

Book That Lives

A new type of book has been produced by George Olin, a collector of cacti, at Los Angeles. His book is different, because it lives! Gouged into the pages are pockets and compartments containing lichens, cacti, and other small plants.

Each pocket contains the right kind of nourishment so that the plant can flourish, and you can read the description and see the living organism on the same page.

Why Let Yourself Get Constipated?

Why endure those dull headachy days due to constipation, plus the inevitable trips to the medicine chest, if you can avoid both by getting at the cause of the trouble?

If your constipation, like that of millions, is due to lack of "bulk" in the diet, the "better way" is to eat Kellogg's All-Bran. This crunchy toasted breakfast cereal is the ounce of prevention that's worth a pound of emergency relief. It helps you not only to get regular but to keep regular, day after day and month after month, by the pleasant means you ever knew.

Eat Kellogg's All-Bran regularly, drink plenty of water, and see if you don't forget all about constipation. Made by Kellogg's in Battle Creek. If your condition is chronic, it is wise to consult a physician.

2 PRINTS FROM EACH GOOD NEGATIVE 25¢

From your 8 exposure roll. Better prices than you have ever had before. Send coin. "Made by Portland's Largest Kodak Finishing Co."

PORTLAND FILM CO. Box 4213
Portland Oregon

Most Noble Work

No artist's work is so high, so noble, so important for all time as the making of character in a child.—Cushman.

Beware Coughs from common colds That Hang On

Creomulsion relieves promptly because it goes right to the seat of the trouble to loosen germ laden phlegm, increase secretion and aid nature to soothe and heal raw, tender, inflamed bronchial mucous membranes. No matter how many medicines you have tried, tell your druggist to sell you a bottle of Creomulsion with the understanding that you are to like the way it quickly allays the cough or you are to have your money back.

CREOMULSION for Coughs, Chest Colds, Bronchitis

Right Beginning

When the fight begins with himself a man's worth something.—Browning.

ADVISES YOUNG GIRLS ENTERING WOMANHOOD

Thousands of young girls entering womanhood have found a "real friend" in Lydia E. Pinkham's Vegetable Compound to help them go "smiling thru" restless, moody, nervous spells, and relieve cramps, headache, backache and embarrassing fainting spells due to female functional irregularities. Famous for over 60 years. WORTH TRYING!

Only

GOOD MERCHANDISE

Can Be CONSISTENTLY Advertised
● BUY ADVERTISED GOODS ●

"The Name Is Familiar"

BY FELIX B. STREYCKMANS and ELMO SCOTT WATSON

Lynch Law

LYNCHING is another well-known American word that is spelled with a small letter but was derived, nevertheless, from the name of a person. Everyone regards lynching merely as the hanging of a suspected criminal by a vengeful mob—but no one ever gives any thought to the fact that we had no such word to express that idea until Charles Lynch began, with popular support, to take the law into his own hands—or at least, into his own living room—during the Revolution.

Charles Lynch was born at Lynchburg, Va., in 1736. During the Revolutionary war, Tories plundered the countryside and there was a plot in the community to overthrow the Continental government. Mr. Lynch, with some of his neighbors, decided to punish this form of lawlessness and, under Lynch's direction, suspected persons were brought to his house and tried. Those convicted



were sentenced to receive 39 lashes and were hanged from a walnut tree (shown in the picture above) by their thumbs until they shouted "Liberty forever."

"Lynch law" and "lynching" became terms used to express the situation when citizens take the law into their own hands. But Charles Lynch never "lynched" anyone in the modern sense of the word because he never imposed the death penalty.

Sequoia Tree

THE Sequoia tree—the giant redwood that gets to be 10, 20, and even 25 feet in diameter, several hundred feet high and more than a thousand years old—was named to honor a half-breed Cherokee Indian.

He was the son of a white father and no one is certain whether his English name is George Gist or George Guess. Some historians say his father was a wandering German peddler named Guess.

