Centered seniors

By Beverly Dunlap
For the Port Orford News

"We don't inherit the world from our parents, we borrow it from our children."
— Mahatma Gandhi

Have you noticed that people that live with children or a few are in their lives? They stay young and continue to have more fun than seniors that only associate with other seniors. I find the association with seniors comforting and I like sharing some memories from the early years.

We seniors do not remember the depression, or at least very well, but we all remember the long recovery. I have also noticed, however, that young folks are more sympathetic to aged problems. We seniors are no strangers to back aches, arthritis, heart palpitations, poor mobility etc. We can be together and commiserate about our infirmities and that is not so bad.

When you spend time with youngsters, however, you tend to think about possibilities – because they do. They don't seem to have a fear of failure. They just take off on a computer and find out anything they may want, or need to know. If you watch them do that, you realize they are members of the computer age. I am intimidated by computers, but have help, teaching me to use them. I am guessing that I will never understand them, but may possibly live with the little bit of knowledge. Young people can use them all day long, playing games, looking up information for class and even looking into some things they should not know, or have access to.

Make no mistake, my place is with my peers and I am happy and comfortable there. I do, however, enjoy young people and they make me look up at possibilities and lift my spirits frequently. Young people are on my mind today, because it is almost the Fourth of July and I am looking forward to seeing the joy in the faces of little ones getting the candy and the wonder on their faces as floats go by, music, clowns and horses, lamas, and marching people! Port Orford has the best Fourth of July anywhere!

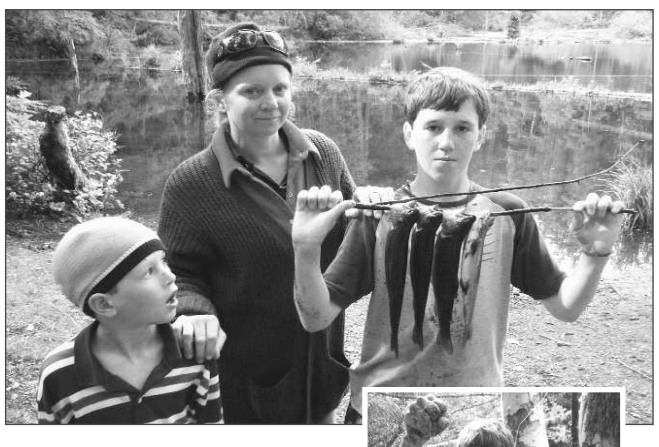
There is one more thing I want to share with you. We have all heard or know about Billy Graham. It seems he had some help that I was not aware of – his wife Ruth Bell Graham. I have been lucky to learn about her book "Sitting by My Laughing Fire." You know about my love of trees, and evidently Ruth Graham also loved them.

I won't write out the entire poem from her book, but here is something wonderful for us tree lovers!

"...That which star and angels pointed to; we shall be poorer — and richer;
stripped — and free: for always there
will be a Gift,
Always
A Tree!'

My article will not be out in time to wish you a happy holiday. I certainly hope that it was great! Have a happy week, and stay "cool!"

Foraging for fresh fish



PON photos by Matt Hall

Twelve-year old Acer Nye went to Laird Lake, found a hook, a worm a line, used a branch for a pole and caught four trout, much to the admiration of brother Quince, 7.

News briefs

Book signings set at Cape Blanco

As part the statewide OR150 celebration Oregon Parks and Recreation Department would like to announce a series of book signings to be held at Cape Blanco State Park.

Port Orford, Oregon authors Theresia Hewitt and Shirley Nelson who have both published their research on historic events shaping Curry County will be present at the Cape Blanco Lighthouse and Historic Hughes House for conversation and signing (books will be available on-site for purchase).

These events will take place during select dates in July and August from 11 a.m. to 2 p.m.

Theresia Hewitt: Historic Hughes House July 11 & August 8 Cape Blanco Lighthouse July 25 & August 22.

Shirley Nelson: Historic Hughes House July 25 & August 22 Cape Blanco Lighthouse August 8.

For additional information please contact Park Ranger Greg Ryder at (541) 332-6774 x 5.

Events on tap at New River

Explore the New River Area of Critical Environmental Concern (ACEC) this summer at a series of special events and nature walks at the site.

The Bureau of Land Management sponsored activities are free of charge and open to all ages.

