sleep When Gas Crowds Heart

If you toss in bed and can't sleep from constipation with awful GAS BLOATING remember this: To get quicker relief you must get DOUBLE ACTION. You must relieve the GAS. You must clear the bowels. Adlerika is just what you may need because it acts on the stomach and BOTH bowels. Adlerika is BOTH carminative and cathartic. Carminatives that warm and soothe the stomach and help expel GAS. Cathartics that quickly and gently clear the bowels of waste matter that may have caused GAS BLOATING, sour stomach, sleepless nights and indigestion. Adlerika relieves stomach gas almost at once. Adlerika usually acts on the bowels in less than two hours. No waiting for overnight relief. Adlerika does not gripe, is not habit forming.

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