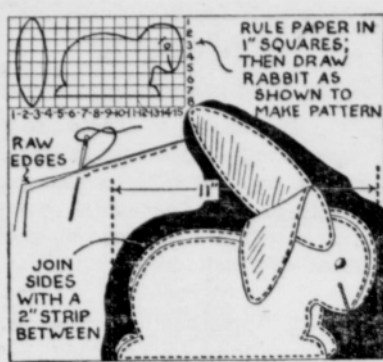
However, his paternity, even if it does involve a Guess, is not the subject of our story. The Indians called him Sequoyah—that part is definite. And he invented the Cherokee alphabet—everybody agreed on that, also. It was in 1821, when he was 51 years old, that Sequoyah taught his people "to write talk on paper so that the talk stayed and remembered itself long after the writer had forgotten."

Merely to honor him and not because he had anything to do with their discovery, the tallest and oldest trees of North America were named for this studious half-breed. (Released by Western Newspaper Union.)

Eye 'Hops' in Reading

When you read a novel of average length your eyes hop along for half a mile in sixteenth-of-an-inch skips. Type in the average novel, if laid end to end, would stretch out half a mile, according to the Better Vision institute. In reading that type the eyes move along in hops about one-sixteenth of an inch. Longer novels, as "Gone With the Wind," contain several miles of printed lines.

HOW to SEW By RUTH WYETH SPEARS



STUFFED toys of oil cloth or water-proof bath curtain material are something mothers have been dreaming about. Just wipe them off with a damp cloth to keep them fresh and clean.

The Easter bunny shown here is 11 inches long. He is white, hand-stitched in heavy pink thread and has pink bead or button eyes. Make your own pattern for him by following the diagram. Rule paper into 1-inch squares; number them; then draw the pattern outlines. Cut two body pieces; four ear pieces and a 2-inch strip to be used between the two sides of the body. Interline the ears to make them stand up. Join all raw edges, as shown, leaving an opening in the body for stuffing

Strange Facts

Black to White
3-Lane Sidewalk
Bouncing Checks

The whitest of all white pigments is titanium dioxide, which is made from ilmenite, a black sand. This transformation, taking five days, requires several complicated chemical processes, after which the substance is calcined at a high temperature and ground into a fine powder.

By marking off its busy sidewalks into three traffic lanes, the inner for window shoppers and loafers, the middle for slow walkers and the outer for those in a hurry, Louisburg, N. C., (pop. 2,182), has eliminated its pedestrian traffic snarls.

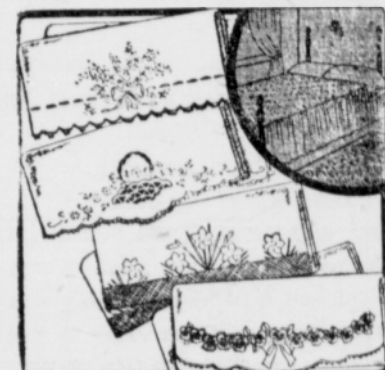
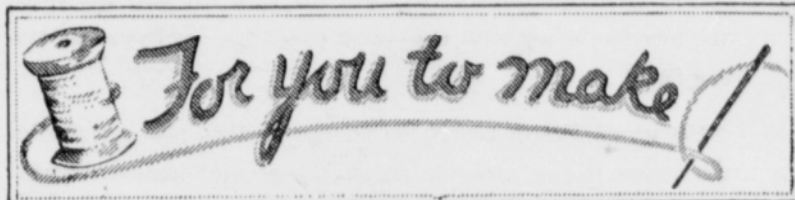
The large hotels of New York city, in cashing millions of dollars' worth of checks annually for guests and patrons, average a loss of \$1 out of every \$2,600.—Collier's.

QUICK QUOTES

THE SOLUTION
"LET the people go to work and we need have no fear as to the solution of all our other ills. Keep people out of work for another decade or less and we shall have no democracy; but we shall have a demoralized and chaotic people; and we shall indeed have lost our priceless heritage of life, liberty, and the pursuit of happiness."—U. S. Representative James C. Oliver.