Activities begin on Saturday, July 11 at 10 a.m. with "A Local Looks Back."

A presentation and guided hike will bring history to life as participants discover evidence of people living in the area long ago.

Additional events planned at New River ACEC include:

Cryptograms: Lichen, Mosses and Liverworts of New River – Saturday, July 18 – 10 a.m.

Participants will join BLM botanists for a tour of coastal meadows and learn how to identify the lichen, moss, and liverworts of New River.

Family Field Day – Saturday, July 25 – 10 a.m.

A family friendly, hands on exploration of New River with a guided walk and craft activity.

Guided Nature Walk – Saturday, August 8 – 10 a.m.

A 3-mile round trip hike on the Lost Lake Trail will explore invasive species and restoration of unique plants in the area.

Birding the Banks – Saturday, August 15 – 10 a.m.

A presentation by the Cape Arago Audubon Society chapter on local birds and a walk along the banks of New River.

Fixing and Preserving Habitats – Saturday, August 22 – 10 a.m.

A presentation and hike to learn about efforts to restore coastal meadows and native dune grass habitats at New River.

23rd Annual Oregon Shorebird Festival Plus- August 29 and 30 – 7:30 a.m. – 3 p.m.

Birders of all skill levels are invited to join in a variety of field trips and presentations.

The BLM asks visitors to RSVP for the events they wish to attend due to limited space.

To RSVP, contact the BLM at 541-756-0100 with the name of the event they wish to attend, their name, and the number in their party.

For more information on the events, call 541-751-4464.

New River ACEC is located between Bandon and Langlois, west of Highway 101.

To reach New River from Bandon, travel south on Highway 101 for 8.6 miles.

Turn right onto Croft Lake Lane and follow the signs to New River and Ellen Warring Learning Center.

'Fool's Hill' delights weekend crowds

"Fool's Hill...hear the whisper" opened to a capacity crowd on Friday evening, July 3.

Everyone enjoyed the new risers, and the wonderful historical performance.

This project is supported in part by a grant from the Curry County Cultural Coalition funded by the Oregon Cultural Trust, investing in Oregon's arts, humanities and heritage.

We used the grant for production costs for the "Fool's Hill...hear the whisper" performance and we are truely grateful for their generosity!

Worm bins for sale to help kids

Red Wiggler Composting Bins (everything included ... just add produce scraps) are being sold for $35 by Driftwood students. The portable 18 gallon Red Wiggler Worm Composting Bins will help to raise money for their Outdoor Agricultural Classroom and Edible Gardens Project.

Your support will help students learn creatively and organically to support health and hunger issues in our community.

Purchase your bin at Sixes River Land Company, across from Battle Rock State Park during the Fourth of July weekend.

Rural mentoring program to begin

The 2009 Rural Design Collective Mentoring Program is about to begin, and this year our project centers around the public domain and ebooks.

The Rural Design Collective was recently granted a hardware donation from the One Laptop Per Child Foundation. Six XO laptops were granted to us through the OLPC Contributors Program - and creating XO bundles of public domain books for kids from the Internet Archive Children's Library (IACL)!

These six computers will be returned at the end of the program and the IACL books will be distributed to other XO laptops. OLPC has a group of volunteers assisting in the librarianship, and we will also be documenting our progress on the web so other people can benefit. It is an exciting program, and we are honored to be involved.

In addition to installing the books on the OLPC computers, we will also be publishing our work on the web so others can benefit from what we learn during the program. Check our blog throughout the summer for updates and details: http://sixes.net/rdc2009/

Wildfire projects are underway

Two wildfire prevention projects are underway this week at Harris Beach State Park and Cedar Terrace which aim at reducing the wildfire risk in Curry County.

The projects are part of an ongoing effort to reduce hazardous fuels in high priority areas as outlined in the Curry Wildfire Protection Plan.

At Harris Beach State Park, north of Brookings, crews are removing gorse from 12 acres within the park.

"There is a high risk that fire could spread through the gorse at Harris Beach and threaten the park and nearby homes," said John Flannigan, Gold Beach Unit Forester with Coos Forest Protective Association. "Removing the gorse will help reduce the risk of wildfire in the area and remove a non-native invasive plant."

Work is also continuing at Cedar Terrace, within the City of Port Orford watershed.

