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Learn beauty culture in only national organization in Northwest. Latest eastern methods, finest equipment. A Moler diploma assures security, happiness, and independence in an interesting profession. Your diploma will give you prestige. WE PLACE OUR GRADUATES. FREE CATALOG: Write NOW, Moler Beauty School: Seattle, Tacoma, or Spokane.

2 very fine ENLARGEMENTS 25¢ and 8 PRINTS
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all developed and printed from your 8 exposure roll. Better pictures because carefully developed and printed. Satisfaction assured.

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ARTHRITIS

"I was in bed and in chair two years and half with arthritis. Started taking Casey's Compound. Can now walk blocks, climb stairs. Feeling fine, improving fast. No pain." MISS OLIVE A. BOWKER, 1604 Grant St., Bellingham, Washington.
For additional testimonials, write J. H. Casey, P. O. Box 731, Portland, Oregon.

FOR SALE BY DRUGGISTS

MOLER BARBER COLLEGE:
Fully accredited school authorized by Master Barbers Association of America. Latest equipment and methods. 98% of our last class passed Washington exams. Many now in positions or small shops of own. No apprenticeship necessary in Washington. You are full-fledged barber when you pass exam. FREE CATALOG: Write MOLER BARBER COLLEGE, Seattle, Tacoma, Spokane.

DENTAL PLATE REPAIR

2 HOUR SERVICE in Most Cases
Bring or Mail Your Plates for Repair—CREDIT Extended

DR. HARRY SEMLER, Dentist
ALSKY BLDG., 335 & MORRISON - PORTLAND, ORE.

Common Sense About Constipation

A doctor would tell you that the best thing to do with constipation is get at its cause. That way you don't have to endure it first and try to "cure" it afterward—you can avoid having it.

Chances are you won't have to look far for the cause if you eat the super-refined foods most people do. Most likely you don't get enough "bulk"! And "bulk" doesn't mean a lot of food. It means a kind of food that isn't consumed in the body, but leaves a soft "bulky" mass in the intestines.

If this is what you lack, try crisp crunchy Kellogg's All-Bran for breakfast. It contains just the "bulk" you need.

Eat All-Bran often, drink plenty of water, and "Join the Regulars." Made by Kellogg's in Battle Creek. If your condition is chronic, it is wise to consult a physician.

Mother of Misery

Employment, which Galen calls "nature's physician," is so essential to human happiness that indolence is just considered the mother of misery.—Robert Burton.

Beware Coughs from common colds That Hang On

Creomulsion relieves promptly because it goes right to the seat of the trouble to loosen germ laden phlegm, increase secretion and aid nature to soothe and heal raw, tender, inflamed bronchial mucous membranes. No matter how many medicines you have tried, tell your druggist to sell you a bottle of Creomulsion with the understanding that you are to like the way it quickly allays the cough or you are to have your money back.

CREOMULSION
for Coughs, Chest Colds, Bronchitis

"The Name Is Familiar"

BY
FELIX B. STREYCKMANS
and ELMO SCOTT WATSON

Gibson Girl

ALL the "Miss Americas" notwithstanding—and in spite of all the so-called American sweethearts, past and present—there has been only one truly American girl, the Gibson Girl. She was tall, reserved and overdressed but for more than 20 years she was the idol of America—admired by the men and imitated by the women.

The Gibson Girl was sometimes athletic, sometimes shy and sometimes regal—but always she was pure. She sat in the back of rowboats, a parasol over her shoulder. She rode horseback—side-saddle, of course. She played croquet—without stooping. And who was the real Miss Gibson? Nobody but an imaginary creature of Charles Dana Gibson, the artist who drew her. Born at Roxbury, Mass., in 1867, he became one of America's greatest illustrators. He made his first sale at 19 to Life magazine and was still a young man when Colliers ordered 100 drawings from him at \$1,000 each.

The name of Gibson, through his creation of another person, was as widely known as any throughout the world. Kaiser Wilhelm II was a Gibson Girl fan, the czar of Russia had a collection of her pictures and the drawings were popular in Alaska and Tokyo.

A man by the name of Gibson created a girl more popular than the Cleopatra of yesterday or the Ann Sheridan of today. And when a girl who doesn't exist has more oomph than those two, she's really got something!

Bessemer Steel

ANYONE who knows anything at all about steel has heard of the Bessemer process for making it, but hardly anyone knows about Sir Henry Bessemer. He invented the process of converting cast iron into tough steel.

He was an English engineer born in 1813. During the Crimean war, he wanted to perfect a cannon that would fire a spinning projectile but the cast iron in the guns was not strong enough to withstand the more powerful explosion that was necessary. In Paris he was able to make a stronger cast iron. Then he succeeded in producing steel, patenting the process in 1855. It consists of burning out the carbon and other impurities by blasting air through the molten metal, a process still in use today.

Sir Henry was a prolific inventor. He was the first to compress graphite into a solid mass so that lead pencils could be made.

One of his first inventions was a method of impressing the government seal on papers so it could not be forged. The royal government promptly stole his patent without any attempt at recompense. Being a young unknown, he did nothing about it. But later in life he made a vigorous protest and the government apologized for its misdeed and made him a knight to quiet him... a reason as good as many others for bestowing the title of sir upon an Englishman.

(Released by Western Newspaper Union.)

Sails for Wheelbarrows

In northern China sails are often used to help propel wheelbarrows.

Slip Is Dart-Fitted To Slenderize One

DESIGNED especially for large sizes, this slip (1821-B) assures a perfection to fit that you can't otherwise achieve. Not that it is



difficult to make. In fact, it's very simple. But skillful designing has placed darts under the arms, to give ease and not a trace of looseness or bulkiness over the bust. Darts at the waistline mold it into your figure, a smooth silken sheathe beneath your fitted dresses. You can make it either strap style or with built-up shoulders. Pattern provides for both.