Help From All

Every great man is always being helped by everybody; for his gift is to get good out of all things and all persons.—Ruskin.



matching sheet ends by extending them. NUMO hot iron transfer, Z8716, 15 cents, gives you all four of these designs. And you can get three or four stampings from this one pattern.

Send order to:

AUNT MARTHA
Box 166-W Kansas City, Mo.
Enclose 15 cents for each pattern desired. Pattern No.
Name
Address

INDIGESTION

Sensational Relief from Indigestion and One Dose Proves It
If the first dose of this pleasant-tasting little black tablet doesn't bring you the fastest and most complete relief you have experienced send bottle back to us and get DOUBLE MONEY BACK. This Bell-ans tablet helps the stomach digest food, makes the excess stomach fluids harmless and lets you eat the nourishing foods you need. For heartburn, sick headache and upset so often caused by excess stomach fluids making you feel sour and sick all over—JUST ONE DOSE of Bell-ans proves speedy relief. 25c everywhere.

ALL IN

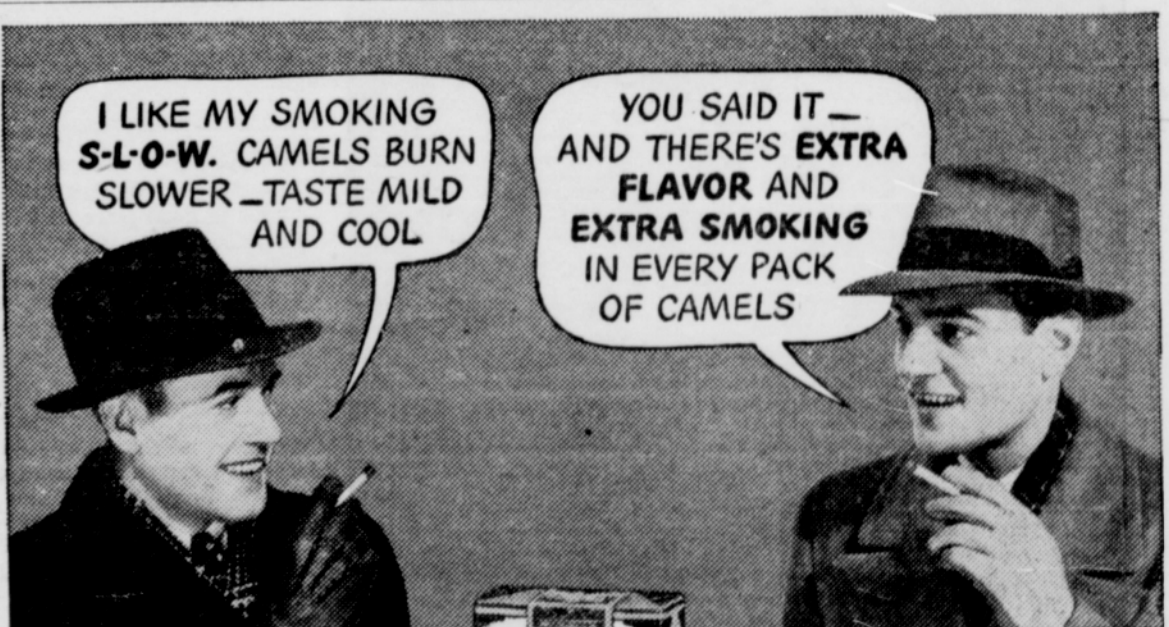


Don't let a cough due to a cold make you feel all in. Get pleasant relief with Smith Bros. Cough Drops. Black or Menthol, just 5¢.



Smith Bros. Cough Drops are the only drops containing VITAMIN A

Vitamin A (Carotene) raises the resistance of mucous membranes of nose and throat to cold infections, when lack of resistance is due to Vitamin A deficiency.



In recent laboratory tests, CAMELS burned 25% slower than the average of the 15 other of the largest-selling brands tested—slower than any of them. That means, on the average, a smoking plus equal to

5 EXTRA SMOKES PER PACK!



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CAMELS
SLOW-BURNING CIGARETTE TOBACCOS

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