Crews are cutting and piling gorse and other fuels to create a fuel break on approximately 60 acres of public and private land.

"Removing gorse in Cedar Terrace will help protect homes in the outlying areas of Port Orford and the city's municipal water supply from the effects of a wildfire," said Flannigan.

Work on both projects is ongoing, and is funded by a National Fire Plan grant.

Through the National Fire Plan grant, funds are also available for landowners in Curry County to create defensible space around their home and be reimbursed for a portion of their costs.

Those homeowners interested in the program can contact John Flannigan or Roy Gilkey in Gold Beach at 541-247-6241.

Additional information is also available at http://gis.co.curry.or.us/cwpp/WildfirePlan/index.html

The Curry Wildfire Preparation Team is made up of representatives from the Curry County Commissioner's Office, Curry County Emergency Services, Coos Forest Protective Association, Curry County fire departments, South Coast/Lower Rogue Watershed Councils Rogue River – Siskiyou National Forest and Bureau of Land Management.

The group's purpose is to plan and implement projects outlined in the Curry Wildfire Protection Plan to reduce community's risk of wildfire.

Last chance to feed the birds ...

You might want to try this recipe or pass it on to any friends that love to feed birds in their yard. I call it the Three Minute Peanut Butter Cake – for the Birds.

This is a nice summertime treat for birds when it is too

See BRIEFS, page 5

Fresh local fish available for purchase through POORT

Come by and get your fish! This fish is from our own Port Orford fleet, processed through Fisherman's Direct in Gold Beach within 24 hours of harvest, vacuum-sealed and blast-frozen. Different species are available based on the catch. This will include black-cod, deep-water red rockfish, cabezon, and lingcod. Tuna and halibut are available on a limited basis. Packages will range from 1-2 lbs. Remember to bring your local ID to get your 15% discount!

Fish will be sold out of the Port Orford Ocean Resource Team Office, located on 6th street to your left as you head down to the dock. Julie will be available to help you.

Hours of operation:
M-TH 8:30-12 noon
Cash and check only please.
Be sure to ask for some tasty recipe cards!

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Sunday	Your meals come with a variety of sides: French Fries, Green Salad, Caesar Salad, Salad of the Day, Mashed Potato's, Chips
• Eggs Benedict $9.95	

New Hand stretched Pizza Crust

SHOES, from page 3

541-332-1365. We are open on Wednesdays, or you may leave a message at any time.

Distribution of the new shoes (along with new socks and a hygiene kit for each child) will be Saturday August 15th at the Christian Center (10th and Washington St) between 11a.m. and 2 p.m.

The Christian Center's school supply distribution is at that same time and place!

The Common Good, Inc is a non-profit, local, volunteer administered, equal opportunity provider.

With OVER 1,100 papers sold each week in the Port Orford, Langlois, Bandon and Gold Beach areas, the Port Orford News is being read by YOUR customers.

Port Orford News

The Port Orford News' office is located at 519 W. 10th St., Port Orford. All submissions and advertising may be slipped through the door slot.

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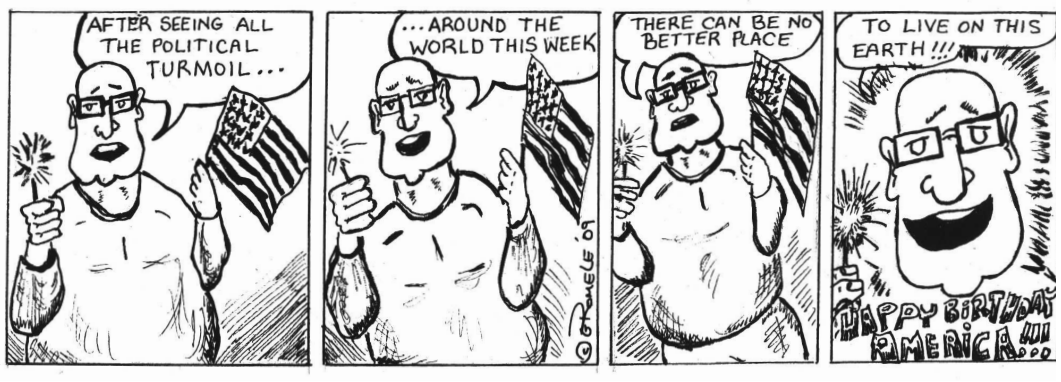

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