You'll want a whole wardrobe of such slips, light and dark, and now's the time to make them, when you can get grand values in the fabric sales—luxurious pure dye satins and lingerie crepes. You can afford long-wearing luxury fabrics, when you make your own.

Barbara Bell Pattern No. 1821-B is designed for sizes 36, 38, 40, 42, 44, 46, 48, 50, and 52. Size 38 requires 2 1/2 yards of 39-inch material for built-up shoulders; 2 3/4 yards with straps; 1 yard ribbon for straps.

For a pattern of this attractive model send 15 cents in coins, your name, address, style, number and size to The Sewing Circle Pattern Dept., Room 1324, 211 W. Wacker Dr., Chicago, Ill.

Costume Jewelry Is Very Exciting

Some of the new costume jewelry is exciting enough to make a girl want to buy a basic dress to wear with it instead of the other way around.

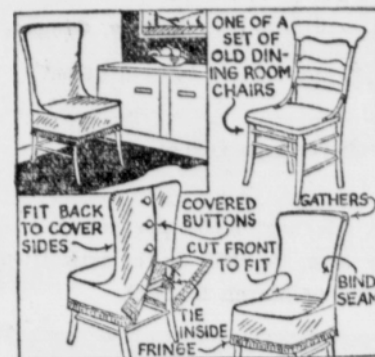
A necklace of large alternating rings of polished wood and dull, gold-colored metal would take the bare look away from any plain, round neckline. A "collar" made of eight strands of cultured pearls would give a simple black dress a new snap. A dozen slender gold chains make another stunning collar.

Fringed Bowler

Drawing upon the fringe trimmed furniture styles of the Nineteenth century for his inspiration, one English designer shows a neat little bowler hat with its edges bound in fringed grosgrain ribbon.

HOW to SEW

By
RUTH WYETH SPEARS



ANY dining room may be made fresh and smart with built-in cupboards, a little paint and inexpensive curtains. But what may be done to bring a set of outmoded chairs up-to-date? The one sketched at the upper right is typical of many that are substantial and sturdy though scarred by long use. All that they need is an up-to-date frock to make them perfectly at home in that modern dining room.

If your chairs do not have the supports shown at the sides of the seat they will be even easier to slip-cover. This cover is of medium blue cotton rep with darker blue for the bias binding and the cotton fringe around the bottom. Large button moulds are covered with the slip cover material for the button-up-the-back opening. If you are not expert at making bound buttonholes, snaps may be used under the buttons. The narrow ties sewn to the corners of the inside of the seat cover hold it neatly in place.

NOTE: Mrs. Spears' Sewing Book No. 3 contains six other in-

Strange Facts

Unique Help Call
Cold Heart or Feet
Blind Camera Fans

When a lone traveler or settler in the vast uninhabited sections of Australia is sick, lost or in any kind of serious trouble, he is permitted to cut a telegraph wire, an act that is immediately recognized as a call for help. Linemen promptly ascertain, through electrical instruments, where the cut was made, often hundreds of miles away, and set out at once with food, water and medical supplies.

Approximately 1,500 of the marriage licenses issued in the United States each week are never used.

The New York Institute for the Education of the Blind has a camera club composed of blind persons who have completed its course in amateur photography and learned how to take, develop and print their own pictures without assistance.—Collier's.

interesting ways to use slip covers, with step-by-step directions. There are 32 pages of fascinating ideas. Spool shelves; braided rugs; crazypatch quilts; many embroidery designs with numerous stitches illustrated. Ask for Book 3 and enclose 10 cents coin to cover cost. Address: Mrs. Spears, Drawer 10, Bedford Hills, New York.

Absolute Zero

Absolute zero is the point at which, theoretically, all gases solidify and all molecular motion ceases. It exists at 459.6 degrees below Fahrenheit zero and 273.15 degrees below Centigrade zero. Dr. Wander Johannes de Haas, of the University of Leyden, announced in February, 1935, that he had achieved a temperature in experimental work of one five-thousandth of a degree (Kelvin) above absolute zero.

INDIGESTION

Sensational Relief from Indigestion and One Dose Proves It
If the first dose of this pleasant-tasting little black tablet doesn't bring you the fastest and most complete relief you have experienced, send bottle back to us and get DOUBLE MONEY BACK. This Bell-an's tablet helps the stomach digest food, makes the excess stomach fluids harmless and lets you eat the nourishing foods you need. For heartburn, sick headache and upset so often caused by excess stomach fluids making you feel sour and sick all over—JUST ONE DOSE of Bell-an's gives speedy relief. 25¢ everywhere.

For One's Country

Man was not born for himself alone, but for his country.—Plato.

WANTED! WOMEN

38 to 52 yrs. old, who are restless, moody, nervous, fear hot flashes, dizzy spells, to take Lydia E. Pinkham's Vegetable Compound. Famous in helping women go smiling thru "trying times" due to functional "irregularities." Try it!

Result Is Evil

Not one false man but does unaccountable evil.—Carlyle.

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Close to Business, Theater, Shopping district... Garden surroundings. Spacious "View" rooms with bath or shower.
\$200 AND UP
St. Andrews hotel
S. W. BROADWAY AT COLUMBIA PORTLAND

A LADY



... doesn't cough in public. Smith Bros. Cough Drops relieve coughs due to colds—pleasantly. Two kinds:—Black or Menthol, 5¢.

Smith Bros. Cough Drops are the only drops containing VITAMIN A

Vitamin A (Carotene) raises the resistance of mucous membranes of nose and throat to cold infections, when lack of resistance is due to Vitamin A deficiency.



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